

MIDDLESBROUGH JUNIOR CHRISTMAS GALA

SUNDAY 14TH DECEMBER, 2008

(ASA Licence 4NE8166)

1. Gala to be held at The Neptune, Middlesbrough – 8 lane, 25m pool with full Colorado electronic timing system. Swim-down pool will be in operation.
2. Open to 9, 10 and 11 year old swimmers. **Ages are as at 14th December 2008**
3. Individual events will be 50m all strokes plus 100m Individual Medley for 9 yrs and 100m all strokes (incl IM) for 10 yrs and 11 yrs. All individual events will be Heat Declared . Additionally there are freestyle and medley relays for each age group (maximum of 3 teams per club in each event). All relays will have finals open to top six teams in heats (subject to a minimum 7 teams entering).
4. Entry fees are £3.00 per individual swim, £6 per team entry .
5. Entry forms should be returned to the meet manager by **22nd November 2008**, enclosing fees and a large SAE for return of meet information (accepted entries etc). Disk entry will be accepted – please request details from the meet manager. Payment should be made to Middlesbrough ASC.
6. **Should entries be over-subscribed, entries will be accepted on a first-come, first-serve basis.**
7. All entry withdrawal forms must be presented in the recorders office no later than 60 minutes before the commencement of each session.
8. Medals will be awarded to the first six in each individual age group and the first three teams in each relay event.
9. Swimmers will be permitted to compete for only one club during the meet.
10. Over-the-top starts will be used during the meet at the discretion of the referee. Swimmers are requested to remain in the water until asked to leave the pool.
11. Coach passes cost £6.00 which includes programme, lunch ticket and results sheets. Coaches will not be permitted on poolside without the necessary pass. All swimmers must be supervised by a responsible person possessing a coach's pass.
12. Admission for spectators will be £2.50 per session, £4 for the full day. Children, accompanied by adults, will be admitted free.
13. Directions to pool etc can be found on club website www.middlesbroughasc.co.uk

Graeme Smith (Meet Manager)

2A Butterfield Drive

Eaglescliffe

Stockton-on-Tees TS16 0EQ

Tel: 01642 652668

e-mail: graemesmith57@ntlworld.com

MIDDLESBROUGH ASC – JUNIOR CHRISTMAS GALA

Sunday 14th December 2008

Age as at 14th December 2008

Age groups 9 yrs, 10yrs, 11 yrs

Programme of events

Session 1 – warmup 0900, start 1000

- | | |
|-------------------------|---------------------------------|
| 101. Girls 9 /10 /11yrs | 100m Individual Medley |
| 102. Boys 9 yrs | 50m Backstroke |
| 103. Boys 10/11 yrs | 100m Freestyle |
| 104. Girls 9 yrs | 50m Butterfly |
| 105. Boys 9 yrs | 50m Breaststroke |
| 106. Girls 10/11 yrs | 100m Backstroke |
| 107. Boys 10/11 yrs | 100m Butterfly |
| 108. Girls 9 yrs | 4 * 25m Freestyle relay (heats) |
| 109. Boys 9 yrs | 4 * 25m Medley relay (heats) |
| 110. Girls 10 yrs | 4 * 50m Freestyle relay (heats) |
| 111. Boys 10 yrs | 4 * 50m Medley relay (heats) |
| 112. Girls 11 yrs | 4 * 50m Freestyle relay (heats) |
| 113. Boys 11 yrs | 4 * 50m Medley relay (heats) |
| 114. Girls 9 yrs | 50m Freestyle |
| 115. Boys 9 yrs | 50m Butterfly |
| 116. Girls 10 yrs | 4 * 50m Freestyle relay (final) |
| 117. Boys 10 yrs | 4 * 50m Medley relay (final) |
| 118. Girls 11 yrs | 4 * 50m Freestyle relay (final) |
| 119. Boys 11 yrs | 4 * 50m Medley relay (final) |
| 120. Girls 9 yrs | 4 * 25m Freestyle relay (final) |
| 121. Boys 9 yrs | 4 * 25m Medley relay (final) |

Session 2 TBA

- | | |
|------------------------|---------------------------------|
| 201. Boys 9 /10 /11yrs | 100m Individual Medley |
| 202. Girls 9 yrs | 50m Backstroke |
| 203. Girls 10/11 yrs | 100m Breaststroke |
| 204. Boys 9 yrs | 50m Freestyle |
| 205. Girls 9 yrs | 50m Breaststroke |
| 206. Boys 10/11 yrs | 100m Backstroke |
| 207. Girls 10/11 yrs | 100m Freestyle |
| 208. Boys 9 yrs | 4 * 25m Freestyle relay (heats) |
| 209. Girls 9 yrs | 4 * 25m Medley relay (heats) |
| 210. Boys 10 yrs | 4 * 50m Freestyle relay (heats) |
| 211. Girls 10 yrs | 4 * 50m Medley relay (heats) |
| 212. Boys 11 yrs | 4 * 50m Freestyle relay (heats) |
| 213. Girls 11 yrs | 4 * 50m Medley relay (heats) |
| 214. Boys 10/11yrs | 100m Breaststroke |
| 215. Girls 10/11 yrs | 100m Butterfly |
| 216. Boys 9 yrs | 4 * 25m Freestyle relay (final) |
| 217. Girls 9 yrs | 4 * 25m Medley relay (final) |
| 218. Boys 10 yrs | 4 * 50m Freestyle relay (final) |
| 219. Girls 10 yrs | 4 * 50m Medley relay (final) |
| 220. Boys 11 yrs | 4 * 50m Freestyle relay (final) |
| 221. Girls 11 yrs | 4 * 50m Medley relay (final) |

MIDDLESBROUGH JUNIOR CHRISTMAS GALA 2008

TEAM ENTRIES

CLUB _____

	4 * 25m Freestyle No of teams	4 * 50m Freestyle No of teams	4 * 25m Medley No of teams	4 * 50m Medley No of teams
9 Year old Boys		n/a		n/a
9 Year old Girls		n/a		n/a
10 Year old Boys	n/a		n/a	
10 Year old Girls	n/a		n/a	
11 Year old Boys	n/a		n/a	
11 Year old Girls	n/a		n/a	

Total no of boys' team entries _____

Total no of girls' team entries _____

MIDDLESBROUGH JUNIOR CHRISTMAS GALA

SUNDAY 14TH DECEMBER 2008

SUMMARY OF ENTRIES

CLUB _____

CONTACT NAME _____

ADDRESS _____

TELE NO _____

E-mail _____

£

Girls Entries _____ @ £3.00

Boys Entries _____ @ £3.00

Girls Teams _____ @ £6.00

Boys Teams _____ @ £6.00

Coach Passes _____ @ £6.00

Total Entry Fee Enclosed _____
