

HARROGATE DISTRICT SWIMMING CLUB  
(Affiliated to ASA North Eastern Region.)

**27<sup>th</sup> OPEN AGE GROUP MEET**  
(under ASA Laws and ASA Technical Rules)

DATE: **SATURDAY & SUNDAY 31<sup>st</sup> JANUARY & 1<sup>st</sup> FEBRUARY 2009**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

**THIS MEET IS LICENSED BY THE A.S.A. (1NE9035) AND IS FOR SWIMMERS INTENDING TO ACHIEVE NATIONAL AND REGIONAL QUALIFYING TIMES. SWIMMERS MUST HAVE ACHIEVED THE CONSIDERATION TIME FOR EACH EVENT**

THE MEET 9 – 15 & over - 50 & 200 metres all strokes plus 400m Freestyle  
Girls 11 - 15 & over; Boys 12 – 15 & over – 100 metres all strokes  
Girls/Boys 9 – 15 & over 200 & 400 metres Individual Medley  
All events are Heat Declared Winner.

**Ages at 1<sup>st</sup> February 2009**

AWARDS: Rewards as follows:  
9 & 10 years; Top 8 swimmers.  
11, 12, 13, 14, 15 & over. Top 3 swimmers only.  
Top Boy/Girl award in each Age Group, based on Category Scoring.

ENTRIES: Cost £4-50 per event.  
Coaches passes to include meals, programme, result sheets and entry onto the poolside £15.  
Entries may be restricted dependant on the total entries received.

**Clubs submitting entries for more than 5 swimmers must do so electronically. An entry file set will be despatched on application to [entry-file@swimharrogate.org](mailto:entry-file@swimharrogate.org)**

**Details from:-**  
Sandra Martin,  
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HARROGATE, HG2 8HE.  
Telephone:- 01423 815146  
Email:- [martin-family@ntlworld.com](mailto:martin-family@ntlworld.com)

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS SHORTLY AFTER THE CLOSING DATE.)

**CLOSING DATE: 24<sup>th</sup> DECEMBER 2008**

Full details and entry forms for less than 5 swimmers available from our  
website [www.swimharrogate.org](http://www.swimharrogate.org)