

JUNIOR OPEN AGE GROUP MEET

(under ASA Laws and ASA Technical Rules)

DATE: **SATURDAY/SUNDAY 24th/25th OCTOBER 2009**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

The pool is a purpose built 25 metre, 8 lane competition pool with Anti-Turbulence ropes and OMEGA Ares 21 Electronic Timing. There is also a Swim Down Pool

THE MEET: 9-14 years (Boys) & 9-13 years (Girls):
50 & 200 metres Back, Breast, Fly & Freestyle. 400m Free
200 & 400 metres Individual Medley
10 & over (Girls) & 11 & over (Boys): 100m Free
All events Heat Declared Winner.

Ages at 25th October 2009.

AWARDS: Events will be swum with multiple age groups, however, there will be medals awarded to the top 8 in each of the 9 & 10 year age groups and the first 3 in the remaining age groups.
Top Boy/Girl awards for each year Group, based on Category Scoring across all events using FINA Points.

THIS MEET IS LICENSED BY THE A.S.A. FOR ENTRY INTO NATIONAL, REGIONAL & COUNTY CHAMPIONSHIPS (2NE9434)
Swimmers must have achieved the minimum entry times stated.

ENTRIES: Cost £4.50 per event.
Coaches passes to include lunch, programme, result sheets and entry onto the poolside £15.
Entries may be restricted dependant on the total entries received.
POOLSIDE ENTRIES WILL NOT BE ALLOWED.

Clubs submitting entries for more than 5 swimmers must do so electronically.
An entry file set will be despatched on application to entry-file@swimharrogate.org

All entries to:- Barry J Saunders, 42 Greenfields Road, HARROGATE, HG2 7BH.

Telephone:- 01423 885326

Email:- compsec@swimharrogate.org

CLOSING DATE: 1st OCTOBER 2009