



**ASANER Youth & Senior Age Group Championships (50m) 2009**

**Venue: Sunderland Aquatic Centre**

**Saturday 2 & Sunday 3 May 2009**

**Entry closing date: 15 April 2009**

<b>Session 1 Saturday 2 May @ 09:00</b>		
Men	100m	Freestyle
Women	200m	Freestyle
Men	50m	Breaststroke
Women	100m	Breaststroke
Men	400m	Ind.Medley
Women	100m	Butterfly
Men	100m	Backstroke
Women	50m	Backstroke
Men	200m	Butterfly
Women	200m	Ind.Medley
Men	400m	Freestyle
Women	50m	Freestyle
Men	200m	Breaststroke
Wo/Men	800m	Freestyle HDW
Men	50m	Butterfly
Women	200m	Backstroke
Youth Boys	4x100m	Medley Team HDW
Youth Girls	4x100m	Freestyle Team HDW
<b>Session 2 Finals @ TBC</b>		
Youth Boys	4x200m	Freestyle Team HDW

<b>Session 3 Sunday 3 May @ 09:00</b>		
Women	100m	Freestyle
Men	200m	Freestyle
Women	50m	Breaststroke
Men	100m	Breaststroke
Women	400m	Ind.Medley
Men	100m	Butterfly
Women	100m	Backstroke
Men	50m	Backstroke
Women	200m	Butterfly
Men	200m	Ind.Medley
Women	400m	Freestyle
Men	50m	Freestyle
Women	200m	Breaststroke
Wo/Men	1500m	Freestyle HDW
Women	50m	Butterfly
Men	200m	Backstroke
Youth Girls	4x100m	Medley Team HDW
Youth Boys	4x100m	Freestyle Team HDW
<b>Session 4 Finals @ TBC</b>		
Youth Girls	4x200m	Freestyle Team HDW

**ASANER Championships**

**67 Buckinghamshire Road Belmont Durham DH1 2BE**

**Tel: 0191 3862057 Email: [swimming@proudys.plus.com](mailto:swimming@proudys.plus.com)**

**[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)**



**ASA North East Region Championships 2009: 50m Qualifying Times**  
**(Converted 25m pool times accepted)**  
**Youth & Senior Age Group Championships: 2<sup>nd</sup> & 3<sup>rd</sup> May at Sunderland Aquatic Centre**  
**BAGCAT Championships: 6<sup>th</sup> – 7<sup>th</sup> & 13<sup>th</sup> – 14<sup>th</sup> June at Ponds Forge**

Boys 50m Qualifying Times							Girls 50m Qualifying Times						
10 years	11 years	12 years	13 years	14 years	Youth (15-18)	Senior (19 & over)		10 years	11 years	12 years	13 years	Youth (14-17)	Senior (18 & over)
					28.40	27.40	50m Freestyle					31.40	30.60
Via 200m	1.12.60	1.09.30	1.05.80	1.03.40	1.01.50	59.30	100m Freestyle	Via 200m	1.14.50	1.10.50	1.07.50	1.06.40	1.05.00
	2.52.70	2.40.60	2.31.10	2.23.60	2.17.80	2.14.00	200m Freestyle		2.53.60	2.41.30	2.33.70	2.26.70	2.23.00
	6.03.10	5.33.20	5.15.50	5.00.00	4.48.00	4.43.30	400m Freestyle		6.02.00	5.35.20	5.19.40	5.07.70	5.01.90
		Via 1500m	Via 1500m	Via 1500m	Via 1500m	Via 1500m	800m Freestyle			11.35.70	10.59.10	10.28.10	10.10.50
		20.45.00	20.45.00	19.30.00	19.00.00	18.39.70	1500m Freestyle			Via 800m	Via 800m	Via 800m	Via 800m
					33.00	31.50	50m Backstroke					36.20	34.90
Via 200m	1.23.00	1.19.20	1.14.80	1.11.00	1.09.00	1.06.80	100m Backstroke	Via 200m	1.24.70	1.20.00	1.17.40	1.15.60	1.13.40
	3.13.70	3.00.10	2.50.00	2.40.70	2.28.80	2.23.10	200m Backstroke		3.14.40	3.00.00	2.50.70	2.44.70	2.41.30
					36.00	34.50	50m Breaststroke					39.40	38.30
Via 200m	1.35.40	1.29.10	1.23.90	1.19.90	1.17.80	1.14.10	100m Breaststroke	Via 200m	1.35.70	1.29.80	1.25.80	1.24.20	1.22.00
	3.43.80	3.25.90	3.13.20	3.01.90	2.47.70	2.40.80	200m Breaststroke		3.42.10	3.24.00	3.13.50	3.04.60	3.00.20
					30.80	29.50	50m Butterfly					34.00	32.90
Via 200m	1.22.50	1.16.80	1.12.60	1.08.80	1.06.60	1.04.00	100m Butterfly	Via 200m	1.22.90	1.18.20	1.14.80	1.13.50	1.11.20
	3.20.40	3.00.00	2.49.40	2.40.30	2.32.40	2.27.40	200m Butterfly		3.23.10	3.01.70	2.52.10	2.44.70	2.40.00
	3.14.00	3.05.00	2.51.80	2.42.80	2.35.60	2.31.40	200m Ind.Medley		3.17.40	3.03.00	2.53.10	2.46.90	2.43.50
	6.50.00	6.25.20	6.03.60	5.45.10	5.29.90	5.21.50	400m Ind.Medley		6.50.00	6.23.40	6.04.20	5.50.30	5.43.80

**Qualifying times must have been achieved in the time period 1<sup>st</sup> October 2008 Entry closing Date & be eligible for inclusion in the British Swimming National Rankings.**

**Entries in the Female 1500m & Male 800m Freestyle may have to be restricted to prevent excessive session lengths.**



**Entry Form: ASANER Youth & Senior Age Group Championships (50m) 2009**  
**2-3 May 2009 Sunderland Aquatic Centre**  
**Entry Closing Date: 15 April 2008**  
**Age as at 3 May 2009**  
**Entry Form: Men / Women (please delete)**

<b>Club:</b>
<b>Tel:</b>
<b>E-mail:</b>

<b>Reply Address:</b>

Full Name Date of Birth	Freestyle					Backstroke			Breaststroke			Butterfly			Ind. Medley	
	50m	100m	200m	400m	800m 1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	200m	400m

No. Entries @ £5.50 \_\_\_\_\_ Total Entry Fee Enclosed: \_\_\_\_\_ (cheques payable to ASANER)

ASANER Championships, 67 Buckinghamshire Road, Belmont, Durham, DH1 2BE  
 Tel; 0191 3862057 Email: [swimming@proudys.plus.com](mailto:swimming@proudys.plus.com)

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)



## Application for Poolside Pass ASANER Championships 2009

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)

Team staff requiring access to the pool-side at ASANER Championship Events are required to be in possession of a pass issued by the ASANER.

The ASANER requires that team staff with access to the pool-side have been registered under the ASA Child Protection Procedures and have attended a Team Manager Training Course.

The passes will be issued in the name of a Club and are transferable between Club members. For our records it would be most helpful if the names of the individuals who will be using the passes could be completed below. A pass is valid for all the ASANER Swimming Championships in 2009

<b>Club:</b>	
<b>No of passes @ £25.00 each</b>	
<b>Cheques payable to ASANER</b>	
<b>Team Staff Names</b>	

**Address for pass return:**

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Return Completed form to:  
ASANER 38 Benton Lodge Avenue Newcastle upon Tyne NE7 7LU  
Email: [swimnec@aol.com](mailto:swimnec@aol.com)



## ASANER Championships 2009 Officials Availability Form

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)

The ASANER requires Swimming Officials to officiate at its 2008 Championships. Should you be available to officiate at any of these events please complete this form and either return by e-mail or post to the address below. You will be contacted as soon as possible to confirm the details.

<b>Name</b>	
<b>Club</b>	
<b>Address</b>	
<b>Post Code</b>	
<b>Tel:</b>	
<b>e-mail</b>	

ASA Registered Swimming Officials Qualification			
Referee	Starter	Judge	Timekeeper
ASANER Championship Events 2009			
Tick box below to indicate your availability			
Youth Sunderland Aquatic Centre 09:00 – 18:00 hrs	Saturday	Sunday	
	2 May	3 May	
BAGCAT Ponds Forge Sheffield 09:00 – 18:00hrs	Saturday	Sunday	
	6 June	7 June	
BAGCAT Ponds Forge Sheffield 09:00 – 18:00hrs	Saturday	Sunday	
	13 June	14 June	

Return to: ASANER 38 Benton Lodge Avenue Newcastle upon Tyne NE7 7LU  
Tel: 0191 2701560 Email: [swimnec@aol.com](mailto:swimnec@aol.com)

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)