



**ASANER BAGCAT Championships (50m) 2009**  
**Ponds Forge Sheffield**  
**6-7 & 13-14 June 2009**

<b>Session 1</b> <b>Saturday 6 June @ 09:00</b>			<b>Session 3</b> <b>Sunday 7 June @ 09:00</b>			<b>Session 5</b> <b>Saturday 13 June @ 09:00</b>			<b>Session 7</b> <b>Sunday 14 June @ 09:00</b>		
Boys	1500m	Freestyle HDW	Girls	800m	Freestyle HDW	Boys	800m	Freestyle HDW	Girls	1500m	Freestyle HDW
Girls	400m	Ind.Medley	Boys	400m	Ind.Medley	Girls	400m	Freestyle	Boys	400m	Freestyle
Boys	200m	Butterfly	Girls	200m	Butterfly	Boys	100m	Freestyle	Girls	100m	Freestyle
Girls	100m	Backstroke	Boys	100m	Backstroke	Girls	100m	Butterfly	Boys	100m	Butterfly
Boys	100m	Breaststroke	Girls	100m	Breaststroke	Boys	200m	Backstroke	Girls	200m	Backstroke
Girls	200m	Freestyle	Boys	200m	Freestyle	Girls	200m	Breaststroke	Boys	200m	Breaststroke
Boys 11-14 4x200m Freestyle Team HDW			Girls 11-13 4x200m Freestyle Team HDW			Boys	200m	Ind.Medley	Girls	200m	Ind.Medley
						Girls	11-13	4x100m Medley Team HDW	Boys	11-14	4x100m Medley Team HDW
<b>Session 2</b> <b>Saturday 6 June @ TBC</b>			<b>Session 4</b> <b>Sunday 7 June @ TBC</b>			<b>Session 6</b> <b>Saturday 13 June @ TBC</b>			<b>Session 8</b> <b>Sunday 14 June @ TBC</b>		
Boys 11-14 4x100m Freestyle Team HDW Finals of above events			Girls 11-13 4x100m Freestyle Team HDW Finals of above events			Finals of above events			Finals of above events		

**Team Events are the ASANER Qualification for the ASA National BAGCAT Championships**

**Entry Closing Date: 20 May 2009**

**ASANER Championships, 67 Buckinghamshire Road, Belmont, Durham, DH1 2BE**  
**Tel; 0191 3862057 Email: [swimming@proudys.plus.com](mailto:swimming@proudys.plus.com) [www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)**



**ASA North East Region Championships 2009: 50m Qualifying Times**  
**(Converted 25m pool times accepted)**  
**Youth & Senior Age Group Championships: 2<sup>nd</sup> & 3<sup>rd</sup> May at Sunderland Aquatic Centre**  
**BAGCAT Championships: 6<sup>th</sup> – 7<sup>th</sup> & 13<sup>th</sup> – 14<sup>th</sup> June at Ponds Forge**

Boys 50m Qualifying Times							Girls 50m Qualifying Times						
10 years	11 years	12 years	13 years	14 years	Youth (15-18)	Senior (19 & over)		10 years	11 years	12 years	13 years	Youth (14-17)	Senior (18 & over)
					28.40	27.40	50m Freestyle					31.40	30.60
Via 200m	1.12.60	1.09.30	1.05.80	1.03.40	1.01.50	59.30	100m Freestyle	Via 200m	1.14.50	1.10.50	1.07.50	1.06.40	1.05.00
	2.52.70	2.40.60	2.31.10	2.23.60	2.17.80	2.14.00	200m Freestyle		2.53.60	2.41.30	2.33.70	2.26.70	2.23.00
	6.03.10	5.33.20	5.15.50	5.00.00	4.48.00	4.43.30	400m Freestyle		6.02.00	5.35.20	5.19.40	5.07.70	5.01.90
		Via 1500m	Via 1500m	Via 1500m	Via 1500m	Via 1500m	800m Freestyle			11.35.70	10.59.10	10.28.10	10.10.50
		20.45.00	20.45.00	19.30.00	19.00.00	18.39.70	1500m Freestyle			Via 800m	Via 800m	Via 800m	Via 800m
					33.00	31.50	50m Backstroke					36.20	34.90
Via 200m	1.23.00	1.19.20	1.14.80	1.11.00	1.09.00	1.06.80	100m Backstroke	Via 200m	1.24.70	1.20.00	1.17.40	1.15.60	1.13.40
	3.13.70	3.00.10	2.50.00	2.40.70	2.28.80	2.23.10	200m Backstroke		3.14.40	3.00.00	2.50.70	2.44.70	2.41.30
					36.00	34.50	50m Breaststroke					39.40	38.30
Via 200m	1.35.40	1.29.10	1.23.90	1.19.90	1.17.80	1.14.10	100m Breaststroke	Via 200m	1.35.70	1.29.80	1.25.80	1.24.20	1.22.00
	3.43.80	3.25.90	3.13.20	3.01.90	2.47.70	2.40.80	200m Breaststroke		3.42.10	3.24.00	3.13.50	3.04.60	3.00.20
					30.80	29.50	50m Butterfly					34.00	32.90
Via 200m	1.22.50	1.16.80	1.12.60	1.08.80	1.06.60	1.04.00	100m Butterfly	Via 200m	1.22.90	1.18.20	1.14.80	1.13.50	1.11.20
	3.20.40	3.00.00	2.49.40	2.40.30	2.32.40	2.27.40	200m Butterfly		3.23.10	3.01.70	2.52.10	2.44.70	2.40.00
	3.14.00	3.05.00	2.51.80	2.42.80	2.35.60	2.31.40	200m Ind.Medley		3.17.40	3.03.00	2.53.10	2.46.90	2.43.50
	6.50.00	6.25.20	6.03.60	5.45.10	5.29.90	5.21.50	400m Ind.Medley		6.50.00	6.23.40	6.04.20	5.50.30	5.43.80

**Qualifying times must have been achieved in the time period 1<sup>st</sup> October 2008 Entry closing Date & be eligible for inclusion in the British Swimming National Rankings.**

**Entries in the Female 1500m & Male 800m Freestyle may have to be restricted to prevent excessive session lengths.**



**Entry Form: ASANER BAGCAT Championships (50m) 2009**

**6-7 & 13-14 June 2009**

**Closing Date: 20 May 2009 Age as on: 14 June 2009**

**Entry Form: Boys / Girls (please delete)**

<b>Club:</b>
<b>Tel:</b>
<b>E-mail:</b>

<b>Reply Address:</b>

Full Name Date of Birth	Freestyle				Backstroke		Breaststroke		Butterfly		Ind. Medley	
	100m	200m	400m	800m 1500m	100m	200m	100m	200m	100m	200m	200m	400m

**No. Entries @ £5.50 \_\_\_\_\_ Total Entry Fee Enclosed: \_\_\_\_\_ (cheques payable to ASANER)**

**ASANER Championships, 67 Buckinghamshire Road, Belmont, Durham, DH1 2BE**

**Tel: 0191 3862057 Email: [swimming@proudys.plus.com](mailto:swimming@proudys.plus.com)**

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)



## Application for Poolside Pass ASANER Championships 2009

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)

Team staff requiring access to the pool-side at ASANER Championship Events are required to be in possession of a pass issued by the ASANER.

The ASANER requires that team staff with access to the pool-side have been registered under the ASA Child Protection Procedures and have attended a Team Manager Training Course.

The passes will be issued in the name of a Club and are transferable between Club members. For our records it would be most helpful if the names of the individuals who will be using the passes could be completed below. A pass is valid for all the ASANER Swimming Championships in 2009

<b>Club:</b>	
<b>No of passes @ £25.00 each</b>	
<b>Cheques payable to ASANER</b>	
<b>Team Staff Names</b>	

**Address for pass return:**

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Return Completed form to:  
ASANER 38 Benton Lodge Avenue Newcastle upon Tyne NE7 7LU  
Email: [swimnec@aol.com](mailto:swimnec@aol.com)



## ASANER Championships 2009 Officials Availability Form

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)

The ASANER requires Swimming Officials to officiate at its 2008 Championships. Should you be available to officiate at any of these events please complete this form and either return by e-mail or post to the address below. You will be contacted as soon as possible to confirm the details.

<b>Name</b>	
<b>Club</b>	
<b>Address</b>	
<b>Post Code</b>	
<b>Tel:</b>	
<b>e-mail</b>	

ASA Registered Swimming Officials Qualification			
Referee	Starter	Judge	Timekeeper
ASANER Championship Events 2009			
Tick box below to indicate your availability			
Youth Sunderland Aquatic Centre 09:00 – 18:00 hrs	Saturday	Sunday	
	2 May	3 May	
BAGCAT Ponds Forge Sheffield 09:00 – 18:00hrs	Saturday	Sunday	
	6 June	7 June	
BAGCAT Ponds Forge Sheffield 09:00 – 18:00hrs	Saturday	Sunday	
	13 June	14 June	

Return to: ASANER 38 Benton Lodge Avenue Newcastle upon Tyne NE7 7LU  
Tel: 0191 2701560 Email: [swimnec@aol.com](mailto:swimnec@aol.com)

[www.swimnortheast.org.uk](http://www.swimnortheast.org.uk)