



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

EVENT 201 Mens/Womens Open 1500m Freestyle

MENS 11/14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt					
1.	Thomas Sproston	14	Co Newcastle		17:11.96	626					
	50m 29.24	100m 1:01.55	150m 1:35.32	200m 2:09.52	250m 2:44.11	300m 3:19.09	350m 3:54.01	400m 4:28.90			
	29.24	32.31	33.77	34.20	34.59	34.98	34.92	34.89			
	450m 5:03.93	500m 5:39.32	550m 6:14.25	600m 6:49.34	650m 7:24.53	700m 7:59.65	750m 8:34.68	800m 9:09.35			
	35.03	35.39	34.93	35.09	35.19	35.12	35.03	34.67			
	850m 9:44.84	900m 10:19.78	950m 10:55.03	1000m 11:29.70	1050m 12:04.38	1100m 12:38.91	1150m 13:13.61	1200m 13:47.85			
	35.49	34.94	35.25	34.67	34.68	34.53	34.70	34.24			
	1250m 14:22.56	1300m 14:57.04	1350m 15:31.90	1400m 16:05.86	1450m 16:40.08	1500m 17:11.96					
	34.71	34.48	34.86	33.96	34.22	31.88					
2.	Michael Nixon	14	Derwentside		17:59.95	546					
	50m 31.47	100m 1:06.28	150m 1:41.85	200m 2:17.50	250m 2:52.77	300m 3:28.83	350m 4:04.31	400m 4:39.99			
	31.47	34.81	35.57	35.65	35.27	36.06	35.48	35.68			
	450m 5:15.85	500m 5:51.88	550m 6:28.00	600m 7:03.78	650m 7:48.63	700m 8:16.28	750m 8:52.18	800m 9:28.44			
	35.86	36.03	36.12	35.78	36.00	36.50	35.90	36.26			
	850m 10:05.00	900m 10:41.73	950m 11:18.08	1000m 11:54.30	1050m 12:31.00	1100m 13:07.31	1150m 13:44.09	1200m 14:21.25			
	36.56	36.73	36.35	36.22	36.70	36.31	36.78	37.16			
	1250m 14:58.18	1300m 15:35.00	1350m 16:11.33	1400m 16:47.83	1450m 17:24.32	1500m 17:59.95					
	36.93	36.82	36.33	36.50	36.49	35.63					
3.	Tom Howley	13	Co Newcastle		18:19.09	518					
	50m 31.35	100m 1:06.89	150m 1:42.52	200m 2:18.80	250m 2:55.35	300m 3:31.64	350m 4:08.24	400m 4:43.82			
	31.35	35.54	35.63	36.28	36.55	36.29	36.60	35.58			
	450m 5:21.23	500m 5:57.80	550m 6:34.79	600m 7:11.58	650m 7:48.63	700m 8:25.63	750m 9:02.99	800m 9:39.85			
	37.41	36.57	36.99	36.79	37.05	37.00	37.36	36.86			
	850m 10:17.18	900m 10:54.27	950m 11:31.22	1000m 12:08.56	1050m 12:46.18	1100m 13:23.42	1150m 14:00.58	1200m 14:38.41			
	37.33	37.09	36.95	37.34	37.62	37.24	37.16	37.83			
	1250m 15:15.88	1300m 15:53.23	1350m 16:30.26	1400m 17:08.03	1450m 17:45.01	1500m 18:19.09					
	37.47	37.35	37.03	37.77	36.98	34.08					
4.	Daniel Marshall	13	Bo Stockton		18:20.02	517					
	50m 32.12	100m 1:08.65	150m 1:44.71	200m 2:21.18	250m 2:56.97	300m 3:32.35	350m 4:08.35	400m 4:44.94			
	32.12	36.53	36.06	36.47	35.79	35.38	36.00	36.59			
	450m 5:21.13	500m 5:57.95	550m 6:34.51	600m 7:11.88	650m 7:48.57	700m 8:26.21	750m 9:02.78	800m 9:40.10			
	36.19	36.82	36.56	37.37	36.69	37.64	36.57	37.32			
	850m 10:17.20	900m 10:54.47	950m 11:31.31	1000m 12:09.06	1050m 12:45.91	1100m 13:23.75	1150m 14:00.82	1200m 14:38.79			
	37.10	37.27	36.84	37.75	36.85	37.84	37.07	37.97			
	1250m 15:15.98	1300m 15:53.49	1350m 16:30.35	1400m 17:08.16	1450m 17:45.01	1500m 18:20.02					
	37.19	37.51	36.86	37.81	36.85	35.01					
5.	Charlie Harris-Pratt	14	Derwentside		18:23.45	512					
	50m 31.07	100m 1:05.76	150m 1:42.06	200m 2:18.83	250m 2:55.65	300m 3:32.67	350m 4:10.09	400m 4:47.14			
	31.07	34.69	36.30	36.77	36.82	37.02	37.42	37.05			
	450m 5:24.35	500m 6:01.72	550m 6:38.78	600m 7:16.24	650m 7:53.80	700m 8:31.22	750m 9:08.54	800m 9:45.34			
	37.21	37.37	37.06	37.46	37.56	37.42	37.32	36.80			
	850m 10:22.75	900m 11:00.52	950m 11:37.72	1000m 12:14.81	1050m 12:51.03	1100m 13:27.40	1150m 14:04.11	1200m 14:40.85			
	37.41	37.77	37.20	37.09	36.22	36.37	36.71	36.74			
	1250m 15:18.41	1300m 15:55.55	1350m 16:33.01	1400m 17:10.62	1450m 17:47.56	1500m 18:23.45					
	37.56	37.14	37.46	37.61	36.94	35.89					
6.	Alexander Reay	14	Newburn		18:29.85	503					
	50m 31.93	100m 1:07.59	150m 1:44.43	200m 2:21.37	250m 2:58.57	300m 3:36.68	350m 4:13.65	400m 4:50.97			
	31.93	35.66	36.84	36.94	37.20	38.11	36.97	37.32			
	450m 5:28.28	500m 6:05.56	550m 6:42.69	600m 7:20.16	650m 7:57.93	700m 8:35.45	750m 9:12.88	800m 9:50.55			
	37.31	37.28	37.13	37.47	37.77	37.52	37.43	37.67			
	850m 10:28.24	900m 11:06.01	950m 11:43.59	1000m 12:21.57	1050m 12:58.34	1100m 13:35.93	1150m 14:13.49	1200m 14:51.06			
	37.69	37.77	37.58	37.98	36.77	37.59	37.56	37.57			
	1250m 15:28.27	1300m 16:05.92	1350m 16:42.77	1400m 17:19.64	1450m 17:55.32	1500m 18:29.85					
	37.21	37.65	36.85	36.87	35.68	34.53					
7.	Adam Taylor	13	Co Sund'land		18:38.03	492					
	50m 31.70	100m 1:07.54	150m 1:43.92	200m 2:20.28	250m 2:57.12	300m 3:34.29	350m 4:11.18	400m 4:48.78			
	31.70	35.84	36.38	36.36	36.84	37.17	36.89	37.60			
	450m 5:26.00	500m 6:03.70	550m 6:41.24	600m 7:18.76	650m 7:56.36	700m 8:33.98	750m 9:11.95	800m 9:49.88			
	37.22	37.70	37.54	37.52	37.60	37.62	37.97	37.93			
	850m 10:27.98	900m 11:05.93	950m 11:44.02	1000m 12:21.84	1050m 13:00.22	1100m 13:37.88	1150m 14:16.16	1200m 14:53.95			
	38.10	37.95	38.09	37.82	38.38	37.66	38.28	37.79			
	1250m 15:32.14	1300m 16:10.08	1350m 16:48.00	1400m 17:26.21	1450m 18:03.22	1500m 18:38.03					
	38.19	37.94	37.92	38.21	37.01	34.81					
8.	Reece Hindmarsh	14	North Tyne		18:47.56	480					
	50m 32.71	100m 1:08.54	150m 1:45.38	200m 2:22.49	250m 2:59.38	300m 3:37.01	350m 4:14.50	400m 4:52.22			
	32.71	35.83	36.84	37.11	36.89	37.63	37.49	37.72			
	450m 5:30.43	500m 6:08.69	550m 6:47.10	600m 7:25.26	650m 8:03.84	700m 8:41.90	750m 9:20.63	800m 9:59.08			
	38.21	38.26	38.41	38.16	38.58	38.06	38.73	38.45			
	850m 10:37.90	900m 11:16.76	950m 11:55.14	1000m 12:32.80	1050m 13:11.14	1100m 13:48.81	1150m 14:27.38	1200m 15:05.32			
	38.82	38.86	38.38	37.66	38.34	37.67	38.57	37.94			
	1250m 15:43.10	1300m 16:20.93	1350m 16:58.62	1400m 17:35.98	1450m 18:12.58	1500m 18:47.56					
	37.78	37.83	37.69	37.36	36.60	34.98					



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MENS 11/14 Yrs Age Group - Full Results

9. James Morgan	13	Chester Le S	18:54.56	471					
50m 33.43	100m 1:10.40	150m 1:47.66	200m 2:24.95	250m 3:02.18	300m 3:40.04	350m 4:17.53	400m 4:55.27		
33.43	36.97	37.26	37.29	37.23	37.86	37.49	37.74		
450m 5:33.31	500m 6:11.71	550m 6:49.94	600m 7:28.37	650m 8:06.81	700m 8:45.95	750m 9:24.39	800m 10:02.23		
38.04	38.40	38.23	38.43	38.44	39.14	38.44	37.84		
850m 10:40.30	900m 11:18.82	950m 11:57.02	1000m 12:35.23	1050m 13:13.79	1100m 13:52.71	1150m 14:31.40	1200m 15:10.07		
38.07	38.52	38.20	38.21	38.56	38.92	38.69	38.67		
1250m 15:48.33	1300m 16:26.62	1350m 17:04.22	1400m 17:41.46	1450m 18:18.76	1500m 18:54.56				
38.26	38.29	37.60	37.24	37.30	35.80				
10. Matthew Cummins	13	Gates & Whick	18:55.07	470					
50m 32.62	100m 1:09.22	150m 1:46.59	200m 2:23.52	250m 3:01.10	300m 3:38.60	350m 4:16.30	400m 4:54.16		
32.62	36.60	37.37	36.93	37.58	37.50	37.70	37.86		
450m 5:31.95	500m 6:09.89	550m 6:47.52	600m 7:25.50	650m 8:03.70	700m 8:41.92	750m 9:20.19	800m 9:59.06		
37.79	37.94	37.63	37.98	38.20	38.22	38.27	38.87		
850m 10:36.89	900m 11:15.04	950m 11:53.83	1000m 12:32.40	1050m 13:10.73	1100m 13:49.67	1150m 14:28.35	1200m 15:07.13		
37.83	38.15	38.79	38.57	38.33	38.94	38.68	38.78		
1250m 15:46.31	1300m 16:25.13	1350m 17:03.58	1400m 17:41.04	1450m 18:19.13	1500m 18:55.07				
39.18	38.82	38.45	37.46	38.09	35.94				
11. Samuel Dixon	12	Sedgefield	19:03.52	460					
50m 31.81	100m 1:07.68	150m 1:45.96	200m 2:24.42	250m 3:02.36	300m 3:41.90	350m 4:20.35	400m 4:59.79		
31.81	35.87	38.28	38.46	37.94	39.54	38.45	39.44		
450m 5:38.40	500m 6:17.94	550m 6:57.36	600m 7:36.07	650m 8:14.77	700m 8:54.09	750m 9:32.25	800m 10:10.03		
38.61	39.54	39.42	38.71	38.70	39.32	38.16	37.78		
850m 10:48.28	900m 11:27.46	950m 12:06.73	1000m 12:45.78	1050m 13:23.42	1100m 14:02.77	1150m 14:41.82	1200m 15:21.06		
38.25	39.18	39.27	39.05	37.64	39.35	39.05	39.24		
1250m 15:58.29	1300m 16:36.67	1350m 17:14.98	1400m 17:52.78	1450m 18:28.12	1500m 19:03.52				
37.23	38.38	38.31	37.80	35.34	35.40				
12. Joel O'Halleron	13	Gates & Whick	19:09.75	453					
50m 33.16	100m 1:10.13	150m 1:47.65	200m 2:25.41	250m 3:03.51	300m 3:41.50	350m 4:19.71	400m 4:58.61		
33.16	36.97	37.52	37.76	38.10	37.99	38.21	38.90		
450m 5:37.59	500m 6:17.25	550m 6:55.97	600m 7:35.53	650m 8:14.15	700m 8:53.48	750m 9:32.05	800m 10:11.26		
38.98	39.66	38.72	39.56	38.62	39.33	38.57	39.21		
850m 10:49.15	900m 11:28.29	950m 12:07.40	1000m 12:46.32	1050m 13:25.35	1100m 14:04.16	1150m 14:42.31	1200m 15:21.13		
37.89	39.14	39.11	38.92	39.03	38.81	38.15	38.82		
1250m 15:59.26	1300m 16:38.09	1350m 17:16.40	1400m 17:55.45	1450m 18:33.51	1500m 19:09.75				
38.13	38.83	38.31	39.05	38.06	36.24				
13. Aidan McDonagh	12	Bo Stockton	19:20.15	441					
50m 34.31	100m 1:12.40	150m 1:50.67	200m 2:29.33	250m 3:07.71	300m 3:46.44	350m 4:24.87	400m 5:03.44		
34.31	38.09	38.27	38.66	38.38	38.73	38.43	38.57		
450m 5:42.06	500m 6:21.24	550m 6:59.43	600m 7:38.19	650m 8:17.16	700m 8:55.64	750m 9:33.80	800m 10:12.63		
38.62	39.18	38.19	38.76	38.97	38.48	38.16	38.83		
850m 10:52.07	900m 11:31.48	950m 12:11.16	1000m 12:50.92	1050m 13:29.97	1100m 14:09.52	1150m 14:49.07	1200m 15:29.25		
39.44	39.41	39.68	39.76	39.05	39.55	39.55	40.18		
1250m 16:07.61	1300m 16:47.41	1350m 17:26.86	1400m 18:06.48	1450m 18:44.26	1500m 19:20.15				
38.36	39.80	39.45	39.62	37.78	35.89				
14. James Burns	12	Co Sund'land	19:26.85	433					
50m 33.33	100m 1:10.57	150m 1:48.93	200m 2:26.75	250m 3:05.38	300m 3:45.24	350m 4:25.03	400m 5:04.09		
33.33	37.24	38.36	37.82	38.63	39.86	39.79	39.06		
450m 5:44.44	500m 6:23.91	550m 7:02.97	600m 7:42.17	650m 8:22.06	700m 9:01.51	750m 9:40.95	800m 10:20.38		
40.35	39.47	39.06	39.20	39.89	39.45	39.44	39.43		
850m 10:59.59	900m 11:38.53	950m 12:17.75	1000m 12:56.65	1050m 13:35.91	1100m 14:15.13	1150m 14:54.24	1200m 15:33.36		
39.21	38.94	39.22	38.90	39.26	39.22	39.11	39.12		
1250m 16:11.93	1300m 16:51.12	1350m 17:31.25	1400m 18:11.10	1450m 18:49.66	1500m 19:26.85				
38.57	39.19	40.13	39.85	38.56	37.19				
15. Graham Reveley	14	Gates & Whick	19:36.16	423					
50m 32.52	100m 1:08.66	150m 1:46.04	200m 2:23.98	250m 3:02.27	300m 3:40.23	350m 4:18.91	400m 4:57.59		
32.52	36.14	37.38	37.94	38.29	37.96	38.68	38.68		
450m 5:36.71	500m 6:15.69	550m 6:55.09	600m 7:34.57	650m 8:14.33	700m 8:54.16	750m 9:33.86	800m 10:13.52		
39.12	38.98	39.40	39.48	39.76	39.83	39.70	39.66		
850m 10:53.29	900m 11:33.41	950m 12:13.49	1000m 12:53.90	1050m 13:33.93	1100m 14:14.53	1150m 14:55.12	1200m 15:35.79		
39.77	40.12	40.08	40.41	40.03	40.60	40.59	40.67		
1250m 16:16.19	1300m 16:56.72	1350m 17:37.08	1400m 18:17.49	1450m 18:57.60	1500m 19:36.16				
40.40	40.53	40.36	40.41	40.11	38.56				
16. Jack Baister	13	Middlesboro	19:42.77	416					
50m 34.81	100m 1:13.90	150m 1:53.33	200m 2:33.10	250m 3:12.74	300m 3:52.40	350m 4:32.69	400m 5:13.01		
34.81	39.09	39.43	39.77	39.64	39.66	40.29	40.32		
450m 5:52.91	500m 6:33.08	550m 7:12.81	600m 7:53.25	650m 8:33.21	700m 9:12.06	750m 9:52.16	800m 10:32.18		
39.90	40.17	39.73	40.44	39.96	38.85	40.10	40.02		
850m 11:11.25	900m 11:50.59	950m 12:30.82	1000m 13:10.66	1050m 13:50.96	1100m 14:30.12	1150m 15:09.79	1200m 15:49.69		
39.07	39.34	40.23	39.84	40.30	39.16	39.67	39.90		
1250m 16:28.80	1300m 17:08.30	1350m 17:47.16	1400m 18:26.71	1450m 19:05.27	1500m 19:42.77				
39.11	39.50	38.86	39.55	38.56	37.50				



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MENS 11/14 Yrs Age Group - Full Results

17. Jack Willis	12 Middlesboro	19:45.03	413				
50m 33.51	100m 1:11.98	150m 1:51.00	200m 2:30.61	250m 3:10.23	300m 3:50.83	350m 4:30.22	400m 5:10.73
33.51	38.47	39.02	39.61	39.62	40.60	39.39	40.51
450m 5:51.07	500m 6:31.32	550m 7:11.16	600m 7:51.46	650m 8:31.51	700m 9:11.53	750m 9:51.37	800m 10:31.23
40.34	40.25	39.84	40.30	40.05	40.02	39.84	39.86
850m 11:10.55	900m 11:50.56	950m 12:30.49	1000m 13:10.62	1050m 13:50.18	1100m 14:30.05	1150m 15:10.20	1200m 15:50.58
39.32	40.01	39.93	40.13	39.56	39.87	40.15	40.38
1250m 16:30.14	1300m 17:09.82	1350m 17:49.14	1400m 18:28.72	1450m 19:07.94	1500m 19:45.03		
39.56	39.68	39.32	39.58	39.22	37.09		
18. Matthew Twohig	13 Middlesboro	19:46.38	412				
50m 34.12	100m 1:12.02	150m 1:50.59	200m 2:29.73	250m 3:07.96	300m 3:46.27	350m 4:25.77	400m 5:05.58
34.12	37.90	38.57	39.14	38.23	38.31	39.50	39.81
450m 5:46.13	500m 6:26.67	550m 7:08.19	600m 7:48.43	650m 8:27.69	700m 9:09.01	750m 9:50.00	800m 10:30.11
40.55	40.54	41.52	40.24	39.26	41.32	40.99	40.11
850m 11:10.75	900m 11:51.04	950m 12:31.94	1000m 13:12.93	1050m 13:53.56	1100m 14:34.68	1150m 15:14.21	1200m 15:54.39
40.64	40.29	40.90	40.99	40.63	41.12	39.53	40.18
1250m 16:35.38	1300m 17:15.55	1350m 17:55.09	1400m 18:34.97	1450m 19:11.59	1500m 19:46.38		
40.99	40.17	39.54	39.88	36.62	34.79		
19. Daniel Wheeler	13 Co Newcastle	19:47.43	411				
50m 33.59	100m 1:10.83	150m 1:49.79	200m 2:28.29	250m 3:07.03	300m 3:45.32	350m 4:24.55	400m 5:04.46
33.59	37.24	38.96	38.50	38.74	38.29	39.23	39.91
450m 5:43.84	500m 6:23.27	550m 7:03.59	600m 7:43.41	650m 8:23.85	700m 9:03.55	750m 9:43.84	800m 10:24.32
39.38	39.43	40.32	39.82	40.44	39.70	40.29	40.48
850m 11:04.93	900m 11:45.00	950m 12:25.83	1000m 13:07.00	1050m 13:47.37	1100m 14:27.59	1150m 15:08.92	1200m 15:49.41
40.61	40.07	40.83	41.17	40.37	40.22	41.33	40.49
1250m 16:29.28	1300m 17:09.97	1350m 17:50.63	1400m 18:31.33	1450m 19:10.54	1500m 19:47.43		
39.87	40.69	40.66	40.70	39.21	36.89		
20. James Row	12 Newburn	19:54.39	404				
50m 33.78	100m 1:12.44	150m 1:51.82	200m 2:31.52	250m 3:10.80	300m 3:50.51	350m 4:30.27	400m 5:09.98
33.78	38.66	39.38	39.70	39.28	39.71	39.76	39.71
450m 5:50.69	500m 6:30.14	550m 7:10.54	600m 7:51.71	650m 8:33.06	700m 9:13.66	750m 9:54.65	800m 10:35.68
40.71	39.45	40.40	41.17	41.35	40.60	40.99	41.03
850m 11:17.14	900m 11:57.66	950m 12:38.37	1000m 13:18.66	1050m 14:00.14	1100m 14:40.73	1150m 15:20.84	1200m 16:00.44
41.46	40.52	40.71	40.29	41.48	40.59	40.11	39.60
1250m 16:41.08	1300m 17:21.58	1350m 18:01.57	1400m 18:41.85	1450m 19:21.63	1500m 19:54.39		
40.64	40.50	39.99	40.28	39.78	32.76		
21. Kieran Peart	12 South Tyne	20:23.29	376				
50m 33.45	100m 1:12.16	150m 1:51.95	200m 2:32.31	250m 3:12.77	300m 3:53.33	350m 4:34.45	400m 5:13.50
33.45	38.71	39.79	40.36	40.46	40.56	41.12	39.05
450m 5:53.70	500m 6:34.69	550m 7:16.50	600m 7:57.98	650m 8:39.26	700m 9:21.08	750m 10:02.61	800m 10:44.45
40.20	40.99	41.81	41.48	41.28	41.82	41.53	41.84
850m 11:26.34	900m 12:08.41	950m 12:49.49	1000m 13:30.98	1050m 14:12.84	1100m 14:54.81	1150m 15:35.45	1200m 16:18.85
41.89	42.07	41.08	41.49	41.86	41.97	40.64	43.40
1250m 16:58.91	1300m 17:41.52	1350m 18:23.40	1400m 19:06.04	1450m 19:44.60	1500m 20:23.29		
40.06	42.61	41.88	42.64	38.56	38.69		
22. James Sproston	11 Co Newcastle	20:31.24	369				
50m 34.65	100m 1:14.79	150m 1:55.15	200m 2:36.10	250m 3:17.06	300m 3:58.17	350m 4:39.98	400m 5:20.84
34.65	40.14	40.36	40.95	40.96	41.11	41.81	40.86
450m 6:01.69	500m 6:43.57	550m 7:24.58	600m 8:05.94	650m 8:47.35	700m 9:28.71	750m 10:10.26	800m 10:52.04
40.85	41.88	41.01	41.36	41.41	41.36	41.55	41.78
850m 11:33.54	900m 12:14.89	950m 12:56.41	1000m 13:38.59	1050m 14:20.22	1100m 15:01.68	1150m 15:43.23	1200m 16:25.14
41.50	41.35	41.52	42.18	41.63	41.46	41.55	41.91
1250m 17:07.04	1300m 17:48.83	1350m 18:31.01	1400m 19:12.20	1450m 19:52.03	1500m 20:31.24		
41.90	41.79	42.18	41.19	39.83	39.21		
23. Joseph Wallace	12 Gates & Whick	20:36.56	364				
50m 34.85	100m 1:14.35	150m 1:55.09	200m 2:36.00	250m 3:17.62	300m 3:59.37	350m 4:40.95	400m 5:22.85
34.85	39.50	40.74	40.91	41.62	41.75	41.58	41.90
450m 6:04.64	500m 6:46.71	550m 7:28.03	600m 8:09.99	650m 8:51.85	700m 9:34.08	750m 10:15.53	800m 10:56.23
41.79	42.07	41.32	41.96	41.86	42.23	41.45	40.70
850m 11:37.36	900m 12:17.91	950m 12:59.01	1000m 13:40.35	1050m 14:22.60	1100m 15:04.51	1150m 15:46.74	1200m 16:28.38
41.13	40.55	41.10	41.34	42.25	41.91	42.23	41.64
1250m 17:10.43	1300m 17:52.05	1350m 18:33.63	1400m 19:15.38	1450m 19:56.84	1500m 20:36.56		
42.05	41.62	41.58	41.75	41.46	39.72		
24. Brad Reynolds	11 Gates & Whick	20:56.38	347				
50m 36.24	100m 1:17.40	150m 1:58.63	200m 2:39.86	250m 3:20.46	300m 4:02.31	350m 4:42.77	400m 5:24.74
36.24	41.16	41.23	41.23	40.60	41.85	40.46	41.97
450m 6:04.91	500m 6:47.40	550m 7:29.20	600m 8:11.72	650m 8:54.90	700m 9:37.33	750m 10:20.44	800m 11:03.20
40.17	42.49	41.80	42.52	43.18	42.43	43.11	42.76
850m 11:46.26	900m 12:28.72	950m 13:12.09	1000m 13:54.12	1050m 14:36.06	1100m 15:19.27	1150m 16:01.91	1200m 16:43.95
43.06	42.46	43.37	42.03	41.94	43.21	42.64	42.04
1250m 17:27.34	1300m 18:09.60	1350m 18:52.93	1400m 19:35.23	1450m 20:16.31	1500m 20:56.38		
43.39	42.26	43.33	42.30	41.08	40.07		



**British Gas Northumberland & Durham SA
1500m Freestyle Championships (50m)
Sunderland Aquatic Centre
31 January 2010**



supporting partner

MENS 11/14 Yrs Age Group - Full Results

25. Daniel Harrison	12	Middlesboro	21:38.94	314					
50m 37.97	100m 1:20.79	150m 2:04.68	200m 2:48.39	250m 3:31.02	300m 4:14.92	350m 4:58.62	400m 5:42.37		
37.97	42.82	43.89	43.71	42.63	43.90	43.70	43.75		
450m 6:26.05	500m 7:09.10	550m 7:52.70	600m 8:35.94	650m 9:18.81	700m 10:02.70	750m 10:45.89	800m 11:29.18		
43.68	43.05	43.60	43.24	42.87	43.89	43.19	43.29		
850m 12:13.20	900m 12:57.27	950m 13:41.36	1000m 14:24.67	1050m 15:08.49	1100m 15:52.70	1150m 16:35.79	1200m 17:19.22		
44.02	44.07	44.09	43.31	43.82	44.21	43.09	43.43		
1250m 18:03.00	1300m 18:46.72	1350m 19:31.11	1400m 20:14.48	1450m 20:56.58	1500m 21:38.94				
43.78	43.72	44.39	43.37	42.10	42.36				
Thomas Holdsworth	12	Bo Stockton	DNC						
Jordan Henry	12	Co Sund'land	DNC						
Ryan Hall	14	Co Newcastle	DNC						
Matthew Wind	14	Tynemouth	DNC						
Jamie Garbutt	12	Bo Stockton	DNC						
Adam Charlton	12	Co Sund'land	DNC						
Alexander N Pierce-Har	14	Co Sund'land	DNC						
Gregory McConnell	14	Derwentside	DNC						
James White	13	Tynemouth	DNC						
Adam Hollows	14	Chester Le S	DNC						



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

MENS 15/18 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt				
1.	Lewis Wiseman-Ord	16	Co Newcastle		16:29.30	710				
	50m 27.38	100m 58.52	150m 1:30.16	200m 2:02.29	250m 2:34.36	300m 3:06.93	350m 3:39.60	400m 4:12.50		
	27.38	31.14	31.64	32.13	32.07	32.57	32.67	32.90		
	450m 4:45.68	500m 5:18.75	550m 5:52.11	600m 6:25.71	650m 6:59.15	700m 7:32.82	750m 8:06.13	800m 8:40.01		
	33.18	33.07	33.36	33.60	33.44	33.67	33.31	33.88		
	850m 9:13.78	900m 9:46.45	950m 10:19.77	1000m 10:53.40	1050m 11:26.85	1100m 12:00.55	1150m 12:33.98	1200m 13:07.85		
	33.77	32.67	33.32	33.63	33.45	33.70	33.43	33.87		
	1250m 13:41.73	1300m 14:15.87	1350m 14:49.84	1400m 15:23.84	1450m 15:57.64	1500m 16:29.30				
	33.88	34.14	33.97	34.00	33.80	31.66				
2.	Alex Wheeler	16	Co Newcastle		16:45.79	676				
	50m 29.00	100m 1:00.13	150m 1:32.52	200m 2:05.00	250m 2:37.93	300m 3:10.89	350m 3:44.35	400m 4:17.81		
	29.00	31.13	32.39	32.48	32.93	32.96	33.46	33.46		
	450m 4:51.45	500m 5:24.93	550m 5:58.81	600m 6:32.60	650m 7:06.91	700m 7:40.77	750m 8:14.76	800m 8:48.64		
	33.64	33.48	33.88	33.79	34.31	33.86	33.99	33.88		
	850m 9:22.90	900m 9:56.82	950m 10:31.14	1000m 11:05.21	1050m 11:39.30	1100m 12:13.70	1150m 12:47.85	1200m 13:22.22		
	34.26	33.92	34.32	34.07	34.09	34.40	34.15	34.37		
	1250m 13:56.33	1300m 14:30.69	1350m 15:04.82	1400m 15:39.06	1450m 16:12.63	1500m 16:45.79				
	34.11	34.36	34.13	34.24	33.57	33.16				
3.	Christopher Alexander	18	Derwentside		16:59.35	649				
	50m 29.43	100m 1:01.42	150m 1:34.22	200m 2:07.40	250m 2:40.99	300m 3:14.78	350m 3:48.84	400m 4:22.93		
	29.43	31.99	32.80	33.18	33.59	33.79	34.06	34.09		
	450m 4:57.27	500m 5:31.89	550m 6:06.06	600m 6:40.62	650m 7:15.00	700m 7:49.59	750m 8:24.09	800m 8:58.61		
	34.34	34.62	34.17	34.56	34.38	34.59	34.50	34.52		
	850m 9:33.20	900m 10:07.79	950m 10:42.47	1000m 11:17.08	1050m 11:51.51	1100m 12:26.19	1150m 13:00.16	1200m 13:34.78		
	34.59	34.59	34.68	34.61	34.43	34.68	33.97	34.62		
	1250m 14:09.49	1300m 14:43.74	1350m 15:18.27	1400m 15:52.39	1450m 16:26.07	1500m 16:59.35				
	34.71	34.25	34.53	34.12	33.68	33.28				
4.	Philip Hodgson	18	Sedgefield		17:02.51	643				
	50m 28.73	100m 59.99	150m 1:32.00	200m 2:04.71	250m 2:37.80	300m 3:11.83	350m 3:45.72	400m 4:20.40		
	28.73	31.26	32.01	32.71	33.09	34.03	33.89	34.68		
	450m 4:55.00	500m 5:29.80	550m 6:04.22	600m 6:39.00	650m 7:13.77	700m 7:48.57	750m 8:23.41	800m 8:58.23		
	34.60	34.80	34.42	34.78	34.77	34.80	34.84	34.82		
	850m 9:32.89	900m 10:07.67	950m 10:42.35	1000m 11:17.23	1050m 11:51.63	1100m 12:26.62	1150m 13:01.47	1200m 13:37.00		
	34.66	34.78	34.68	34.88	34.40	34.99	34.85	35.53		
	1250m 14:11.16	1300m 14:46.01	1350m 15:20.85	1400m 15:54.58	1450m 16:28.19	1500m 17:02.51				
	34.16	34.85	34.84	33.73	33.61	34.32				
5.	Gavin Haggerwood	15	Bo Stockton		17:15.00	620				
	50m 29.27	100m 1:01.66	150m 1:35.32	200m 2:09.48	250m 2:43.62	300m 3:18.25	350m 3:52.34	400m 4:26.59		
	29.27	32.39	33.66	34.16	34.14	34.63	34.09	34.25		
	450m 5:01.49	500m 5:36.64	550m 6:11.44	600m 6:46.08	650m 7:21.49	700m 7:56.62	750m 8:31.42	800m 9:06.51		
	34.90	35.15	34.80	34.64	35.41	35.13	34.80	35.09		
	850m 9:41.71	900m 10:17.12	950m 10:52.25	1000m 11:27.73	1050m 12:03.01	1100m 12:38.15	1150m 13:13.33	1200m 13:47.99		
	35.20	35.41	35.13	35.48	35.28	35.14	35.18	34.66		
	1250m 14:23.00	1300m 14:58.14	1350m 15:33.40	1400m 16:07.93	1450m 16:42.16	1500m 17:15.00				
	35.01	35.14	35.26	34.53	34.23	32.84				
6.	Luke Parkin	15	Chester Le S		17:32.77	590				
	50m 31.45	100m 1:05.86	150m 1:41.19	200m 2:17.00	250m 2:52.74	300m 3:28.89	350m 4:04.23	400m 4:40.22		
	31.45	34.41	35.33	35.81	35.74	36.15	35.34	35.99		
	450m 5:15.53	500m 5:51.27	550m 6:26.94	600m 7:02.61	650m 7:37.82	700m 8:13.18	750m 8:48.13	800m 9:23.57		
	35.31	35.74	35.67	35.67	35.21	35.36	34.95	35.44		
	850m 9:58.35	900m 10:34.02	950m 11:09.37	1000m 11:45.45	1050m 12:20.65	1100m 12:55.86	1150m 13:30.34	1200m 14:05.45		
	34.78	35.67	35.35	36.08	35.20	35.21	34.48	35.11		
	1250m 14:40.60	1300m 15:16.30	1350m 15:51.21	1400m 16:26.23	1450m 16:59.71	1500m 17:32.77				
	35.15	35.70	34.91	35.02	33.48	33.06				
7.	Matthew Bell	16	Co Sund'land		17:54.73	554				
	50m 30.45	100m 1:04.96	150m 1:40.28	200m 2:15.51	250m 2:50.80	300m 3:26.50	350m 4:01.91	400m 4:37.48		
	30.45	34.51	35.32	35.23	35.29	35.70	35.41	35.57		
	450m 5:12.84	500m 5:49.03	550m 6:24.11	600m 6:59.82	650m 7:35.91	700m 8:11.69	750m 8:47.55	800m 9:22.74		
	35.36	36.19	35.08	35.71	36.09	35.78	35.86	35.19		
	850m 9:59.01	900m 10:35.60	950m 11:11.93	1000m 11:48.62	1050m 12:25.02	1100m 13:01.44	1150m 13:38.56	1200m 14:15.42		
	36.27	36.59	36.33	36.69	36.40	36.42	37.12	36.86		
	1250m 14:52.43	1300m 15:29.31	1350m 16:06.10	1400m 16:43.01	1450m 17:19.70	1500m 17:54.73				
	37.01	36.88	36.79	36.91	36.69	35.03				
8.	Will Smith	15	Newburn		17:59.36	547				
	50m 30.10	100m 1:03.64	150m 1:38.48	200m 2:13.52	250m 2:49.04	300m 3:24.34	350m 3:59.74	400m 4:35.70		
	30.10	33.54	34.84	35.04	35.52	35.30	35.40	35.96		
	450m 5:11.73	500m 5:47.76	550m 6:23.67	600m 6:59.58	650m 7:36.07	700m 8:12.33	750m 8:48.28	800m 9:24.08		
	36.03	36.03	35.91	35.91	36.49	36.26	35.95	35.80		
	850m 10:00.42	900m 10:37.50	950m 11:14.34	1000m 11:50.96	1050m 12:27.76	1100m 13:04.55	1150m 13:41.47	1200m 14:18.83		
	36.34	37.08	36.84	36.62	36.80	36.79	36.92	37.36		
	1250m 14:55.58	1300m 15:32.59	1350m 16:10.06	1400m 16:46.77	1450m 17:23.88	1500m 17:59.36				
	36.75	37.01	37.47	36.71	37.11	35.48				



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

MENS 15/18 Yrs Age Group - Full Results

9. Dimitry Isakau	15	Co Sund'land	18:04.55	539					
50m	30.61	100m 1:04.24	150m 1:39.29	200m 2:14.26	250m 2:50.03	300m 3:25.14	350m 4:00.96	400m 4:36.93	
	30.61		33.63	35.05	34.97	35.11	35.82	35.97	
450m	5:13.02	500m 5:49.03	550m 6:25.18	600m 7:01.55	650m 7:38.05	700m 8:14.87	750m 8:51.32	800m 9:28.03	
	36.09		36.01	36.15	36.37	36.50	36.82	36.45	36.71
850m	10:04.36	900m 10:41.34	950m 11:18.13	1000m 11:55.47	1050m 12:32.26	1100m 13:09.46	1150m 13:46.24	1200m 14:23.72	
	36.33		36.98	36.79	37.34	37.20	36.78	37.48	
1250m	15:00.60	1300m 15:38.17	1350m 16:15.07	1400m 16:52.09	1450m 17:28.55	1500m 18:04.55			
	36.88		37.57	37.02	36.46	36.00			
10. John Richardson	16	North Tyne	18:31.02	502					
50m	31.27	100m 1:06.17	150m 1:41.82	200m 2:18.44	250m 2:55.11	300m 3:32.06	350m 4:08.77	400m 4:45.77	
	31.27		34.90	35.65	36.67	36.95	36.71	37.00	
450m	5:22.62	500m 5:59.46	550m 6:36.87	600m 7:14.88	650m 7:51.91	700m 8:29.22	750m 9:06.38	800m 9:43.86	
	36.85		36.84	37.41	38.01	37.03	37.31	37.16	37.48
850m	10:21.35	900m 10:59.12	950m 11:36.63	1000m 12:14.82	1050m 12:52.52	1100m 13:30.15	1150m 14:07.64	1200m 14:45.80	
	37.49		37.77	37.51	38.19	37.70	37.63	37.49	38.16
1250m	15:24.35	1300m 16:03.02	1350m 16:40.64	1400m 17:17.83	1450m 17:54.47	1500m 18:31.02			
	38.55		38.67	37.62	37.19	36.64	36.55		
11. Daniel Rushton	15	Tynedale	18:55.98	469					
50m	32.22	100m 1:08.69	150m 1:45.86	200m 2:22.61	250m 2:59.97	300m 3:36.95	350m 4:14.54	400m 4:52.30	
	32.22		36.47	37.17	36.75	37.36	36.98	37.59	37.76
450m	5:30.48	500m 6:08.43	550m 6:46.64	600m 7:24.66	650m 8:02.92	700m 8:41.16	750m 9:19.78	800m 9:57.94	
	38.18		37.95	38.21	38.02	38.26	38.24	38.62	38.16
850m	10:36.45	900m 11:15.04	950m 11:53.31	1000m 12:32.00	1050m 13:11.21	1100m 13:49.13	1150m 14:27.72	1200m 15:06.21	
	38.51		38.59	38.27	38.69	39.21	37.92	38.59	38.49
1250m	15:44.74	1300m 16:23.39	1350m 17:02.06	1400m 17:40.70	1450m 18:18.76	1500m 18:55.98			
	38.53		38.65	38.67	38.64	38.06	37.22		
12. Ben Maddison	15	North Tyne	20:23.17	376					
50m	33.87	100m 1:12.62	150m 1:52.75	200m 2:33.53	250m 3:12.83	300m 3:52.70	350m 4:33.45	400m 5:14.34	
	33.87		38.75	40.13	40.78	39.87	40.75	40.89	
450m	5:55.09	500m 6:36.55	550m 7:17.39	600m 7:58.50	650m 8:40.20	700m 9:22.09	750m 10:03.98	800m 10:46.10	
	40.75		41.46	40.84	41.11	41.70	41.89	42.12	
850m	11:27.20	900m 12:08.73	950m 12:50.29	1000m 13:31.94	1050m 14:14.20	1100m 14:55.21	1150m 15:36.65	1200m 16:18.84	
	41.10		41.53	41.56	41.65	42.26	41.01	41.44	42.19
1250m	17:00.09	1300m 17:41.82	1350m 18:22.85	1400m 19:04.31	1450m 19:44.24	1500m 20:23.17			
	41.25		41.73	41.03	41.46	39.93	38.93		
Christopher Holdsworth	15	Bo Stockton	DNC						
Oliver James	15	Co Sund'land	DNC						
James Patterson	15	Newburn	DNC						
James O'Connell	16	Co Newcastle	DNC						
Calum Johnson	15	Newburn	DNC						



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

MENS Open Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt				
1.	William Jolly	19	Co Newcastle		16:19.50	732				
	50m 28.68	100m 59.82	150m 1:31.84	200m 2:04.56	250m 2:37.23	300m 3:10.37	350m 3:43.50	400m 4:16.78		
	28.68	31.14	32.02	32.72	32.67	33.14	33.13	33.28		
	450m 4:49.97	500m 5:23.22	550m 5:56.31	600m 6:29.57	650m 7:02.69	700m 7:35.60	750m 8:08.29	800m 8:41.03		
	33.19	33.25	33.09	33.26	33.12	32.91	32.69	32.74		
	850m 9:13.65	900m 9:46.28	950m 10:18.99	1000m 10:51.72	1050m 11:24.55	1100m 11:57.45	1150m 12:30.47	1200m 13:03.58		
	32.62	32.63	32.71	32.73	32.83	32.90	33.02	33.11		
	1250m 13:36.53	1300m 14:09.64	1350m 14:42.60	1400m 15:15.88	1450m 15:47.20	1500m 16:19.50				
	32.95	33.11	32.96	33.28	31.32	32.30				
2.	Lewis Wiseman-Ord	16	Co Newcastle		16:29.30	710				
	50m 27.38	100m 58.52	150m 1:30.16	200m 2:02.29	250m 2:34.36	300m 3:06.93	350m 3:39.60	400m 4:12.50		
	27.38	31.14	31.64	32.13	32.07	32.57	32.67	32.90		
	450m 4:45.68	500m 5:18.75	550m 5:52.11	600m 6:25.71	650m 6:59.15	700m 7:32.82	750m 8:06.13	800m 8:40.01		
	33.18	33.07	33.36	33.60	33.44	33.67	33.31	33.88		
	850m 9:13.78	900m 9:46.45	950m 10:19.77	1000m 10:53.40	1050m 11:26.85	1100m 12:00.55	1150m 12:33.98	1200m 13:07.85		
	33.77	32.67	33.32	33.63	33.45	33.70	33.43	33.87		
	1250m 13:41.73	1300m 14:15.87	1350m 14:49.84	1400m 15:23.84	1450m 15:57.64	1500m 16:29.30				
	33.88	34.14	33.97	34.00	33.80	31.66				
3.	Alex Wheeler	16	Co Newcastle		16:45.79	676				
	50m 29.00	100m 1:00.13	150m 1:32.52	200m 2:05.00	250m 2:37.93	300m 3:10.89	350m 3:44.35	400m 4:17.81		
	29.00	31.13	32.39	32.48	32.93	33.46	33.46	33.46		
	450m 4:51.45	500m 5:24.93	550m 5:58.81	600m 6:32.60	650m 7:06.91	700m 7:40.77	750m 8:14.76	800m 8:48.64		
	33.64	33.48	33.88	33.79	34.31	33.86	33.99	33.88		
	850m 9:22.90	900m 9:56.82	950m 10:31.14	1000m 11:05.21	1050m 11:39.30	1100m 12:13.70	1150m 12:47.85	1200m 13:22.22		
	34.26	33.92	34.32	34.07	34.09	34.40	34.15	34.37		
	1250m 13:56.33	1300m 14:30.69	1350m 15:04.82	1400m 15:39.06	1450m 16:12.63	1500m 16:45.79				
	34.11	34.36	34.13	34.24	33.57	33.16				
4.	Christopher Alexander	18	Derwentside		16:59.35	649				
	50m 29.43	100m 1:01.42	150m 1:34.22	200m 2:07.40	250m 2:40.99	300m 3:14.78	350m 3:48.84	400m 4:22.93		
	29.43	31.99	32.80	33.18	33.59	33.79	34.06	34.09		
	450m 4:57.27	500m 5:31.89	550m 6:06.06	600m 6:40.62	650m 7:15.00	700m 7:49.59	750m 8:24.09	800m 8:58.61		
	34.34	34.62	34.17	34.56	34.38	34.59	34.50	34.52		
	850m 9:33.20	900m 10:07.79	950m 10:42.47	1000m 11:17.08	1050m 11:51.51	1100m 12:26.19	1150m 13:00.16	1200m 13:34.78		
	34.59	34.59	34.68	34.61	34.43	34.68	33.97	34.62		
	1250m 14:09.49	1300m 14:43.74	1350m 15:18.27	1400m 15:52.39	1450m 16:26.07	1500m 16:59.35				
	34.71	34.25	34.53	34.12	33.68	33.28				
5.	Philip Hodgson	18	Sedgefield		17:02.51	643				
	50m 28.73	100m 59.99	150m 1:32.00	200m 2:04.71	250m 2:37.80	300m 3:11.83	350m 3:45.72	400m 4:20.40		
	28.73	31.26	32.01	32.71	33.09	34.03	33.89	34.68		
	450m 4:55.00	500m 5:29.80	550m 6:04.22	600m 6:39.00	650m 7:13.77	700m 7:48.57	750m 8:23.41	800m 8:58.23		
	34.60	34.80	34.42	34.78	34.77	34.80	34.84	34.82		
	850m 9:32.89	900m 10:07.67	950m 10:42.35	1000m 11:17.23	1050m 11:51.63	1100m 12:26.62	1150m 13:01.47	1200m 13:37.00		
	34.66	34.78	34.68	34.88	34.40	34.99	34.85	35.53		
	1250m 14:11.16	1300m 14:46.01	1350m 15:20.85	1400m 15:54.58	1450m 16:28.19	1500m 17:02.51				
	34.16	34.85	34.84	33.73	33.61	34.32				
6.	Thomas Sproston	14	Co Newcastle		17:11.96	626				
	50m 29.24	100m 1:01.55	150m 1:35.32	200m 2:09.52	250m 2:44.11	300m 3:19.09	350m 3:54.01	400m 4:28.90		
	29.24	32.31	33.77	34.20	34.59	34.98	34.92	34.89		
	450m 5:03.93	500m 5:39.32	550m 6:14.25	600m 6:49.34	650m 7:24.53	700m 7:59.65	750m 8:34.68	800m 9:09.35		
	35.03	35.39	34.93	35.09	35.19	35.12	35.03	34.67		
	850m 9:44.84	900m 10:19.78	950m 10:55.03	1000m 11:29.70	1050m 12:04.38	1100m 12:38.91	1150m 13:13.61	1200m 13:47.85		
	35.49	34.94	35.25	34.67	34.68	34.53	34.70	34.24		
	1250m 14:22.56	1300m 14:57.04	1350m 15:31.90	1400m 16:05.86	1450m 16:40.08	1500m 17:11.96				
	34.71	34.48	34.86	33.96	34.22	31.88				
7.	Gavin Haggerwood	15	Bo Stockton		17:15.00	620				
	50m 29.27	100m 1:01.66	150m 1:35.32	200m 2:09.48	250m 2:43.62	300m 3:18.25	350m 3:52.34	400m 4:26.59		
	29.27	32.39	33.66	34.16	34.14	34.63	34.09	34.25		
	450m 5:01.49	500m 5:36.64	550m 6:11.44	600m 6:46.08	650m 7:21.49	700m 7:56.62	750m 8:31.42	800m 9:06.51		
	34.90	35.15	34.80	34.64	35.41	35.13	34.80	35.09		
	850m 9:41.71	900m 10:17.12	950m 10:52.25	1000m 11:27.73	1050m 12:03.01	1100m 12:38.15	1150m 13:13.33	1200m 13:47.99		
	35.20	35.41	35.13	35.48	35.28	35.14	35.18	34.66		
	1250m 14:23.00	1300m 14:58.14	1350m 15:33.40	1400m 16:07.93	1450m 16:42.16	1500m 17:15.00				
	35.01	35.14	35.26	34.53	34.23	32.84				
8.	Luke Parkin	15	Chester Le S		17:32.77	590				
	50m 31.45	100m 1:05.86	150m 1:41.19	200m 2:17.00	250m 2:52.74	300m 3:28.89	350m 4:04.23	400m 4:40.22		
	31.45	34.41	35.33	35.81	35.74	36.15	35.34	35.99		
	450m 5:15.53	500m 5:51.27	550m 6:26.94	600m 7:02.61	650m 7:37.82	700m 8:13.18	750m 8:48.13	800m 9:23.57		
	35.31	35.74	35.67	35.67	35.21	35.36	34.95	35.44		
	850m 9:58.35	900m 10:34.02	950m 11:09.37	1000m 11:45.45	1050m 12:20.65	1100m 12:55.86	1150m 13:30.34	1200m 14:05.45		
	34.78	35.67	35.35	36.08	35.20	35.21	34.48	35.11		
	1250m 14:40.60	1300m 15:16.30	1350m 15:51.21	1400m 16:26.23	1450m 16:59.71	1500m 17:32.77				
	35.15	35.70	34.91	35.02	33.48	33.06				



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supporting partner

17. John Richardson	16 North Tyne	18:31.02	502
50m 31.27	100m 1:06.17	150m 1:41.82	200m 2:18.44
31.27	34.90	35.65	36.62
450m 5:22.62	500m 5:59.46	550m 6:36.87	600m 7:14.88
36.85	36.84	37.41	38.01
850m 10:21.35	900m 10:59.12	950m 11:36.63	1000m 12:14.82
37.49	37.77	37.51	38.19
1250m 15:24.35	1300m 16:03.02	1350m 16:40.64	1400m 17:17.83
38.55	38.67	37.62	37.19
			36.64
			36.55
18. Adam Taylor	13 Co Sund'land	18:38.03	492
50m 31.70	100m 1:07.54	150m 1:43.92	200m 2:20.28
31.70	35.84	36.38	36.36
450m 5:26.00	500m 6:03.70	550m 6:41.24	600m 7:18.76
37.22	37.70	37.54	37.52
850m 10:27.98	900m 11:05.93	950m 11:44.02	1000m 12:21.84
38.10	37.95	38.09	37.82
1250m 15:32.14	1300m 16:10.08	1350m 16:48.00	1400m 17:26.21
38.19	37.94	37.92	38.21
			37.01
			34.81
19. Reece Hindmarsh	14 North Tyne	18:47.56	480
50m 32.71	100m 1:08.54	150m 1:45.38	200m 2:22.49
32.71	35.83	36.84	37.11
450m 5:30.43	500m 6:08.69	550m 6:47.10	600m 7:25.26
38.21	38.26	38.41	38.16
850m 10:37.90	900m 11:16.76	950m 11:55.14	1000m 12:32.80
38.82	38.86	38.38	37.66
1250m 15:43.10	1300m 16:20.93	1350m 16:58.62	1400m 17:35.98
37.78	37.83	37.69	37.36
			36.60
			34.98
20. James Morgan	13 Chester Le S	18:54.56	471
50m 33.43	100m 1:10.40	150m 1:47.66	200m 2:24.95
33.43	36.97	37.26	37.29
450m 5:33.31	500m 6:11.71	550m 6:49.94	600m 7:28.37
38.04	38.40	38.23	38.43
850m 10:40.30	900m 11:18.82	950m 11:57.02	1000m 12:35.23
38.07	38.52	38.20	38.21
1250m 15:48.33	1300m 16:26.62	1350m 17:04.22	1400m 17:41.46
38.26	38.29	37.60	37.24
			37.30
			35.80
21. Matthew Cummins	13 Gates & Whick	18:55.07	470
50m 32.62	100m 1:09.22	150m 1:46.59	200m 2:23.52
32.62	36.60	37.37	36.93
450m 5:31.95	500m 6:09.89	550m 6:47.52	600m 7:25.50
37.79	37.94	37.63	37.98
850m 10:36.89	900m 11:15.04	950m 11:53.83	1000m 12:32.40
37.83	38.15	38.79	38.57
1250m 15:46.31	1300m 16:25.13	1350m 17:03.58	1400m 17:41.04
39.18	38.82	38.45	37.46
			38.09
			35.94
22. Daniel Rushton	15 Tynedale	18:55.98	469
50m 32.22	100m 1:08.69	150m 1:45.86	200m 2:22.61
32.22	36.47	37.17	36.75
450m 5:30.48	500m 6:08.43	550m 6:46.64	600m 7:24.66
38.18	37.95	38.21	38.02
850m 10:36.45	900m 11:15.04	950m 11:53.31	1000m 12:32.00
38.51	38.59	38.27	38.69
1250m 15:44.74	1300m 16:23.39	1350m 17:02.06	1400m 17:40.70
38.53	38.65	38.67	38.64
			38.06
			37.22
23. Samuel Dixon	12 Sedgfield	19:03.52	460
50m 31.81	100m 1:07.68	150m 1:45.96	200m 2:24.42
31.81	35.87	38.28	38.46
450m 5:38.40	500m 6:17.94	550m 6:57.36	600m 7:36.07
38.61	39.54	39.42	38.71
850m 10:48.28	900m 11:27.46	950m 12:06.73	1000m 12:45.78
38.25	39.18	39.27	39.05
1250m 15:58.29	1300m 16:36.67	1350m 17:14.98	1400m 17:52.78
37.23	38.38	38.31	37.80
			35.34
			35.40
24. Joel O'Halleron	13 Gates & Whick	19:09.75	453
50m 33.16	100m 1:10.13	150m 1:47.65	200m 2:25.41
33.16	36.97	37.52	37.76
450m 5:37.59	500m 6:17.25	550m 6:55.97	600m 7:35.53
38.98	39.66	38.72	39.56
850m 10:49.15	900m 11:28.29	950m 12:07.40	1000m 12:46.32
37.89	39.14	39.11	38.92
1250m 15:59.26	1300m 16:38.09	1350m 17:16.40	1400m 17:55.45
38.13	38.83	38.31	39.05
			38.06
			36.24



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supporting partner

25. Aidan McDonagh	12 Bo Stockton	19:20.15	441
50m 34.31	100m 1:12.40	150m 1:50.67	200m 2:29.33
34.31	38.09	38.27	38.66
450m 5:42.06	500m 6:21.24	550m 6:59.43	600m 7:38.19
38.62	39.18	38.19	38.76
850m 10:52.07	900m 11:31.48	950m 12:11.16	1000m 12:50.92
39.44	39.41	39.68	39.76
1250m 16:07.61	1300m 16:47.41	1350m 17:26.86	1400m 18:06.48
38.36	39.80	39.45	39.62
250m 3:07.71	300m 3:46.44	350m 4:24.87	400m 5:03.44
38.38	38.73	38.43	38.57
650m 8:17.16	700m 8:55.64	750m 9:33.80	800m 10:12.63
38.97	38.48	38.16	38.83
1050m 13:29.97	1100m 14:09.52	1150m 14:49.07	1200m 15:29.25
39.05	39.55	39.55	40.18
1450m 18:44.26	1500m 19:20.15		
37.78	35.89		
26. James Burns	12 Co Sund'land	19:26.85	433
50m 33.33	100m 1:10.57	150m 1:48.93	200m 2:26.75
33.33	37.24	38.36	37.82
450m 5:44.44	500m 6:23.91	550m 7:02.97	600m 7:42.17
40.35	39.47	39.06	39.20
850m 10:59.59	900m 11:38.53	950m 12:17.75	1000m 12:56.65
39.21	38.94	39.22	38.90
1250m 16:11.93	1300m 16:51.12	1350m 17:31.25	1400m 18:11.10
38.57	39.19	40.13	39.85
250m 3:05.38	300m 3:45.24	350m 4:25.03	400m 5:04.09
38.63	39.86	39.79	39.06
650m 8:22.06	700m 9:01.51	750m 9:40.95	800m 10:20.38
39.89	39.45	39.44	39.43
1050m 13:35.91	1100m 14:15.13	1150m 14:54.24	1200m 15:33.36
39.26	39.22	39.11	39.12
1450m 18:49.66	1500m 19:26.85		
38.56	37.19		
27. Graham Reveley	14 Gates & Whick	19:36.16	423
50m 32.52	100m 1:08.66	150m 1:46.04	200m 2:23.98
32.52	36.14	37.38	37.94
450m 5:36.71	500m 6:15.69	550m 6:55.09	600m 7:34.57
39.12	38.98	39.40	39.48
850m 10:53.29	900m 11:33.41	950m 12:13.49	1000m 12:53.90
39.77	40.12	40.08	40.41
1250m 16:16.19	1300m 16:56.72	1350m 17:37.08	1400m 18:17.49
40.40	40.53	40.36	40.41
250m 3:02.27	300m 3:40.23	350m 4:18.91	400m 4:57.59
38.29	37.96	38.68	38.68
650m 8:14.33	700m 8:54.16	750m 9:33.86	800m 10:13.52
39.76	39.83	39.70	39.66
1050m 13:33.93	1100m 14:14.53	1150m 14:55.12	1200m 15:35.79
40.03	40.60	40.59	40.67
1450m 18:57.60	1500m 19:36.16		
40.11	38.56		
28. Jack Baister	13 Middlesboro	19:42.77	416
50m 34.81	100m 1:13.90	150m 1:53.33	200m 2:33.10
34.81	39.09	39.43	39.77
450m 5:52.91	500m 6:33.08	550m 7:12.81	600m 7:53.25
39.90	40.17	39.73	40.44
850m 11:11.25	900m 11:50.59	950m 12:30.82	1000m 13:10.66
39.07	39.34	40.23	39.84
1250m 16:28.80	1300m 17:08.30	1350m 17:47.16	1400m 18:26.71
39.11	39.50	38.86	39.55
250m 3:12.74	300m 3:52.40	350m 4:32.69	400m 5:13.01
39.64	39.66	40.29	40.32
650m 8:33.21	700m 9:12.06	750m 9:52.16	800m 10:32.18
39.96	38.85	40.10	40.02
1050m 13:50.96	1100m 14:30.12	1150m 15:09.79	1200m 15:49.69
40.30	39.16	39.67	39.90
1450m 19:05.27	1500m 19:42.77		
38.56	37.50		
29. Jack Willis	12 Middlesboro	19:45.03	413
50m 33.51	100m 1:11.98	150m 1:51.00	200m 2:30.61
33.51	38.47	39.02	39.61
450m 5:51.07	500m 6:31.32	550m 7:11.16	600m 7:51.46
40.34	40.25	39.84	40.30
850m 11:10.55	900m 11:50.56	950m 12:30.49	1000m 13:10.62
39.32	40.01	39.93	40.13
1250m 16:30.14	1300m 17:09.82	1350m 17:49.14	1400m 18:28.72
39.56	39.68	39.32	39.58
250m 3:10.23	300m 3:50.83	350m 4:30.22	400m 5:10.73
39.62	40.60	39.39	40.51
650m 8:31.51	700m 9:11.53	750m 9:51.37	800m 10:31.23
40.05	40.02	39.84	39.86
1050m 13:50.18	1100m 14:30.05	1150m 15:10.20	1200m 15:50.58
39.56	39.87	40.15	40.38
1450m 19:07.94	1500m 19:45.03		
39.22	37.09		
30. Matthew Twohig	13 Middlesboro	19:46.38	412
50m 34.12	100m 1:12.02	150m 1:50.59	200m 2:29.73
34.12	37.90	38.57	39.14
450m 5:46.13	500m 6:26.67	550m 7:08.19	600m 7:48.43
40.55	40.54	41.52	40.24
850m 11:10.75	900m 11:51.04	950m 12:31.94	1000m 13:12.93
40.64	40.29	40.90	40.99
1250m 16:35.38	1300m 17:15.55	1350m 17:55.09	1400m 18:34.97
40.99	40.17	39.54	39.88
250m 3:07.96	300m 3:46.27	350m 4:25.77	400m 5:05.58
38.23	38.31	39.50	39.81
650m 8:27.69	700m 9:09.01	750m 9:50.00	800m 10:30.11
39.26	41.32	40.99	40.11
1050m 13:53.56	1100m 14:34.68	1150m 15:14.21	1200m 15:54.39
40.63	41.12	39.53	40.18
1450m 19:11.59	1500m 19:46.38		
36.62	34.79		
31. Daniel Wheeler	13 Co Newcastle	19:47.43	411
50m 33.59	100m 1:10.83	150m 1:49.79	200m 2:28.29
33.59	37.24	38.96	38.50
450m 5:43.84	500m 6:23.27	550m 7:03.59	600m 7:43.41
39.38	39.43	40.32	39.82
850m 11:04.93	900m 11:45.00	950m 12:25.83	1000m 13:07.00
40.61	40.07	40.83	41.17
1250m 16:29.28	1300m 17:09.97	1350m 17:50.63	1400m 18:31.33
39.87	40.69	40.66	40.70
250m 3:07.03	300m 3:45.32	350m 4:24.55	400m 5:04.46
38.74	38.29	39.23	39.91
650m 8:23.85	700m 9:03.55	750m 9:43.84	800m 10:24.32
40.44	39.70	40.29	40.48
1050m 13:47.37	1100m 14:27.59	1150m 15:08.92	1200m 15:49.41
40.37	40.22	41.33	40.49
1450m 19:10.54	1500m 19:47.43		
39.21	36.89		
32. James Row	12 Newburn	19:54.39	404
50m 33.78	100m 1:12.44	150m 1:51.82	200m 2:31.52
33.78	38.66	39.38	39.70
450m 5:50.69	500m 6:30.14	550m 7:10.54	600m 7:51.71
40.71	39.45	40.40	41.17
850m 11:17.14	900m 11:57.66	950m 12:38.37	1000m 13:18.66
41.46	40.52	40.71	40.29
1250m 16:41.08	1300m 17:21.58	1350m 18:01.57	1400m 18:41.85
40.64	40.50	39.99	40.28
250m 3:10.80	300m 3:50.51	350m 4:30.27	400m 5:09.98
39.28	39.71	39.76	39.71
650m 8:33.06	700m 9:13.66	750m 9:54.65	800m 10:35.68
41.35	40.60	40.99	41.03
1050m 14:00.14	1100m 14:40.73	1150m 15:20.84	1200m 16:00.44
41.48	40.59	40.11	39.60
1450m 19:21.63	1500m 19:54.39		
39.78	32.76		



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33. Ben Maddison	15 North Tyne	20:23.17	376
50m 33.87	100m 1:12.62	150m 1:52.75	200m 2:33.53
33.87	38.75	40.13	40.78
450m 5:55.09	500m 6:36.55	550m 7:17.39	600m 7:58.50
40.75	41.46	40.84	41.11
850m 11:27.20	900m 12:08.73	950m 12:50.29	1000m 13:31.94
41.10	41.53	41.56	41.65
1250m 17:00.09	1300m 17:41.82	1350m 18:22.85	1400m 19:04.31
41.25	41.73	41.03	41.46
250m 3:12.83	300m 3:52.70	350m 4:33.45	400m 5:14.34
39.30	39.87	40.75	40.89
650m 8:40.20	700m 9:22.09	750m 10:03.98	800m 10:46.10
41.70	41.89	41.89	42.12
1050m 14:14.20	1100m 14:55.21	1150m 15:36.65	1200m 16:18.84
42.26	41.01	41.44	42.19
1450m 19:44.24	1500m 20:23.17		
39.93	38.93		
34. Kieran Peart	12 South Tyne	20:23.29	376
50m 33.45	100m 1:12.16	150m 1:51.95	200m 2:32.31
33.45	38.71	39.79	40.36
450m 5:53.70	500m 6:34.69	550m 7:16.50	600m 7:57.98
40.20	40.99	41.81	41.48
850m 11:26.34	900m 12:08.41	950m 12:49.49	1000m 13:30.98
41.89	42.07	41.08	41.49
1250m 16:58.91	1300m 17:41.52	1350m 18:23.40	1400m 19:06.04
40.06	42.61	41.88	42.64
250m 3:12.77	300m 3:53.33	350m 4:34.45	400m 5:13.50
40.46	40.56	41.12	39.05
650m 8:39.26	700m 9:21.08	750m 10:02.61	800m 10:44.45
41.28	41.82	41.53	41.84
1050m 14:12.84	1100m 14:54.81	1150m 15:35.45	1200m 16:18.85
41.86	41.97	40.64	43.40
1450m 19:44.60	1500m 20:23.29		
38.56	38.69		
35. James Sproston	11 Co Newcastle	20:31.24	369
50m 34.65	100m 1:14.79	150m 1:55.15	200m 2:36.10
34.65	40.14	40.36	40.95
450m 6:01.69	500m 6:43.57	550m 7:24.58	600m 8:05.94
40.85	41.88	41.01	41.36
850m 11:33.54	900m 12:14.89	950m 12:56.41	1000m 13:38.59
41.50	41.35	41.52	42.18
1250m 17:07.04	1300m 17:48.83	1350m 18:31.01	1400m 19:12.20
41.90	41.79	42.18	41.19
250m 3:17.06	300m 3:58.17	350m 4:39.98	400m 5:20.84
40.96	41.11	41.81	40.86
650m 8:47.35	700m 9:28.71	750m 10:10.26	800m 10:52.04
41.41	41.36	41.55	41.78
1050m 14:20.22	1100m 15:01.68	1150m 15:43.23	1200m 16:25.14
41.63	41.46	41.55	41.91
1450m 19:52.03	1500m 20:31.24		
39.83	39.21		
36. Joseph Wallace	12 Gates & Whick	20:36.56	364
50m 34.85	100m 1:14.35	150m 1:55.09	200m 2:36.00
34.85	39.50	40.74	40.91
450m 6:04.64	500m 6:46.71	550m 7:28.03	600m 8:09.99
41.79	42.07	41.32	41.96
850m 11:37.36	900m 12:17.91	950m 12:59.01	1000m 13:40.35
41.13	40.55	41.10	41.34
1250m 17:10.43	1300m 17:52.05	1350m 18:33.63	1400m 19:15.38
42.05	41.62	41.58	41.75
250m 3:17.62	300m 3:59.37	350m 4:40.95	400m 5:22.85
41.62	41.75	41.58	41.90
650m 8:51.85	700m 9:34.08	750m 10:15.53	800m 10:56.23
41.86	42.23	41.45	40.70
1050m 14:22.60	1100m 15:04.51	1150m 15:46.74	1200m 16:28.38
42.25	41.91	42.23	41.64
1450m 19:56.84	1500m 20:36.56		
41.46	39.72		
37. Brad Reynolds	11 Gates & Whick	20:56.38	347
50m 36.24	100m 1:17.40	150m 1:58.63	200m 2:39.86
36.24	41.16	41.23	41.23
450m 6:04.91	500m 6:47.40	550m 7:29.20	600m 8:11.72
40.17	42.49	41.80	42.52
850m 11:46.26	900m 12:28.72	950m 13:12.09	1000m 13:54.12
43.06	42.46	43.37	42.03
1250m 17:27.34	1300m 18:09.60	1350m 18:52.93	1400m 19:35.23
43.39	42.26	43.33	42.30
250m 3:20.46	300m 4:02.31	350m 4:42.77	400m 5:24.74
40.60	41.85	40.46	41.97
650m 8:54.90	700m 9:37.33	750m 10:20.44	800m 11:03.20
43.18	42.43	43.11	42.76
1050m 14:36.06	1100m 15:19.27	1150m 16:01.91	1200m 16:43.95
41.94	43.21	42.64	42.04
1450m 20:16.31	1500m 20:56.38		
41.08	40.07		
38. Daniel Harrison	12 Middlesboro	21:38.94	314
50m 37.97	100m 1:20.79	150m 2:04.68	200m 2:48.39
37.97	42.82	43.89	43.71
450m 6:26.05	500m 7:09.10	550m 7:52.70	600m 8:35.94
43.68	43.05	43.60	43.24
850m 12:13.20	900m 12:57.27	950m 13:41.36	1000m 14:24.67
44.02	44.07	44.09	43.31
1250m 18:03.00	1300m 18:46.72	1350m 19:31.11	1400m 20:14.48
43.78	43.72	44.39	43.37
250m 3:31.02	300m 4:14.92	350m 4:58.62	400m 5:42.37
42.63	43.90	43.70	43.75
650m 9:18.81	700m 10:02.70	750m 10:45.89	800m 11:29.18
42.87	43.89	43.19	43.29
1050m 15:08.49	1100m 15:52.70	1150m 16:35.79	1200m 17:19.22
43.82	44.21	43.09	43.43
1450m 20:56.58	1500m 21:38.94		
42.10	42.36		
Thomas Holdsworth	12 Bo Stockton	DNC	
Jordan Henry	12 Co Sund'land	DNC	
Ryan Hall	14 Co Newcastle	DNC	
Matthew Wind	14 Tynemouth	DNC	
Jamie Garbutt	12 Bo Stockton	DNC	
Adam Charlton	12 Co Sund'land	DNC	
Christopher Holdsworth	15 Bo Stockton	DNC	
Alexander N Pierce-Har	14 Co Sund'land	DNC	
Gregory McConnell	14 Derwentside	DNC	
James White	13 Tynemouth	DNC	
Adam Hollows	14 Chester Le S	DNC	
Oliver James	15 Co Sund'land	DNC	
James Patterson	15 Newburn	DNC	
James O'Connell	16 Co Newcastle	DNC	
Calum Johnson	15 Newburn	DNC	



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

WOMENS 11/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt					
1.	Alexandra Jackson	13	Bo Stockton		18:22.11	654					
	50m	32.77	100m 1:08.42	150m 1:45.51	200m 2:22.67	250m 2:59.99	300m 3:37.05	350m 4:14.29	400m 4:51.42		
		32.77	35.65	37.09	37.16	37.32	37.06	37.24	37.13		
	450m 5:28.40	500m 6:05.47	550m 6:42.55	600m 7:19.86	650m 7:56.59	700m 8:33.52	750m 9:09.68	800m 9:45.91			
		36.98	37.07	37.08	37.31	36.73	36.93	36.16	36.23		
	850m 10:23.19	900m 11:00.21	950m 11:37.17	1000m 12:14.25	1050m 12:51.38	1100m 13:28.22	1150m 14:05.46	1200m 14:43.07			
		37.28	37.02	36.96	37.08	37.13	36.84	37.24	37.61		
	1250m 15:20.11	1300m 15:57.34	1350m 16:34.17	1400m 17:11.48	1450m 17:47.79	1500m 18:22.11					
		37.04	37.23	36.83	37.31	36.31	34.32				
2.	Emma Sinclair	13	Co Sund'land		18:37.62	627					
	50m	32.60	100m 1:08.95	150m 1:46.37	200m 2:23.37	250m 3:01.03	300m 3:38.23	350m 4:15.75	400m 4:53.14		
		32.60	36.35	37.42	37.00	37.66	37.20	37.52	37.39		
	450m 5:31.06	500m 6:08.43	550m 6:45.94	600m 7:23.12	650m 8:00.88	700m 8:38.28	750m 9:16.07	800m 9:53.61			
		37.92	37.37	37.51	37.18	37.76	37.40	37.79	37.54		
	850m 10:31.28	900m 11:09.05	950m 11:46.33	1000m 12:23.81	1050m 13:01.61	1100m 13:39.06	1150m 14:16.53	1200m 14:54.19			
		37.67	37.77	37.28	37.48	37.80	37.45	37.47	37.66		
	1250m 15:31.75	1300m 16:09.32	1350m 16:47.19	1400m 17:24.29	1450m 18:01.55	1500m 18:37.62					
		37.56	37.57	37.87	37.10	37.26	36.07				
3.	Lucy Walton	12	Co Sund'land		18:58.03	594					
	50m	33.18	100m 1:09.02	150m 1:45.80	200m 2:22.84	250m 3:00.38	300m 3:38.43	350m 4:16.80	400m 4:55.52		
		33.18	35.84	36.78	37.04	37.54	38.05	38.37	38.72		
	450m 5:34.19	500m 6:12.09	550m 6:50.96	600m 7:29.23	650m 8:07.69	700m 8:45.98	750m 9:24.62	800m 10:02.83			
		38.67	37.90	38.87	38.27	38.46	38.29	38.64	38.21		
	850m 10:41.24	900m 11:19.85	950m 11:58.39	1000m 12:36.67	1050m 13:15.48	1100m 13:53.48	1150m 14:32.24	1200m 15:10.76			
		38.41	38.61	38.54	38.28	38.81	38.00	38.76	38.52		
	1250m 15:48.41	1300m 16:26.81	1350m 17:05.41	1400m 17:43.26	1450m 18:21.10	1500m 18:58.03					
		37.65	38.40	38.60	37.85	37.84	36.93				
4.	Laura Gillingham	13	Derwentside		19:05.74	582					
	50m	34.03	100m 1:10.69	150m 1:47.89	200m 2:25.35	250m 3:03.45	300m 3:41.28	350m 4:19.30	400m 4:57.65		
		34.03	36.66	37.20	37.46	38.10	37.83	38.02	38.35		
	450m 5:36.17	500m 6:14.78	550m 6:52.98	600m 7:31.61	650m 8:09.70	700m 8:48.54	750m 9:27.07	800m 10:05.45			
		38.52	38.61	38.20	38.63	38.09	38.84	38.53	38.38		
	850m 10:43.86	900m 11:22.65	950m 12:01.42	1000m 12:40.91	1050m 13:21.07	1100m 13:59.70	1150m 14:38.17	1200m 15:17.16			
		38.41	38.79	38.77	39.49	40.16	38.63	38.47	38.99		
	1250m 15:56.04	1300m 16:35.47	1350m 17:14.07	1400m 17:52.54	1450m 18:29.82	1500m 19:05.74					
		38.88	39.43	38.60	38.47	37.28	35.92				
5.	Faye Pinder	13	South Tyne		19:12.59	572					
	50m	32.56	100m 1:08.83	150m 1:46.36	200m 2:23.62	250m 3:01.23	300m 3:38.97	350m 4:16.89	400m 4:54.58		
		32.56	36.27	37.53	37.26	37.61	37.74	37.92	37.69		
	450m 5:33.11	500m 6:11.41	550m 6:50.10	600m 7:28.19	650m 8:06.96	700m 8:46.60	750m 9:27.09	800m 10:06.98			
		38.53	38.30	38.69	38.09	38.77	39.64	40.49	39.89		
	850m 10:46.47	900m 11:26.30	950m 12:05.25	1000m 12:44.51	1050m 13:24.08	1100m 14:02.66	1150m 14:42.02	1200m 15:21.20			
		39.49	39.83	38.95	39.26	39.57	38.58	39.36	39.18		
	1250m 16:00.40	1300m 16:39.52	1350m 17:19.05	1400m 17:57.60	1450m 18:35.42	1500m 19:12.59					
		39.20	39.12	39.53	38.55	37.82	37.17				
6.	Lucy Ellis	13	Co Sund'land		19:27.63	550					
	50m	32.43	100m 1:09.11	150m 1:47.75	200m 2:27.21	250m 3:06.28	300m 3:45.94	350m 4:25.16	400m 5:05.09		
		32.43	36.68	38.64	39.46	39.07	39.66	39.22	39.93		
	450m 5:45.78	500m 6:25.32	550m 7:05.31	600m 7:45.14	650m 8:24.70	700m 9:04.94	750m 9:44.50	800m 10:24.70			
		40.69	39.54	39.99	39.83	39.56	40.24	39.56	40.20		
	850m 11:03.48	900m 11:41.60	950m 12:21.43	1000m 13:00.55	1050m 13:39.91	1100m 14:18.85	1150m 14:57.92	1200m 15:37.33			
		38.78	38.12	39.83	39.12	39.36	38.94	39.07	39.41		
	1250m 16:16.62	1300m 16:55.63	1350m 17:35.03	1400m 18:13.97	1450m 18:52.43	1500m 19:27.63					
		39.29	39.01	39.40	38.94	38.46	35.20				
7.	Sophie Hastings	13	Co Newcastle		19:31.16	545					
	50m	34.90	100m 1:13.14	150m 1:51.67	200m 2:30.89	250m 3:10.56	300m 3:50.08	350m 4:29.06	400m 5:08.84		
		34.90	38.24	38.53	39.22	39.67	39.52	38.98	39.78		
	450m 5:47.14	500m 6:25.94	550m 7:05.06	600m 7:43.98	650m 8:22.69	700m 9:02.69	750m 9:43.79	800m 10:24.01			
		38.30	38.80	39.12	38.92	38.71	40.00	41.10	40.22		
	850m 11:03.53	900m 11:43.10	950m 12:22.15	1000m 13:01.70	1050m 13:40.65	1100m 14:19.43	1150m 14:59.37	1200m 15:38.97			
		39.52	39.57	39.05	39.55	38.95	38.78	39.94	39.60		
	1250m 16:17.93	1300m 16:58.14	1350m 17:37.09	1400m 18:16.21	1450m 18:54.93	1500m 19:31.16					
		38.96	40.21	38.95	39.12	38.72	36.23				
8.	Eleanor Stevenson	13	Bo Stockton		20:15.03	488					
	50m	34.86	100m 1:13.71	150m 1:53.59	200m 2:33.88	250m 3:14.42	300m 3:55.45	350m 4:36.14	400m 5:17.06		
		34.86	38.85	39.88	40.29	40.54	41.03	40.69	40.92		
	450m 5:57.74	500m 6:38.51	550m 7:19.38	600m 8:00.32	650m 8:41.48	700m 9:22.35	750m 10:03.49	800m 10:44.44			
		40.68	40.77	40.87	40.94	41.16	40.87	41.14	40.95		
	850m 11:25.71	900m 12:06.64	950m 12:47.56	1000m 13:28.47	1050m 14:09.11	1100m 14:49.81	1150m 15:30.83	1200m 16:11.62			
		41.27	40.93	40.92	40.91	40.64	40.70	41.02	40.79		
	1250m 16:52.66	1300m 17:33.79	1350m 18:14.40	1400m 18:55.21	1450m 19:35.36	1500m 20:15.03					
		41.04	41.13	40.61	40.81	40.15	39.67				



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

WOMENS 11/13 Yrs Age Group - Full Results

9. Megan Riley	12	Co Newcastle	20:15.23	488					
50m 35.04	100m 1:14.06	150m 1:53.80	200m 2:34.31	250m 3:14.53	300m 3:55.10	350m 4:36.05	400m 5:17.05		
35.04	39.02	39.74	40.51	40.22	40.57	40.95	41.00		
450m 5:57.68	500m 6:38.21	550m 7:18.86	600m 7:59.36	650m 8:39.97	700m 9:20.77	750m 10:00.97	800m 10:41.02		
40.63	40.53	40.65	40.50	40.61	40.80	40.20	40.05		
850m 11:21.51	900m 12:02.73	950m 12:43.57	1000m 13:24.49	1050m 14:05.83	1100m 14:46.78	1150m 15:28.26	1200m 16:09.53		
40.49	41.22	40.84	40.92	41.34	40.95	41.48	41.27		
1250m 16:51.04	1300m 17:32.21	1350m 18:13.62	1400m 18:54.94	1450m 19:35.80	1500m 20:15.23				
41.51	41.17	41.41	41.32	40.86	39.43				
10. Amy Larsen	13	Co Newcastle	20:28.82	472					
50m 36.65	100m 1:17.33	150m 1:59.46	200m 2:41.06	250m 3:22.60	300m 4:03.60	350m 4:44.58	400m 5:25.42		
36.65	40.68	42.13	41.60	41.54	41.00	40.98	40.84		
450m 6:06.73	500m 6:48.07	550m 7:29.58	600m 8:10.77	650m 8:51.87	700m 9:33.12	750m 10:14.47	800m 10:55.81		
41.31	41.34	41.51	41.19	41.10	41.25	41.35	41.34		
850m 11:36.74	900m 12:17.75	950m 12:58.79	1000m 13:39.30	1050m 14:20.64	1100m 15:01.41	1150m 15:42.32	1200m 16:23.43		
40.93	41.01	41.04	40.51	41.34	40.77	40.91	41.11		
1250m 17:04.80	1300m 17:46.59	1350m 18:27.70	1400m 19:09.10	1450m 19:49.78	1500m 20:28.82				
41.37	41.79	41.11	41.40	40.68	39.04				
11. Georgina Lamb	11	Co Sund'land	20:29.97	471					
50m 35.02	100m 1:14.70	150m 1:54.87	200m 2:35.69	250m 3:16.26	300m 3:57.29	350m 4:38.92	400m 5:20.83		
35.02	39.68	40.17	40.82	40.57	41.03	41.63	41.91		
450m 6:01.92	500m 6:43.33	550m 7:25.10	600m 8:06.02	650m 8:47.38	700m 9:29.03	750m 10:09.76	800m 10:51.45		
41.09	41.41	41.77	40.92	41.36	41.65	40.73	41.69		
850m 11:33.27	900m 12:14.70	950m 12:56.14	1000m 13:37.87	1050m 14:19.23	1100m 15:00.78	1150m 15:41.84	1200m 16:23.44		
41.82	41.43	41.44	41.73	41.36	41.55	41.06	41.60		
1250m 17:05.46	1300m 17:46.80	1350m 18:28.52	1400m 19:10.48	1450m 19:50.98	1500m 20:29.97				
42.02	41.34	41.72	41.96	40.50	38.99				
12. Abigail Toller	13	Middlesboro	20:30.26	470					
50m 36.40	100m 1:18.62	150m 2:00.41	200m 2:40.53	250m 3:22.58	300m 4:03.35	350m 4:43.84	400m 5:24.57		
36.40	42.22	41.79	40.12	42.05	40.77	40.49	40.73		
450m 6:05.49	500m 6:46.90	550m 7:27.78	600m 8:08.18	650m 8:50.65	700m 9:32.58	750m 10:13.27	800m 10:54.69		
40.92	41.41	40.88	40.40	42.47	41.93	40.69	41.42		
850m 11:35.85	900m 12:17.19	950m 12:57.98	1000m 13:39.73	1050m 14:21.97	1100m 15:04.30	1150m 15:46.36	1200m 16:28.49		
41.16	41.34	40.79	41.75	42.24	42.33	42.06	42.13		
1250m 17:09.40	1300m 17:51.46	1350m 18:31.83	1400m 19:12.87	1450m 19:52.85	1500m 20:30.26				
40.91	42.06	40.37	41.04	39.98	37.41				
13. Emma Parker	13	Derwentside	20:37.25	462					
50m 34.85	100m 1:13.81	150m 1:53.74	200m 2:34.27	250m 3:15.21	300m 3:56.31	350m 4:37.06	400m 5:18.84		
34.85	38.96	39.93	40.53	40.94	41.10	40.75	41.78		
450m 6:00.85	500m 6:42.91	550m 7:24.85	600m 8:07.08	650m 8:49.31	700m 9:31.97	750m 10:14.08	800m 10:56.58		
42.01	42.06	41.94	42.23	42.23	42.66	42.11	42.50		
850m 11:39.10	900m 12:21.40	950m 13:03.26	1000m 13:45.80	1050m 14:27.73	1100m 15:09.27	1150m 15:50.86	1200m 16:32.05		
42.52	42.30	41.86	42.54	41.93	41.54	41.59	41.19		
1250m 17:13.65	1300m 17:55.01	1350m 18:36.14	1400m 19:17.07	1450m 19:58.31	1500m 20:37.25				
41.60	41.36	41.13	40.93	41.24	38.94				
14. Katriona Hole	13	Durham City	20:51.98	446					
50m 35.23	100m 1:13.73	150m 1:53.17	200m 2:32.58	250m 3:12.08	300m 3:52.74	350m 4:33.28	400m 5:14.17		
35.23	38.50	39.44	39.41	39.50	40.66	40.54	40.89		
450m 5:55.87	500m 6:37.52	550m 7:19.59	600m 8:01.85	650m 8:44.25	700m 9:27.07	750m 10:09.74	800m 10:52.40		
41.70	41.65	42.07	42.26	42.40	42.82	42.67	42.66		
850m 11:35.66	900m 12:18.30	950m 13:01.21	1000m 13:44.48	1050m 14:27.25	1100m 15:10.28	1150m 15:52.93	1200m 16:36.74		
43.26	42.64	42.91	43.27	42.77	43.03	42.65	43.81		
1250m 17:19.94	1300m 18:03.22	1350m 18:45.74	1400m 19:28.36	1450m 20:11.06	1500m 20:51.98				
43.20	43.28	42.52	42.62	42.70	40.92				
15. Laura Taylor	11	Co Sund'land	20:52.12	446					
50m 34.71	100m 1:13.98	150m 1:55.31	200m 2:36.22	250m 3:17.65	300m 3:58.37	350m 4:40.19	400m 5:22.18		
34.71	39.27	41.33	40.91	41.43	40.72	41.82	41.99		
450m 6:03.94	500m 6:45.87	550m 7:27.04	600m 8:08.91	650m 8:51.74	700m 9:34.59	750m 10:17.56	800m 11:00.01		
41.76	41.93	41.17	41.87	42.83	42.85	42.97	42.45		
850m 11:42.31	900m 12:23.59	950m 13:06.17	1000m 13:48.26	1050m 14:31.02	1100m 15:13.90	1150m 15:56.64	1200m 16:39.07		
42.30	41.28	42.58	42.09	42.76	42.88	42.74	42.43		
1250m 17:22.37	1300m 18:05.84	1350m 18:48.30	1400m 19:30.96	1450m 20:12.87	1500m 20:52.12				
43.30	43.47	42.46	42.66	41.91	39.25				
16. Annabelle Joyce	12	Co Sund'land	20:59.52	438					
50m 35.22	100m 1:14.92	150m 1:55.07	200m 2:35.70	250m 3:16.61	300m 3:58.17	350m 4:40.37	400m 5:22.44		
35.22	39.70	40.15	40.63	40.91	41.56	42.20	42.07		
450m 6:05.46	500m 6:47.61	550m 7:29.76	600m 8:12.33	650m 8:54.70	700m 9:37.58	750m 10:20.22	800m 11:03.28		
43.02	42.15	42.15	42.57	42.37	42.88	42.64	43.06		
850m 11:45.68	900m 12:28.24	950m 13:11.04	1000m 13:53.28	1050m 14:35.68	1100m 15:18.83	1150m 16:00.89	1200m 16:44.15		
42.40	42.56	42.80	42.24	42.40	43.15	42.06	43.26		
1250m 17:27.19	1300m 18:09.89	1350m 18:52.06	1400m 19:35.43	1450m 20:17.73	1500m 20:59.52				
43.04	42.70	42.17	43.37	42.30	41.79				



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

WOMENS 11/13 Yrs Age Group - Full Results

17. Jessica Thompson	11	Co Sund'land	21:04.79	433					
50m 35.35	100m 1:15.42	150m 1:56.71	200m 2:38.24	250m 3:19.88	300m 4:02.10	350m 4:43.74	400m 5:26.75		
35.35	40.07	41.29	41.53	41.64	42.22	41.64	43.01		
450m 6:09.34	500m 6:51.95	550m 7:34.61	600m 8:17.53	650m 8:59.76	700m 9:42.87	750m 10:24.94	800m 11:07.56		
42.59	42.61	42.66	42.92	42.23	43.11	42.07	42.62		
850m 11:50.21	900m 12:33.01	950m 13:14.98	1000m 13:58.30	1050m 14:41.24	1100m 15:24.19	1150m 16:07.17	1200m 16:50.06		
42.65	42.80	41.97	43.32	42.94	42.95	42.98	42.89		
1250m 17:33.09	1300m 18:16.03	1350m 18:59.11	1400m 19:42.10	1450m 20:24.10	1500m 21:04.79				
43.03	42.94	43.08	42.99	42.00	40.69				
18. Megan Roberts	13	Billingham	21:07.26	430					
50m 38.02	100m 1:20.88	150m 2:03.66	200m 2:46.85	250m 3:30.19	300m 4:13.10	350m 4:56.23	400m 5:38.43		
38.02	42.86	42.78	43.19	43.34	42.91	43.13	42.20		
450m 6:20.32	500m 7:02.40	550m 7:44.64	600m 8:27.92	650m 9:10.56	700m 9:53.28	750m 10:36.06	800m 11:18.47		
41.89	42.08	42.24	43.28	42.64	42.72	42.78	42.41		
850m 12:00.39	900m 12:42.73	950m 13:25.01	1000m 14:07.95	1050m 14:50.39	1100m 15:32.79	1150m 16:15.37	1200m 16:57.66		
41.92	42.34	42.28	42.94	42.44	42.40	42.58	42.29		
1250m 17:40.07	1300m 18:23.01	1350m 19:04.79	1400m 19:46.28	1450m 20:28.25	1500m 21:07.26				
42.41	42.94	41.78	41.49	41.97	39.01				
19. Victoria Fenby	12	Darlington	21:53.70	386					
50m 37.25	100m 1:18.07	150m 2:00.69	200m 2:43.32	250m 3:26.12	300m 4:09.07	350m 4:52.78	400m 5:36.19		
37.25	40.82	42.62	42.63	42.80	42.95	43.71	43.41		
450m 6:20.20	500m 7:03.51	550m 7:48.02	600m 8:32.28	650m 9:17.42	700m 10:02.17	750m 10:46.43	800m 11:30.07		
44.01	43.31	44.51	44.26	45.14	44.75	44.26	43.64		
850m 12:13.42	900m 12:57.01	950m 13:41.94	1000m 14:27.13	1050m 15:12.09	1100m 15:57.22	1150m 16:43.63	1200m 17:29.12		
43.35	43.59	44.93	45.19	44.96	45.13	46.41	45.49		
1250m 18:15.36	1300m 19:00.54	1350m 19:44.97	1400m 20:29.43	1450m 21:13.84	1500m 21:53.70				
46.24	45.18	44.43	44.46	44.41	39.86				
20. Abbie Goulbourn	13	Gates & Whick	22:06.29	375					
50m 38.01	100m 1:19.70	150m 2:02.60	200m 2:45.92	250m 3:29.62	300m 4:13.12	350m 4:57.31	400m 5:41.81		
38.01	41.69	42.90	43.32	43.70	43.50	44.19	44.50		
450m 6:26.65	500m 7:11.57	550m 7:56.65	600m 8:41.30	650m 9:25.96	700m 10:10.99	750m 10:55.73	800m 11:40.61		
44.84	44.92	45.08	44.65	44.66	45.03	44.74	44.88		
850m 12:25.48	900m 13:10.74	950m 13:55.85	1000m 14:40.71	1050m 15:25.58	1100m 16:10.60	1150m 16:55.85	1200m 17:41.06		
44.87	45.26	45.11	44.86	44.87	45.02	45.25	45.21		
1250m 18:26.12	1300m 19:11.30	1350m 19:55.81	1400m 20:39.91	1450m 21:23.50	1500m 22:06.29				
45.06	45.18	44.51	44.10	43.59	42.79				
21. Hannah Kirsop	11	South Tyne	22:16.56	367					
50m 37.51	100m 1:19.87	150m 2:02.55	200m 2:45.33	250m 3:27.17	300m 4:10.02	350m 4:54.26	400m 5:37.36		
37.51	42.36	42.68	42.78	41.84	42.85	44.24	43.10		
450m 6:21.90	500m 7:06.06	550m 7:49.75	600m 8:34.62	650m 9:20.68	700m 10:05.68	750m 10:50.07	800m 11:35.63		
44.54	44.16	43.69	44.87	46.06	45.00	44.39	45.56		
850m 12:20.97	900m 13:06.25	950m 13:51.45	1000m 14:36.97	1050m 15:23.00	1100m 16:08.93	1150m 16:55.81	1200m 17:41.25		
45.34	45.28	45.20	45.52	46.03	45.93	46.88	45.44		
1250m 18:27.40	1300m 19:13.35	1350m 19:59.28	1400m 20:44.90	1450m 21:30.84	1500m 22:16.56				
46.15	45.95	45.93	45.62	45.94	45.72				
Charlotte Duff	13	Tynemouth	DNC						
Emily Sewell	13	Tynedale	DNC						
Isabella Bosanko	12	Co Sund'land	DNC						
Harriet Glen-Ravenhill	13	Tynemouth	DNC						



British Gas Northumberland & Durham SA 1500m Freestyle Championships (50m) Sunderland Aquatic Centre 31 January 2010



supporting partner

WOMENS 14/17 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt					
1.	Danielle Huskisson	16	Co Sund'land		17:31.02	754					
	50m 31.41	100m 1:06.29	150m 1:41.52	200m 2:16.77	250m 2:51.97	300m 3:27.07	350m 4:01.87	400m 4:37.00			
	31.41	34.88	35.23	35.25	35.20	35.10	34.80	35.13			
	450m 5:12.17	500m 5:47.14	550m 6:21.98	600m 6:57.20	650m 7:32.21	700m 8:07.40	750m 8:42.54	800m 9:17.80			
	35.17	34.97	34.84	35.22	35.01	35.19	35.14	35.26			
	850m 9:52.72	900m 10:28.30	950m 11:03.44	1000m 11:38.89	1050m 12:14.29	1100m 12:49.71	1150m 13:25.13	1200m 14:01.00			
	34.92	35.58	35.14	35.45	35.40	35.42	35.42	35.87			
	1250m 14:36.60	1300m 15:12.26	1350m 15:47.41	1400m 16:22.63	1450m 16:57.43	1500m 17:31.02					
	35.60	35.66	35.15	35.22	34.80	33.59					
2.	Rachel Smedley	15	Co Newcastle		17:42.43	730					
	50m 31.44	100m 1:06.10	150m 1:41.38	200m 2:16.62	250m 2:51.73	300m 3:26.85	350m 4:02.15	400m 4:37.44			
	31.44	34.66	35.28	35.24	35.11	35.12	35.30	35.29			
	450m 5:12.65	500m 5:47.86	550m 6:23.24	600m 6:58.78	650m 7:34.35	700m 8:10.04	750m 8:45.79	800m 9:21.24			
	35.21	35.21	35.38	35.54	35.57	35.69	35.75	35.45			
	850m 9:57.00	900m 10:32.62	950m 11:08.34	1000m 11:44.15	1050m 12:20.21	1100m 12:56.29	1150m 13:32.32	1200m 14:08.17			
	35.76	35.62	35.72	35.81	36.06	36.08	36.03	35.85			
	1250m 14:44.50	1300m 15:20.35	1350m 15:56.42	1400m 16:32.01	1450m 17:07.70	1500m 17:42.43					
	36.33	35.85	36.07	35.59	35.69	34.73					
3.	Alexandra Robinson	15	Co Sund'land		17:49.48	716					
	50m 30.75	100m 1:04.14	150m 1:38.59	200m 2:13.35	250m 2:48.92	300m 3:24.25	350m 3:59.47	400m 4:34.99			
	30.75	33.39	34.45	34.76	35.57	35.33	35.22	35.52			
	450m 5:11.17	500m 5:46.99	550m 6:23.39	600m 6:59.16	650m 7:35.25	700m 8:10.80	750m 8:46.58	800m 9:23.05			
	36.18	35.82	36.40	35.77	36.09	35.55	35.78	36.47			
	850m 9:59.27	900m 10:35.93	950m 11:12.19	1000m 11:48.27	1050m 12:24.70	1100m 13:01.18	1150m 13:36.87	1200m 14:13.28			
	36.22	36.66	36.26	36.08	36.43	36.48	35.69	36.41			
	1250m 14:49.81	1300m 15:26.05	1350m 16:02.61	1400m 16:39.07	1450m 17:14.66	1500m 17:49.48					
	36.53	36.24	36.56	36.46	35.59	34.82					
4.	Elizabeth Hierons	16	Co Newcastle		18:26.08	647					
	50m 31.16	100m 1:05.58	150m 1:40.94	200m 2:17.24	250m 2:53.10	300m 3:29.38	350m 4:06.00	400m 4:43.02			
	31.16	34.42	35.36	36.30	35.86	36.28	36.62	37.02			
	450m 5:20.20	500m 5:57.26	550m 6:34.21	600m 7:11.41	650m 7:48.92	700m 8:26.26	750m 9:03.59	800m 9:41.29			
	37.18	37.06	36.95	37.20	37.51	37.34	37.33	37.70			
	850m 10:18.54	900m 10:55.96	950m 11:33.32	1000m 12:11.18	1050m 12:48.69	1100m 13:26.36	1150m 14:03.30	1200m 14:41.38			
	37.25	37.42	37.36	37.86	37.51	37.67	36.94	38.08			
	1250m 15:19.16	1300m 15:57.27	1350m 16:34.95	1400m 17:12.34	1450m 17:49.65	1500m 18:26.08					
	37.78	38.11	37.68	37.39	37.31	36.43					
5.	Lauren Aisbitt	15	Alnwick Dol		18:45.73	614					
	50m 33.23	100m 1:09.54	150m 1:46.75	200m 2:23.92	250m 3:01.38	300m 3:38.73	350m 4:16.10	400m 4:53.70			
	33.23	36.31	37.21	37.17	37.46	37.35	37.37	37.60			
	450m 5:31.10	500m 6:08.94	550m 6:46.42	600m 7:24.32	650m 8:01.93	700m 8:39.62	750m 9:17.90	800m 9:55.72			
	37.40	37.84	37.48	37.90	37.61	37.69	38.28	37.82			
	850m 10:33.92	900m 11:12.02	950m 11:50.44	1000m 12:28.82	1050m 13:06.91	1100m 13:45.24	1150m 14:23.35	1200m 15:01.56			
	38.20	38.10	38.42	38.38	38.09	38.33	38.11	38.21			
	1250m 15:39.51	1300m 16:17.50	1350m 16:54.95	1400m 17:32.65	1450m 18:09.83	1500m 18:45.73					
	37.95	37.99	37.45	37.70	37.18	35.90					
6.	Laurenann Ward	16	Newburn		18:50.72	606					
	50m 33.35	100m 1:09.19	150m 1:45.76	200m 2:22.60	250m 2:59.79	300m 3:37.02	350m 4:14.39	400m 4:52.20			
	33.35	35.84	36.57	36.84	37.19	37.23	37.37	37.81			
	450m 5:30.04	500m 6:07.83	550m 6:45.69	600m 7:23.81	650m 8:01.94	700m 8:39.73	750m 9:17.86	800m 9:56.13			
	37.84	37.79	37.86	38.12	38.13	37.79	38.13	38.27			
	850m 10:34.36	900m 11:12.29	950m 11:50.44	1000m 12:28.49	1050m 13:07.37	1100m 13:45.63	1150m 14:24.07	1200m 15:02.41			
	38.23	37.93	38.15	38.05	38.88	38.26	38.44	38.34			
	1250m 15:40.83	1300m 16:19.07	1350m 16:57.20	1400m 17:35.89	1450m 18:14.07	1500m 18:50.72					
	38.42	38.24	38.13	38.69	38.18	36.65					
7.	Rachel Sinclair	16	Co Sund'land		18:53.39	601					
	50m 31.95	100m 1:07.78	150m 1:44.15	200m 2:21.37	250m 2:58.80	300m 3:36.36	350m 4:14.31	400m 4:52.51			
	31.95	35.83	36.37	37.22	37.43	37.56	37.95	38.20			
	450m 5:30.70	500m 6:08.66	550m 6:46.73	600m 7:24.69	650m 8:03.40	700m 8:41.33	750m 9:19.55	800m 9:57.99			
	38.19	37.96	38.07	37.96	38.71	37.93	38.22	38.44			
	850m 10:36.56	900m 11:15.38	950m 11:53.74	1000m 12:32.04	1050m 13:10.64	1100m 13:49.03	1150m 14:27.09	1200m 15:05.76			
	38.57	38.82	38.36	38.30	38.60	38.39	38.06	38.67			
	1250m 15:44.16	1300m 16:21.99	1350m 17:00.63	1400m 17:39.30	1450m 18:17.36	1500m 18:53.39					
	38.40	37.83	38.64	38.67	38.06	36.03					
8.	Elizabeth Bishop	16	Co Newcastle		19:24.40	555					
	50m 32.28	100m 1:08.76	150m 1:47.64	200m 2:27.79	250m 3:05.78	300m 3:44.03	350m 4:23.49	400m 5:02.62			
	32.28	36.48	38.88	40.15	37.99	38.25	39.46	39.13			
	450m 5:41.61	500m 6:20.71	550m 6:58.65	600m 7:37.24	650m 8:16.10	700m 8:55.44	750m 9:34.16	800m 10:13.35			
	38.99	39.10	37.94	38.59	38.86	39.34	38.72	39.19			
	850m 10:52.90	900m 11:32.08	950m 12:12.55	1000m 12:51.32	1050m 13:30.99	1100m 14:10.50	1150m 14:49.36	1200m 15:29.37			
	39.55	39.18	40.47	38.77	39.67	39.51	38.86	40.01			
	1250m 16:09.17	1300m 16:48.39	1350m 17:28.59	1400m 18:07.42	1450m 18:47.06	1500m 19:24.40					
	39.80	39.22	40.20	38.83	39.64	37.34					



**British Gas Northumberland & Durham SA
1500m Freestyle Championships (50m)
Sunderland Aquatic Centre
31 January 2010**



supporting partner

WOMENS 14/17 Yrs Age Group - Full Results

9. Jessica Campbell	16	Bo Stockton	19:46.38	524					
50m 33.96	100m 1:10.94	150m 1:49.18	200m 2:27.28	250m 3:05.90	300m 3:44.74	350m 4:23.21	400m 5:01.78		
33.96	36.98	38.24	38.10	38.62	38.84	38.47	38.57		
450m 5:40.87	500m 6:19.84	550m 6:58.83	600m 7:38.15	650m 8:17.62	700m 8:57.21	750m 9:37.92	800m 10:18.10		
39.09	38.97	38.99	39.32	39.47	39.59	40.71	40.18		
850m 10:59.27	900m 11:40.21	950m 12:21.53	1000m 13:02.28	1050m 13:42.79	1100m 14:24.11	1150m 15:02.97	1200m 15:44.72		
41.17	40.94	41.32	40.75	40.51	41.32	38.86	41.75		
1250m 16:27.28	1300m 17:06.71	1350m 17:47.01	1400m 18:27.32	1450m 19:07.88	1500m 19:46.38				
42.56	39.43	40.30	40.31	40.56	38.50				
10. Katie Wren	14	Newburn	19:50.38	519					
50m 34.65	100m 1:12.54	150m 1:50.48	200m 2:29.36	250m 3:07.69	300m 3:46.51	350m 4:25.33	400m 5:03.91		
34.65	37.89	37.94	38.88	38.33	38.82	38.82	38.58		
450m 5:43.15	500m 6:22.99	550m 7:02.84	600m 7:42.20	650m 8:21.58	700m 9:01.11	750m 9:42.38	800m 10:22.53		
39.24	39.84	39.85	39.36	39.38	39.53	41.27	40.15		
850m 11:02.75	900m 11:43.28	950m 12:23.31	1000m 13:05.22	1050m 13:46.51	1100m 14:26.78	1150m 15:07.17	1200m 15:48.34		
40.22	40.53	40.03	41.91	41.29	40.27	40.39	41.17		
1250m 16:28.90	1300m 17:09.52	1350m 17:50.09	1400m 18:30.45	1450m 19:10.27	1500m 19:50.38				
40.56	40.62	40.57	40.36	39.82	40.11				
11. Eleni Papadopoulou	17	Co Sund'land	20:30.20	470					
50m 34.66	100m 1:14.05	150m 1:53.99	200m 2:34.50	250m 3:15.30	300m 3:55.06	350m 4:36.42	400m 5:16.53		
34.66	39.39	39.94	40.51	40.80	39.76	41.36	40.11		
450m 5:57.92	500m 6:38.72	550m 7:20.75	600m 8:01.43	650m 8:43.40	700m 9:25.52	750m 10:06.77	800m 10:47.64		
41.39	40.80	42.03	40.68	41.97	42.12	41.25	40.87		
850m 11:29.91	900m 12:10.80	950m 12:52.80	1000m 13:34.12	1050m 14:16.10	1100m 14:58.43	1150m 15:40.59	1200m 16:22.12		
42.27	40.89	42.00	41.32	41.98	42.33	42.16	41.53		
1250m 17:04.56	1300m 17:46.59	1350m 18:29.62	1400m 19:11.28	1450m 19:51.38	1500m 20:30.20				
42.44	42.03	43.03	41.66	40.10	38.82				
12. Anna Cassidy	14	Newburn	20:35.30	465					
50m 35.61	100m 1:14.48	150m 1:54.69	200m 2:35.27	250m 3:15.77	300m 3:56.89	350m 4:37.87	400m 5:19.13		
35.61	38.87	40.21	40.58	40.50	41.12	40.98	41.26		
450m 6:00.33	500m 6:41.44	550m 7:22.74	600m 8:03.97	650m 8:45.20	700m 9:26.47	750m 10:07.63	800m 10:49.16		
41.20	41.11	41.30	41.23	41.23	41.27	41.16	41.53		
850m 11:30.79	900m 12:12.84	950m 12:54.60	1000m 13:36.28	1050m 14:18.01	1100m 15:00.28	1150m 15:42.15	1200m 16:24.42		
41.63	42.05	41.76	41.68	41.73	42.27	41.87	42.27		
1250m 17:06.39	1300m 17:48.59	1350m 18:30.92	1400m 19:12.85	1450m 19:54.71	1500m 20:35.30				
41.97	42.20	42.33	41.93	41.86	40.59				
Ruth Henderson	14	Newburn	DNC						
Zoe Kirkwood	14	Co Newcastle	DNC						
Ellie Stephenson	15	Middlesboro	DNC						
Jennifer Tatters	14	Co Sund'land	DNC						
Kayleigh Dawson	16	Co Newcastle	DNC						



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supporting partner

WOMENS Open Age Group - Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt				
1.	Danielle Huskisson	16	Co Sund'land		17:31.02	754				
	50m 31.41	100m 1:06.29	150m 1:41.52	200m 2:16.77	250m 2:51.97	300m 3:27.07	350m 4:01.87	400m 4:37.00		
	31.41	34.88	35.23	35.25	35.20	35.10	34.80	35.13		
	450m 5:12.17	500m 5:47.14	550m 6:21.98	600m 6:57.20	650m 7:32.21	700m 8:07.40	750m 8:42.54	800m 9:17.80		
	35.17	34.97	34.84	35.22	35.01	35.19	35.14	35.26		
	850m 9:52.72	900m 10:28.30	950m 11:03.44	1000m 11:38.89	1050m 12:14.29	1100m 12:49.71	1150m 13:25.13	1200m 14:01.00		
	34.92	35.58	35.14	35.45	35.40	35.42	35.42	35.87		
	1250m 14:36.60	1300m 15:12.26	1350m 15:47.41	1400m 16:22.63	1450m 16:57.43	1500m 17:31.02				
	35.60	35.66	35.15	35.22	34.80	33.59				
2.	Rachel Smedley	15	Co Newcastle		17:42.43	730				
	50m 31.44	100m 1:06.10	150m 1:41.38	200m 2:16.62	250m 2:51.73	300m 3:26.85	350m 4:02.15	400m 4:37.44		
	31.44	34.66	35.28	35.24	35.11	35.12	35.30	35.29		
	450m 5:12.65	500m 5:47.86	550m 6:23.24	600m 6:58.78	650m 7:34.35	700m 8:10.04	750m 8:45.79	800m 9:21.24		
	35.21	35.21	35.38	35.54	35.57	35.69	35.75	35.45		
	850m 9:57.00	900m 10:32.62	950m 11:08.34	1000m 11:44.15	1050m 12:20.21	1100m 12:56.29	1150m 13:32.32	1200m 14:08.17		
	35.76	35.62	35.72	35.81	36.06	36.08	36.03	35.85		
	1250m 14:44.50	1300m 15:20.35	1350m 15:56.42	1400m 16:32.01	1450m 17:07.70	1500m 17:42.43				
	36.33	35.85	36.07	35.59	35.69	34.73				
3.	Alexandra Robinson	15	Co Sund'land		17:49.48	716				
	50m 30.75	100m 1:04.14	150m 1:38.59	200m 2:13.35	250m 2:48.92	300m 3:24.25	350m 3:59.47	400m 4:34.99		
	30.75	33.39	34.45	34.76	35.57	35.33	35.22	35.52		
	450m 5:11.17	500m 5:46.99	550m 6:23.39	600m 6:59.16	650m 7:35.25	700m 8:10.80	750m 8:46.58	800m 9:23.05		
	36.18	35.82	36.40	35.77	36.09	35.55	35.78	36.47		
	850m 9:59.27	900m 10:35.93	950m 11:12.19	1000m 11:48.27	1050m 12:24.70	1100m 13:01.18	1150m 13:36.87	1200m 14:13.28		
	36.22	36.66	36.26	36.08	36.43	36.48	35.69	36.41		
	1250m 14:49.81	1300m 15:26.05	1350m 16:02.61	1400m 16:39.07	1450m 17:14.66	1500m 17:49.48				
	36.53	36.24	36.56	36.46	35.59	34.82				
4.	Alexandra Jackson	13	Bo Stockton		18:22.11	654				
	50m 32.77	100m 1:08.42	150m 1:45.51	200m 2:22.67	250m 2:59.99	300m 3:37.05	350m 4:14.29	400m 4:51.42		
	32.77	35.65	37.09	37.16	37.32	37.06	37.24	37.13		
	450m 5:28.40	500m 6:05.47	550m 6:42.55	600m 7:19.86	650m 7:56.59	700m 8:33.52	750m 9:09.68	800m 9:45.91		
	36.98	37.07	37.08	37.31	36.73	36.93	36.16	36.23		
	850m 10:23.19	900m 11:00.21	950m 11:37.17	1000m 12:14.25	1050m 12:51.38	1100m 13:28.22	1150m 14:05.46	1200m 14:43.07		
	37.28	37.02	36.96	37.08	37.13	36.84	37.24	37.61		
	1250m 15:20.11	1300m 15:57.34	1350m 16:34.17	1400m 17:11.48	1450m 17:47.79	1500m 18:22.11				
	37.04	37.23	36.83	37.31	36.31	34.32				
5.	Elizabeth Hierons	16	Co Newcastle		18:26.08	647				
	50m 31.16	100m 1:05.58	150m 1:40.94	200m 2:17.24	250m 2:53.10	300m 3:29.38	350m 4:06.00	400m 4:43.02		
	31.16	34.42	35.36	36.30	35.86	36.28	36.62	37.02		
	450m 5:28.20	500m 5:57.26	550m 6:34.21	600m 7:11.41	650m 7:48.92	700m 8:26.26	750m 9:03.59	800m 9:41.29		
	37.18	37.06	36.95	37.20	37.51	37.34	37.33	37.70		
	850m 10:18.54	900m 10:55.96	950m 11:33.32	1000m 12:11.18	1050m 12:48.69	1100m 13:26.36	1150m 14:03.30	1200m 14:41.38		
	37.25	37.42	37.36	37.86	37.51	37.67	36.94	38.08		
	1250m 15:19.16	1300m 15:57.27	1350m 16:34.95	1400m 17:12.34	1450m 17:49.65	1500m 18:26.08				
	37.78	38.11	37.68	37.39	37.31	36.43				
6.	Emma Sinclair	13	Co Sund'land		18:37.62	627				
	50m 32.60	100m 1:08.95	150m 1:46.37	200m 2:23.37	250m 3:01.03	300m 3:38.23	350m 4:15.75	400m 4:53.14		
	32.60	36.35	37.42	37.00	37.66	37.20	37.52	37.39		
	450m 5:31.06	500m 6:08.43	550m 6:45.94	600m 7:23.12	650m 8:00.88	700m 8:38.28	750m 9:16.07	800m 9:53.61		
	37.92	37.37	37.51	37.18	37.76	37.40	37.79	37.54		
	850m 10:31.28	900m 11:09.05	950m 11:46.33	1000m 12:23.81	1050m 13:01.61	1100m 13:39.06	1150m 14:16.53	1200m 14:54.19		
	37.67	37.77	37.28	37.48	37.80	37.45	37.47	37.66		
	1250m 15:31.75	1300m 16:09.32	1350m 16:47.19	1400m 17:24.29	1450m 18:01.55	1500m 18:37.62				
	37.56	37.57	37.87	37.10	37.26	36.07				
7.	Lauren Aisbitt	15	Alnwick Dol		18:45.73	614				
	50m 33.23	100m 1:09.54	150m 1:46.75	200m 2:23.92	250m 3:01.38	300m 3:38.73	350m 4:16.10	400m 4:53.70		
	33.23	36.31	37.21	37.17	37.46	37.35	37.37	37.60		
	450m 5:31.10	500m 6:08.94	550m 6:46.42	600m 7:24.32	650m 8:01.93	700m 8:39.62	750m 9:17.90	800m 9:55.72		
	37.40	37.84	37.48	37.90	37.61	37.69	38.28	37.82		
	850m 10:33.92	900m 11:12.02	950m 11:50.44	1000m 12:28.82	1050m 13:06.91	1100m 13:45.24	1150m 14:23.35	1200m 15:01.56		
	38.20	38.10	38.42	38.38	38.09	38.33	38.11	38.21		
	1250m 15:39.51	1300m 16:17.50	1350m 16:54.95	1400m 17:32.65	1450m 18:09.83	1500m 18:45.73				
	37.95	37.99	37.45	37.70	37.18	35.90				
8.	Laurenann Ward	16	Newburn		18:50.72	606				
	50m 33.35	100m 1:09.19	150m 1:45.76	200m 2:22.60	250m 2:59.79	300m 3:37.02	350m 4:14.39	400m 4:52.20		
	33.35	35.84	36.57	36.84	37.19	37.23	37.37	37.81		
	450m 5:30.04	500m 6:07.83	550m 6:45.69	600m 7:23.81	650m 8:01.94	700m 8:39.73	750m 9:17.86	800m 9:56.13		
	37.84	37.79	37.86	38.12	38.13	37.79	38.13	38.27		
	850m 10:34.36	900m 11:12.29	950m 11:50.44	1000m 12:28.49	1050m 13:07.37	1100m 13:45.63	1150m 14:24.07	1200m 15:02.41		
	38.23	37.93	38.15	38.05	38.88	38.26	38.44	38.34		
	1250m 15:40.83	1300m 16:19.07	1350m 16:57.20	1400m 17:35.89	1450m 18:14.07	1500m 18:50.72				
	38.42	38.24	38.13	38.69	38.18	36.65				



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9. Rachel Sinclair	16 Co Sund'land	18:53.39	601				
50m 31.95	100m 1:07.78	150m 1:44.15	200m 2:21.37	250m 2:58.80	300m 3:36.36	350m 4:14.31	400m 4:52.51
31.95	35.83	36.37	37.22	37.43	37.56	37.95	38.20
450m 5:30.70	500m 6:08.66	550m 6:46.73	600m 7:24.69	650m 8:03.40	700m 8:41.33	750m 9:19.55	800m 9:57.99
38.19	37.96	38.07	37.96	38.71	37.93	38.22	38.44
850m 10:36.56	900m 11:15.38	950m 11:53.74	1000m 12:32.04	1050m 13:10.64	1100m 13:49.03	1150m 14:27.09	1200m 15:05.76
38.57	38.82	38.36	38.30	38.60	38.39	38.06	38.67
1250m 15:44.16	1300m 16:21.99	1350m 17:00.63	1400m 17:39.30	1450m 18:17.36	1500m 18:53.39		
38.40	37.83	38.64	38.67	38.06	36.03		
10. Lucy Walton	12 Co Sund'land	18:58.03	594				
50m 33.18	100m 1:09.02	150m 1:45.80	200m 2:22.84	250m 3:00.38	300m 3:38.43	350m 4:16.80	400m 4:55.52
33.18	35.84	36.78	37.04	37.54	38.05	38.37	38.72
450m 5:34.19	500m 6:12.09	550m 6:50.96	600m 7:29.23	650m 8:07.69	700m 8:45.98	750m 9:24.62	800m 10:02.83
38.67	37.90	38.87	38.27	38.46	38.29	38.64	38.21
850m 10:41.24	900m 11:19.85	950m 11:58.39	1000m 12:36.67	1050m 13:15.48	1100m 13:53.48	1150m 14:32.24	1200m 15:10.76
38.41	38.61	38.54	38.28	38.81	38.00	38.76	38.52
1250m 15:48.41	1300m 16:26.81	1350m 17:05.41	1400m 17:43.26	1450m 18:21.10	1500m 18:58.03		
37.65	38.40	38.60	37.85	37.84	36.93		
11. Laura Gillingham	13 Derwentside	19:05.74	582				
50m 34.03	100m 1:10.69	150m 1:47.89	200m 2:25.35	250m 3:03.45	300m 3:41.28	350m 4:19.30	400m 4:57.65
34.03	36.66	37.20	37.46	38.10	37.83	38.02	38.35
450m 5:36.17	500m 6:14.78	550m 6:52.98	600m 7:31.61	650m 8:09.70	700m 8:48.54	750m 9:27.07	800m 10:05.45
38.52	38.61	38.20	38.63	38.09	38.84	38.53	38.38
850m 10:43.86	900m 11:22.65	950m 12:01.42	1000m 12:40.91	1050m 13:21.07	1100m 13:59.70	1150m 14:38.17	1200m 15:17.16
38.41	38.79	38.77	39.49	40.16	38.63	38.47	38.99
1250m 15:56.04	1300m 16:35.47	1350m 17:14.07	1400m 17:52.54	1450m 18:29.82	1500m 19:05.74		
38.88	39.43	38.60	38.47	37.28	35.92		
12. Faye Pinder	13 South Tyne	19:12.59	572				
50m 32.56	100m 1:08.83	150m 1:46.36	200m 2:23.62	250m 3:01.23	300m 3:38.97	350m 4:16.89	400m 4:54.58
32.56	36.27	37.53	37.26	37.61	37.74	37.92	37.69
450m 5:33.11	500m 6:11.41	550m 6:50.10	600m 7:28.19	650m 8:06.96	700m 8:46.60	750m 9:27.09	800m 10:06.98
38.53	38.30	38.69	38.09	38.77	39.64	40.49	39.89
850m 10:46.47	900m 11:26.30	950m 12:05.25	1000m 12:44.51	1050m 13:24.08	1100m 14:02.66	1150m 14:42.02	1200m 15:21.20
39.49	39.83	38.95	39.26	39.57	38.58	39.36	39.18
1250m 16:00.40	1300m 16:39.52	1350m 17:19.05	1400m 17:57.60	1450m 18:35.42	1500m 19:12.59		
39.20	39.12	39.53	38.55	37.82	37.17		
13. Elizabeth Bishop	16 Co Newcastle	19:24.40	555				
50m 32.28	100m 1:08.76	150m 1:47.64	200m 2:27.79	250m 3:05.78	300m 3:44.03	350m 4:23.49	400m 5:02.62
32.28	36.48	38.88	40.15	37.99	38.25	39.46	39.13
450m 5:41.61	500m 6:20.71	550m 6:58.65	600m 7:37.24	650m 8:16.10	700m 8:55.44	750m 9:34.16	800m 10:13.35
38.99	39.10	37.94	38.59	38.86	39.34	38.72	39.19
850m 10:52.90	900m 11:32.08	950m 12:12.55	1000m 12:51.32	1050m 13:30.99	1100m 14:10.50	1150m 14:49.36	1200m 15:29.37
39.55	39.18	40.47	38.77	39.67	39.51	38.86	40.01
1250m 16:09.17	1300m 16:48.39	1350m 17:28.59	1400m 18:07.42	1450m 18:47.06	1500m 19:24.40		
39.80	39.22	40.20	38.83	39.64	37.34		
14. Lucy Ellis	13 Co Sund'land	19:27.63	550				
50m 32.43	100m 1:09.11	150m 1:47.75	200m 2:27.21	250m 3:06.28	300m 3:45.94	350m 4:25.16	400m 5:05.09
32.43	36.68	38.64	39.46	39.07	39.66	39.22	39.93
450m 5:45.78	500m 6:25.32	550m 7:05.31	600m 7:45.14	650m 8:24.70	700m 9:04.94	750m 9:44.50	800m 10:24.70
40.69	39.54	39.99	39.83	39.56	40.24	39.56	40.20
850m 11:03.48	900m 11:41.60	950m 12:21.43	1000m 13:00.55	1050m 13:39.91	1100m 14:18.85	1150m 14:57.92	1200m 15:37.33
38.78	38.12	39.83	39.12	39.36	38.94	39.07	39.41
1250m 16:16.62	1300m 16:55.63	1350m 17:35.03	1400m 18:13.97	1450m 18:52.43	1500m 19:27.63		
39.29	39.01	39.40	38.94	38.46	35.20		
15. Sophie Hastings	13 Co Newcastle	19:31.16	545				
50m 34.90	100m 1:13.14	150m 1:51.67	200m 2:30.89	250m 3:10.56	300m 3:50.08	350m 4:29.06	400m 5:08.84
34.90	38.24	38.53	39.22	39.67	39.52	38.98	39.78
450m 5:47.14	500m 6:25.94	550m 7:05.06	600m 7:43.98	650m 8:22.69	700m 9:02.69	750m 9:43.79	800m 10:24.01
38.30	38.80	39.12	38.92	38.71	40.00	41.10	40.22
850m 11:03.53	900m 11:43.10	950m 12:22.15	1000m 13:01.70	1050m 13:40.65	1100m 14:19.43	1150m 14:59.37	1200m 15:38.97
39.52	39.57	39.05	39.55	38.95	38.78	39.94	39.60
1250m 16:17.93	1300m 16:58.14	1350m 17:37.09	1400m 18:16.21	1450m 18:54.93	1500m 19:31.16		
38.96	40.21	38.95	39.12	38.72	36.23		
16. Jessica Campbell	16 Bo Stockton	19:46.38	524				
50m 33.96	100m 1:10.94	150m 1:49.18	200m 2:27.28	250m 3:05.90	300m 3:44.74	350m 4:23.21	400m 5:01.78
33.96	36.98	38.24	38.10	38.62	38.84	38.47	38.57
450m 5:40.87	500m 6:19.84	550m 6:58.83	600m 7:38.15	650m 8:17.62	700m 8:57.21	750m 9:37.92	800m 10:18.10
39.09	38.97	38.99	39.32	39.47	39.59	40.71	40.18
850m 10:59.27	900m 11:40.21	950m 12:21.53	1000m 13:02.28	1050m 13:42.79	1100m 14:24.11	1150m 15:02.97	1200m 15:44.72
41.17	40.94	41.32	40.75	40.51	41.32	38.86	41.75
1250m 16:27.28	1300m 17:06.71	1350m 17:47.01	1400m 18:27.32	1450m 19:07.88	1500m 19:46.38		
42.56	39.43	40.30	40.31	40.56	38.50		



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25. Emma Parker	13 Derwentside	20:37.25	462
50m 34.85	100m 1:13.81	150m 1:53.74	200m 2:34.27
34.85	38.96	39.93	40.53
450m 6:00.85	500m 6:42.91	550m 7:24.85	600m 8:07.08
42.01	42.06	41.94	42.23
850m 11:39.10	900m 12:21.40	950m 13:03.26	1000m 13:45.80
42.52	42.30	41.86	42.54
1250m 17:13.65	1300m 17:55.01	1350m 18:36.14	1400m 19:17.07
41.60	41.36	41.13	40.93
			41.24
			38.94
26. Katriona Hole	13 Durham City	20:51.98	446
50m 35.23	100m 1:13.73	150m 1:53.17	200m 2:32.58
35.23	38.50	39.44	39.41
450m 5:55.87	500m 6:37.52	550m 7:19.59	600m 8:01.85
41.70	41.65	42.07	42.26
850m 11:35.66	900m 12:18.30	950m 13:01.21	1000m 13:44.48
43.26	42.64	42.91	43.27
1250m 17:19.94	1300m 18:03.22	1350m 18:45.74	1400m 19:28.36
43.20	43.28	42.52	42.62
			42.70
			40.92
27. Laura Taylor	11 Co Sund'land	20:52.12	446
50m 34.71	100m 1:13.98	150m 1:55.31	200m 2:36.22
34.71	39.27	41.33	40.91
450m 6:03.94	500m 6:45.87	550m 7:27.04	600m 8:08.91
41.76	41.93	41.17	41.87
850m 11:42.31	900m 12:23.59	950m 13:06.17	1000m 13:48.26
42.30	41.28	42.58	42.09
1250m 17:22.37	1300m 18:05.84	1350m 18:48.30	1400m 19:30.96
43.30	43.47	42.46	42.66
			41.91
			39.25
28. Annabelle Joyce	12 Co Sund'land	20:59.52	438
50m 35.22	100m 1:14.92	150m 1:55.07	200m 2:35.70
35.22	39.70	40.15	40.63
450m 6:05.46	500m 6:47.61	550m 7:29.76	600m 8:12.33
43.02	42.15	42.15	42.57
850m 11:45.68	900m 12:28.24	950m 13:11.04	1000m 13:53.28
42.40	42.56	42.80	42.24
1250m 17:27.19	1300m 18:09.89	1350m 18:52.06	1400m 19:35.43
43.04	42.70	42.17	43.37
			42.30
			41.79
29. Jessica Thompson	11 Co Sund'land	21:04.79	433
50m 35.35	100m 1:15.42	150m 1:56.71	200m 2:38.24
35.35	40.07	41.29	41.53
450m 6:09.34	500m 6:51.95	550m 7:34.61	600m 8:17.53
42.59	42.61	42.66	42.92
850m 11:50.21	900m 12:33.01	950m 13:14.98	1000m 13:58.30
42.65	42.80	41.97	43.32
1250m 17:33.09	1300m 18:16.03	1350m 18:59.11	1400m 19:42.10
43.03	42.94	43.08	42.99
			42.00
			40.69
30. Megan Roberts	13 Billingham	21:07.26	430
50m 38.02	100m 1:20.88	150m 2:03.66	200m 2:46.85
38.02	42.86	42.78	43.19
450m 6:20.32	500m 7:02.40	550m 7:44.64	600m 8:27.92
41.89	42.08	42.24	43.28
850m 12:00.39	900m 12:42.73	950m 13:25.01	1000m 14:07.95
41.92	42.34	42.28	42.94
1250m 17:40.07	1300m 18:23.01	1350m 19:04.79	1400m 19:46.28
42.41	42.94	41.78	41.49
			41.97
			39.01
31. Victoria Fenby	12 Darlington	21:53.70	386
50m 37.25	100m 1:18.07	150m 2:00.69	200m 2:43.32
37.25	40.82	42.62	42.63
450m 6:20.20	500m 7:03.51	550m 7:48.02	600m 8:32.28
44.01	43.31	44.51	44.26
850m 12:13.42	900m 12:57.01	950m 13:41.94	1000m 14:27.13
43.35	43.59	44.93	45.19
1250m 18:15.36	1300m 19:00.54	1350m 19:44.97	1400m 20:29.43
46.24	45.18	44.43	44.46
			44.41
			39.86
32. Abbie Goulbourn	13 Gates & Whick	22:06.29	375
50m 38.01	100m 1:19.70	150m 2:02.60	200m 2:45.92
38.01	41.69	42.90	43.32
450m 6:26.65	500m 7:11.57	550m 7:56.65	600m 8:41.30
44.84	44.92	45.08	44.65
850m 12:25.48	900m 13:10.74	950m 13:55.85	1000m 14:40.71
44.87	45.26	45.11	44.86
1250m 18:26.12	1300m 19:11.30	1350m 19:55.81	1400m 20:39.91
45.06	45.18	44.51	44.10
			43.59
			42.79



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supporting partner

33. Hannah Kirsop	11	South Tyne	22:16.56	367					
50m 37.51	100m 1:19.87	150m 2:02.55	200m 2:45.33	250m 3:27.17	300m 4:10.02	350m 4:54.26	400m 5:37.36		
37.51	42.36	42.68	42.78	41.84	42.85	44.24	43.10		
450m 6:21.90	500m 7:06.06	550m 7:49.75	600m 8:34.62	650m 9:20.68	700m 10:05.68	750m 10:50.07	800m 11:35.63		
44.54	44.16	43.69	44.87	46.06	45.00	44.39	45.56		
850m 12:20.97	900m 13:06.25	950m 13:51.45	1000m 14:36.97	1050m 15:23.00	1100m 16:08.93	1150m 16:55.81	1200m 17:41.25		
45.34	45.28	45.20	45.52	46.03	45.93	46.88	45.44		
1250m 18:27.40	1300m 19:13.35	1350m 19:59.28	1400m 20:44.90	1450m 21:30.84	1500m 22:16.56				
46.15	45.95	45.93	45.62	45.94	45.72				
Charlotte Duff	13	Tynemouth	DNC						
Emily Sewell	13	Tynedale	DNC						
Ruth Henderson	14	Newburn	DNC						
Isabella Bosanko	12	Co Sund'land	DNC						
Harriet Glen-Ravenhill	13	Tynemouth	DNC						
Zoe Kirkwood	14	Co Newcastle	DNC						
Ellie Stephenson	15	Middlesboro	DNC						
Jennifer Tatters	14	Co Sund'land	DNC						
Kayleigh Dawson	16	Co Newcastle	DNC						

WOMENS Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints			
1.	Eleni Papadopoulos	17	Co Sund'land	1020:30.20GBRD	805				
	50m 34.66	100m 1:14.05	150m 1:53.99	200m 2:34.50	250m 3:15.30	300m 3:55.06	350m 4:36.42	400m 5:16.53	
	34.66	39.39	39.94	40.51	40.80	39.76	41.36	40.11	
	450m 5:57.92	500m 6:38.72	550m 7:20.75	600m 8:01.43	650m 8:43.40	700m 9:25.52	750m 10:06.77	800m 10:47.64	
	41.39	40.80	42.03	40.68	41.97	42.12	41.25	40.87	
	850m 11:29.91	900m 12:10.80	950m 12:52.80	1000m 13:34.12	1050m 14:16.10	1100m 14:58.43	1150m 15:40.59	1200m 16:22.12	
	42.27	40.89	42.00	41.32	41.98	42.33	42.16	41.53	
	1250m 17:04.56	1300m 17:46.59	1350m 18:29.62	1400m 19:11.28	1450m 19:51.38	1500m 20:30.20			
	42.44	42.03	43.03	41.66	40.10	38.82			