

***Durham City***



AMATEUR SWIMMING AND WATER POLO CLUB

## **Durham City AA Graded 2010**

(Pending Licence)

**7<sup>th</sup> February 2010**

**Freeman's Quay, Durham**

### **MEET INFORMATION**

- Pool** 25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic timing, Swim Down Pool
- Sessions**
- |                    |               |   |             |
|--------------------|---------------|---|-------------|
| <b>Session One</b> | Warm Up 08.15 | - | Start 09.00 |
| <b>Session Two</b> | Warm Up TBC   | - | Start TBC   |
- Events** As this meet is designed to target N&D qualifying times, the individual events will be 50m for all strokes for 9 and 10 year olds, 100m for all strokes for 11+ year olds, as well as 100m Individual Medley and 200m Freestyle for all swimmers. All events will be Heat Declared Winners.  
No entries will be accepted from any swimmer who has achieved a faster time than the attached cut-off times prior to entry.  
Age groups will be 9 years, 10 years, 11 years, 12 years, 13 years and 14+ years.
- Age** As at 7<sup>th</sup> February 2010.
- Entries** All entries must be submitted electronically. To obtain files please e-mail the Entries Convenor ([waltons.5@btinternet.com](mailto:waltons.5@btinternet.com))  
If there are any problems with electronic entries please contact the Entries Convenor.  
Please return summary sheet and entry fees to Lynne Barclay – 6 Aykley Green, Durham DH1 4LN.  
**Should the meet be oversubscribed, entries will be accepted on a first-come, first-served basis, with no entries being accepted after 17<sup>TH</sup> JANUARY 2010.**
- Entry Fees** £3.50 per individual swim.  
Cheques should be made payable to: Durham City Amateur Swimming and Water Polo Club.  
Coaches Passes are available at £8 each to include programme and lunch.
- Withdrawals** Withdrawal sheets should be handed in to the recorder's table **at least 45 minutes prior to the start** of the appropriate session.
- Awards** Medals will be awarded to the first six in each individual age group in each event.
- Technical Officials** In order to meet TO requirements to run the gala, all clubs are invited to provide TO's for this meet. Please contact Annie Walton ([waltons.5@btinternet.com](mailto:waltons.5@btinternet.com)) if you are able to assist.
- Notes** All swimmers entered must have paid their ASA membership fee for the current year and registration numbers should be shown in the entry files.  
  
The meet will be swum under ASA Laws & Technical Rules.  
  
A Licence has been applied for.  
  
There will be no reserve swimmers in the heats, but DCASC reserves the right to fill empty lanes with their own swimmers.  
  
Any details not contained within these conditions will be at the discretion of the Meet Convenor, Joanne Exley ([joanneex@btinternet.com](mailto:joanneex@btinternet.com)).



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**Programme of Events  
Durham City AA Graded 2010**

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**7<sup>th</sup> February 2010**

**Session One – Warm Up 8.15am, Start 9am**

101. Girls 9/10 years 200m Freestyle
102. Girls 11/12 years 200m Freestyle
103. Boys 9/10 years 50m Backstroke
104. Boys 11/12 years 100m Backstroke
105. Girls 13+ years 100m Freestyle
106. Boys 13+ years 100m Butterfly
107. Girls 9/10 years 50m Breaststroke
108. Girls 11/12 years 100m Breaststroke
109. Boys 9/10 years 100m Individual Medley
110. Boys 11/12 years 100m Individual Medley
111. Girls 13+ years 100m Individual Medley
112. Boys 13+ years 100m Breaststroke
113. Girls 9/10 years 50m Butterfly
114. Girls 11/12 years 100m Butterfly
115. Boys 9/10 years 50m Freestyle
116. Boys 11/12 years 100m Freestyle
117. Girls 13+ years 100m Backstroke
118. Boys 13+ years 200m Freestyle

**Session Two – Warm Up TBC, Start TBC**

201. Boys 9/10 years 200m Freestyle
202. Boys 11/12 years 200m Freestyle
203. Girls 9/10 years 50m Freestyle
204. Girls 11/12 years 100m Freestyle
205. Girls 13+ years 100m Breaststroke
206. Boys 13+ years 100m Backstroke
207. Boys 9/10 years 50m Butterfly
208. Boys 11/12 years 100m Butterfly
209. Girls 9/10 years 100m Individual Medley
210. Girls 11/12 years 100m Individual Medley
211. Boys 13+ years 100m Individual Medley
212. Girls 13+ years 100m Butterfly
213. Boys 9/10 years 50m Breaststroke
214. Boys 11/12 years 100m Breaststroke
215. Girls 9/10 years 50m Backstroke
216. Girls 11/12 years 100m Backstroke
217. Boys 13+ years 100m Freestyle
218. Girls 13+ years 200m Freestyle



**Durham City**

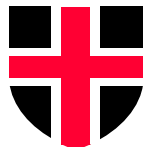


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Male						Event	Female					
9	10	11	12	13	14+		9	10	11	12	13	14+
						Freestyle						
Open	Open					50m	Open	Open				
		1:10.00	1:06.00	1:02.00	59.00	100m			1:10.00	1:05.00	1:03.50	1:00.00
Open	Open	2:35.00	2:26.00	2:20.00	2:12.00	200m	Open	Open	2:33.00	2:25.00	2:20.00	2:15.00
						Backstroke						
Open	Open					50m	Open	Open				
		1:20.00	1:17.00	1:12.00	1:09.00	100m			1:21.00	1:15.00	1:12.50	1:10.00
						Breaststroke						
Open	Open					50m	Open	Open				
		1:36.00	1:31.00	1:25.00	1:22.00	100m			1:34.00	1:28.00	1:25.00	1:22.00
						Butterfly						
Open	Open					50m	Open	Open				
		1:25.00	1:20.00	1:15.00	1:10.00	100m			1:25.00	1:19.00	1:13.00	1:10.00
						Ind. Medley						
Open	Open	1:24.00	1:20.00	1:13.00	1:11.00	100m	Open	Open	1:20.00	1:17.00	1:12.50	1:10.00

**Swimmers must not have swum faster than the times listed above prior to entry.**



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**Summary Sheet**

**Club:**

**Contact**

**Name:**

**Tel:**

**e-mail:**

Individual Female Entries	@ £3.50	£
Individual Male Entries	@ £3.50	£
Coaches Pass	@ £8	£

TOTAL £

**Closing date for entries is 17<sup>th</sup> January 2010**  
**(first-come, first-served basis)**

**Cheques should be made payable to Durham City Amateur Swimming  
and Water Polo Club**

**Please return this sheet and the cheque to Lynne Barclay at 6 Aykley  
Green, Durham DH1 4LN.**

**Please enclose: Cheque**

**Summary Sheet**

**Declaration:** I confirm that all swimmers entered in this competition have paid their current ASA membership fee.

**Signed** .....

**Position in Club** .....

**Date** .....