



SOUTH TYNESIDE SWIMMING CLUB

We welcome you all to our first Spring Meet at Haven Point and in order to ensure it runs smoothly we have detailed below a few points which we hope you will find useful.

We would ask that you pass them on to all members of your club attending.

- The pool management has requested that no outdoor shoes be worn on the poolside and that only Coaches/Team Managers with a pass be allowed on the poolside to avoid congestion.
- Competitors and Coaches are **strongly advised** to use the lockers for all personal belongings as space on poolside is limited. (£1 returnable)
- We request that you encourage swimmers to respect signage around the Changing Areas and not to enter any areas marked as “no entry”.
- Swimmers are not allowed to use the staircases from poolside into the spectator area. Access, if required, is through the changing area and up the stairs in main reception. The pool staff also request that swimmers leaving poolside are dry, clothed and wearing footwear.
- Marshalling is in the corridor off the centre of the turn end of the pool.
- The swim down facility is located separately from the main pool area but is clearly sign-posted. STSC staff as well as lifeguards will be on hand in this area and in the Changing Area to aid swimmers.
- Results will be posted at a convenient location within the Changing Area and the medals table will be located on poolside.
- Seating for swimmers will be available around poolside and within the swim down facility and in the Changing Area.

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