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SKILLS AND

TECHNIQUE CLINIC

SATURDAY 13TH FEBRUARY 1-4PM

The Camp will include...

- Technique on strokes
- Turn Practice
- Talk about performance
- New techniques used by British swimming.

The clinic will take place at:

Monkwearmouth School

Tover Cresent, Seaburn

Dean

Sunderland, SR68LG

The camp will be run by Danny Thompson and Jonny Carlisle.

Jonny is a National Champion in 200m Backstroke, has competed for GB in numerous international events and has also been apart of the GB National Centre in Bath for the past 3 years. Danny Thompson is Sunderland swim teams Head coach who has coached numerous swimmers to national and international events.