



# Northumberland & Durham Swimming Association 2017 Championships

## FINAL CLUB INFORMATION – WEEKEND 1

### WARM UP DETAILS:

<b>Saturday 4<sup>th</sup> February</b>	Session 1	Warm Up:	07:30-07:55 Girls 07:55-08:20 Boys
		Start:	08:30
	Session 2	Warm Up:	13:00-13:25 Boys 13:25-13:50 Girls
		Start:	14:00
<b>Sunday 5<sup>th</sup> February</b>	Session 3	Warm Up:	07:30-07:55 Boys 07:55-08:20 Girls
		Start:	08:30
	Session 4	Warm Up:	13:00-13:25 Girls 13:25-13:50 Boys
		Start:	14:00

All warm ups will have one way sprint lanes introduced after 20 minutes in lanes 0-3 and 6-9 from the scoreboard end as announced – swimmers should not stop before the 25m mark in sprint lanes. Swimmers can use the diving pit for both warm up and swim down as required but there is to be no diving.

**Please note that Sunderland Aquatic Centre operates a strict limit on the number of swimmers in each lane at any one time. In the main competition pool, during warm up, no more than 18 swimmers must be in any one lane. In the diving pit, no more than 10 swimmers must be in any one lane.**

**Coaches are responsible for ensuring these limits are complied with and for supervising their swimmers in both warm up and swim down.**

### WITHDRAWALS (PLEASE NOTE CHANGE FROM MEET INFORMATION):

Any withdrawals for Sessions 1 and 2 (Saturday 4<sup>th</sup> February) should be made by email to [ndswimmingentry@hotmail.co.uk](mailto:ndswimmingentry@hotmail.co.uk) by 4pm on Friday 3<sup>rd</sup> February.

Any withdrawals for Sessions 3 and 4 (Sunday 5<sup>th</sup> February) should be made by 4pm on Saturday 4<sup>th</sup> February.

## **PRESENTATIONS:**

- Medals shall be awarded to the top 3 swimmers in each event and in each age group.
- Medal presentations for HDW events will take place during the Heats in each session once the results have been announced. Coaches and Team Managers should ensure medallists, or a deputy, are available for presentation in accordance with the announcements made.
- Medal presentations for events with finals will take place during the Finals in each session. Swimmers must wear appropriate clothing for the presentations. Swimmers will be asked to remain at the presentation area immediately following their final to ensure attendance at the presentation. It is the responsibility of the Clubs to arrange for a deputy to attend if swimmers are unable to remain for presentation.
- Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

## **STUDIO:**

The Studio overlooking the pool can be used by coaches and team managers who are in possession of a poolside pass as a break out room during the weekend. Tea and coffee will be available.

## **INFORMATION FOR SPECTATORS:**

The doors will be opened for spectators at 7.30am each morning – no spectators will be admitted before this time. Spectators are not permitted on the swimmer side of the pool at any time.

Entry prices are set at £3 per session, £5 for a day pass and £8 for a weekend pass. Programmes will be on sale at £2 each. A limited number of start sheets for the heats will be available for spectators.

For health & safety reasons, no chairs are permitted to be brought into the spectator area.

## **ADVANCE NOTICE FOR WEEKEND 2:**

During the second weekend, a photographer has been arranged to take photographs for use on the NER website, social media, publications etc. These photographs will be of officials, coaches and the pool generally rather than the swimmers. If anyone has any queries about these photographs please contact Sarah Small on [sarah.small@swimnortheast.org](mailto:sarah.small@swimnortheast.org).

During the lunchbreak on Saturday 25<sup>th</sup> February, parents are welcome to attend a presentation in the Studio overlooking the pool. This presentation will provide further information about the 2017 County camps, details of which are contained within the programme.