



Billingham Amateur Swimming Club

Based at the Billingham Forum
www.billinghamasc.co.uk
galas@billinghamasc.co.uk

5th Annual Billingham Masters & Seniors Age Group (18-24) Open Meet

(To be held under ASA law and technical rules of masters swimming)

Sunday 26th March 2017

Billingham Forum Leisure Centre, The Causeway, Billingham, Stockton-On-Tees, TS23 2LJ

Programme of Events

Session 1		Session 2	
WARM UP 8:30 START 9:30		WARM UP & START – TBA	
Event 101	Mixed 400m Freestyle	Event 201	Mixed 100m Butterfly
Event 102	Female 50m Backstroke	Event 202	Male 50m Backstroke
Event 103	Male 100m Breaststroke	Event 203	Female 100m Breaststroke
Event 104	Female 200m Individual Medley	Event 204	Male 200m Individual Medley
Event 105	Male 50m Butterfly	Event 205	Female 50m Butterfly
Event 106	Mixed 200m Backstroke	Event 206	Mixed 200m Breaststroke
Event 107	Female 100m Freestyle	Event 207	Male 100m Freestyle
Event 108	Male 50m Freestyle	Event 208	Female 50m Freestyle
Event 109	Female 100m Backstroke	Event 209	Male 100m Backstroke
Event 110	Male 50m Breaststroke	Event 210	Female 50m Breaststroke
Event 111	Female 200m Freestyle	Event 211	Male 200m Freestyle
Event 112	Male 100m Individual Medley	Event 212	Female 100m Individual Medley

Conditions

1. All entrants must be members of an ASA affiliated club.
 2. Age as at **31st December** in the year of competition.
 3. Results will be split into the following age groups 18-24, 25-29 and then 5 year age groups as necessary with the final group being 60yrs+.
 4. All events will be Heat declared Winners.
 5. Awards will be made to **the fastest 3 swimmers** in each event after the swimmers times have been adjusted using the Masters Age adjustment formula. The formula current at the time of competition will be used.
 6. Heats for each event will cover all age groups and competitors. Events will be seeded slowest to fastest, based on entry time submitted. Each heat will be spearheaded.
 7. The competition will be held under the 'One start Rule'. 'Over the top' starts will be used wherever possible. **Backstroke starts will be in operation.**
 8. There will be no re-entry cards. Swimmers are asked to notify the organisers if they wish to withdraw from an event not later than 45 minutes before the scheduled start of that session; or by email to galas@billinghamasc.co.uk
 9. The pool is a 25m 6 lane pool with anti-turbulence lane ropes with Colorado electronic timing. Live results will be available via www.billinghamasc.co.uk
 10. Entry fees will be **£5.00** per individual event or **£20.00** for any number of individual events.
 11. Poolside entries will be at the discretion of the promoter.
 12. Entries to be made on the enclosed form (please feel free to photocopy). An electronic entry file (Sportsystems V2) is available on request from galas@billinghamasc.co.uk
 - 13. CLOSING DATE FOR ENTRIES IS FRIDAY 24th FEBRUARY 2017.**
 14. Accepted entries will be posted on the website www.billinghamasc.co.uk shortly after the closing date. A final programmes will be available to download for free – no programmes will be available on the day. Start lists will be distributed for competing swimmers.
 15. Anything not covered by the above conditions will be at the discretion of the Promoters – Billingham Amateur Swimming Club. The promoter's decision is final.
-

**Billingham Forum Masters & Seniors Age Group (18-24) Open Meet
 Sunday 26th March 2017
 Individual Entry Form**

Name (As registered with the ASA).....
Address
Town **County** **Post Code**
Telephone Number..... **Date of Birth** / /
ASA Reg. No...... **CLUB**
Email.....

MALE / FEMALE (Delete as applicable)

Event	Time	Event	Time
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly	
100m Backstroke		100m Individual Medley	
200m Backstroke		200m Individual Medley	

Total Events		£5 each / or £20 for any number of events	£
--------------	--	---	---

Maximum Payment of £20.00 for any number of individual events (see point 11 above)

Signature of competitor: **Date:**

Send completed forms & cheques made payable to **"Billingham ASC"** to:-

Mr Mark Blackmore, 12 Ashville Avenue, Norton, Stockton-on-Tees, TS20 1PS

CLOSING DATE Friday 24th February 2017