

FINAL CLUB INFORMATION**John Charles Centre for
Sport, Leeds**

PLEASE NOTE – Coaches, Team managers and Swimmers will not be permitted entry into the pool hall before 7.30am each morning.

WARM UP DETAILS:**Saturday 11 May**

Session 1

Warm Up: 08:00-08:25 Boys
08:25-08:50 Girls
Start: 09:00

Session 2
FINALS

Warm Up: 14:00-14.50 Mixed
Start: 15:00

Sunday 12 May

Session 3

Warm Up: 08:00-08:25 Girls
08:25-08:50 Boys
Start: 09:00

Session 4
FINALS

Warm Up: 14:00 -14:50 Mixed
Start: 15:00

Saturday 25 May

Session 1

Warm Up: 08:00-08:25 Boys
08:25-08:50 Girls
Start: 09:00

Session 2
Finals

Warm Up: 14:00-14.50 Mixed
Start: 15:00

FINAL CLUB INFORMATION**John Charles Centre for
Sport, Leeds****Sunday 26 May**

Session 3

Warm Up: 08:00-08:25 Girls
08:25-08:50 Boys
Start: 09:00

Session 4

Finals

Warm Up: 14:00 -14:50 Mixed
Start: 15:00

All warm ups will have one way sprint lanes introduced after 20 minutes in lanes 0-3 and 6-9 from the scoreboard end as announced – swimmers should not stop before the 15m mark in sprint lanes. Swimmers can use the diving pit for both warm up and swim down at 09:00, but there is to be no diving.

Coaches are responsible for supervising their swimmers in both warm up and swim down.

WITHDRAWALS:

Any withdrawals should be made by email to swimming@proudys.plus.com by 5pm on Friday 10th May 2019 for weekend and for second weekend by 5pm on Friday 24th May 2019.

Qualified Swimmers including the 2 Reserves not wishing to take part in a final are required to inform the Recorders no later than 15 minutes after the last Individual Event in the Session.

MEDALS:

- Medals shall be awarded to the top 3 swimmers in each event.
- Medals for the 800/1500m events can be collected from the President during the Heats once the results have been announced.
- Failure of a swimmer to collect their medal in the relevant session will result in the swimmer forfeiting his/her medal.

FINAL CLUB INFORMATION**John Charles Centre for
Sport, Leeds****INFORMATION FOR SPECTATORS:**

The doors will be opened for spectators at 7.30am each morning – no spectators will be admitted before this time. Spectators are not permitted on the pool deck at any time.

Entry prices are set at £6.00 per day, £10.00 for a weekend pass, including start lists.

For health & safety reasons, no chairs are permitted to be brought into the spectator area on the balcony from the Dennison Suite. No camping chairs are permitted on the spectator balcony area.

7 May 2019