



CITY OF
SUNDERLAND
AMATEUR SWIMMING CLUB



Code of Conduct for parents

Parents must:

Complete and return the Health and Consent form as requested by the club and detail any health concerns relevant to the child on the consent form. Any changes in the state of the child's health should be reported to the coach prior to coaching sessions.

1. **Ensure** the club has up to date contact details for you and any alternative person.
2. Deliver and collect your child punctually to and from coaching sessions/swim meets. Please inform a member of the coaching staff if there is an unavoidable problem.
3. All parents of children under the age of 11 years **MUST** remain within the building at all times whilst their child is at the pool. This is for the welfare and safety of the child.
4. Inform the coach before a session if your child is to be collected early from a coaching session/meet and if so by whom.
5. **Ensure** your child is properly and adequately attired for the training session/events including all required equipment, i.e. hats, goggles etc.
6. If the club changes your child's training times or lane, please remember the change is to provide appropriate levels of training and enable your child to progress and should be facilitated and encouraged at all times.
7. **Ensure** your child's needs are met in terms of nutritional needs and listen to and act on advice given from the club coach.
8. **Encourage** your child to obey rules and teach them that they can only do their best.
9. **Ensure** your child only uses appropriate language within the swimming environment.

10. Support the club coach and committee appropriately and raise any concerns you have in an appropriate manner. This should be with your squad coach first. Details of the club welfare officers can be found on the club website.
11. Be sensible when parking especially when 'dropping children off' at the Aquatic centre, be aware of road safety, DO NOT park on the pathway.
12. **Behave responsibly** as a spectator in both the training and gala environment and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the ASA commitment to equality, diversity and inclusion.
13. Show appreciation and support your child and all the team members.
14. **Do not enter poolside** unless requested to do so or in an emergency. If you wish to have a discussion with the coach please arrange this before or after the training session.
15. Allow the coaches time and space to coach your child and others. Do not coach your child from the balcony or interfere with the session in any way.
16. At swim meets, allow the coaches to coach and manage the swimmers. No parent is allowed poolside, unless they have been requested to provide additional supervision support.
17. Swimming is a long term commitment. It takes many years for your child to develop a whole range of physical, technical, social and personal skills. Be supportive and patient and you will help your child become successful in and out of the pool.
18. **Most of all help your child enjoy the sport and achieve to the best of their ability.**

The club will undertake to:

- ✓ Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him/her.
- ✓ Ensure good child protection guidelines are followed at all times to keep your child safe.
- ✓ Ensure all activities are properly supervised/taught/coached and that parental consent / permission is obtained for any activity outside of swimming.

The parent has a right to:

- ✓ Make a complaint to the club in writing if they feel the club or a member of the club is not acting appropriate to ASA/club laws and rules.
- ✓ Make a complaint on behalf of their child to the ASA.

Any misdemeanours and breach of this code of conduct will be dealt with by the club.

Signed:

Date: