The organisation of the Swimming Championships shall be in the hands of the NDSA Management Board with powers delegated to The Championship Administrator. The Championships shall be held under the relevant FINA/ASA Technical & Judicial Rules/Laws.

The Championships shall be open to all bona fide members of Clubs affiliated to NDSA who hold a valid ASA Swimmer Registration and where required the relevant Entry Time. A swimmer may only represent one Club throughout the Championship year.

No individual may compete in more than one ASA Counties Championships in any one calendar year.

For age group purposes a swimmer's age is their age as at the last date of the Individual Championships.

For the purpose of the Youth Championships a Youth swimmer is defined as (female aged 14-17 yrs and male aged 15-18 yrs).

Championship entries must be made by the relevant Club Official using the Sportsystems Entry Manager system, which is available to download from the NDSA website. Entries must reach the Championship Administrator no later than the published closing date for the event. Entry fees must reach the Treasurer no later than the published closing date for the meet. A list of the accepted entries will be posted on the NDSA website at least 7 days before the meet takes place.

Additional entries may be accepted at the discretion of the Championship Administrator after the closing date. The Entry Fee for such entries shall be £10.00 per event.

The order in which the events will take place will be published annually in the schedule of events, which will be shown on the NDSA website no later than 31 December preceding the Championships.

The entry fees shall be set annually by the NDSA Management Board.

#### 2012 Individual Entry Fee is £5.50 and Team Entry Fee £10.00.

The Championship Administrator has the authority to adjust the number of entries accepted to ensure the smooth running of the Championships.

Submitted entry times will be used for seeding and rejection purposes where necessary.

When the Championships take place in a 10 lane pool all lanes shall be used for both heats and finals.

Standard Entry Times (SET) shall be fixed annually for all individual events. A swimmer's entry time must have been achieved no earlier than the calendar year prior to that in which the meet takes place.

All times used for 10yrs/over swimmers must be obtained from British Swimming Rankings. For 9yrs their entry times must be verified from a meet result sheet and will not be used for seeding purposes.

If in doubt please contact the Championship Administrator at <a href="mailto:ndswimmingentry@hotmail.co.uk">ndswimmingentry@hotmail.co.uk</a>

In all NDSA Championship events a Secondary Entry system will be in operation. Heat Start Lists will be produced prior to the start time of the Session. If a swimmer is NOT going to swim in an event it is the responsibility of the Club entering the swimmer to inform the Recorders no later than 1 hour prior to the relevant session start time of the withdrawal. Should a swimmer who has not been withdrawn from an event fail to swim, the club entering the swimmer shall incur an administration fee of £10.00.

In Championships where heats and finals are in separate sessions, qualified swimmers including reserves not wishing to take part in a final are required to inform the Recorders no later than 30 minutes after the last individual event of the session. Exceptions may be made in special circumstances accepted by the Championship Administrator.

Withdrawals made after this time will be subject to a £15.00 administration charge. The responsibility of payment shall rest with the club under whose name the entry has been made.

#### **British Gas NDSA Womens Open 800m Freestyle**

#### **British Gas NDSA Mens Open 1500m Freestyle**

For the 800m and 1500m withdrawals from a draft programme will be accepted up to 6pm on the Wednesday prior to the meet (this date will be advertised in advance).

The start sheets will be prepared immediately after this date and the approx start time of heats will be published on the NDSA website, with copies being emailed to the competition managers at clubs the following morning. This will enable swimmers to arrive at the venue in time for their heat.

Any withdrawals after the cut-off time and any failure to swim will be subject to a £25 administration charge. Exceptions may be made at the discretion of the championship administrator. The responsibility for payment of the fee shall rest with the Club under whose name the entry has been made.

NDSA Youth Champions shall be declared as follows: In HDW events the Youth placings shall be determined from the heat results. In events with finals, should one Youth swim in the final they shall be declared the Youth Champion, should two or more Youths swim in the final their relative final positions shall determine the Youth placings. If required other Youth placings shall be determined from the heat results.

NDSA medals shall be awarded to places 1-3 in all Championship events.

**Open and Youth Championship Overall Category Awards.** These shall be made to the swimmers (Top 3 male & female) who achieve the highest FINA points score in an individual event.

**BAGCAT Category Awards.** These shall be made to the swimmers (Top 3 Boys & Girls in each age group) who achieve the best category scores. The category awards shall be determined by the BAGCAT categories using the current FINA points table.

In all team events, Clubs may enter more than one team in an event. An individual swimmer may only swim for one team in a Meet.

Each competing club shall submit a list of the names of swimmers in each team, in swim order, to the Recorders no later than 60 minutes prior to the start time of the session in which the event takes place.

Team staff requiring access to the poolside must be in possession of a Pass issued by the NDSA. These may be obtained from the Front of House Manager.

#### 2012 Fee: £25.00.

It is expected that all Team Staff can comply with the relevant ASA Child Protection Procedures and have attended a Team Managers Training Course.

NDSA will NOT be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer.

It is the intention of the NDSA to provide a warm-up/swim-down facility at the Championships. These will be supervised by venue staff/warm-up marshals. Swimmers using these facilities must follow any instructions issued by these persons. Clubs via their coaches/team managers will be held responsible for the behavior/actions of their swimmers using these facilities.

Photography – The rules and standing operating procedures (SOPs) of the facility where the Championships are being held must be observed and anyone wishing to use photographic equipment (including still, video, digital and mobile phone cameras) at any Championships Meet will be required to sign the ASA Video/Photography Book.

<u>Pool Etiquette</u> – For insurance purposes, please be advised that only coaches, team managers, competitors and Event staff will be allowed on poolside. On no account should any other persons be on poolside.

The Lead Referee for the 2012 Championships is Mrs E York. Mrs York can be contacted at: ndswimmingentry@hotmail.co.uk

The NDSA Board/Championship Administrator has the power to vary the Championship Conditions prior to an event closing date.

#### **Tom Randall Memorial Trophy**

The Tom Randall Memorial Trophy will be awarded to the club scoring the highest points total in the BAGCAT Age Group Championships. Individual points shall be awarded 8 to 1 for competitors placed 1 to 8 in a ten lane pool.

#### **Guy North Trophy**

The Guy North Trophy will be awarded to the club scoring the highest Youth points total in the individual events at the Open Championships. Individual points shall be awarded 8 to 1 for competitors placed 1 to 8 in a ten lane pool.

#### **Mark Latimer Memorial Trophy**

The Mark Latimer Memorial Trophy will be awarded to the club scoring the highest points total in the Open Championships. Individual points will be awarded 8 to 1 for competitors placed 1 to 8 in a ten lane pool.

## BRITISH GAS NDSA CHAMPIONSHIPS 2012 QUALIFYING TIMES

#### ALL TIMES ARE LONG COURSE

#### **BRITISH Gas NDSA Championships 2012 Entry Times**

MALE QUALIFYING TIMES						FEMALE QUALIFYING TIMES							
09 Years	10 Years	11 Years	12 Years	13 Years	14 Years	Open	Events	09 Years	10 Years	11 Years	12 Years	13 Years	Open
43.00	39.50					27.30	50 Free	43.00	39.50				31.00
		1.16.00	1.09.00	1.08.00	1.05.50	1.00.00	100 Free			1.16.00	1.11.00	1.09.50	1.06.00
3.22.00	2.58.00	2.40.00	2.33.00	2.27.50	2.19.00	2.12.00	200 Free	3.17.00	2.56.50	2.40.00	2.32.30	2.27.50	2.21.50
	6.08.00	5.34.00	5.15.00	5.04.70	4.54.80	4.54.80	400 Free		5.54.00	5.34.00	5.14.50	5.04.70	4.58.00
							800 Free						11.00.00
						21.00.00	1500 Free						
48.50	42.50					35.00	50 Back	48.50	42.50				37.00
		1.25.50	1.21.00	1.18.00	1.14.00	1.12.00	100 Back			1.26.90	1.21.00	1.18.50	1.16.50
3.41.50	3.17.70	3.06.80	2.53.90	2.42.10	2.41.00	2.40.00	200 Back	3.46.50	3.17.70	3.03.80	2.52.00	2.48.00	2.43.00
56.50	50.60					40.00	50 Breast	56.60	50.60				42.70
		1.42.20	1.37.70	1.31.40	1.28.40	1.25.00	100 Breast			1.40.30	1.34.40	1.31.40	1.30.00
4.12.00	3.52.00	3.37.50	3.27.60	3.17.70	3.12.00	2.57.00	200 Breast	4.12.00	3.42.00	3.32.50	3.22.60	3.17.50	3.14.70
52.40	43.50					31.00	50 Fly	52.40	43.50				34.00
		1.30.8	1.26.00	1.21.00	1.16.00	1.11.00	100 Fly			1.30.80	1.25.00	1.20.00	1.18.00
4.12.00	3.51.50	3.31.50	3.06.70	3.02.00	2.53.00	2.51.50	200 Fly	4.12.00	3.51.50	3.31.50	3.11.70	3.02.00	3.01.00
3.46.00	3.27.00	3.07.00	2.56.70	2.47.50	2.37.50	2.35.50	200 I.M.	3.46.00	3.22.00	3.07.00	2.54.70	2.48.40	2.44.00
	7.04.00	6.35.00	6.15.00	5.55.00	5.35.00	5.33.00	400 I.M.		7.19.00	6.35.00	6.15.00	5.55.00	5.50.00



# British Gas NDSA Distance Swimming Championships 2012



Competing Age as on 18 March 2012
Warm up 09:00hrs in main pool and thereafter in diving pit.
Start lists with heat timings from 09:30hrs will be published at least 3 days before event

Womens 800m Championships, Sunderland Aquatic Centre Saturday 25 February 2012 Start Time 09:30hrs

Warm up 12:30hrs in main pool and thereafter in diving pit.

Start lists with heat timings from 13:00hrs will be published at least 3 days before event

Mens 1500m Championships, Sunderland Aquatic Centre Saturday 25 February 2012 Start Time 13:00

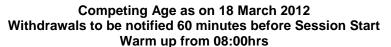
Closing date for entries: Wednesday 1 February 2012

Supported by: NESS Swimwear





### **British Gas** Northumberland & Durham Swimming Association Swimming Championships 2012 [under asa Laws & Technical rules]





Open Long Course Championships, Sunderland Aquatics Centre, 4/5 February 2012 [incorporating the Youth Championships]

Saturday 4 February 2012

Event	Session 1 Start: 09:00hrs	Event	Session 2 Start: TBC
No		No	
1	Mens 400m Ind Medley	18	Final of Mens 400 Ind Medley
2	Womens 200m Backstroke	19	Final of Womens 200m Backstroke
3	Mens 200m Breaststroke	20	Final of Mens 200m Breaststroke
4	Womens 100m Freestyle	21	Final of Womens 100m Freestyle
5	Mens 50m Butterfly	22	Final of Mens 50m Butterfly
6	Womens 100m Breaststroke	23	Final of Womens 100m Breaststroke
7	Mens 50m Breaststroke	24	Final of Mens 50m Breaststroke
8	Womens 100m Butterfly	25	Final of Womens 100m Butterfly
9	Mens 200m Freestyle	26	Final of Mens 300m Freestyle
10	Womens 200m Ind Medley	27	Final of Womens 200m Ind Medley
11	Mens 200m Butterfly	28	Final of Mens 200m Butterfly
12	Womens 50m Backstroke	29	Final of Womens 50m Backstroke
13	Mens 50m Freestyle	30	Final of Mens 50m Freestyle
14	Womens 400m Freestyle	31	Final of Womens 400m Freestyle
15	Mens 100m Backstroke	32	Final of Mens 100m Backstroke
16	Womens 4x100m Medley Teams (HDW)	33	Womens 4 x 200 Freestyle Teams (HDW)
17	Mens 4x100 Freestyle Teams (HDW)		

Sunday 5 February 2012

Event No	Session 3 Start: 09:00hrs	Event No	Session 4 Start: TBC			
37	Womens 400m Ind Medley	54	Final of Womens 400m Ind Medley			
38	Mens 200m Backstroke	55	Final of Mens 200m Backstroke			
39	Womens 200m Breaststroke	56	Final of Womens 200m Breaststroke			
40	Mens 100m Freestyle	57	Final of Mens 100m Freestyle			
41	Womens 50m Butterfly	58	Final of Womens 50m Butterfly			
42	Mens 100m Breaststroke	59	Final of Mens 100m Breaststroke			
43	Womens 50m Breaststroke	60	Final of Womens 50m Breaststroke			
44	Mens 100m Butterfly	61	Final of Mens 100m Butterfly			
45	Womens 200m Freestyle	62	Final of Womens 200m Freestyle			
46	Mens 50m Backstroke	63	Final of Mens 50m Backstroke			
47	Womens 200m Butterfly	64	Final of Womens 200m Butterfly			
48	Mens 200m Ind Medley	65	Final of Mens 200m Ind Medley			
49	Womens 50m Freestyle	66	Final of Womens 50m Freestyle			
50	Mens 400m Freestyle	67	Final of Mens 400m Freestyle			
51	Womens 100m Backstroke	68	Final of Womens 100m Backstroke			
52	Mens 4x100m Medley Teams (HDW)	69	Mens 4x200m Freestyle Teams (HDW)			
53	Womens 4x100 Freestyle Teams (HDW)					

Presentations will be made during the finals sessions. All swimmers are expected to attend.

Closing date: Wednesday 11 January 2012



#### British Gas Northumberland & Durham Swimming Age Group Swimming Championships 2012



## Competing Age as on 18 March 2012 Withdrawals to be notified 60 minutes before Session Start

#### Sunderland Aquatic Centre, 17/18 March 2012

	Session 1 Saturday 17 March @ 09:00		Session 2 Saturday 17 March @ TBC
Girls	10/13yrs 400m Ind. Medley HDW	Boys	10/14yrs 400m Freestyle HDW
Boys	09/10yrs 50m Backstroke HDW	Girls	09/10 yrs 50m Butterfly HDW
Girls	09/10yrs 50m Breaststroke HDW	Boys	09/10yrs 50m Freestyle HDW
Boys	11/14yrs 100m Breaststroke	Girls	09/13 yrs 200m Ind Medley
Girls	11/13 yrs 100m Backstroke	Boys	11/14 yrs 100m Butterfly
Boys	09/14yrs 200m Butterfly HDW	Girls	11/13 yrs 100m Freestyle
Girls	09/13 yrs 200m Freestyle HDW	Boys	09/14 yrs 200m Breaststroke HDW
		Girls	09/13 yrs 200m Backstroke HDW
	FINALS OF 100M EVENTS		FINALS OF 100M EVENTS & 200 Ind Medley
Girls	11/13 yrs	Boys	11/14 yrs
	4 x 200 Freestyle Team HDW		4 x 200m Freestyle Team HDW
Boys	11/14 yrs	Girls	11/13 yrs
	4 x 100 Freestyle Team HDW		4 x 100 Freestyle Team HDW

	Session 3 Sunday 18 March @ 09:00		Session 4 Sunday 18 March @ TBC	
Girls	10/13yrs 400m Freestyle HDW	Boys	10/14yrs 400m Ind. Medley	HDW
Boys	09/10 yrs 50m Butterfly HDW	Girls	09/10 yrs 50m Backstroke	HDW
Girls	09/10yrs 50m Freestyle HDW	Boys	09/10 yrs 50m Breaststroke	HDW
Boys	09/14 yrs 200m Ind. Medley	Girls	11/13 yrs 100m Breaststroke	
Girls	11/13 yrs 100m Butterfly	Boys	11/14 yrs 100m Backstroke	
Boys	11/14yrs 100m Freestyle	Girls	09/13 yrs 200m Butterfly	HDW
Girls	09/13 yrs 200m Breaststroke HDW	Boys	09/14 yrs 200m Freestyle	HDW
Boys	09/14 yrs 200m Backstroke HDW			
	FINALS OF 100M EVENTS & 200 Ind Medley		FINALS OF 100M EVENTS	
Girls	11/13yrs	Boys	11/14 yrs	
i	4 x 100 Medley Team HDW		4 x 100 Medley Team	HDW

CLOSING DATE FOR ENTRIES: WEDNESDAY 22 FEBRUARY 2012

Supported by: NESS Swimwear

