



SCOTTISH *swimming*
everyone can swim!

Scottish Gas National Short Course Open Swimming Championships 2012

(under FINA Rules/Scottish Swimming Regulations)

Licence No: L1/368/ED/DEC12

Royal Commonwealth Pool,
Dalkeith Road, Edinburgh

14th – 16th December 2012



Scottish Swimming is the trading name for the Scottish Amateur Swimming Association Limited. Registered in Scotland.
Company Number: SC246645 Registered Office: Scottish Amateur Swimming Association Limited, National Swimming Academy,
University of Stirling, Stirling, FK9 4LA.

Tel: 01786 466520 Fax: 01786 466521 Email: info@scottishswimming.com www.scottishswimming.com

Supported by **sportscotland**

EVENT REGULATIONS

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Scottish Swimming and/or any police officer.
- No guarantee can be given by Scottish Swimming that the event will take place at a particular time or any particular date and Scottish Swimming reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Scottish Swimming and/or police officer.
- No object may be thrown by spectators within the venue.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of Scottish Swimming. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with Scottish Swimming Guidelines with regard to video recording and zoom photography.
- **Should you wish to use your mobile phone for photographic purposes on poolside the procedure above must be followed.**
- **No flash photography permitted at anytime within the competition pool hall.**
- **In order to control digital photographs, mobile phones may not be used in the changing village.**
- **In the interests of Health and Safety, hot food and hot drinks must not be taken into the pool hall.**
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only Scottish Swimming within events without the express written permission of Scottish Swimming.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of Scottish Swimming and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of Scottish Swimming or any police officer.
- Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

GENERAL INFORMATION

ELIGIBILITY TO COMPETE

1. All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
2. To compete for a Scottish Club or Team at National Open Championships, competitors must be registered with the Scottish Amateur Swimming Association and must have paid their current registration fee.
3. Age Group events are defined as 'age on the last day of competition' (16th December 2012).
4. A swimmer can only compete for one Club/Team during the Championships. Scottish Club/team members must be eligible to swim for their Club/Team in accordance with Company Rule R5.1. Any swimmer entering a Scottish championships as 'unattached' cannot compete for a Club/Team in relay events.

National Eligibility – Scottish Swimming Company Rule R4.5.3

R4.5.3 - A competitor selected to represent Scotland must be a registered member of SASA as per SASA Constitution section C3.5.1 and must be either:

- a) A native of Scotland, **or**
- b) A person with a Scottish mother or father, **or**
- c) Satisfy the following residential criteria:
 - i) For the Commonwealth Games -
In line with current Commonwealth Games Federation Regulations or Guidelines (see Commonwealth Games Swimming Selection policy for details).

DRUG TESTING

May be in operation at any Scottish event. All swimmers not registered with the Scottish Swimming or the Amateur Swimming Association/Welsh Amateur Swimming Association will be required to sign an agreement to undergo tests as required in accordance with FINA Law.

N.B. The Home Country or the ASA/WASA swimmers will have signed an agreement when submitting their registration fee.

PHOTOGRAPHY/MEDIA

Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities. Images will be made available to our media partners and uploaded to our website and our social network sites.

All parents, competitors, coaches and volunteers are required to acknowledge this is a public event and upon entering the swimming arena this may result in the recording and publication of his/her image.

Scottish Swimming may record the competition events and general images of swimmers for the purposes of education, training, swimmer analysis, performance, development and event promotion. Scottish Swimming will hold this information on file for the use of promotion, general information and marketing. This information will not be passed on to third party media partners.

Should any competitor wish not to be photographed please complete the attached form. If at any time a competitor wishes an image to be removed from our website, 7 days notice must be given to Scottish Swimming after which the data will be removed.

Further guidance can be found in our Child Protection Policy

SCOTTISH GAS NATIONAL SHORT COURSE OPEN CHAMPIONSHIPS 2012 (Under FINA Rules/Scottish Swimming Regulations)

Dates: Friday 14th, Saturday 15th, Sunday 16th December 2012
Venue: Royal Commonwealth Pool, Edinburgh
Pool: 8 Lane, 25 metre pool with full Electronic Timing
6 Lane, 25 metre swim down pool

Meet Promoters: Scottish Swimming National Swimming Committee

SESSION TIMES

Friday 14th December	Session 1	Heats	Warm Up: 07.30 Start: 08.45
	Session 2	Heats	Warm Up: 12.15 Start: 13.15
	Session 3	Finals	Warm Up: 16.30 Start: 17.30
Saturday 15th December	Session 4	Heats	Warm Up: 07.30 Start: 08.45
	Session 5	Heats	Warm Up: 12.15 Start: 13.15
	Session 6	Finals	Warm Up: 16.30 Start: 17.30
Sunday 16th December	Session 7	Heats	Warm Up: 07.30 Start: 08.45
	Session 8	Heats	Warm Up: 12.15 Start: 13.15
	Session 9	Finals	Warm Up: 16.30 Start: 17.30

NB. Session times may be adjusted when all entries have been processed. Any new session times will be notified with confirmation of acceptances.

Swimsuits must comply with current FINA Rules/Scottish Swimming Regulations at the time of the meet.

PROGRAMME OF EVENTS

Full World Championship Programme

OPEN

50m Freestyle, Backstroke, Butterfly, Breaststroke	Heats and A & B Finals
100m Freestyle, Backstroke, Butterfly, Breaststroke	Heats and A & B Finals
200m Freestyle, Backstroke, Butterfly, Breaststroke	Heats and A & B Finals
400m Freestyle	Heats and A & B Finals
100m, 200m and 400m Individual Medley	Heats and A & B Finals
800m and 1500m Freestyle	Heat Declared Winner

AGE GROUP EVENTS

Girls 14/under

400m Freestyle: 800m Freestyle: 100m Individual Medley: 400m Individual Medley

Boys 15/under

400m Freestyle: 1500m Freestyle: 100m Individual Medley: 400m Individual Medley

Both Boys and Girls Age Groups will be Heat Declared Winner Events

RELAY EVENTS

4 x 50m Freestyle Team	Heat Declared Winner
4 x 50m Medley Team	Heat Declared Winner
4 x 100m Freestyle Team	Heat Declared Winner

Please Note: A junior relay team shall consist of 4 swimmers who will be aged under 17 years on 31st December 2012

Important information for the 1500 and 800 freestyle

All swimmers (including age group swimmers) wishing to swim in the above events MUST reconfirm their intention to swim. Failure to do so will result in the swimmer being withdrawn from that event.

Women's and Girl's 800 freestyle must reconfirm by 10.00 at the latest on Friday 14th December

Men's and Boy's 1500 freestyle must reconfirm by 10.00 at the latest on Saturday 15th December

Reconfirmation will be taken at the recorders desk.

TRAINING PRIOR TO CHAMPIONSHIPS

The Royal Commonwealth Pool may be able to offer pool space on a first come/first served basis to any competitors/clubs who would like to train in advance of the competition on Thursday. Please contact The Duty Manager on 0131 270 9300 for individual arrangements.

ENTRY TIMES

Competitors must enter times achieved in accredited competitions held in the 12 months prior to the event closing date (since 20th November 2011) and either be 25 metre pool times, or conversions to 25 metre pool times. Official Conversion Tables: Hy-tek standard conversion, or ASA conversion tables may be used.

A proof of entry times report is required in line with SW2.1.2.5. Random checks on entry times will be carried out prior to and during the event. Any swimmer submitting an unaccredited entry time will automatically be withdrawn from all entered events and will forfeit all entry fees.

The organisers reserve the right to restrict entries to ensure a good standard of competition.

ENTRY FEES

Individual Events: **£9.50** Relays: **£20.00**

All cheques/postal orders should be made payable to 'SASA Ltd'.

No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed.

Entry fees will not be refunded for any times submitted out-with the consideration time.

Please note that no refunds will be given after the programme has been finalised.

COMPUTER ENTRIES

The competition will be computerised. Cards will not be used.

Entries will be by computer files, which are obtainable from the Meet Entry Secretary (see below). Requests for the meet entry file should be made by email **at least two weeks in advance** of the closing date for entries to jbruce2160@aol.com.

Closing date for receipt of entries is **2 pm on Tuesday 20th November 2012**

The entry files must be emailed to jbruce2160@aol.com. Only official files are acceptable. The fees and other paperwork (**within a maximum of 3 days following the closing date**) should be sent to:

John Bruce (Meet Entry Secretary)
50 Station Road
Roslin
Midlothian
EH25 9LR

Tel: 0131 440 1752

WITHDRAWALS

HEATS

Any withdrawals (inc reserves) or amendments prior to the first day of the Championships should be notified to the Entries/Withdrawals Secretary **by email**.

However, any withdrawals for Session 1 must be notified no later than 6.00pm on Thursday, 13th December 2012. Withdrawals for subsequent morning sessions not previously notified must be lodged at the Recorders Desk no later than 6.00 pm on the day prior to the event. For afternoon sessions by 10.00 am on the day of the event. Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10 fine for each inappropriate withdrawal.

FINALS

It is the responsibility of the swimmers/coaches/team managers to check whether a swimmer has made the finals and should they wish to withdraw the following procedures must be adopted.

Should you wish to withdraw from a Final you must inform the Recorders IN WRITING ON THE APPROPRIATE FORM within 30 minutes of Finalists Lists having been published or announced. Swimmers who fail to appear for finals will be fined and may be subject to further disciplinary action. A maximum of four reserves will be nominated for finals.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at the Championships. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane - there will be no re-seeding.

Please note any late withdrawals on medical grounds should be discussed with the Meet Director prior to submission to the Recorders.

TEAM ENTRIES

For this meet clubs may enter two (2) Male & (2) Female teams. Please specify whether the teams are senior or junior teams. Notification of provisional relay team members should be submitted prior to the Championships by either spread-sheet or word-document to jbruce2160@aol.com. Changes can be made up to 1 hour prior to the start of the appropriate session on relay team line forms and handed into the recorders desk. No changes to swim order or swimmers shall be permitted except in the event of medical emergency after the start of the appropriate session.

Should it be necessary to restrict the number of relay teams entered, A teams will take precedence over B teams, regardless of times.

Please submit estimated times for the purposes of seeding only. Please also include all relay swimmer's details who may not be swimming in individual events (this is to ensure that you are issued with the required number of swimmer passes and to ensure a more streamlined process on the day).

SWIMMER PASSES

All swimmers participating in the Championships will be issued with a pass which will allow them access to the changing village, designated seating areas and poolside (swimmers are **not** required to submit photographs). Within the Royal Commonwealth Pool swimmers must wear their accreditation pass and have it visible at all times

AWARDS (including relays)

- | | | |
|----|-----------------------------|---|
| a) | Scottish Open Champion | 1 st , 2 nd and 3 rd |
| b) | Scottish National Champion* | 1 st (provided the individual is not also the Open Champion) |
| c) | Scottish Junior Champion* | 1 st (aged under 17 as at 31 st December 2012) |

*Scottish National Champion and Scottish Junior Champion must be a registered with Scottish Swimming. Scottish Junior Champion will only be awarded from the Open events.

In addition, the following Trophies will be awarded:

- a) **Alistair Sankey Memorial Trophy** - Best combined performance in the senior men's 100m and 200m Butterfly Championships using FINA points. Restricted to swimmers based in Scotland or eligible to swim for Scotland.
- b) **Paisley 500** - Best overall performance by a male or female as determined by points calculated as below for individual events.

1 st :	20 points
2 nd :	18 points
3 rd :	16 points
4 th - 16 th :	13 points down to 1 point.

Points will only be awarded from the Open Competition.

- c) **Citrus Trophies** - Best performance by a junior male and female as determined by FINA points.
- d) **Aberdeen 200** - Best single performance for male and female as determined by FINA points.
- e) **Best Team Cup** – Most points earned by a Scottish Club/Team

Points will be calculated as follows for all eligible individual events:

1 st :	20 points
2 nd :	18 points
3 rd :	16 points
4 th - 16 th :	13 points down to 1 point.

The first eight relay teams will score points as follows:

1 st :	20 points
2 nd :	18 points
3 rd :	16 points
4 th – 8 th	13 points down to 9 points

Points will only be awarded from the Open competition.

AGE GROUP AWARDS

Medals will be presented to 1st, 2nd and 3rd placed swimmers.

PRESENTATIONS

Swimmers must report to the Presentation Marshall immediately upon completing their race and collecting their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool.

Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

SCOTTISH GAS NATIONAL OPEN SHORT COURSE CHAMPIONSHIPS 2012

SCHEDULE OF EVENTS

Friday, 14th December 2012	Saturday, 15th December 2012
<p>Session 1 – Warm Up 07:30 Start 08:45</p> <p>101 Mens 50m Freestyle 102 Womens 100m Breaststroke 103 Mens 200m Backstroke 104 Womens 200m I.M. 105 Mens 100m Butterfly 106 Womens 50m Backstroke 107 Mens 50m Breaststroke 108 Womens 200m Butterfly 109 Mens 400m Freestyle 110 Womens 100m Freestyle 111 Mens 100m I.M.</p>	<p>Session 4 – Warm Up 07:30 Start 08:45</p> <p>201 Womens 50m Freestyle 202 Mens 100m Breaststroke 203 Womens 200 Backstroke 204 Mens 200m I.M. 205 Womens 100m Butterfly 206 Mens 50m Backstroke 207 Womens 50m Breaststroke 208 Mens 200m Butterfly 209 Womens 400m Freestyle 210 Mens 100m Freestyle 211 Womens 100m I.M.</p>
<p>Session 2 – Warm Up 12:15 Start 13:15</p> <p>112 Womens 800m Freestyle (HDW) 113 Boys 15/u 400m Freestyle (HDW) 114 Girls 14/u 800m Freestyle (HDW) 115 Boys 15/u 100m I.M. (HDW)</p>	<p>Session 5 – Warm Up 12:15 Start 13:15</p> <p>212 Mens 1500m Freestyle (HDW) 213 Girls 14/u 400m Freestyle (HDW) 214 Boys 15/u 1500m Freestyle (HDW) 215 Girls 14/u 100m I.M. (HDW)</p>
<p>Session 3 – Warm Up 16:30 Start 17:30</p> <p>112 Womens 800m Freestyle (Fastest Heat) 'A' & 'B' Finals of Events 101 – 111 116 Womens 4 x 50m Medley Relay (HDW) Time Req 117 Mens 4 x 50m Medley Relay (HDW) Time Req</p>	<p>Session 6 – Warm Up 16:30 Start 17:30</p> <p>212 Mens 1500m Freestyle (Fastest Heat) 'A' & 'B' Finals of Events 201 – 211 216 Mens 4 x 50m Freestyle Relay (HDW) Time Req 217 Womens 4 x 50m Freestyle Relay (HDW) Time Req</p>
Sunday, 16th December 2012	
<p>Session 7 – Warm Up 07:30 Start 08:45</p> <p>301 Womens 400m I.M. 302 Mens 400m I.M. 303 Womens 50m Butterfly 304 Mens 50m Butterfly 305 Womens 200m Freestyle 306 Mens 200m Freestyle 307 Womens 100m Backstroke 308 Mens 100m Backstroke 309 Womens 200m Breaststroke 310 Mens 200m Breaststroke</p>	
<p>Session 8 – Warm up 12:15, Start 13:15</p> <p>311 Girls 14/u 400m I.M. (HDW) 312 Boys 15/u 400m I.M. (HDW)</p>	
<p>Session 9 – Warm Up 15:30 Start 16:30</p> <p>'A' & 'B' Finals of Events 301 – 310 313 Womens 4 x 100m Freestyle Relay (HDW) Time Req 314 Mens 4 x 100m Freestyle Relay (HDW) Time Req</p>	

SCOTTISH GAS NATIONAL OPEN SHORT COURSE CHAMPIONSHIPS 2012

CONSIDERATION TIMES

FEMALE			MALE	
14/under	OPEN	EVENT	OPEN	15/under
	0:29.28	50m Freestyle	0:26.04	
	1:02.67	100m Freestyle	0:56.64	
	2:15.02	200m Freestyle	2:02.78	
4:58.13	4:44.69	400m Freestyle	4:25.44	4:39.43
10:29.28	9:56.58	800m Freestyle		
		1500m Freestyle	18:13.20	18:54.21
	0:38.86	50m Breaststroke	0:34.75	
	1:22.85	100m Breaststroke	1:14.70	
	2:56.36	200m Breaststroke	2:43.22	
	0:33.95	50m Backstroke	0:30.95	
	1:10.96	100m Backstroke	1:05.75	
	2:32.07	200m Backstroke	2:21.33	
1:16.92	1:13.03	100m Individual Medley	1:05.97	1:11.23
	2:33.90	200m Individual Medley	2:22.07	
5:44.11	5:28.69	400m Individual Medley	5:08.79	5:23.75
	0:32.55	50m Butterfly	0:28.92	
	1:11.22	100m Butterfly	1:03.76	
	2:40.00	200m Butterfly	2:30.03	

COACH INFORMATION

ACCREDITATION

COACH/CHAPERONE PASS FOR DECEMBER 2012

Coaches/team managers who are not in possession of an annual pass may purchase an individual pass for the Championship as follows:

Scottish National Short Course Open Championship Coach Pass: **£20.00**

A pass is required for any coach/chaperone wishing to be poolside.

A pass entitles you to:

Entry for the whole of the Meet, Poolside Access, Start and Result Sheets, and complimentary tea, coffee and soft drinks in the specified area.

Without a valid pass any coach/chaperone will NOT be permitted on poolside.

Application Requirements:

- Enhanced Disclosure
All applicants **MUST be PVG/CRB checked** through either: Scottish Swimming/ASA /WASA

It is the responsibility of the Club/Coach to ensure that, if they require their swimmers to have coach/chaperone representation on the poolside, their applications are made in good time and that the relevant Criminal Records Bureau (CRB)/Disclosure Scotland/PVG forms have been completed and sent to Scottish Swimming/ASA/WASA office(s).

Please note that we are unable to issue any Coach/Chaperone Pass unless a person has a valid Disclosure Certificate through Scottish Swimming/ASA/WASA. In-line with current legislation, valid Disclosure Certificates from any other agency, will not be accepted.

Coaches/Chaperones from outside the UK applying for passes

Arrangements must be made for their National Governing Body to forward a letter of declaration to the CEO of Scottish Swimming that all applicants have conformed with their 'home country's' policy concerning child protection;

Passes will not be issued without such a letter.

- Photograph
New applicants must submit one recent electronic photograph (preferably in jpeg format).

Previous applicants need not submit a photograph unless their appearance has changed dramatically or they wish to update the photograph held on file.

Photographs should be taken under the same rules regarding passport photographs.

MEALS

Coach Meal Pass per day (meals only) - **£17.50**

PAYMENT

Payment of the appropriate fee (noted above), can be made by either;

Card - Debit or credit (with the exception of maestro)

By telephoning the office – contact: Jane Robinson, tel. no. - 01786 466471

Cheque – made payable to: SASA Limited

Posted to: Scottish Swimming
National Swimming Academy
University of Stirling
Stirling
FK9 4LA

All applications should be submitted via the Club Secretary and forwarded to: **Miss J Robinson, Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA**

Closing dates for Application of Coaches Passes;

The closing date for passes for the Scottish Gas Scottish National Short Course Championship (14th – 16th December 2012) is **noon, Tuesday 13th November 2012**

Passes will be available for collection from the Coaches Desk from the first day of competition onwards.

If you have any queries regarding PVG/Disclosure Scotland certification and CRB, please contact: Jane Robinson (j.robinson@scottishswimming.com) or Eilidh McColl-Lawrie (e.mccoll-lawrie@scottishswimming.com) at Scottish Swimming.

Within the Royal Commonwealth Pool, coaches and team support staff must wear their accreditation pass and have it visible at all times.

All Scottish Swimming Committee Members, Staff etc should be aware that their registration card will gain them free admission to all Scottish Swimming Championships to include a programme and results.

APPLICATION FOR DECEMBER 2012 COACH/CHAPERONE PASS SCOTTISH GAS NATIONAL SHORT COURSE CHAMPIONSHIPS

Applications must be made by the Club Secretary. Please ensure that the form is completed fully and is in block capitals. Please note that we reserve the right to refuse applications.

Applicant's Details

Surname:	<input type="text"/>													
Forename(s):	<input type="text"/>													
Home Address:	<input type="text"/>													
	<input type="text"/>													
	<input type="text"/>						Postcode:	<input type="text"/>						
Telephone Number:	<input type="text"/>													
Email Address:	<input type="text"/>													
Membership No:	<input type="text"/>													
Disclosure No:	<input type="text"/>													
Date of Disclosure:	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>				
Signature:	<input type="text"/>													

Club Secretary Details:

Application Made by (Name):	<input type="text"/>
Secretary of (Club Name):	<input type="text"/>
Telephone Number:	<input type="text"/>
Email Address:	<input type="text"/>
Signature:	<input type="text"/>

Please ensure the following are complete (please confirm by entering a tick in the relevant box);

Valid Enhanced Disclosure

Payment: cheque enclosed for £_____, made payable to SASA Ltd.
card payment to be made by contacting Scottish Swimming office

Photograph (e-mailed to: j.robinson@scottishswimming.com)

COACH MEAL INFORMATION

Coach Meal Pass per day (meals only) - £17.50

Please complete form below should you require coach meals

COACHES MEAL FORM

Scottish Gas National Short Course Championship

ROYAL COMMONWEALTH POOL

EDINBURGH

14th – 16th December 2012

Club:

require meal tickets for the following days:

	Name	Name	Name	Name
14 th December				
15 th December				
16 th December				

Please indicate with a (V) if vegetarian meals are required.

ANY CLUB NOT RETURNING THIS FORM WILL NOT BE ENTITLED TO MEALS.

Forms to be returned to: John Bruce
Meet Entry Secretary
50 Station Road
Roslin
Midlothian
EH25 9LR

Tel: 0131 440 1752
email: jbruce2160@aol.com

TO BE RETURNED BY 2PM TUE 20TH NOVEMBER 2012

Scottish Gas National Open Short Course Championships, 14th – 16th December 2012
Application Summary

This form must be completed and returned with payment.

Club Name:

Club Contact's Name:

Address:

Postcode:

Telephone No:

Email:

Email address is important for urgent distribution of information and updates pertaining to the Meet

Double click anywhere in grid below then add the number of entries, etc. in column B

Total Male Entries		@ £9.50	=	£	-
Total Female Entries		@ £9.50	=	£	-
Total Relay Entries		@ £20.00	=	£	-
Total Coach Meals		@ £17.50	=	£	-
Total value of cheque enclosed			=	£	-

Press ENTER then click anywhere outside the grid to return to normal mode.

Make cheque payable to 'Scottish Amateur Swimming Association Ltd'

Form to be returned to:

**John Bruce
Meet Entry Secretary
50 Station Road
Roslin
Midlothian
EH25 9LR**

TO BE RETURNED BY 2PM TUE 20TH NOVEMBER 2012

MEDIA/PHOTOGRAPHY REFUSAL OF CONSENT FORM

Name of Swimmer: _____

Club: _____

I refuse permission for the Official Photographer of Scottish Swimming and its media partners to take and/or publish the images of me / my child. This includes the sharing of photos/images on your website and social media sites.

Signed (Parent/Carer if aged 16 or under): _____

Print Name: _____

Date: _____

Please return your completed form to:
j.robinson@scottishswimming.com or by post to Jane Robinson, Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA