**British Age Group Category Awards (BAGCATS) 50m pool**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | Boys | Girls |
| 9 yrs | Sprint | best 50m | best 50m |
|  | Form | best 200m form stroke  from back, breast or fly | best 200m form stroke  from back, breast or fly |
|  | Distance | 200m free | 200m free |
|  | IM | 200m IM | 200m IM |
|  |  |  |  |
| 10 yrs | Sprint | best 50m | best 50m |
|  | Form | best 200m form stroke  from back, breast or fly | best 200m form stroke  from back, breast or fly |
|  | Distance | best 200/400m free | best 200/400m free |
|  | IM | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 11 yrs | 100s | best 100m | best 100m |
|  | Form | best 200m form stroke  from back, breast or fly | best 200m form stroke  from back, breast or fly |
|  | Distance | best 200/400m Free | best 200/400m Free |
|  | IM | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 12 yrs | 100s | best 100m | best 100m |
|  | Form | best 200m form stroke  from back, breast or fly | best 200m form stroke  from back, breast or fly |
|  | Distance | best 200/400m Free | best 200/400m Free |
|  | IM | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 13 yrs | 100s | best 100m | best 100m |
|  | Form | best 200m form stroke  from back, breast or fly | best 200m form stroke  from back, breast or fly |
|  | Distance | best 200/400m Free | best 200/400 Free |
|  | IM | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 14 yrs | 100s | best 100m | best 100m |
|  | Form | best 200m form stroke  from back, breast or fly | best 200m form stroke  from back, breast or fly |
|  | Distance | best 200/400m Free | best 200/400m Free |
|  | IM | best 200/400m IM | best 200/400m IM |