**British Age Group Category Awards (BAGCATS) 50m pool**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | Boys | Girls  |
| 9 yrs | Sprint | best 50m | best 50m |
|  | Form | best 200m form strokefrom back, breast or fly | best 200m form strokefrom back, breast or fly |
|  | Distance  | 200m free | 200m free |
|  | IM | 200m IM | 200m IM |
|  |  |  |  |
| 10 yrs  | Sprint | best 50m  | best 50m |
|  | Form | best 200m form stroke from back, breast or fly | best 200m form strokefrom back, breast or fly |
|  | Distance | best 200/400m free | best 200/400m free |
|  | IM | best 200/400m IM | best 200/400m IM  |
|  |  |  |  |
| 11 yrs  | 100s | best 100m | best 100m |
|  | Form | best 200m form stroke from back, breast or fly | best 200m form stroke from back, breast or fly  |
|  | Distance  | best 200/400m Free | best 200/400m Free |
|  | IM | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 12 yrs  | 100s | best 100m | best 100m |
|  | Form | best 200m form strokefrom back, breast or fly | best 200m form stroke from back, breast or fly |
|  | Distance  | best 200/400m Free | best 200/400m Free |
|  | IM | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 13 yrs  | 100s  | best 100m | best 100m |
|  | Form | best 200m form stroke from back, breast or fly  | best 200m form stroke from back, breast or fly  |
|  | Distance  | best 200/400m Free | best 200/400 Free |
|  | IM  | best 200/400m IM | best 200/400m IM |
|  |  |  |  |
| 14 yrs  | 100s | best 100m | best 100m |
|  | Form | best 200m form stroke from back, breast or fly  | best 200m form strokefrom back, breast or fly |
|  | Distance  | best 200/400m Free | best 200/400m Free |
|  | IM | best 200/400m IM | best 200/400m IM |