



# 2013

## BRITISH GAS/SWIM WALES

### Summer Nationals

Incorporating Multi Classification Events

**SATURDAY 27<sup>TH</sup> JULY - FRIDAY 2<sup>ND</sup> AUGUST**

**WALES NATIONAL POOL, SWANSEA**



## General Information

### BRITISH GAS/SWIM WALES SUMMER NATIONALS 2013

**Venue:** Wales National Pool, Sketty Lane, Swansea, SA2 8QG

**Licence no:** 013SWNL1-004 (under FINA laws & Swim Wales conditions)

**Closing date for entries:** 12 noon, Wednesday 26<sup>th</sup> June 2013

**Entries:** Submitting an entry to this meet means you have read and will abide by all conditions in this pack.

Entries can be submitted via online entry or TM File (Welsh registered & non-Welsh registered files) found on our website:

[http://www.welshasa.co.uk/events/british-gas-swim-wales-summer-nationals-\(1\).aspx?date=2013-07-27](http://www.welshasa.co.uk/events/british-gas-swim-wales-summer-nationals-(1).aspx?date=2013-07-27)

**Please note:** Multi Classification entries can only be submitted through the online entry system

**Team Manager Entries:** Only one file per club is permitted. No entries will be processed until the correct payment is received before the closing date.

Please email the following reports with the entry file for TM entries:

1. Hy-Tek Meet entry file sorted by name
2. Hy-Tek meet entry fee
3. Meet Summary Sheet (in this entry pack).

## **Entry Fees**

Individual events: £8.00 per event

Relays: £15 per event

Payment can be made by:

Cheque with club name and event title written on the back

By telephone: credit or debit card 01792 513636

Entries may be rejected for the following reasons:

- They are received without the relevant fee or payment is received after the closing date
- Incorrectly completed entry
- Improved entries

**Swim Wales reserve the right to return entries if the meet is oversubscribed. Some entries maybe given an 'alternative' status but this will be limited to 3 'alternatives' per age group. All swimmers given an 'alternative' status should still report to marshalling on the day of the event. If no swim is offered a full refund for that event will be given, no refund will be given to any 'alternates' who withdraw from an event in which they have been given 'alternative' status.**

It is requested that clubs entering 4 or more swimmers support the meet by providing an official or volunteer. Applications to officiate/volunteer forms are included in this pack.

## **MEET OFFICE**

The Meet Office will be open for the duration of the meet and is located on the 3<sup>rd</sup> floor. Coach/Chaperone passes should be collected from this location on arrival. Contact number for the duration of the meet: 01792 513614.

## ENTRY CONDITIONS

### Age Groups

**Boys: Age Group:** 11/12 years, 13/14 years    **Youth:** 15/16 years, 17/18 years

**Girls: Age Group:** 10/11 years, 12/13 years    **Youth:** 14/15 years, 16/17/18 years

### Relays:

**Boys: Age Group:** 11-14 years    **Youth:** 11-18 years

**Girls: Age Group:** 10-13 years    **Youth:** 10-18 years

**Multi Classification Age Groups:** All Multi Classification Events are open to swimmers (Girls 10 years +/ Boys 11 years +) who hold a valid classification.

*Age as on the last day of the meet (02/08/2013)*

**Entry Times:** Qualifying times are in place for this event. Qualifying times must be achieved in the 12 months prior to the closing date in a licensed meet or event approved by the Swim Wales. Long course and short course times will be accepted for this meet, however short course times will be converted during the entry process.

**Please note:** there are separate qualifying times and TM Entry Files for Welsh and Non-Welsh registered swimmers.

Swimmers **will not** be permitted to enter any event that they hold a qualifying time in the 2013 ASA Age Group & Youth

National Championships, however swimmers **may** enter any event in which they **have not** achieved the qualifying time.

Any swimmer who qualifies for an event in the 2013 ASA Age Group & Youth National Championships cannot enter under that stroke in a Relay event.

## MEET CONDITIONS

### HEATS

- Heats will be seeded slow to fast with the fastest three heats of non Heat declared winner events being cyclically seeded.
- Multi Classification events will be seeded slow to fast regardless of classification.
- All 400m, 800m & 1500m are HDW and swimmers must register their intention to swim before the start of the warm up outside of the Meet Office. Failure to register will result in the swimmer being unable to compete in that event.
- All individual events 400m or longer will not be seeded until after the signing in process is complete. Swimmers will not be added if they fail to sign in.
- All Relay events will be HDW.

### FINALS

- Call Room procedures will be in operation. Please see rule 06.06 in General Conditions found on the Swim Wales website <http://www.welshasa.co.uk/about/key-documents.aspx>
- 400m, 800m & 1500m events are Heat Declared Winner and will be swum during the heats.
- Finals will be swum for all events under 400m and in each age band.
- Finals will be swum for Multi Classification events unless there are less than 4 multi-classification swimmers in the final where the heat will then become 'heat declared winner' based on British Disability Points.

### MEDALS

- Medals will be awarded for 1<sup>st</sup> – 3<sup>rd</sup> places in all age bands.
- Multi Classification Events will be awarded for 1<sup>st</sup>-3<sup>rd</sup> places regardless of classification calculated on British Disability Points.

### ACCREDITATION

All Coaches and Chaperones must have relevant accreditation. Annual Coaches Passes issued to Welsh Clubs can be used at this event. For event specific passes please use the application form included in this pack.

Multi Classification chaperone passes are issued FREE of charge for swimmers S2-S4 / S11.

## MULTI CLASSIFICATION ADDITIONAL CONDITIONS

- Entries from overseas competitors will be accepted providing that they have a classification that is listed on the IPC website (S2-S14) on the closing date of entries. No overseas entries will be accepted unless their classification can be ratified from the IPC website.
- Entries from overseas competitors must be accompanied by a letter from their NPC/National Swimming Federation giving permission to compete at this event.
- Entries from S2-S15 competitors will be accepted. Swimmers should indicate on the entry form their British Swimming / IPC / UKSAPLD / INAS-FID / UKDS classification.
- This event will be held under IPC Technical Swimming Rules and Swim Wales conditions.
- All other rules and conditions listed in this meet pack must be adhered to.

## DOPING CONTROL

Swimmers are warned that random doping control may take place during this Meet.

## MEET INFORMATION

### **Spectator Admission charges:**

£4.00 per heat sessions (FREE final session entry)

£7.00 per day

£42.00 per weekend pass (7 day pass)

½ price concessionary rates for students/Senior Citizens

Children under 8 years free of charge

£7 Programme

**Accommodation**

Information regarding Swansea is available at: <http://visitswanseabay.com/>

**SEATING ARRANGEMENTS**

The seating at the pool is arranged in rows that lead directly onto the pool deck. The first **6 rows** are reserved for swimmers, coaches and team managers. Spectators will not be allowed into this area. Swimmers should not go above row 6 whilst wet and coaches, swimmers; team managers & spectators are requested not to sit on the stairs.

**CAR PARKING**

A total of 250 car parking spaces including 21 disabled places and 3 coach bays are provided at the Wales National Pool. This is a pay and display car park and charges are currently £5 per day which are governed by Wales National Pool. Welsh coaches who have requested a car park pass as part of the annual coaches pass scheme are requested to display their pass in the front windscreen of their vehicle at all times.

**REFRESHMENTS**

A cafe situated in the reception area serve refreshments throughout the weekend and can provide all catering needs. There are also vending machines available in this location. It is requested that refreshments are not taken onto poolside or eaten on Café designated tables in the reception area.

**SMOKING**

Swim Wales has been asked by WNP Ltd to inform everyone using the facility that the complete complex, including the car park, is designated as a non-smoking area. Chewing gum is also banned.

## **CAMERA USE**

When a competition involves children under the age of 18 years of age it is a mandatory meet license requirement that all persons (including competitors / officials / volunteers / spectators), wishing to engage in any kind of photographic activity including video, zoom, close range photography, irrespective of the nature of the device / equipment used for taking / recording such images must register their details with the event management at point of entry in advance of taking any images.

This includes; but is not limited to: Still cameras, Cine Cameras, Video cameras, Camera / video enabled mobile phones, Camera enabled PDA's

Proof of identity is required to register any photographic / video equipment.

**NB: Please note that camera equipment including mobile phones is not to be used in the changing village**

## **MOBILE PHONES**

Mobile phones must not be used in the facility for any reason other than photographic use and should be registered for this use at the point of entry.

## **SWIM SHOP**

Speedo event specific merchandise and Swim Wales branded merchandise will be available to purchase from the Swim Shop located in the reception area.



## Welsh Registered only – Long & Short Course - Upper & Lower Qualifying

Girls 11		Girls 12		Girls 13		Event	Boys 11		Boys 12		Boys 13		Boys 14	
UQT	LQT	UQT	LQT	UQT	LQT	LC & SC	UQT	LQT	UQT	LQT	UQT	LQT	UQT	LQT
LC: 1:03.95 SC: 1:02:36	<b>LC:1:24.10</b> <b>SC: 1:22.45</b>	LC: 1:03.95 SC: 1:02:36	<b>LC:1:15.79</b> <b>SC:1:14.30</b>	LC:1:02.02 SC: 1:00.43	<b>LC:1:15.79</b> <b>SC:1:14.30</b>	<b>100 Free</b>	LC:1:02.51 SC:1:00.41	<b>LC:1:24.73</b> <b>SC:1:23.07</b>	LC:1:02.51 SC:1:00.41	<b>LC:1:24.73</b> <b>SC:1:23.07</b>	LC:58.97 SC:57.13	<b>LC:1:12.74</b> <b>SC:1:11.31</b>	LC:56.78 SC:55.22	<b>LC:1:12.74</b> <b>SC:1:11.31</b>
LC:2:17.95 SC: 2:14.05	<b>LC:3:01.76</b> <b>SC:2:58.20</b>	LC:2:17.95 SC: 2:14.05	<b>LC:2:42.84</b> <b>SC:2:39.65</b>	LC:2:13.40 SC:2:09.88	<b>LC:2:42.84</b> <b>SC:2:39.65</b>	<b>200 Free</b>	LC:2:15.51 SC:2:11.25	<b>LC:3:04.60</b> <b>SC:3:00.98</b>	LC:2:15.51 SC:2:11.25	<b>LC:3:04.60</b> <b>SC:3:00.98</b>	LC:2:08.37 SC:2:04.34	<b>LC:2:38.09</b> <b>SC:2:34.99</b>	LC:2:03.35 SC:1:59.90	<b>LC:2:38.09</b> <b>SC:2:34.99</b>
LC: 4:48.80 SC: 4:40.67	<b>LC:6:17.41</b> <b>SC:6:10.02</b>	LC: 4:48.80 SC: 4:40.67	<b>LC:5:39.70</b> <b>SC:5:33.04</b>	LC:4:39.72 SC:4:32.49	<b>LC:5:39.70</b> <b>SC:5:33.04</b>	<b>400 Free</b>	LC:4:45.51 SC:4:36.06	<b>LC:6:26.05</b> <b>SC:6:18.48</b>	LC:4:45.51 SC:4:36.06	<b>LC:6:26.05</b> <b>SC:6:18.48</b>	LC:4:31.54 SC:4:22.23	<b>LC:5:32.64</b> <b>SC:5:26.12</b>	LC:4:21.73 SC:4:13.50	<b>LC:5:32.64</b> <b>SC:5:26.12</b>
LC: 9:55.44	<b>LC:13:04.29</b> <b>S:12:48.91</b>	LC: 9:55.44	<b>LC:11:38.12</b> <b>S:11:24.43</b>	LC:9:36.86	<b>LC:11:38.12</b> <b>SC:11:24.43</b>	<b>800 Free</b>								
						<b>1500 Free</b>	LC:19:02.49	<b>LC:25:30.86</b> <b>SC:25:00.84</b>	LC:19:02.49 SC:18:35.76	<b>LC:25:30.86</b> <b>SC:25:00.84</b>	LC:18:00.49	<b>LC:21:59.71</b> <b>S:21:33.83</b>	LC:17:22.16	<b>LC:21:59.71</b> <b>S:21:33.83</b>
LC: 1:12.79 SC: 1:09.73	<b>LC:1:35.90</b> <b>SC:1:34.02</b>	LC: 1:12.79 SC: 1:09.73	<b>LC:1:25.60</b> <b>SC:1:23.92</b>	LC:1:10.25 SC:1:07.36	<b>LC:1:25.60</b> <b>SC:1:23.92</b>	<b>100 Back</b>	LC:1:11.98 SC:1:08.69	<b>LC:1:36.94</b> <b>SC:1:35.04</b>	LC:1:11.98 SC:1:08.69	<b>LC:1:36.94</b> <b>SC:1:35.04</b>	LC:1:07.79 SC:1:04.56	<b>LC:1:21.50</b> <b>SC:1:19.90</b>	LC:1:04.84 SC:1:01.85	<b>LC:1:21.50</b> <b>SC:1:19.90</b>
LC: 2:35.35 SC: 2.28.82	<b>LC:3:23.71</b> <b>SC:3:19.72</b>	LC: 2:35.35 SC: 2.28.82	<b>LC:3:02.18</b> <b>SC:2:58.61</b>	LC:2:29.96 SC:2:23.89	<b>LC:3:02.18</b> <b>SC:2:58.61</b>	<b>200 Back</b>	LC:2:33.89 SC:2:26.83	<b>LC:3:27.60</b> <b>SC:3:23.53</b>	LC:2:33.89 SC:2:26.83	<b>LC:3:27.60</b> <b>SC:3:23.53</b>	LC:2:25.37 SC:2:18.47	<b>LC:2:56.35</b> <b>SC:2:52.89</b>	LC:2:19.34 SC:2:13.51	<b>LC:2:56.35</b> <b>SC:2:52.89</b>
LC: 1:22.50 SC: 1:19.47	<b>LC:1:48.49</b> <b>SC:1:46.36</b>	LC: 1:22.50 SC: 1:19.47	<b>LC:1:34.88</b> <b>SC:1:33.02</b>	LC1:19.95 SC:1:16.77	<b>LC:1:34.88</b> <b>SC:1:33.02</b>	<b>100 Breast</b>	LC:1:21.84 SC:1:18.13	<b>LC:1:49.30</b> <b>SC:1:47.16</b>	LC:1:21.84 SC:1:18.13	<b>LC:1:49.30</b> <b>SC:1:47.16</b>	LC:1:16.51 SC:1:12.97	<b>LC:1:31.99</b> <b>SC:1:30.19</b>	LC:1:13.17 SC:1:10.49	<b>LC:1:31.99</b> <b>SC:1:30.19</b>
LC:2:57.21 SC: 2:49.82	<b>LC:3:51.94</b> <b>SC:3:47.39</b>	LC:2:57.21 SC: 2:49.82	<b>LC:3:24.22</b> <b>SC:3:20.22</b>	LC:2:51.76 SC:2:45.01	<b>LC:3:24.22</b> <b>SC:3:20.22</b>	<b>200 Breast</b>	LC:2:56.71 SC:2:49.14	<b>LC:3:56.29</b> <b>SC:3:51.66</b>	LC:2:56.71 SC:2:49.14	<b>LC:3:56.29</b> <b>SC:3:51.66</b>	LC:2:45.79 SC:2:38.99	<b>LC:3:18.32</b> <b>SC:3:14.43</b>	LC:2:39.29 SC:2:32.67	<b>LC:3:18.32</b> <b>SC:3:14.43</b>
LC:1:11.81 SC:1.09.91	<b>LC:1:33.87</b> <b>SC:1:32.03</b>	LC:1:11.81 SC:1.09.91	<b>LC:1:22.78</b> <b>SC:1:21.16</b>	LC:1:08.97 SC:1:07.42	<b>LC:1:22.78</b> <b>SC:1:21.16</b>	<b>100 Fly</b>	LC:1:10.79 SC:1:08.76	<b>LC:1:34.39</b> <b>SC:1:32.54</b>	LC:1:10.79 SC:1:08.76	<b>LC:1:34.39</b> <b>SC:1:32.54</b>	LC:1:05.95 SC:1:03.96	<b>LC:1:19.10</b> <b>SC:1:17.55</b>	LC:1:02.75 SC:1:01.23	<b>LC:1:19.10</b> <b>SC:1:17.55</b>
LC:2:39.68 SC: 2:34.58	<b>LC:3:26.74</b> <b>SC:3:22.69</b>	LC:2:39.68 SC: 2:34.58	<b>LC:3:01.27</b> <b>SC:2:57.69</b>	LC:2:32.07 SC:2:27.66	<b>LC:3:01.27</b> <b>SC:2:57.69</b>	<b>200 Fly</b>	LC:2:39.13 SC:2:32.47	<b>LC:3:28.60</b> <b>SC:3:24.51</b>	LC:2:39.13 SC:2:32.47	<b>LC:3:28.60</b> <b>SC:3:24.51</b>	LC:2:28.01 SC:2:22.49	<b>LC:2:55.13</b> <b>SC:2:51.70</b>	LC:2:20.11 SC:2:15.71	<b>LC:2:55.13</b> <b>SC:2:51.70</b>
LC:2:36.53 SC:2:31.76	<b>LC:3:26.31</b> <b>SC:3:22.26</b>	LC:2:36.53 SC:2:31.76	<b>LC3:04.45</b> <b>SC:3:00.83</b>	LC:2:31.58 SC:2:27.23	<b>LC3:04.45</b> <b>SC:3:00.83</b>	<b>200 IM</b>	LC:2:34.37 SC:2:29.62	<b>LC:3:29.98</b> <b>SC:3:25.86</b>	LC:2:34.37 SC:2:29.62	<b>LC:3:29.98</b> <b>SC:3:25.86</b>	LC:2:26.29 SC:2:21.32	<b>LC:2:58.74</b> <b>SC:2:55.24</b>	LC:2:20.33 SC:2:16.26	<b>LC:2:58.74</b> <b>SC:2:55.24</b>
LC:5:31.50 SC:5:20.09	<b>LC:7:13.48</b> <b>SC:7:04.98</b>	LC:5:31.50 SC:5:20.09	<b>LC6:27.06</b> <b>SC:6:19.47</b>	LC:5:20.03 SC:5:09.95	<b>LC6:27.06</b> <b>SC:6:19.47</b>	<b>400 IM</b>	LC:5:29.93 SC:5:16.68	<b>LC:7:23.81</b> <b>SC:7:15.11</b>	LC:5:29.93 SC:5:16.68	<b>LC:7:23.81</b> <b>SC:7:15.11</b>	LC5:11.71 SC:4:59.59	<b>LC:6:18.70</b> <b>SC:6:11.27</b>	LC:4:59.11 SC:4:49.44	<b>LC:6:18.70</b> <b>SC:6:11.27</b>

## Welsh Registered only – Long & Short Course - Upper & Lower Qualifying Times

Girls 14	Girls 15	Girls 14/15	Girls 16/17/18	Girls 16/17/18	Event	Boys 15	Boys 16	Boys 15/16	Boys 17/18	Boys 17/18
<b>UQT</b>	<b>UQT</b>	<b>LQT</b>	<b>UQT</b>	<b>LQT</b>	<b>LC &amp; SC</b>	<b>UQT</b>	<b>UQT</b>	<b>LQT</b>	<b>UQT</b>	<b>LQT</b>
LC:28.47	LC:27.96	<b>LC:32.90</b> <b>SC:32.25</b>	LC:27.96	<b>LC:32.75</b> <b>SC:32:11</b>	<b>50 Free</b>	LC:25.17	LC:25.17	<b>LC:30.80</b> <b>SC:30:20</b>	LC:24.69	<b>LC:30.72</b> <b>SC:30.12</b>
LC:1:01.03 SC:59.38	LC:59.83	<b>LC:1:10.93</b> <b>SC:1:09.54</b>	LC:59.83	<b>LC:1:10.49</b> <b>SC:1:09.11</b>	<b>100 Free</b>	LC:54.48	LC:54.48	<b>SC:1:07.08</b> <b>LC:1:05.76</b>	LC:53.44	<b>LC:1:06.41</b> <b>SC:1:05.11</b>
LC:2:11.21 SC:2:07.61	LC:2:08.73	<b>LC:2:31.92</b> <b>SC:2:28.94</b>	LC:2:08.73	<b>LC:2:30.29</b> <b>SC:2:27.34</b>	<b>200 Free</b>	LC:1:58.68	LC:1:58.68	<b>LC:2:25.26</b> <b>SC:2:22.41</b>	LC:1:56.60	<b>LC:2:24.05</b> <b>SC:2:21.23</b>
LC:4:35.58 SC:4:27.15	LC:4:31.30	<b>LC:5:18.60</b> <b>SC:5:12.35</b>	LC:4:31.30	<b>LC:5:16.00</b> <b>SC:5:09.80</b>	<b>400 Free</b>	LC:4:12.85	LC:4:12.85	<b>LC:5:08.21</b> <b>SC:5:02.17</b>	LC:4:08.93	<b>LC:5:06.76</b> <b>SC:5:00.75</b>
LC:9:27.99	LC:9:21.29	<b>LC:10:57.03</b> <b>SC:10:44.15</b>	LC:9:21.29	<b>LC:10:49.89</b> <b>SC:10:37.15</b>	<b>800 Free</b>					
					<b>1500 Free</b>	LC:16:53.47	LC:16:53.47	<b>LC:20:24.66</b> <b>SC:20:00.65</b>	LC:16:58.22	<b>LC:20:13.72</b> <b>SC:19:49.33</b>
LC:31.69	LC:31.17	<b>LC:36.76</b> <b>SC:36:04</b>	LC:31.17	<b>LC:35.68</b> <b>SC:34.98</b>	<b>50 Back</b>	LC:28.06	LC:28.06	<b>LC:34.01</b> <b>SC:33:34</b>	LC:28.06	<b>LC:32.20</b> <b>SC:31.57</b>
LC:1:08.88 SC:1:05.94	LC:1:07.57	<b>LC:1:19.65</b> <b>SC:1:18.09</b>	LC:1:07.57	<b>LC:1:19.02</b> <b>SC:1:17.47</b>	<b>100 Back</b>	LC:1:02.22	LC:1:02.22	<b>LC:1:15.26</b> <b>SC:1:13.78</b>	LC:1:01.80	<b>LC:1:14.94</b> <b>SC:1:13.47</b>
LC:2:27.18 SC:2:21.38	LC:2:25.12	<b>LC:2:49.44</b> <b>SC:2:46:12</b>	LC:2:25.12	<b>LC:2:47.93</b> <b>SC:2:44.49</b>	<b>200 Back</b>	LC:2:14.49	LC:2:14.49	<b>LC:2:41.81</b> <b>SC:2:38.64</b>	LC:2:12.91	<b>LC:2:40.68</b> <b>SC:2:37.53</b>
LC:34.40	LC:34.40	<b>LC:40.27</b> <b>SC:39:40</b>	LC:34.40	<b>LC:39.09</b> <b>SC:38.32</b>	<b>50 Breast</b>	LC:30.43	LC:30.43	<b>LC:36.28</b> <b>SC:35.57</b>	LC:30.43	<b>LC:35.45</b> <b>SC:34.78</b>
LC:1:18.23 SC:1:15.32	LC:1:17.10	<b>LC:1:29.10</b> <b>SC:1:27.35</b>	LC:1:17.10	<b>LC:1:27.84</b> <b>SC:1:26.12</b>	<b>100 Breast</b>	LC:1:10.18	LC:1:10.18	<b>LC:1:24.29</b> <b>SC:1:22.64</b>	LC:1:08.65	<b>LC:1:23.20</b> <b>SC:1:21.57</b>
LC:2:48.69 SC:2:42.10	LC:2:46.09	<b>LC:3:10.44</b> <b>SC:3:06.71</b>	LC:2:46.09	<b>LC:3:09.73</b> <b>SC:3:06.01</b>	<b>200 Breast</b>	LC:2:33.13	LC:2:33.13	<b>LC:3:03.47</b> <b>SC:2:59.87</b>	LC:2:30.60	<b>LC:3:00.49</b> <b>SC:2:56.95</b>
LC:29.64	LC:29.20	<b>LC:34.42</b> <b>SC:33:75</b>	LC:29.20	<b>LC:33.12</b> <b>SC:32.47</b>	<b>50 Fly</b>	LC:25.87	LC:25.87	<b>LC:31.38</b> <b>SC:30.76</b>	LC:25.87	<b>LC:30.18</b> <b>SC:29.59</b>
LC:1:07.39 SC:1:05.81	LC:1:06.10	<b>LC:1:17.36</b> <b>SC:1:15.84</b>	LC:1:06.10	<b>LC:1:16.36</b> <b>SC:1:14.86</b>	<b>100 Fly</b>	LC:59.78	LC:59.78	<b>LC:1:12.64</b> <b>SC:1:11.22</b>	LC:58.53	<b>LC:1:11.74</b> <b>SC:1:10.33</b>
LC:2:28.65 SC:2:24.44	LC:2:25.99	<b>LC:2:49.43</b> <b>SC:2:46.11</b>	LC:2:25.99	<b>LC:2:46.46</b> <b>SC:2:43.20</b>	<b>200 Fly</b>	LC:2:13.77	LC:2:13.77	<b>LC:2:40.69</b> <b>SC:2:37.54</b>	LC:2:11.42	<b>LC:2:39.40</b> <b>SC:2:36.27</b>
LC:2:29.12 SC:2:24.57	LC:2:26.56	<b>LC:2:52.09</b> <b>SC:2:48.72</b>	LC:2:26.56	<b>LC:2:50.48</b> <b>SC:2:47.14</b>	<b>200 IM</b>	LC:2:15.03	LC:2:15.03	<b>LC:2:44.22</b> <b>SC:2:41.00</b>	LC:2:12.54	<b>LC:2:42.74</b> <b>SC:2:39.55</b>
LC:5:15.23 SC:5:04.30	LC:5:11.51	<b>LC:6:02.25</b> <b>SC:5:55.15</b>	LC:5:11.51	<b>LC:5:59.04</b> <b>SC:5:52.00</b>	<b>400 IM</b>	LC:4:49.05	LC:4:49.05	<b>LC:5:50.05</b> <b>SC:5:43.19</b>	LC:4:45.18	<b>LC:5:47.63</b> <b>SC:5:40.81</b>

## Non- Welsh Registered only – Long Course Upper & Lower Qualifying Times

Girls 11		Girls 12		Girls 13		Event	Boys 11		Boys 12		Boys 13		Boys 14	
UQT	LQT	UQT	LQT	UQT	LQT	LC & SC	UQT	LQT	UQT	LQT	UQT	LQT	UQT	LQT
LC: 1:03.95 SC:1:02:36	<b>LC:1:21.10</b> <b>SC:1:19.45</b>	LC: 1:03.95 SC:1:02:36	<b>LC:1:12.79</b> <b>SC:1:11.30</b>	LC:1:02.02 SC: 1:00.43	<b>LC:1:12.79</b> <b>SC:1:11.30</b>	<b>100 Free</b>	LC:1:02.51 SC:1:00.41	<b>LC:1:21.73</b> <b>SC:1:20.07</b>	LC:1:02.51 SC:1:00.41	<b>LC:1:21.73</b> <b>SC:1:20.07</b>	LC:58.97 SC:57.13	<b>LC:1:09.74</b> <b>SC:1:08.31</b>	LC:56.78 SC:55.22	<b>LC:1:09.74</b> <b>SC:1:08.31</b>
LC:2:17.95 SC: 2:14.05	<b>LC:2:55.76</b> <b>SC:2:52.20</b>	LC:2:17.95 SC: 2:14.05	<b>LC:2:36.84</b> <b>SC:2:33.65</b>	LC:2:13.40 SC:2:09.88	<b>LC:2:36.84</b> <b>SC:2:33.65</b>	<b>200 Free</b>	LC:2:15.51 SC:2:11.25	<b>LC:2:58.60</b> <b>SC:2:54.98</b>	LC:2:15.51 SC:2:11.25	<b>LC:2:58.60</b> <b>SC:2:54.98</b>	LC:2:08.37 SC:2:04.34	<b>LC:2:32.09</b> <b>SC:2:28.99</b>	LC:2:03.35 SC:1:59.90	<b>LC:2:32.09</b> <b>SC:2:28.99</b>
LC: 4:48.80 SC: 4:40.67	<b>LC:6:05.41</b> <b>SC:5:58.02</b>	LC: 4:48.80 SC: 4:40.67	<b>LC:5:27.70</b> <b>SC:5:21.04</b>	LC:4:39.72 SC:4:32.49	<b>LC:5:27.70</b> <b>SC:5:21.04</b>	<b>400 Free</b>	LC:4:45.51 SC:4:36.06	<b>LC:6:14.05</b> <b>SC:6:06.48</b>	LC:4:45.51 SC:4:36.06	<b>LC:6:14.05</b> <b>SC:6:06.48</b>	LC:4:31.54 SC:4:22.23	<b>LC:5:20.64</b> <b>SC:5:14.12</b>	LC:4:21.73 SC:4:13.50	<b>LC:5:20.64</b> <b>SC:5:14.12</b>
LC: 9:55.44	<b>LC:13:04.29</b> <b>SC:12:48.91</b>	LC: 9:55.44	<b>LC:11:38.12</b> <b>SC:11:24.43</b>	LC:9:36.86	<b>LC:11:38.12</b> <b>SC:11:24.43</b>	<b>800 Free</b>								
						<b>1500 Free</b>	LC:19:02.49	<b>LC:25:30.86</b> <b>SC:25:00.84</b>	LC:19:02.49	<b>LC:25:30.86</b> <b>SC:25:00.84</b>	LC:18:00.49	<b>LC:21:59.71</b> <b>SC:21:33.83</b>	LC:17:22.16	<b>LC:21:59.71</b> <b>SC:21:33.83</b>
LC: 1:12.79 SC: 1:09.73	<b>LC:1:32.90</b> <b>SC:1:31.02</b>	LC: 1:12.79 SC: 1:09.73	<b>LC:1:22.60</b> <b>SC:1:20.92</b>	LC:1:10.25 SC:1:07.36	<b>LC:1:22.60</b> <b>SC:1:20.92</b>	<b>100 Back</b>	LC:1:11.98 SC:1:08.69	<b>LC:1:33.94</b> <b>SC:1:32.04</b>	LC:1:11.98 SC:1:08.69	<b>LC:1:33.94</b> <b>SC:1:32.04</b>	LC:1:07.79 SC:1:04.56	<b>LC:1:19.50</b> <b>SC:1:16.90</b>	LC:1:04.84 SC:1:01.85	<b>LC:1:19.50</b> <b>SC:1:16.90</b>
LC: 2:35.35 SC: 2:28.82	<b>LC:3:11.71</b> <b>SC:3:13.72</b>	LC: 2:35.35 SC: 2:28.82	<b>LC:2:56.18</b> <b>SC:2:52.61</b>	LC:2:29.96 SC:2:23.89	<b>LC:2:56.18</b> <b>SC:2:52.61</b>	<b>200 Back</b>	LC:2:33.89 SC:2:26.83	<b>LC:3:21.60</b> <b>SC:3:17.53</b>	LC:2:33.89 SC:2:26.83	<b>LC:3:21.60</b> <b>SC:3:17.53</b>	LC:2:25.37 SC:2:18.47	<b>LC:2:50.35</b> <b>SC:2:46.89</b>	LC:2:19.34 SC:2:13.51	<b>LC:2:50.35</b> <b>SC:2:46.89</b>
LC: 1:22.50 SC: 1:19.47	<b>LC:1:45.49</b> <b>SC:1:43.36</b>	LC: 1:22.50 SC: 1:19.47	<b>LC:1:31.88</b> <b>SC:1:30.02</b>	LC1:19.95 SC:1:16.77	<b>LC:1:31.88</b> <b>SC:1:30.02</b>	<b>100 Breast</b>	LC:1:21.84 SC:1:18.13	<b>LC:1:46.30</b> <b>SC:1:44.16</b>	LC:1:21.84 SC:1:18.13	<b>LC:1:46.30</b> <b>SC:1:44.16</b>	LC:1:16.51 SC:1:12.97	<b>LC:1:28.99</b> <b>SC:1:27.19</b>	LC:1:13.17 SC:1:10.49	<b>LC:1:28.99</b> <b>SC:1:27.19</b>
LC:2:57.21 SC: 2:49.82	<b>LC:3:45.94</b> <b>SC:3:41.39</b>	LC:2:57.21 SC: 2:49.82	<b>LC:3:18.22</b> <b>SC:3:14.22</b>	LC:2:51.76 SC:2:45.01	<b>LC:3:18.22</b> <b>SC:3:14.22</b>	<b>200 Breast</b>	LC:2:56.71 SC:2:49.14	<b>LC:3:44.29</b> <b>SC:3:45.66</b>	LC:2:56.71 SC:2:49.14	<b>LC:3:44.29</b> <b>SC:3:45.66</b>	LC:2:45.79 SC:2:38.99	<b>LC:3:12.32</b> <b>SC:3:08.43</b>	LC:2:39.29 SC:2:32.67	<b>LC:3:12.32</b> <b>SC:3:08.43</b>
LC:1:11.81 SC:1:09.91	<b>LC:1:30.87</b> <b>SC:1:29.03</b>	LC:1:11.81 SC:1:09.91	<b>LC:1:19.78</b> <b>SC:1:18.16</b>	LC:1:08.97 SC:1:07.42	<b>LC:1:19.78</b> <b>SC:1:18.16</b>	<b>100 Fly</b>	LC:1:10.79 SC:1:08.76	<b>LC:1:31.39</b> <b>SC:1:29.54</b>	LC:1:10.79 SC:1:08.76	<b>LC:1:31.39</b> <b>SC:1:29.54</b>	LC:1:05.95 SC:1:03.96	<b>LC:1:16.10</b> <b>SC:1:14.55</b>	LC:1:02.75 SC:1:01.23	<b>LC:1:16.10</b> <b>SC:1:14.55</b>
LC:2:39.68 SC: 2:34.58	<b>LC:3:20.74</b> <b>SC:3:16.69</b>	LC:2:39.68 SC: 2:34.58	<b>LC:2:55.27</b> <b>SC:2:51.69</b>	LC:2:32.07 SC:2:27.66	<b>LC:2:55.27</b> <b>SC:2:51.69</b>	<b>200 Fly</b>	LC:2:39.13 SC:2:32.47	<b>LC:3:22.60</b> <b>SC:3:18.51</b>	LC:2:39.13 SC:2:32.47	<b>LC:3:22.60</b> <b>SC:3:18.51</b>	LC:2:28.01 SC:2:22.49	<b>LC:2:49.13</b> <b>SC:2:45.70</b>	LC:2:20.11 SC:2:15.71	<b>LC:2:49.13</b> <b>SC:2:45.70</b>
LC:2:36.53 SC:2:31.76	<b>LC:3:20.31</b> <b>SC:3:16.26</b>	LC:2:36.53 SC:2:31.76	<b>LC:2:58.45</b> <b>SC:2:54.83</b>	LC:2:31.58 SC:2:27.23	<b>LC:2:58.45</b> <b>SC:2:54.83</b>	<b>200 IM</b>	LC:2:34.37 SC:2:29.62	<b>LC:3:23.98</b> <b>SC:3:19.86</b>	LC:2:34.37 SC:2:29.62	<b>LC:3:23.98</b> <b>SC:3:19.86</b>	LC:2:26.29 SC:2:21.32	<b>LC:2:46.74</b> <b>SC:2:49.24</b>	LC:2:20.33 SC:2:16.26	<b>LC:2:46.74</b> <b>SC:2:49.24</b>
LC:5:31.50 SC:5:20.09	<b>LC:7:01.48</b> <b>SC:6:52.98</b>	LC:5:31.50 SC:5:20.09	<b>LC:6:15.06</b> <b>SC:6:07.47</b>	LC:5:20.03 SC:5:09.95	<b>LC:6:15.06</b> <b>SC:6:07.47</b>	<b>400 IM</b>	LC:5:29.93 SC:5:16.68	<b>LC:7:11.81</b> <b>SC:7:03.11</b>	LC:5:29.93 SC:5:16.68	<b>LC:7:11.81</b> <b>SC:7:03.11</b>	LC5:11.71 SC:4:59.59	<b>LC:6:06.70</b> <b>SC:5:59.27</b>	LC:4:59.11 SC:4:49.44	<b>LC:6:06.70</b> <b>SC:5:59.27</b>

## Non - Welsh Registered only – Long Course Upper & Lower Qualifying Times

Girls 14	Girls 15	Girls 14/15	Girls 16/17/18	Girls 16/17/18	LC Times	Boys 15	Boys 16	Boys 15/16	Boys 17/18	Boys 17/18
UQT	UQT	LQT	UQT	LQT	Event	UQT	UQT	LQT	UQT	LQT
LC:28.47	LC:27.96	<b>LC:32.90</b> <b>SC:32:25</b>	LC:27.96	<b>LC:32.75</b> <b>SC:32:11</b>	50 Free	LC:25.17	LC:25.17	<b>LC:30.80</b> <b>SC:30.20</b>	LC:24.69	<b>LC:30.72</b> <b>SC:30:12</b>
LC:1:01.03 SC:59.38	LC:59.83	<b>LC:1:07.93</b> <b>SC:1:06.54</b>	LC:59.83	<b>LC:1:07.49</b> <b>SC:1:06.11</b>	100 Free	LC:54.48	LC:54.48	<b>LC:1:04.08</b> <b>SC:1:02.76</b>	LC:53.44	<b>LC:1:03.41</b> <b>SC:1:02.11</b>
LC:2:11.21 SC:2:07.61	LC:2:08.73	<b>LC:2:25.92</b> <b>SC:2:22.94</b>	LC:2:08.73	<b>LC:2:24.29</b> <b>SC:2:21.34</b>	200 Free	LC:1:58.68	LC:1:58.68	<b>LC:2:13.26</b> <b>SC:2:16.41</b>	LC:1:56.60	<b>LC:2:18.05</b> <b>SC:2:15.23</b>
LC:4:35.58 SC:4:27.15	LC:4:31.30	<b>LC:5:06.60</b> <b>SC:5:00.35</b>	LC:4:31.30	<b>LC:5:04.00</b> <b>SC:4:57.80</b>	400 Free	LC:4:12.85	LC:4:12.85	<b>LC:4:56.21</b> <b>SC:4:50.17</b>	LC:4:08.93	<b>LC:4:54.76</b> <b>SC:4:48.75</b>
LC:9:27.99	LC:9:21.29	<b>LC:10:57.03</b> <b>SC:10:44.15</b>	LC:9:21.29	<b>LC:10:49.89</b> <b>SC:10:37.15</b>	800 Free					
					1500 Free	LC:16:53.47	LC:16:53.47	<b>LC:20:24.66</b> <b>SC:20:00.65</b>	LC:16:58.22	<b>LC:20:13.72</b> <b>SC:19:49.33</b>
LC:31.69	LC:31.17	<b>LC:36.76</b> <b>SC:36:04</b>	LC:31.17	<b>LC:35.68</b> <b>SC:34:98</b>	50 Back	LC:28.06	LC:28.06	<b>LC:34.01</b> <b>SC:33:34</b>	LC:28.06	<b>LC:32.20</b> <b>SC:31:57</b>
LC:1:08.88 SC:1:05.94	LC:1:07.57	<b>LC:1:16.65</b> <b>SC:1:15.09</b>	LC:1:07.57	<b>LC:1:16.02</b> <b>SC:1:14.47</b>	100 Back	LC:1:02.22	LC:1:02.22	<b>LC:1:12.26</b> <b>SC:1:10.78</b>	LC:1:01.80	<b>LC:1:11.94</b> <b>SC:1:10.47</b>
LC:2:27.18 SC:2:21.38	LC:2:25.12	<b>LC:2:43.44</b> <b>SC:2:40.12</b>	LC:2:25.12	<b>LC:2:41.93</b> <b>SC:2:38.49</b>	200 Back	LC:2:14.49	LC:2:14.49	<b>LC:2:35.81</b> <b>SC:2:32.64</b>	LC:2:12.91	<b>LC:2:34.68</b> <b>SC:2:31.53</b>
LC:34.88	LC:34.40	<b>LC:40.27</b> <b>SC:39:40</b>	LC:34.40	<b>LC:39.09</b> <b>SC:38.32</b>	50 Breast	LC:30.43	LC:30.43	<b>LC:36.28</b> <b>SC:35:57</b>	LC:30.43	<b>LC:35.45</b> <b>SC:34:78</b>
LC:1:18.23 SC:1:15.32	LC:1:17.10	<b>LC:1:26.10</b> <b>SC:1:24.35</b>	LC:1:17.10	<b>LC:1:24.84</b> <b>1:23.12</b>	100 Breast	LC:1:10.18	LC:1:10.18	<b>LC:1:21.29</b> <b>SC:1:19.64</b>	LC:1:08.65	<b>LC:1:20.20</b> <b>SC:1:18.57</b>
LC:2:48.69 SC:2:42.10	LC:2:46.09	<b>LC:3:04.44</b> <b>SC:3:00.71</b>	LC:2:46.09	<b>LC:3:03.73</b> <b>SC:3:00.01</b>	200 Breast	LC:2:33.13	LC:2:33.13	<b>LC:2:57.47</b> <b>SC:2:53.87</b>	LC:2:30.60	<b>LC:2:54.49</b> <b>SC:2:50.95</b>
LC:29.64	LC:29.20	<b>LC:34.42</b> <b>SC:33.75</b>	LC:29.20	<b>LC:33.12</b> <b>SC:32.47</b>	50 Fly	LC:25.87	LC:25.87	<b>LC:31.38</b> <b>SC:30.76</b>	LC:25.87	<b>LC:30.18</b> <b>SC:29:59</b>
LC:1:07.39 SC:1:05.81	LC:1:06.10	<b>LC:1:14.36</b> <b>SC:1:12.84</b>	LC:1:06.10	<b>LC:1:13.36</b> <b>SC:1:11.86</b>	100 Fly	LC:59.76	LC:59.76	<b>LC:1:09.64</b> <b>SC:1:08.22</b>	LC:58.53	<b>LC:1:11.74</b> <b>SC:1:07.33</b>
LC:2:28.65 SC:2:24.44	LC:2:25.99	<b>LC:2:43.43</b> <b>SC:2:40.11</b>	LC:2:25.99	<b>LC:2:40.46</b> <b>SC:2:37.20</b>	200 Fly	LC:2:13.77	LC:2:13.77	<b>LC:2:34.69</b> <b>SC:2:31.54</b>	LC:2:11.42	<b>LC:2:33.40</b> <b>SC:2:30.27</b>
LC:2:29.12 SC:2:24.57	LC:2:26.56	<b>LC:2:46.09</b> <b>SC:2:42.72</b>	LC:2:26.56	<b>LC:2:44.48</b> <b>SC:2:41.14</b>	200 IM	LC:2:15.03	LC:2:15.03	<b>LC:2:28.22</b> <b>SC:2:35.00</b>	LC:2:12.54	<b>LC:2:36.74</b> <b>SC:2:33.55</b>
LC:5:15.23 SC:5:04.30	LC:5:11.51	<b>LC:5:50.25</b> <b>SC:5:43.15</b>	LC:5:11.51	<b>LC:5:47.04</b> <b>SC:5:40.00</b>	400 IM	LC:4:49.05	LC:4:49.05	<b>LC:5:38.05</b> <b>SC:5:31.19</b>	LC:4:45.18	<b>LC:5:35.63</b> <b>SC:5:28.81</b>

### Qualifying Times – Male Multi Classification (open) 2013

S,SB,SM	2	3	4	5	6	7	8	9	10	11	12	13	14
50m Butterfly	02:10.74	02:11.17	01:16.24	00:59.52	00:50.29	00:49.20							
100m Butterfly							01:39.18	01:37.09	01:32.42	01:42.29	01:35.98	01:30.19	01:39.34
50m Breaststroke	01:33.62	01:20.42											
100m Breaststroke			02:35.57	02:34.96	02:19.34	02:12.19	01:53.63	01:47.84		01:58.40	01:48.46	01:47.30	01:49.49
50m Freestyle	01:43.50	01:23.95	01:03.15	00:53.90	00:48.10	00:45.39	00:42.10	00:41.49	00:38.22	00:42.19	00:38.99	00:38.53	00:41.57
100m Freestyle	03:45.66	02:45.07	02:15.95	02:01.12	01:48.82	01:38.40	01:33.33	01:30.70	01:24.43	01:35.36	01:27.06	01:24.62	01:30.05
200m Freestyle	07:57.66	06:07.70	04:50.59	04:21.02	03:11.89	03:00.89							
400m Freestyle						07:38.82	07:12.83	06:53.68	06:37.09	07:30.77	06:51.39	06:37.63	07:06.21
50m Backstroke	01:43.54	01:14.37	01:14.37	01:02.18									
100m Backstroke					02:01.52	01:56.05	01:48.03	01:41.97	01:37.17	01:49.15	01:38.48	01:37.57	01:42.77
200m Ind. Medley				05:43.92	04:23.01	04:11.49	03:55.47	03:44.06	03:35.63	03:56.43	03:35.73	03:28.35	03:49.78

### Qualifying Times – Female Multi Classification (open) 2013

S,SB,SM	2	3	4	5	6	7	8	9	10	11	12	13	14
50m Butterfly	00:00.00	01:52.64	02:41.98	01:14.59	01:20.10	00:57.65							
100m Butterfly							01:57.25	01:52.16	01:50.53	02:23.66	01:49.71	01:50.19	01:54.50
50m Breaststroke	02:18.14	01:59.39											
100m Breaststroke			03:05.87	02:54.86	02:41.44	02:35.23	02:11.92	02:07.10		02:25.94	02:10.40	02:10.40	02:09.44
50m Freestyle	01:59.82	01:29.15	01:25.15	01:00.62	00:57.14	00:53.28	00:50.48	00:46.85	00:45.87	00:50.67	00:44.40	00:44.66	00:45.98
100m Freestyle	04:24.11	03:11.62	03:10.13	02:12.10	02:01.87	01:56.11	01:48.19	01:41.79	01:38.27	01:51.73	01:36.37	01:37.78	01:39.58
200m Freestyle	09:36.72	07:34.08	06:29.65	04:37.87									03:23.41
400m Freestyle						08:30.29	08:14.98	07:32.59	07:23.57	08:26.14	07:27.60	08:16.82	07:41.58
50m Backstroke	01:44.26	01:47.58	01:26.40	01:25.66									
100m Backstroke					02:22.46	02:16.53	02:08.32	01:55.65	01:50.43	02:07.42	01:51.23	02:03.65	01:50.75
200m Ind. Medley				05:33.73	05:10.86	05:00.02	04:31.15	04:10.08	04:06.32	04:46.02	03:57.97	04:00.58	04:09.68

## Programme of Events

### Day 1

Saturday 27 <sup>th</sup> – Session 1 – Heats	Saturday 27 <sup>th</sup> – Session 2 – Heats (HDW)	Saturday 27 <sup>th</sup> – Session 3 – Finals
1. B – 11-14 years - 50m Freestyle – AG	7. B – 11-14 years – 1500m Freestyle – AG	1. B – 11/12 years – 50m Freestyle
2. G – 10-13 years - 50m Freestyle - AG	8. M – 15-18 years – 1500m Freestyle - Youth	B – 13/14 years - 50m Freestyle
3. M – 15 -18 years - 200m Backstroke – Youth		2. G – 10/11 years - 50m Freestyle
4. F – 14-18 years - 200m Backstroke – Youth		G – 12/13 years – 50m Freestyle
5. B – 11-14 years – 100m Butterfly – AG		3. M – 15/16 years – 200m Backstroke
6. G – 10-13 years – 100m Butterfly – AG		M – 17/18 years – 200m Backstroke
		4. F – 14/15 years – 200m Backstroke
		F – 16/17/18 years – 200m Backstroke
		5. B – 11-12 years - 100m Butterfly
		B – 13-14 years - 100m Butterfly
		6. G – 10-11 years - 100m Butterfly
		G – 12-13 years - 100m Butterfly
		9. F – 10-18 years – 200m Freestyle Relay

## Day 2

Sunday 28 <sup>th</sup> – Session 4 – Heats	Sunday 28 <sup>th</sup> – Session 5 – Heats (HDW)	Sunday 28 <sup>th</sup> – Session 6 – Finals
10. M – 15-18 years – 200m Breaststroke - Youth	18. B – 11-14 years – 400m Ind. Medley - AG	10. M – 15/16 years – 200m Breaststroke
11. F – 14-18 years -200m Breaststroke - Youth	19. G – 10-13 years – 400m Ind. Medley – AG	M – 17/18 years – 200m Breaststroke
12. B – 11-14 years – 50m Butterfly – AG		11. F – 14/15 years - 200m Breaststroke
13. G – 10-13 years - 50m Butterfly – AG		F – 16/17/18 years - 200m Breaststroke
14. M – 15-18 years – 200m Ind. Medley – Youth		12. B - 11/12 years – 50m Butterfly
15. F – 14-18 years - 200m Ind. Medley – Youth		B – 13/14 years – 50m Butterfly
16. M – 200m Ind. Medley - MC		13. G – 10/11 years – 50m Butterfly
17. F – 200m Ind. Medley MC		G – 12/13 years – 50m Butterfly
		14. M – 15/16 years – 200m Ind. Medley
		M – 17/18 years – 200m Ind. Medley
		15. F – 14/15 years - 200m Ind. Medley
		F – 16/17/18 years - 200m Ind. Medley
		16. M – 200m Ind. Medley – MC
		17. F – 200m Ind. Medley – MC
		20. M – 11-14 years – 200m Freestyle Relay



### Day 3

Monday 29 <sup>th</sup> – Session 7 – Heats	Monday 31 <sup>st</sup> – Session 8 – Heats (HDW)	Monday 31 <sup>st</sup> – Session 9 – Finals
21. M – 15-18 years – 50m Butterfly – Youth	33. M – 15-18 years – 400m Freestyle - Youth	21. M – 15/16 years – 50m Butterfly
22. F – 14-18 years – 50m Butterfly – Youth	34. F – 14-18 years – 400m Freestyle - Youth	M – 17/18 years – 50m Butterfly
23. M – 50m Butterfly - MC	35. M – 400m Freestyle – MC	22. F – 14/15 years - 50m Butterfly
24. F – 50m Butterfly - MC	36. F – 400m Freestyle - MC	F – 16/17/18 years - 50m Butterfly
25. B – 11-14 years – 200m Ind. Medley – AG		23. M – 50m Butterfly – MC
26. G – 10-13 years – 200m Ind. Medley - AG		24. F – 50m Butterfly –MC
27. M – 15-18 years – 100m Breaststroke - Youth		25. B – 11/12 years – 200m Ind. Medley
28. F – 14-18 years - 100m Breaststroke - Youth		B – 13/14 years - 200m Ind. Medley
29. M – 100m Breaststroke – MC		26. G – 10/11 years - 200m Ind. Medley
30. F - 100m Breaststroke – MC		G – 12/13 years - 200m Ind. Medley
31. B – 11-14 years – 200m Breaststroke – AG		27. M – 15/16 years – 100m Breaststroke
32. G – 10-13 years - 200m Breaststroke – AG		M – 17/18 years - 100m Breaststroke
		28. F – 14/15 years - 100m Breaststroke
		F – 16/17/18 years - 100m Breaststroke
		29. M - 100m Breaststroke - MC
		30. F - 100m Breaststroke - MC
		31. B – 11/12 years – 200m Breaststroke
		B – 13/14 years - 200m Breaststroke
		32. G – 10/11 years - 200m Breaststroke
		G – 12/13 years – 200m Breaststroke
		37. M – 11-18 years – 200m Medley Relay

## Day 4

Tuesday 30 <sup>th</sup> – Session 10 – Heats	Tuesday 30 <sup>th</sup> – Session 11 – Heats ( HDW)	Tuesday 30 <sup>th</sup> – Session 12 – Finals
38. B – 11-14 years – 100m Breaststroke - AG	50. B – 11-14 years – 400m Freestyle – AG	38. B – 11/12 years – 100m Breaststroke
39. G – 10-13 years - 100m Breaststroke - AG	51. G – 10-13 years – 400m Freestyle - AG	B – 13/14 years - 100m Breaststroke
40. M – 15-18 years – 100m Backstroke - Youth		39. G – 10/11 years - 100m Breaststroke
41. F – 14-18 years - 100m Backstroke - Youth		G – 12/13 years – 100m Breaststroke
42. M - 100m Backstroke - MC		40. M – 15/16 years – 100m Backstroke
43. F - 100m Backstroke - MC		M – 17/18 years - 100m Backstroke
44. B – 11-14 years – 200m Backstroke - AG		41. F – 14/15 years - 100m Backstroke
45. G – 10-13 years - 200m Backstroke - AG		F – 16/17/18 years - 100m Backstroke
46. M – 15-18 years – 50m Breaststroke - Youth		42. M - 100m Backstroke - MC
47. F – 14-18 years – 50m Breaststroke - Youth		43. F - 100m Backstroke - MC
48. M – 50m Breaststroke - MC		44. B – 11/12 years – 200m Backstroke
49. F – 50m Breaststroke - MC		B – 13/14 years - 200m Backstroke
		45. G – 10/11 years - 200m Backstroke
		G – 12/13 years - 200m Backstroke
		46. M – 15/16 years – 50m Breaststroke
		M – 17/18 years – 50m Breaststroke
		47. F – 14/15 years - 50m Breaststroke
		F – 16/17/18 years - 50m Breaststroke
		48. M – 50m Breaststroke – MC
		49. F – 50m Breaststroke - MC
		52. F – 10-13 years – Medley Relay

## Day 5

Wednesday 31 <sup>st</sup> – Session 13 – Heats	Wednesday 31 <sup>st</sup> – Session 14 – Heats ( HDW)	Wednesday 31 <sup>st</sup> – Session 15 – Finals
53. M – 15-18 years – 50m Backstroke – Youth	65. M – 15-18 years – 400m Ind. Medley - Youth	53. M - 15/16 years – 50m Backstroke
54. F – 14-18 years - 50m Backstroke – Youth	66. F – 14-18 years - 400m Ind. Medley - Youth	M – 17/18 years - 50m Backstroke
55. M - 50m Backstroke – MC		54. F – 14/15 years - 50m Backstroke
56. F - 50m Backstroke – MC		F – 16/17/18 years - 50m Backstroke
57. B – 11-14 years – 50m Breaststroke – AG		55. M - 50m Backstroke - MC
58. G – 10-13 years – 50m Breaststroke – AG		56. F - 50m Backstroke - MC
59. M – 15-18 years – 200m Freestyle – Youth		57. B – 11/12 years – 50m Breaststroke
60. F – 14-18 years - 200m Freestyle – Youth		B – 13/14 years – 50m Breaststroke
61. M - 200m Freestyle – MC		58. G – 10/11 years - 50m Breaststroke
62. F - 200m Freestyle – MC		G – 12/13 years - 50m Breaststroke
63. B – 11-14 years – 100m Backstroke – AG		59. M - 15/16 years – 200m Freestyle
64. G – 10-13 years - 100m Backstroke – AG		M – 17/18 years - 200m Freestyle
		60. F – 14/15 years - 200m Freestyle
		F – 16/17/18 years - 200m Freestyle
		61. M - 200m Freestyle – MC
		62. F - 200m Freestyle - MC
		63. B – 11/12 years – 100m Backstroke
		B – 13/14 years - 100m Backstroke
		64. G – 10/11 years - 100m Backstroke
		G – 12/13 years - 100m Backstroke
		67. F – 10-18 years – 200m Medley Relay

## Day 6

Thursday 1 <sup>st</sup> – Session 16 – Heats	Thursday 1 <sup>st</sup> – Session 17 – Heats ( HDW)	Thursday 31 <sup>st</sup> – Session 18 – Finals
68. B – 11-14 years – 200m Butterfly - AG	80. G – 10-13 years – 800m Freestyle - AG	68. B – 11/12 years – 200m Butterfly
69. G - 10 – 13 years – 200m Butterfly - AG	81. F – 14-18 years – 800m Freestyle – Youth	B – 13/14 years - 200m Butterfly
70. M – 15-18 years – 100m Butterfly – Youth		69. G – 10/11 years - 200m Butterfly
71. F – 14-18 years - 100m Butterfly – Youth		G – 12/13 years - 200m Butterfly
72. M – 100m Butterfly - MC		70. M – 15/16 years – 100m Butterfly
73. F - 100m Butterfly - MC		M – 17/18 years - 100m Butterfly
74. B – 11-14 years – 100m Freestyle - AG		71. F – 14/15 years - 100m Butterfly
75. G – 10-13 years – 100m Freestyle – AG		F – 16/17/18 years - 100m Butterfly
76. M – 15-18 years – 50m Freestyle - Youth		72. M – 100m Butterfly - MC
77. F – 14-18 years – 50m Freestyle - Youth		73. F - 100m Butterfly - MC
78. M - 50m Freestyle - MC		74. B – 11/12 years – 100m Freestyle
79. F - 50m Freestyle - MC		B – 13/14 years - 100m Freestyle
		75. G – 10/11 years - 100m Freestyle
		G – 12/13 years - 100m Freestyle
		76. M – 15/16 years – 50m Freestyle
		M – 17/18 years – 50m Freestyle
		77. F – 14/15 years - 50m Freestyle
		F – 16/17/18 years - 50m Freestyle
		78. M - 50m Freestyle - MC
		79. F - 50m Freestyle - MC
		82. M – 11-14 years – 200m Medley Relay

## Day 7

Friday 2 <sup>nd</sup> – Session 19– Heats	Friday 2 <sup>nd</sup> – Session 20 – Finals (Afternoon)
83. B – 11-14 years – 50m Backstroke – AG	83. B – 11/12 years - 50m Backstroke
84. G – 10-13 years - 50m Backstroke – AG	B – 13/14 years - 50m Backstroke
85. M – 15-18 years – 200m Butterfly - Youth	84. G – 10/11 years - 50m Backstroke
86. F - 14-18 years - 200m Butterfly - Youth	G – 12/13 years - 50m Backstroke
87. B – 11-14 years – 200m Freestyle – AG	85. M – 15/16 years - 200m Butterfly
88. G – 10-13 years - 200m Freestyle – AG	M – 17/18 years - 200m Butterfly
89. M – 15-18 years – 100m Freestyle – Youth	86. F – 14/15 years - 200m Butterfly
90. F – 14-18 years - 100m Freestyle – Youth	F – 16/17/18 years - 200m Butterfly
91. M - 100m Freestyle – MC	87. B – 11/12 years - 200m Freestyle
92. F - 100m Freestyle – MC	B – 13/14 years - 200m Freestyle
	88. G – 10/11 years - 200m Freestyle
	G – 12/13 years - 200m Freestyle
	89. M – 15/16 years - 100m Freestyle
	M – 17/18 years - 100m Freestyle
	90. F – 14/15 years - 100m Freestyle
	F – 16/17/18 years - 100m Freestyle
	91. M - 100m Freestyle – MC
	92. 94. F - 100m Freestyle – MC
	93. G – 10-13 years – 200m Medley Relay
	94. M – 11-18 years – 200m Freestyle Relay

**BRITISH GAS SWIM WALES SUMMER NATIONALS 2013**

**MEET SUMMARY SHEET FOR TEAM MANAGER ENTRIES**

**This Form must be completed and returned with the Hy-Tek Meet Entry File and relevant entry fee.**

**Club:** \_\_\_\_\_ **Club Code:** \_\_\_\_\_

**Contact Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Tel No:** \_\_\_\_\_ **Mobile:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Team Size:** .....

**Total Number of Individual Entries** ..... @ **£8.00** per event **£**.....

**Total Number of Relay Entries** ..... @ **£15.00** per event **£**.....

**Total number of event passes required** ..... *please include National Competition Pass Application Form* **£** .....

Payment enclosed made payable to 'Swim Wales' " **£**.....

Forms to be returned to: Swim Wales, Events Dept, WNP, Sketty Lane, Swansea, SA2 8QG

Email: [events@welshasa.co.uk](mailto:events@welshasa.co.uk)

Tel: 01792 513633

**CLOSING DATE: WEDNESDAY 26<sup>th</sup> JUNE 2013**

**BRITISH GAS SWIM WALES SUMMER NATIONALS 2013**

**MULTI CLASSIFICATION SPOTTER FORM**

Please complete this form and return to:

SWIM WALES, Events Dept, WNP, Sketty Lane, Swansea. SA2 8QG.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ **Postcode:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Contact No:** \_\_\_\_\_

**Please complete below as appropriate:**

**I confirm I am subject to Epileptic fits**

**My Spotter is:** \_\_\_\_\_

**I confirm that due to my medical condition I require supervision whilst in the pool**

**My Spotter is:** \_\_\_\_\_

**I can confirm that the above details are correct and that I will inform Swim Wales of any changes.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Parent/Guardian Signature (if under 18**

**BRITISH GAS SWIM WALES SUMMER NATIONALS 2013**

**National Competition Team Pass Scheme**

**Competition Pass costs:**

- A) One Head Coach Pass, 2 floating Coach Passes & 1 Team Manager Pass - **£60**
- B) One Head Coach Pass, 1 floating coach pass & 1 Team Manager Pass - **£45**
- C) One Head Coach Pass & 1 Team Manager Pass - **£30**
- D) Coaches Pass - **£15**
- E) FREE Chaperone pass – S1-S4/ S11

*Please note: Please note all users of these passes must be members of Swim Wales/SASA/ASA or a FINA affiliated country and hold a current CRB Certificate for the duration of the pass validity. Clubs are responsible for ensuring the pass holders meet the required criteria. Swim Wales reserves the right to carry out random checks.*

**Applicants Details:**

Name:

Membership Number:

CRB Number:

All competition passes will be issued at the Meet Office on the competition days. Please ensure you have photo ID available for validation of the pass.



## **Swim Wales National Meet Withdrawal Procedure**

The following procedure must be adhered to by all competitors withdrawing from National Meet. Please use the official meet withdrawal form included in this pack.

All withdrawals must be notified by the following deadlines:

1. Prior to the event via email [events@welshasa.co.uk](mailto:events@welshasa.co.uk) or by telephone 01792 513636
2. Day before or during the meet: in person to the Meet Office, via email [events@welshasa.co.uk](mailto:events@welshasa.co.uk) or telephone 01792 513636/01792 513614
3. Heats: No later than 5pm on the day before the event is being swum
4. Semi-final/final: immediately after the semi finalists/finalists has been published or announced but within 15 minutes of the end of the session in the Meet Office.

Withdrawals made due to injury/illness will need to be accompanied with a doctors/ hospital letter.

Failure to comply with the above shall result in a £10 fine for each inappropriate withdrawal which will be issued to the swimmers affiliated club.

Any competitor withdrawing from a semi-final or a final preventing a reserve from taking part (except in the case of a genuine illness or of a proven emergency) shall be fined as an inappropriate withdrawal and may result in immediate suspension from all events in the Meet.

Inappropriate withdrawal includes:

1. Failure to complete a withdrawal form correctly
2. Failure to deliver the withdrawal form to the deadlines shown above – late withdrawal
3. Failure to provide an appropriate medical letter.
4. Competitors who do not formally withdrawal and are classed as a 'no-show'/'did not swim'



**BRITISH GAS SWIM WALES SUMMER NATIONALS 2013**

**Wales National Pool, Swansea**

**27<sup>TH</sup> JULY – 2<sup>ND</sup> AUGUST 2013**

**WITHDRAWAL FORM**

CLUB:
-------

FIRST NAME:	SURNAME:
-------------	----------

EVENT NO:	DISTANCE & STROKE

REASON FOR WITHDRAWAL:	
------------------------	--

NAME (PLEASE PRINT)..... SIGNED .....
---------------------------------------

<b>OFFICE USE ONLY</b>
DATE..... TIME OF DELIVERY.....
RECEIVED BY .....
<input type="checkbox"/> Received on time <input type="checkbox"/> Received Late <input type="checkbox"/> Refund to be given

## Photography Refusal Form

During this event we may use professional photographers or the media may be present. Any photographs taken may be published. Should you prefer not to be photographed please complete the refusal of consent and return to the events office **prior** to the meet.

Name of Swimmer:

Club:

I refuse permission for the taking and/or publication of images of me by the Official Photographer(s) in respect of the British Gas Swim Wales Summer Nationals 2013.

Signed:

Print name:

Date:

Please return to: Swim Wales, Events Dept, WNP, Sketty Lane, Swansea, SA2 8QG prior to the meet.

