

**British Gas ASA Age & Youth Open Water Championships**  
**Rother Valley Country Park**

**Monday 29<sup>th</sup> July 2013**

**MINIMUM ENTRY QUALIFYING TIMES  
LONG COURSE POOL QUALIFYING ONLY**

**Age at 4<sup>th</sup> August 2013**

**Male (1500m)**

12	13	14	15/16	17/18
19.08.50	18.06.50	17.28.20	16.59.50	17.04.20

**Female (800m)**

12	13	14	15/16	17/18
10.01.50	9.42.90	9.34.00	9.27.30	9.27.30

- **All competitors must have equalled or bettered the entry time in an event designated or licensed by the ASA, SASA or WASA for entry into National competitions or, for foreign competitors, approved by their federation. Times must have been achieved since 1<sup>st</sup> July 2012 and the event closing date.**

**Closing Date for Pool Based Entries 12noon, Monday 1<sup>st</sup> July 2013**

- **The winner of an ASA Regional Open Water Championship, being a member of a club in that Region, who does not achieve entry by means of a pool based swim, may also enter the National Championships providing the distance swum is equivalent to that to be swum at The National Championships for that age group. (Age Groups & Distances see condition 4 below)**

**Conditions**

Event Conditions:

1. A competitor must have been a registered member, or equivalent, of the ASA, SASA or WASA club, in whose name he is entered, at least 60 days prior to the day of the Championships. Foreign competitors will be accepted if they are from one of the countries affiliated to FINA.
2. The appropriate registration form must have been received by the swimmers Governing Body before the 60<sup>th</sup> day.
3. The ASA reserve the right to limit entries dependent upon demand.
4. Age Groups and Distances are: Girls & Boys 12-14yrs – 1.5km; Girls & Boys 15/16yrs – 2km; Girls & Boys 17/18yrs 3km
5. Ages as at: 4<sup>th</sup> August 2013
6. Medals will be awarded to the he first 3 male and female swimmers in each age group.
7. Commemorative medals will be awarded to foreign competitors placed first, second or third.
8. An award will be made to the Top Age Group Club based on points scoring.
9. Points scored by Youth swimmers will contribute towards the top club awards at the British Gas ASA National Youth Championships.
10. A cut off time limit of 30 minutes after the first swimmer in each competition has finished shall operate.
11. Registration: Swimmers **MUST** sign in at the registration desk at the appropriate time.
12. Any swimmer representative (coach/chaperone) not attending the briefing will result in the swimmer **NOT** being allowed to swim.
13. Competitor No: Competitors must have their number displayed on their back or upper arms **AND WEAR THE WRIST BAND PROVIDED.**
14. Swim Gear: No swimmer shall be permitted to use or wear any device, which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and earplugs may be used. Only one costume is allowed. Costumes must comply with FINA Open Water rules.
15. Grease: Swimmers shall be allowed to use grease or other substances providing these are not deemed as excessive, in the opinion of the Referee.

