



South Tyneside Skins Rules

Individual 'Skins' events will be held in conjunction with the Meet. Entries for the Skins events are selected from the 8 highest placed competitors in the 200m IM events. There are separate events for boys and girls with age groups for 12 years and under and 13 years and over.

Separate conditions are applicable for the Skins events which do not fall within the Meet conditions.

There will be five rounds, each round will comprise of a 50metre race. Swimmers will be spearheaded for the first round in accordance with the times achieved in the 200m I.M. all five rounds to be swum in the same lane.

- **Round 1 - from 8 to 6 swimmers**
- **Round 2 - from 6 to 4**
- **Round 3 - from 4 to 3**
- **Round 4 - from 3 to 2**
- **Round 5 - the final 2 go head to head to produce a winner.**

The stroke to be swum will be determined by drawing a coloured ball from a bag prior to the start of each round. The stroke drawn will be announced as soon as it is drawn and again immediately following the whistle, prior to each round. The ball will be replaced in the hat after it is drawn.

The stroke selected must be swum in accordance with the ASA Racing Technical rules. The starting sequence in the first round will be in accordance with the ASA Racing Technical Rules.

The starting signal of each subsequent round will be given exactly 3 minutes after the start of the previous one. In the second and subsequent rounds there will be no preparatory command "Take your Marks." This will be replaced by a whistle blast 10 seconds before the starting signal, which will be given by the klaxon. In the event of a failure of the starting signal this will be replaced with a shout of "Go" from the starter. Any swimmer starting before the starting signal will be disqualified unless they return to the end of the pool and start normally.

In the event that one or more swimmers have been disqualified for an early start or other infringement of the ASA Racing Technical Rules they will be eliminated.

In the event of a dead heat for last position, both swimmers will be eliminated. All decisions on placings will be made by the referee, and in any other matters not covered in this document, will be managed by the promoters.

In the event of a tie in the final there will be a further round.

It is the individual swimmer's responsibility to be in their starting position at the start of each round. The starting signal will not be delayed in the event that a swimmer is missing.

Times achieved in the skins event are not eligible for the ASA rankings database.

The winner will be the swimmer who is placed first in the final round.

Skins Prizes are 1st £40 / 2nd £30 / 3rd £20 for each age group

Red Ball - Freestyle / Yellow Ball - Fly / Green Ball - Backstroke / Blue Ball - Breaststroke