



Affiliated to the Northumberland & Durham A.S.A.

Present Their
**GUY FAWKES
LEVEL 3 MEET
2015**

(Under FINA Rules & ASA Guidance & ASA Law)

DATE 7th/8th NOVEMBER 2015
**Venue: - Woodhouse Close, Leisure Complex,
Bishop Auckland, Co. Durham**

SATURDAY 7th November

Session 1 (a.m.)

Warm-up 8.00am (may be subject to change)

1. Boy's 10/Over 400m I.M.
2. Girl's 10/Over 200m Freestyle
3. Boy's 10/Over 50m Butterfly
4. Girl's 10/Over 50m Backstroke
5. Boy's 10/Over 200m Butterfly
6. Girl's 10/Over 100m Breaststroke
7. Boy's 10/Over 100m Backstroke
8. Girl's 10/Over 100m I.M.

Session 2 (p.m.)

Warm-up t.b.a

9. Girl's 10/Over 400m Freestyle
10. Boy's 10/Over 200m I.M.
11. Girl's 10/Over 200m Backstroke
12. Boy's 10/Over 50m Breaststroke
13. Girl's 10/Over 50m Freestyle
14. Boy's 10/Over 200m Breaststroke
15. Girl's 10/Over 100m Butterfly
16. Boy's 10/Over 100m Freestyle

SUNDAY 8th November

Session 3 (a.m.)

Warm-up 8.00am (may be subject to change)

17. Girl's 10/Over 400m I.M.
18. Boy's 10/Over 200m Freestyle
19. Girl's 10/Over 50m Butterfly
20. Boy's 10/Over 50m Backstroke
21. Girl's 10/Over 200m Butterfly
22. Boy's 10/Over 100m Breaststroke
23. Girl's 10/Over 100m Backstroke
24. Boy's 10/Over 100m I.M.

Session 4 (p.m.)

Warm-up t.b.a

25. Boy's 10/Over 400m Freestyle
26. Girl's 10/Over 200m I.M.
27. Boy's 10/Over 200m Backstroke
28. Girl's 10/Over 50m Breaststroke
29. Boy's 10/Over 50m Freestyle
30. Girl's 10/Over 200m Breaststroke
31. Boy's 10/Over 100m Butterfly
32. Girl's 10/Over 100m Freestyle

- Electronic Timing
- Computer Recording
- 25m 6 Lane Anti-Wave Pool
- **Entry Fee:-** Individual swims-4.50 for disk entries
5.00 for paper entries

All swims are HDW
AGE GROUPS 10, 11, 12, 13, 14, 15, 16/over
Ages as at 31st December 2015

FURTHER INFORMATION FROM

Jacqui Teasdale, 1 Calder Close, Bishop Auckland, Co Durham DL14 0RT Tel: 01388 451881

E-mail jacquiteasdale@aol.com

CLOSING DATE : 7th OCTOBER 2015



GUY FAWKES LEVEL 3 MEET 2015 MEET INFO

1. This meet is held under FINA Rules & ASA Guidance & ASA Law.
2. The pool is 25m in length having 6 lanes fitted with anti-wave lane ropes using the Colorado Electronic Timing System.
3. All warm-ups will be split, having the morning warm-up starting @ 8:00(may be subject to change) with the afternoon warm-up to be advised. All will be confirmed upon receipt of accepted entries.
4. All withdrawals must be presented in the back room no later than 45 minutes before the commencement of each session.
5. Entries will not be accepted from swimmers who have swam faster than the enclosed cut off times.
6. All events are HDW with awards being made to the first 3 in each age group as stated on the program. Ages are as at 31st December 2015.
7. Heats will be seeded by submitted entry times. The organisers reserve the right to limit entries if necessary to ensure completion within the scheduled timescale.
8. With regard to the 400m freestyle and 400m IM events there will be a maximum of 4 heats only.
9. In the event of over subscription Wear Valley ASC reserves the right to adjust the lower cut off times.
10. All heats except backstroke will use over the top starts.
11. All competitors must go through the marshalling process. If a competitor does not report to marshalling on time, the heat will proceed without the competitor concerned. **We will not call for individual swimmers.**
12. Poolside entries will be accepted at the discretion of WVASC.
13. The order of events may be changed at the discretion of the meet organiser.
14. When swim down facilities are available, a lifeguard will be present for safety reasons. However, club coaches will be responsible for the behaviour of their own swimmers. Any swimmers found to be misbehaving or not utilising the swim down facility appropriately will be asked to leave the swim down pool.
15. For health & safety reasons any swimmer wearing body paint will not be allowed to enter the water.
16. Swimmers & spectators are advised to ensure the safety of their belongings as neither the competition organisers nor pool management can accept any responsibility for loss or damage. Any property lost or found should be handed to the organiser.
17. Please be aware that we share the premises with other users. This especially applies to changing room facilities. Anyone causing a nuisance in shared areas will be required to leave the premises immediately without any refund of entries.
18. Any swimmer or spectator found vandalising Wood House Close Leisure Complex will be required to leave the premises without any refund of entries.
19. Lead referee for this meet is Christine Golightly contact details: christine.golightly@hotmail.co.uk



**GUY
FAWKES**

Entry Form

LEVEL 3

MEET 2015

Club

Tel. No

Competition Secretary

Email Address

Total No of Individual Entries _____

Indiv.entries entered on disk _____ @ 4.50 £ or on Paper _____ @ 5.00 £

Number of Coach Passes _____ @ 12.00 £
(Includes: results, programme & meals) _____

_____ Total to Pay £ _____

Please forward all entries, **email address** and contact details together with a cheque made payable to WEAR VALLEY ASC to:-

Jacqui Teasdale, 1 Calder Close, Bishop Auckland, Co Durham DL14 0RT
Telephone: 01388 451881

CLOSING DATE FOR ENTRIES
7th October 2015