

# GAW Spring Meet 2016

Dunston Leisure Centre, Dunston Bank, Gateshead, NE11 9PY

Saturday & Sunday – 9<sup>th</sup> & 10<sup>th</sup> April 2016

Promoters Conditions and Competition Rules Page 1 of 5

This meet is affiliated to ASA North East Region and will be held under ASA laws and ASA technical rules together with the conditions and rules described in this document (“Conditions”).

This event is aimed at Club Swimmers in accordance with A.S.A. Open Meet Licensing Guidelines Level 3, and at those swimmers who have not achieved qualification times for county competitions

## Clubs

This meet is open to all swimmers over the age of 9 years old.

## Age Groups

Age groups are **9/10yrs 11/12yrs, 13/14yrs & Open**. Ages are as at **10<sup>th</sup> April 2016**

Swimmers must be, or have applied for registration with the A.S.A. and may only enter events in their own age group.

## Events

Heats will be run with all ages seeded together based on entry times and the slowest swimmers first.

The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.

When called for an event, swimmers must report to the competition Marshalls to be allocated a heat and lane number.

It is the responsibility of the individual to report to the marshalling area in sufficient time for each event.

The Promoters will not be held responsible for a swimmer missing the start of their particular heat.

Starts will be “over the top” where possible, at the Referees discretion, to ensure that the events run to time in each session.

## Finals

The six fastest swimmers from the heats of the 50m events shall qualify for the finals.

Finals will be held for the following age groups- 9/10yrs, 11/12yrs, 13/14yrs, Open A and Open B.

## Awards

Events awards will be made to the first 3 in age group events in each age group (9/10yr, 11/12yr, 13/14yrs, Open A & Open B )

**100m, 200m & 400m events will be heat declared winners.**

## Entries

The **Closing Date** for entries is 12:00 on Saturday 12<sup>th</sup> March 2016.

Entries must include date of birth and ASA registration number details; the names and club for each swimmer must be the same as that registered with the ASA.

Club entries *must* be made in an electronic format using the Sports System Entry Manager software. The entry file set will be available from the meet manager David Chaney ([David.Chaney@gawswim.org.uk](mailto:David.Chaney@gawswim.org.uk)) No manual entries will be accepted.

Individual entries will not be accepted. Individuals should either enter with their club entry or, if they are the only swimmer entering from a club, submit an entry for their club with only one swimmer.

The Promoters reserve the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety.

Swimmers should note that depending upon the volume of entries received, it may be necessary to reject some entries.

Entries with no time will be accepted only if the event is undersubscribed.

Any entry not accepted will be refunded in full, no other monies will be refunded. Funds for any entries not accepted will be available for collection in the coaches packs at the start of the meet.

The submission of entries will indicate acceptance of these Conditions.

### **Charges**

Entry Fees: £5.00 per event (to include the regional levy per event)

Spectator Entry: £4.50 per session or

£8.00 per day (including programme) or

£15.00 whole weekend (including programme)

Programmes: £2.00

Coach Passes: £10.00 each\*. This includes entry to poolside, start sheets, lunch and a full copy of the results. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoters discretion) will be allowed on poolside for Health/Safety Insurance reasons.

\*Attending Clubs who supply a gala official (whole weekend) will receive a free coaches pass per official.

### **Facilities**

This gala will take place at **Dunston Leisure Centre, Dunston, Gateshead NE11 9PY** which offers a six lane 25m pool with anti-wave lane ropes and automated officiating equipment.

### **Warm Up**

The pool will be available for warm up at the start of each session. Timings will be as indicated in the Schedule of Events and the Programme.

Coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.

Diving is not permitted during warm up except when designated by the warm up official announcer.

### **General**

The changing rooms are unisex and are to be patrolled during the Meet to ensure the safety of all the swimmers.

### **Car parking**

Car parking is limited at Dunston Leisure Centre and alternative parking will be available at Wategate Park (approx. 0.6mile from the venue – directions and map available from [www.gawswim.org.uk](http://www.gawswim.org.uk)).

### **To ensure maximum space on poolside all bags must be located in lockers**

Possessions and articles must not be left unattended, as neither the swimming club nor the leisure centre will accept any liability for any loss or damage that may occur during the meet.

The Teaching pool will be used for cool down after events.

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.

Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.

The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

The Promoter reserves the right to amend these Conditions, without prior notice, to ensure the smooth running of the Meet.

### **Health and Safety**

All participants must observe the safety precautions in operation at Dunston Leisure Centre.

Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.

Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times.

Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the A.S.A Competitive Start Award. Competitors may start from the side or in the water.

### **Data Protection**

Entries for this meet will be held and processed on a computer. By submitting entries, consent is deemed to have been given, as required by the 1984 Data Protection Act, to the holding and processing of personal information on a computer. Personal data, including submitted and recorded times, will be publicly available and accessible via the Internet before, during and after the meet.

### **Contact Details**

The meet is promoted by Gateshead and Whickham Swimming Club.

**For any information regarding the meet please see <http://www.gawswim.org.uk> in the first instance.**

For queries and submission of electronic entry files please email David Chaney ([David.Chaney@gawswim.org.uk](mailto:David.Chaney@gawswim.org.uk))

### Qualifying Times-

Upper Qualifying times - Swimmers must not have achieved faster times than listed below.

Male					Female			
9/10	11/12	13/14	Open	EVENT	9/10	11/12	13/14	Open
30	31	25	23	50 Free	32	29	28	25
1.11.00	1.09.00	54	50	100 Free	1.06.00	1.03.00	1.00.00	55
2.29.00	2.19.00	2.00.00	1.48.00	200 Free	2.30.00	2.15.00	2.05.00	1.59.00
5.15.00	5.00.00	4.20.00	4.00.00	400 Free	5.32.00	4.40.00	4.30.00	4.14.00
37	33	28	24	50 Back	35	32	30	28
1.14.00	1.11.00	1.00.00	53	100 Back	1.19.00	1.09.00	1.05.00	1.00.00
2.47.00	2.32.00	2.10.00	1.55.00	200 Back	2.55.00	2.28.00	2.19.00	2.15.00
41	40	31	29	50 Breast	41	36	33	31
1.34.00	1.30.00	1.10.00	1.03.00	100 Breast	1.35.00	1.18.00	1.14.00	1.08.00
3.13.00	2.59.00	2.29.00	2.15.00	200 Breast	3.20.00	2.49.00	2.38.00	2.28.00
34	32	28	23	50 Butterfly	34	32	29	27
1.23.00	1.12.00	58	53	100 Butterfly	1.25.00	1.07.00	1.01.00	59
3.00.00	2.45.00	2.10.00	2.05.00	200 Butterfly	3.10.00	2.28.00	2.10.00	2.08.00
2.52.00	2.48.00	2.15.00	2.03.00	200 IM	2.55.00	2.30.00	2.20.00	2.13.00