



Billingham Amateur Swimming Club

Swim Into Christmas Gala
10th & 11th December 2016

ASANER Level 3
Licence No: 3NE161165

swim21
Accredited

the **asa**
affiliated club

Billingham Amateur Swimming Club

Swim Into Christmas

(Affiliated to N&D & ASA NER)

License Number TBA

(Under ASA laws & technical rules)

Saturday 10th / Sunday 11th December 2016

Billingham Forum Leisure Centre, The Causeway, Billingham, Stockton-On-Tees, TS23 2LJ

Meet Information

1. The meet will be held under ASA law & technical rules licensed by the ASA.
2. The Billingham Forum is a 6 lane, 25m pool with full Colorado electronic timing system. Warm up / swim-down pool will be in operation. Coaches / team managers are responsible for ensuring that their swimmers use this facility for the purpose intended.
3. Over-the-top starts may be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
4. The meet will use start sheets to facilitate flow. All entries and rejections will be posted on the Billingham ASC website.
5. Coaches' passes will be available at a cost of £15.00 each in advance, and will include admission to all sessions, programme, start lists, lunch and results sheets. Only pass holders, swimmers & officials will be allowed on poolside.
6. Swimmers must wear footwear when leaving the pool area. No swimmers are allowed up to the spectator area other than via the main staircase.
7. Users of any video, zoom or close range cameras must register their details at the entrance. Wrist bands will be issued, and must be worn at all times. N.B. This includes coaches, swimmers using mobile phones and other club personnel.
8. Billingham ASC cannot be held responsible for the loss or damage of spectators' or competitors' property. Competitors are advised to use the lockers in the changing area.
9. The promoters reserve the right to refuse admission to any competitor or spectator.

Meet Conditions

1. The closing date for entries will be **Friday 4th November 2016**.
 2. **Ages as at 11th December 2016.**
 3. Events will be 50m all strokes, 100m all strokes, 200m all strokes, and 200m Individual Medley with finals for 50m and 100m events.
 4. Age Groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, & 16yrs and over. Finals will be 14 and under and 15 and over.
 5. Entry fees are **£5.00** per swim via electronic entry (include licence fee).
 6. Entries should be made using Sportsystems Entry Manager V2. The relevant Sportsystems entry file can be downloaded from the Billingham ASC website or by emailing galas@billinghamasc.co.uk
 7. Entry times should be converted to 25m pool times by use of ASA Conversion Tables. In line with the licensing requirements, swimmers must not have swum faster than qualifying times for the meet.
 8. Should entries be over-subscribed, entries will be rejected on basis of slowest submitted times within each age group.
 9. All entry withdrawal forms must be presented in the timing booth no later than 45 minutes before the start of each session.
 10. Heats will be seeded according to submitted entry times and will be spearheaded. All events are **Heat Declared Winner**.
 11. Medals will be made for to the first three in all age groups, and to the first three in each final.
 12. Late entries / poolside entries will be at the discretion of the promoter.
 13. Admission for spectators will be £5 for the full day or £3 per session. Programmes are available at £2 each. A weekend pass will be available for £10 which will include a programme. Children, accompanied by adults, will be admitted free.
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Events

Session 1:		
Saturday 10th December 2016		
Warm up 8:00am / Start 9:00am		
101	Girls 9 years & over	50m Breaststroke
102	Boys 9 years & over	50m Freestyle
103	Girls 9 years & over	200m Freestyle
104	Boys 9 years & over	100m Backstroke
105	Girls 9 years & over	100m Butterfly
106	Boys 9 years & over	200m IM
107	Girls 9 years & over	200m Backstroke
FINALS		
108	Boys - under 14	50m Freestyle
109	Boys - 15 and over	50m Freestyle
110	Girls - under 14	50m Breaststroke
111	Girls - 15 and over	50m Breaststroke
112	Boys - under 14	100m Backstroke
113	Boys - 15 and over	100m Backstroke
114	Girls - under 14	100m Butterfly
115	Girls - 15 and over	100m Butterfly

Session 2:		
Saturday 10th December 2016		
Warm up TBC / Start TBC		
201	Boys 9 years & over	50m Butterfly
202	Girls 9 years & over	50m Backstroke
203	Boys 9 years & over	100m Breaststroke
204	Girls 9 years & over	100m Freestyle
205	Boys 9 years & over	200m Butterfly
206	Girls 9 years & over	200m Breaststroke
FINALS		
207	Boys - under 14	50m Butterfly
208	Boys - 15 and over	50m Butterfly
209	Girls - under 14	50m Backstroke
210	Girls - 15 and over	50m Backstroke
211	Boys - under 14	100m Breaststroke
212	Boys - 15 and over	100m Breaststroke
213	Girls - under 14	100m Freestyle
214	Girls - 15 and over	100m Freestyle

Session 3:		
Sunday 11th December 2016		
Warm up 8:00am / Start 9:00am		
301	Boys 9 years & over	50m Breaststroke
302	Girls 9 years & over	50m Freestyle
303	Boys 9 years & over	200m Freestyle
304	Girls 9 years & over	100m Backstroke
305	Boys 9 years & over	100m Butterfly
306	Girls 9 years & over	200m IM
307	Boys 9 years & over	200m Backstroke
FINALS		
308	Girls - under 14	50m Freestyle
309	Girls - 15 and over	50m Freestyle
310	Boys - under 14	50m Breaststroke
311	Boys - 15 and over	50m Breaststroke
312	Girls - under 14	100m Backstroke
313	Girls - 15 and over	100m Backstroke
314	Boys - under 14	100m Butterfly
315	Boys - 15 and over	100m Butterfly

Session 4:		
Sunday 11th December 2016		
Warm up TBC / Start TBC		
401	Girls 9 years & over	50m Butterfly
402	Boys 9 years & over	50m Backstroke
403	Girls 9 years & over	100m Breaststroke
404	Boys 9 years & over	100m Freestyle
405	Girls 9 years & over	200m Butterfly
406	Boys 9 years & over	200m Breaststroke
FINALS		
407	Girls - under 14	50m Butterfly
408	Girls - 15 and over	50m Butterfly
409	Boys - under 14	50m Backstroke
410	Boys - 15 and over	50m Backstroke
411	Girls - under 14	100m Breaststroke
412	Girls - 15 and over	100m Breaststroke
413	Boys - under 14	100m Freestyle
414	Boys - 15 and over	100m Freestyle

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Upper Qualifying Times

BOYS								Event	GIRLS							
9	10	11	12	13	14	15	16 & OV		9	10	11	12	13	14	15	16 & OV
No Upper Limits								50m Free	No Upper Limits							
1.13.00	1.09.00	1.02.00	1.02.00	58.00	56.00	54.00	52.00	100m Free	1.15.00	1.12.00	1.03.00	1.03.00	1.01.00	59.50	57.50	56.00
2.47.00	2.32.00	2.14.00	2.14.00	2.05.00	2.00.00	1.58.00	1.54.00	200m Free	2.32.00	2.11.00	2.02.00	1.56.00	1.54.00	1.54.00	1.54.00	1.54.00
4.10.00 - Maximum of 5 heats								400m Free	4.10.00 - Maximum of 5 heats							
No Upper Limits								50m Breast	No Upper Limits							
1.35.00	1.29.00	1.20.00	1.20.00	1.15.00	1.06.00	1.04.00	1.03.00	100m Breast	1.35.00	1.29.00	1.20.00	1.20.00	1.16.50	1.16.00	1.15.00	1.15.00
3.35.00	3.19.00	2.51.00	2.51.00	2.41.00	2.30.00	2.28.00	2.26.00	200m Breast	3.37.00	3.18.00	2.52.00	2.52.00	2.43.00	2.42.00	2.38.00	2.36.00
No Upper Limits								50m Fly	No Upper Limits							
1.15.00	1.13.00	1.09.00	1.09.00	1.05.00	1.02.00	1.01.00	1.00.00	100m Fly	1.18.00	1.15.00	1.10.00	1.10.00	1.07.00	1.06.00	1.05.00	1.02.00
3.30.00	3.01.00	2.35.00	2.35.00	2.25.00	2.20.00	2.18.00	2.15.00	200m Fly	3.33.00	3.03.00	2.40.00	2.35.00	2.28.00	2.25.00	2.20.00	2.08.00
No Upper Limits								50m Back	No Upper Limits							
1.18.00	1.15.00	1.09.00	1.09.00	1.05.00	1.02.00	1.02.00	59.00	100m Back	1.18.00	1.16.00	1.11.00	1.11.00	1.07.00	1.05.00	1.03.00	1.00.00
3.08.00	2.50.00	2.29.00	2.29.00	2.20.00	2.13.00	2.10.00	2.08.00	200m Back	3.08.00	2.52.00	2.29.00	2.29.00	2.24.00	2.20.00	2.18.00	2.15.00
3.10.00	2.54.00	2.32.00	2.32.00	2.23.00	2.18.00	2.15.00	2.10.00	200m IM	3.10.00	2.54.00	2.34.00	2.34.00	2.28.00	2.26.00	2.20.00	2.10.00

Swimmers must not have swum faster than the upper qualifying times prior to this event.

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CLUB: _____

CONTACT NAME: _____

ADDRESS: _____

TELEPHONE NO.: _____

E-MAIL: _____

FEMALE ENTRIES _____ @ £5.00 _____

MALE ENTRIES _____ @ £5.00 _____

COACHES PASS _____ @ £15.00 _____

TOTAL ENTRY FEE ENCLOSED £ _____

Payments should be made to Billingham A.S.C.

Please return the summary sheet and cheque to:

Mark Blackmore
12 Ashville Avenue
Norton
Stockton-on-Tees
TS20 1PS

Email: galas@billinghamasc.co.uk