

# Derwentside ASC

## Christmas Cracker Meet 2016



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at

The Louisa Centre, Stanley

3-4 December 2016

### Saturday

#### Session 1

Warmup 8:00 Start 9:00

EVENT 101 Boys 9/11 Yrs 200m Backstroke  
EVENT 102 Girls 9 Yrs/Over 50m Freestyle  
EVENT 103 Boys 12 Yrs/Over 200m Breaststroke  
EVENT 104 Girls 9 Yrs/Over 100m Butterfly  
EVENT 105 Boys 9 Yrs/Over 50m Breaststroke  
EVENT 106 Girls 9/11 Yrs 200m Freestyle  
EVENT 107 Boys 9 Yrs/Over 100m Backstroke  
EVENT 108 Girls 12 Yrs/Over 200m IM  
EVENT 109 Boys 10 Yrs/Over 200m Butterfly  
FINAL Girls OPEN 50m Freestyle  
FINAL Boys OPEN 50m Breaststroke  
FINAL Girls OPEN 100m Butterfly  
FINAL Boys OPEN 100m Backstroke  
FINAL Girls OPEN 100m IM (based on 200m IM)

#### Session 2

Warmup TBC

EVENT 201 Girls 9/11 Yrs 100m IM  
EVENT 202 Boys 9/11 Yrs 200m Breaststroke  
EVENT 203 Girls 9 Yrs/Over 50m Backstroke  
EVENT 204 Boys 9 Yrs/Over 50m Butterfly  
EVENT 205 Girls 9 Yrs/Over 100m Freestyle  
EVENT 206 Boys 9 Yrs/Over 100m Breaststroke  
EVENT 207 Girls 12 Yrs/Over 200m Freestyle  
EVENT 208 Boys 12 Yrs/Over 200m Backstroke  
FINAL Girls OPEN 50m Backstroke  
FINAL Boys OPEN 50m Butterfly  
FINAL Girls OPEN 100m Freestyle  
FINAL Boys OPEN 100m Breaststroke

### Sunday

#### Session 3

Warmup 8:00 Start 9:00

EVENT 301 Girls 9/11 Yrs 200m Backstroke  
EVENT 302 Boys 9 Yrs/Over 50m Freestyle  
EVENT 303 Girls 12 Yrs/Over 200m Breaststroke  
EVENT 304 Boys 9 Yrs/Over 100m Butterfly  
EVENT 305 Girls 9 Yrs/Over 50m Breaststroke  
EVENT 306 Boys 9/11 Yrs 200m Freestyle  
EVENT 307 Girls 9 Yrs/Over 100m Backstroke  
EVENT 308 Boys 12 Yrs/Over 200m IM  
EVENT 309 Girls 10 Yrs/Over 200m Butterfly  
FINAL Boys OPEN 50m Freestyle  
FINAL Girls OPEN 50m Breaststroke  
FINAL Boys OPEN 100m Butterfly  
FINAL Girls OPEN 100m Backstroke  
FINAL Boys OPEN 100m IM (based on 200m IM)

#### Session 4

Warmup TBC

EVENT 401 Boys 9/11 Yrs 100m IM  
EVENT 402 Girls 9/11 Yrs 200m Breaststroke  
EVENT 403 Boys 9 Yrs/Over 50m Backstroke  
EVENT 404 Girls 9 Yrs/Over 50m Butterfly  
EVENT 405 Boys 9 Yrs/Over 100m Freestyle  
EVENT 406 Girls 9 Yrs/Over 100m Breaststroke  
EVENT 407 Boys 12 Yrs/Over 200m Freestyle  
EVENT 408 Girls 12 Yrs/Over 200m Backstroke  
FINAL Boys OPEN 50m Backstroke  
FINAL Girls OPEN 50m Butterfly  
FINAL Boys OPEN 100m Freestyle  
FINAL Girls OPEN 100m Breaststroke

First Come, First Served

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Entries will not be accepted before 8am, Thursday, 27 October

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### Meet Conditions

- 1) Held under ASA Laws & ASA Technical Rules.
- 2) Meet to be held at The Louisa Centre, Stanley – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.
- 3) Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
- 4) **This meet is FIRST COME, FIRST SERVED.**
- 5) **Entries will not be accepted before 8am, Thursday, 27 October. Entries will be accepted until such time as each session is full and the meet will then be closed.**
- 6) Age groups/Events will be:
  - 9/Over: 50m, 100m and 200m form strokes;
  - 9/11: 100m IM;
  - 12/Over: 200m IM;
  - All events will be Heat Declared Winner;
  - Additionally, there will be OPEN FINALS for 100m IM (based on 200m IM results) and 50/100m form strokes.**
- 7) Entry times must be no faster than the accompanying QTs.
- 8) Entry times should be converted to 25m pool times by use of ASA Conversion Tables.
- 9) Ages are as at 4 December 2016.
- 10) Entry fees: £5.50 paper entries, £5.00 Sportsystem Entry Manager entries;  
Coach passes cost £15.00 which includes programme and refreshments;  
Coaches will not be permitted on poolside without the necessary pass.
- 11) Entries must be submitted on the Entry Manager file or form and include the swimmer's full date of birth and ASA number.
  - a. Entry fees, summary sheets and any paper entries should be posted to:  
Kevin Hughes, 2 Meadowfield Way, Tanfield Lea, Stanley, Co Durham, DH9 9PG.
  - b. Email Sportsystems Entry Manager file to [philip@blencathra.org.uk](mailto:philip@blencathra.org.uk) (see Summary Sheet for online payment details).
- 12) Cheques should be made payable to "Derwentside ASC" or may be paid online (see Summary Sheet for details). A valid email address or SAE must be supplied for entry confirmation.

# Derwentside ASC

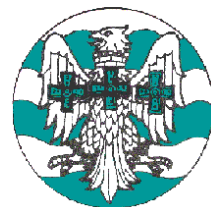
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- 13) Derwentside ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass.
- 14) Heats will be seeded according to submitted entry times.
- 15) Awards will be made to the first three in each age group: 9, 10/11, 12/13. 14/Ov (OPEN in FINALS)
- 16) Swimmers will be permitted to compete for only one club during the meet.
- 17) For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
- 18) Admission for spectators will be £5 per day, programme £2; weekend pass £10 (includes programme). Children, accompanied by adults, will be admitted free.
- 19) Only pool staff, coaches, officials and authorised club volunteers are allowed in the changing area and on poolside – a poolside pass or ASA pass must be worn at all times and coaches and authorised club helpers should wear an identifying club top.
- 20) Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum.
- 21) **Poolside entries (£6) on the day may be accepted if the meet was under-subscribed.**
- 22) Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete.
- 23) Parents are not permitted in the changing area or on poolside unless acting as coach or team manager.
- 24) **Swimmers and parents are not permitted on the stairways down to poolside as these are for official and emergency use only.**
- 25) Swimmers leaving the pool area must wear a top and footwear.

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- 26) Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management.
- 27) Derwentside ASC and Derwentside Trust for Sport and the Arts (Leisureworks) cannot be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside.
- 28) Anyone wishing to use photographic equipment within the spectator area must register at the spectators' desk beforehand and wear the identifying wristband at all times. **Under no circumstance may photographs be taken in the changing area. Only an officially designated photographer will be permitted on poolside.**
- 29) Officials' expenses will be limited to £25 per day for those officials without a child competing and £12.50 for those with a child competing.
- 30) The Lead Referee will be: Chris Johnston: 8, Corvan Terrace, White-le-Head, Tantobie, Stanley, Co Durham DH9 9SJ, Tel: 01207284199.
- 31) Any points not covered here will be at the discretion of the meet organisers.

### UPPER QUALIFYING TIMES

#### GIRLS

9 yrs	10/11 yrs	12/13 yrs	14/Ov	EVENT
No Upper Limit				50 Freestyle
01:09.8	01:09.8	01:04.7	00:58.4	100 Freestyle
02:30.7	02:30.7	02:18.5	02:06.0	200 Freestyle
No Upper Limit				50 Breaststroke
01:33.7	01:33.7	01:27.6	01:15.5	100 Breaststroke
03:19.4	03:19.4	03:07.2	02:42.9	200 Breaststroke

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No Upper Limit				50 Backstroke
01:21.0	01:21.0	01:14.3	01:06.4	100 Backstroke
02:49.0	02:49.0	02:38.9	02:22.8	200 Backstroke
No Upper Limit				50 Butterfly
01:24.1	01:24.1	01:14.0	01:05.0	100 Butterfly
03:05.3	03:05.3	02:46.1	02:23.8	200 Butterfly
01:20.0				100 IM
		02:39.6	02:23.9	200 IM

### BOYS

9 yrs	10/11 yrs	12/13 yrs	14/Ov	EVENT
No Upper Limit				50 Freestyle
01:07.0	01:07.0	01:03.0	00:52.9	100 Freestyle
02:25.0	02:25.0	02:15.5	01:55.7	200 Freestyle
No Upper Limit				50 Breaststroke
01:30.0	01:30.0	01:24.5	01:08.4	100 Breaststroke
03:12.0	03:12.0	03:00.1	02:29.7	200 Breaststroke
No Upper Limit				50 Backstroke
01:16.0	01:16.0	01:11.9	01:00.9	100 Backstroke
02:42.0	02:42.0	02:34.9	02:12.0	200 Backstroke
No Upper Limit				50 Butterfly
01:16.0	01:16.0	01:13.0	00:58.5	100 Butterfly
02:55.0	02:55.0	02:46.1	02:11.4	200 Butterfly
01:18.0				100 IM
		02:35.5	02:12.1	200 IM

### CLUB SUMMARY SHEET

CLUB:

Entries				Total Cost
"Paper" entries	Male @ £5.50 Total swims			

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"Paper" entries	Female @ £5.50 Total swims		
Entry Manager	Male @ £5.00 Total swims		
Entry Manager	Female @ £5.00 Total swims		

Coach Passes @	£15	No required		
		TOTAL		

Names of registered coaches/team managers [may exceed required passes]


I confirm that all swimmers and poolside staff are club members and that poolside staff are DBS (CRB) checked.

Signed: \_\_\_\_\_

on behalf of \_\_\_\_\_

**Club contact email address:**

Please make cheques payable to Derwentside ASC and post it, along with summary sheet, to:

**Clubs may make payment by Online Banking:**

Sort Code 20-33-51  
Account Number 70509000

Kevin Hughes  
2 Meadowfield Way  
Tanfield Lea  
Stanley  
Co Durham  
DH9 9PG

If paying by online, please email this summary sheet and reference number to:

<mailto:klemhughes@yahoo.co.uk>

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**Club:**

[illegible]



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