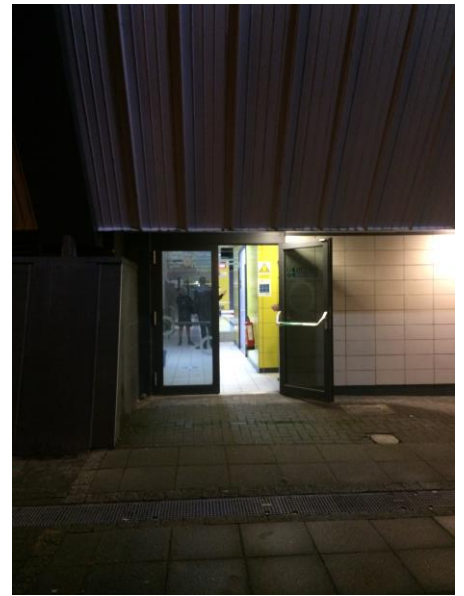


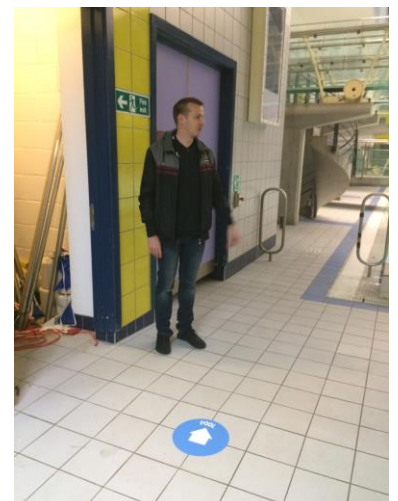
UPON ARRIVAL PLEASE ENTER  
THROUGH FIRE EXIT NEAREST TO THE  
BACK CAR PARK – PLEASE MAKE SURE  
YOU KEEP YOUR DISTANCE FROM  
OTHER SWIMMERS



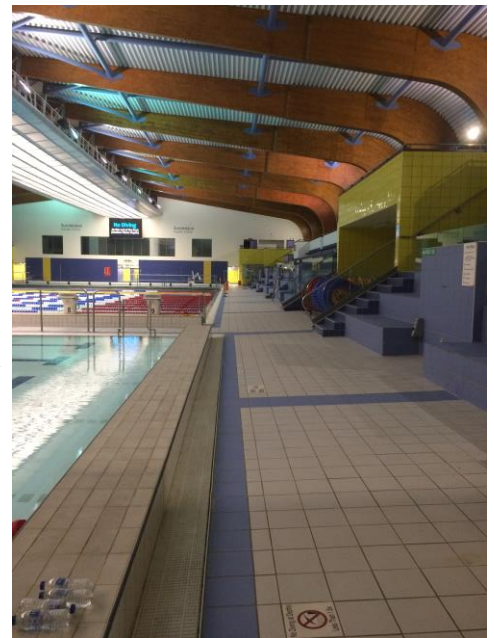
YOU WILL SEE A HAND  
SANITISER UNIT ON YOUR  
LEFT HAND SIDE UPON  
ENTRY. PLEASE **REMOVE  
YOUR SHOES HERE BEFORE  
SANITISING YOUR HANDS**



NEXT MOVE FORWARD TO THE  
SECOND ARROW ON THE FLOOR  
WHERE YOU WILL BE GREETED BY A  
COACH WHO WILL TAKE YOUR  
TEMPERATURE



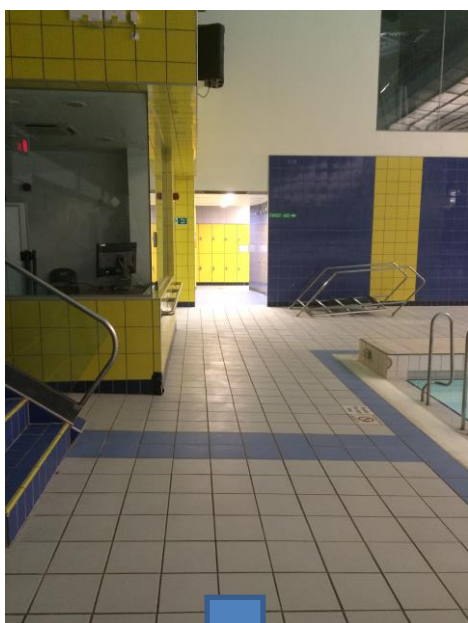
**IF TEMPERATURE IS WITHIN PERMITTED LEVELS YOU CAN THEN ENTER THE POOL AREA**



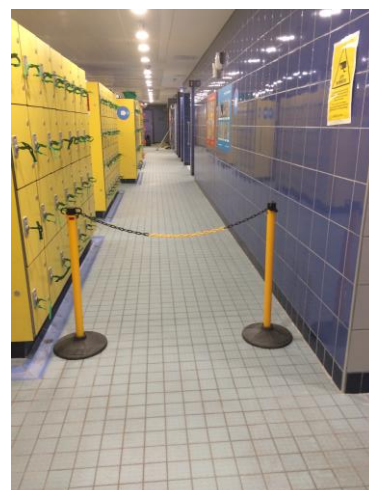
**SWIMMERS MUST ARRIVE POOL READY; YOU CAN LEAVE YOUR BAGS AND CLOTHES ON THE RIGHT HAND SIDE WHERE THE BLUE TILES ARE. SEATING AREA IS NOT TO BE USED BY SWIMMERS**

- **SWIMMERS MUST REMAIN DISTANCED FROM OTHER SWIMMERS;**
- **SWIMMERS TO PLACE THEIR CLOTHES INTO BAGS, AND REMAIN STANDING BY THEIR BAGS TILL INSTRUCTED BY THE COACH;**
- **BAGS TO REMAIN AT POOLSIDE AS NO LOCKERS ARE TO BE USED;**
- **DURING 50M POOL SETUP BAGS TO BE LEFT ON THE LEFT HANDSIDE OF POOL, DURING 25M POOL SETUP BAGS ARE TO BE LEFT ON THE RIGHT HANDSIDE OF POOL**

**WHEN ITS TIME TO LEAVE AFTER THE  
END OF TRAINING, SWIMMERS TO  
COLLECT THEIR BAGS AND MAKE  
THEIR WAY TO THE CHANGING  
ROOMS VIA THE ONE WAY SYSTEM.**



**HALF THE CHANGING AREA IS  
SECURED FOR THOSE ENTERING THE  
POOL AND HALF FOR EXIT, PLEASE DO  
NOT TRY TO GO PAST ANY BARRIERS**





**ONCE DRESSED PLEASE FOLLOW THE  
SIGNS TO EXIT THE BUILDING (PLEASE  
NOTE SHOWERS ARE NOT TO BE  
USED)**

