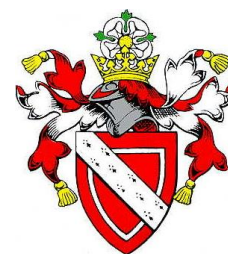# Richmond Dales ASC
The Iain Young
'Back to Pool' (Level 3 Short Course)
18th & 19th September 2021
(The Neptune Centre, Ormsby Road, Middlesbrough TS3 7RP)
License Number:

PROGRAMME OF EVENTS		
SATURDAY 18th September (Session 1)		
Warm Up @ 8:00-8:55am / Start @ 9:00am		
Event 101	Girls 9yrs/Over	200m Individual Medley
Event 102	Boys 11yrs/Over	400m Freestyle
Event 103	Girls 9yrs/Over	50m Butterfly
Event 104	Boys 9yrs/Over	50m Backstroke
Event 105	Girls 9yrs/Over	200m Breaststroke
Event 106	Boys 9yrs/Over	200m Butterfly
Event 107	Girls 9yrs/Over	100m Breaststroke
Event 108	Boys 9yrs/Over	100m Freestyle
Event 109	Girls 12yrs/Under - Skins	
Event 110	Girls 13yrs/Over - Skins	
SATURDAY 18th September (Session 2)		
Warm Up @ TBC (expected 1:00pm) / Start @ 2:00pm		
Event 201	Girls 11yrs/Over	400m Individual Medley
Event 202	Boys 9yrs/Over	50m Freestyle
Event 203	Girls 9yrs/Over	50m Breaststroke
Event 204	Boys 9yrs/Over	200m Freestyle
Event 205	Girls 9yrs/Over	200m Backstroke
Event 206	Boys 9yrs/Over	100m Butterfly
Event 207	Girls 9yrs/Over	100m Backstroke

SUNDAY 19th September (Session 3)		
Warm Up @ 8:00-8:55am / Start @ 9:00am		
Event 301	Boys 9yrs/Over	200m Individual Medley
Event 302	Girls 11yrs/Over	400m Freestyle
Event 303	Boys 9yrs/Over	50m Butterfly
Event 304	Girls 9yrs/Over	50m Backstroke
Event 305	Boys 9yrs/Over	200m Breaststroke
Event 306	Girls 9yrs/Over	200m Butterfly
Event 307	Boys 9yrs/Over	100m Breaststroke
Event 308	Girls 9yrs/Over	100m Freestyle
Event 309	Boys 12yrs/Under - Skins	
Event 310	Boys 13yrs/Over - Skins	
SUNDAY 19th September (Session 4)		
Warm Up @ TBC (expected 1:00pm) / Start @ 2:00pm		
Event 401	Boys 11yrs/Over	400m Individual Medley
Event 402	Girls 9yrs/Over	50m Freestyle
Event 403	Boys 9yrs/Over	50m Breaststroke
Event 404	Girls 9yrs/Over	200m Freestyle
Event 405	Boys 9yrs/Over	200m Backstroke
Event 406	Girls 9yrs/Over	100m Butterfly
Event 407	Boys 9yrs/Over	100m Backstroke