



**Richmond Dales ASC**  
**Iain Young 'Back to Pool' Gala**  
**17<sup>th</sup> & 18<sup>th</sup> September 2022**

(The Neptune Centre, Ormesby Road, Middlesbrough TS3 7RP)  
Level 3 Short Course Gala, License Number: 3NE221549



**PROGRAMME OF EVENTS**

**SATURDAY 17<sup>th</sup> September (Session 1)**

**Warm Up @ 8:00-8:55am / Start @ 9:00am**

Event 101	Girls 9yrs/Over	200m Individual Medley
Event 102	Boys 11yrs/Over	400m Freestyle
Event 103	Girls 9yrs/Over	50m Butterfly
Event 104	Boys 9yrs/Over	50m Backstroke
Event 105	Girls 9yrs/Over	200m Breaststroke
Event 106	Boys 9yrs/Over	200m Butterfly
Event 107	Girls 9yrs/Over	100m Backstroke
Event 108	Boys 9yrs/Over	100m Freestyle
Event 109	Girls 12yrs/Under	- Skins
Event 110	Girls 13yrs/Over	- Skins

**SATURDAY 17<sup>th</sup> September (Session 2)**

**Warm Up @ TBC**

Event 201	Girls 11yrs/Over	400m Individual Medley
Event 202	Boys 9yrs/Over	50m Freestyle
Event 203	Girls 9yrs/Over	50m Breaststroke
Event 204	Boys 9yrs/Over	200m Freestyle
Event 205	Girls 9yrs/Over	200m Backstroke
Event 206	Boys 9yrs/Over	100m Butterfly
Event 207	Girls 9yrs/Over	100m Breaststroke
Event 208	Boys 9yrs/Over	100m Individual Medley

**SUNDAY 18<sup>th</sup> September (Session 3)**

**Warm Up @ 8:00-8:55am / Start @ 9:00am**

Event 301	Boys 9yrs/Over	200m Individual Medley
Event 302	Girls 11yrs/Over	400m Freestyle
Event 303	Boys 9yrs/Over	50m Butterfly
Event 304	Girls 9yrs/Over	50m Backstroke
Event 305	Boys 9yrs/Over	200m Breaststroke
Event 306	Girls 9yrs/Over	200m Butterfly
Event 307	Boys 9yrs/Over	100m Backstroke
Event 308	Girls 9yrs/Over	100m Freestyle
Event 309	Boys 12yrs/Under	- Skins
Event 310	Boys 13yrs/Over	- Skins

**SUNDAY 18<sup>th</sup> September (Session 4)**

**Warm Up @ TBC**

Event 401	Boys 11yrs/Over	400m Individual Medley
Event 402	Girls 9yrs/Over	50m Freestyle
Event 403	Boys 9yrs/Over	50m Breaststroke
Event 404	Girls 9yrs/Over	200m Freestyle
Event 405	Boys 9yrs/Over	200m Backstroke
Event 406	Girls 9yrs/Over	100m Butterfly
Event 407	Boys 9yrs/Over	100m Breaststroke
Event 408	Girls 9yrs/Over	100m Individual Medley