

Billingham Amateur

Swimming Club

Long Distance Meet

Sunday 20th November 2022

ASANER Level 3

Licence No: 3NE221494



**Meet Information**

1. The meet will be held under ASA law & technical rules licensed by the ASA.
2. The Billingham Forum is a 6 lane, 25m pool with full Colorado electronic timing system. Warm up / swim-down pool will be in operation. Coaches / team managers are responsible for ensuring that their swimmers use this facility for the purpose intended.
3. Over-the-top starts may be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
4. The meet will use start sheets to facilitate flow. All entries and rejections will be posted on the Billingham ASC website.
5. Basic coaches’ passes are £5 and include admission to all sessions, programme and start lists. Lunch can be provided at an **additional cost** of £5 each as we appreciate swimmers/coaches may not attend the full day. Only pass holders, swimmers & officials will be allowed on poolside.
6. Swimmers must wear footwear when leaving the pool area. No swimmers are allowed up to the spectator area other than via the main staircase.
7. Billingham ASC cannot be held responsible for the loss or damage of spectators’ or competitors’ property. Competitors are advised to use the lockers in the changing area.
8. The promoters reserve the right to refuse admission to any competitor or spectator.

**Meet Conditions**

1. Entries will be accepted on a first come basis first served basis. It is hoped that by doing this we can accommodate as many entries as possible. **The window will open on 8:00am Monday 3rd October 2022 and close at 6:00pm on Friday 4th November 2022.**
2. Events will be 800m and 1500m freestyle, and 400m IM. All events will be mixed boys & girls.
3. **Age as at 20th November 2022**. Age Groups are 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, & 16yrs and over.
4. Entry fees are **£10.00** per swim via electronic entry (include licence fee).
5. Entries should be made using Sportsystems Entry Manager V2. The relevant Sportsystems entry file can be downloaded from the Billingham ASC website or by emailing [galas@billinghamasc.co.uk](mailto:galas@billinghamasc.co.uk)
6. Entries will be seeded slowest to fastest on submitted times. **Entry times should normally have been achieved in the thirty four months prior to the event (1st January 2020)**, converted to short course. It is not essential that entry times have been achieved at a previous licensed open meet **however, any submitted times must have been achieved at a club time trial / timed training session and represent a realistic time. Any entry submitted without a time will be rejected.**
7. A secondary strobe will be in use during this meet.
8. All entry withdrawal forms must be presented in the timing booth no later than 45 minutes before the start of each session.
9. Heats will be seeded according to submitted entry times. All events are **Heat Declared Winner**.
10. Medals will be made for to the first three in all age groups.
11. Late entries / poolside entries will be at the discretion of the promoter.

**Events**

|  |  |  |
| --- | --- | --- |
| **Session 1:** | | |
| Sunday 20th November 2022 | | |
| Warm up 9:15am / Start 10:00am | | |
| 101 | Boys & Girls | 1500m Freestyle |
|  |  |  |
| **Session 2:** | | |
| Sunday 20th November 2022 | | |
| Warm up 12:30pm / Start 1:00pm | | |
| 201 | Boys & Girls | 800m Freestyle |
| 202 | Boys & Girls | 400m IM |

**Qualifying Times**

All swimmers must not have swum faster than the below times regardless of age or gender and entries will be accepted on a first come first basis, but an entry time must be submitted.

|  |  |
| --- | --- |
| 800m Free | 08:30.00 |
| 1500m Free | 16:30.00 |
| 400m IM | 04:30.00 |

CLUB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CONTACT NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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TELEPHONE NO.: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FEMALE ENTRIES \_\_\_\_ @ £10.00 \_\_\_\_\_\_\_

MALE ENTRIES \_\_\_\_ @ £10.00 \_\_\_\_\_\_\_

COACHES PASS \_\_\_\_ @ £5.00 \_\_\_\_\_\_\_\_

COACHES LUNCH \_\_\_\_ @ £5.00 \_\_\_\_\_\_\_\_

TOTAL ENTRY FEE ENCLOSED £\_\_\_\_\_\_\_\_\_\_\_\_\_

Cheque payments should be made to **Billingham A.S.C.** and together with the payment summary, sent to:

Mark Blackmore

12 Ashville Avenue

Norton

Stockton-on-Tees

TS20 1PS

Or alternatively a direct bank transfer can be made to **Billingham A.S.C** and confirmation emailed to [galas@billinghamasc.co.uk](mailto:galas@billinghamasc.co.uk) Please quote your club as a reference.

Sort code: 77-20-10

Account: 28726660