

29 July | Thrybergh Country Park

CONDITIONS

MINIMUM ENTRY QUALIFYING TIMES - LONG COURSE POOL QUALIFYING ONLY Age at 31 December 2023

1500m

	12	13	14	15	16	17/18	19 & over
Female	20.50.00	19.35.00	18.25.00	18.20.00	18.10.00	17.40.00	17.30.00
Male	21.50.00	19.00.00	18.25.00	17.30.00	17.05.00	16.30.00	16.20.00

800m

	12	13	14	15	16	17/18	19 & over				
Female	10.40.00	10.05.00	9.40.00	9.35.00	9.30.00	9.15.00	9.10.00				
Male	10.50.00	9.50.00	9.35.00	9.05.00	8.55.00	8.40.00	8.30.00				

 All competitors must have equalled or bettered the entry time in an event designated or licensed by Swim England, Scottish Swimming or Swim Wales for entry into National competitions or, for overseas competitors, approved by their federation. Times must have been achieved since 1 July 2022.

Closing Date for Pool Based Entries: 12 noon, Saturday 1 July 2023.

- Competitors placed first, second and third in a Swim England Regional Open Water Championships, being a member of a club in that Region, or the nominated Scottish Swimming or Swim Wales Open Water Championships, who do not achieve entry by means of a pool based swim, may also enter the Open Water National Age Group Championships providing they meet the Age Groupings for the National Championships.
 Closing Date from Regional Open Water Championships or nominated Scottish Swimming or Swim Wales Entries: 12 noon, Friday 21 July 2023.
- 1. The Swimming Leadership Group ("the Group") reserves full powers over the Open Water National Age Group Championships ("the National Championships"), including but not limited to cancelling, postponing or changing the National Championships venue and/or format due to reasons beyond its reasonable control.
- 2. The National Championships shall be held under Swim England Regulations and World Aquatics Technical Rules of Open Water Swimming.
- 3. Competitors must be registered members of the club in whose name they are entered, at the date of making the initial entry. Competitors may enter in the name of one club only. The club must be offered by the online entry system.
- 4. Overseas competitors will be accepted if they are from one of the countries affiliated to World Aquatics.
- 5. Age Groups and Distances for the National Championships are: **Female and Male: 12/13yrs – 2km, 14/15yrs – 3km, 16 & over – 5km**
- 6. Ages as at: 31 December 2023
- 7. Entry Fee: £22
- 8. Medals will be awarded to the first three male and female competitors in each of the following age groups: 12, 13, 14, 15, 16, 17/18, 19+. Commemorative Medals will be awarded to Overseas Competitors placed in the first three places in an event.
- 9. An award will be made to the Top Club based on points scoring.
- 10. A cut off time limit of 60 minutes after the first competitor in each competition has finished shall operate.



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- 11. Registration: competitors MUST sign in at the registration desk at the appropriate time.
- 12. Any competitor representative (coach/ team manager/ chaperone) not attending the briefing may result in the competitor NOT being allowed to swim.
- 13. Competitor No: competitors must have their number displayed on their back or upper arms AND WEAR THE ELECTRONIC CHIP AND/OR WRIST BAND PROVIDED. When Wetsuits are in use only the Hands and Hat will be numbered.
- 14. Water Temperature & Swimwear
 - (a) As per World Aquatics Rules 7.2 and 8.1.6.3:
 - i. Water Temperature 18°C 31°C: wetsuits are not permitted.
 - ii. Water Temperature 16° C 17.9° C: the use of wetsuits is compulsory.
 - (b) Wetsuits and swim suits must comply World Aquatics Open Water Rules.
- 15. Swim Gear: No competitor shall be permitted to use or wear any device, which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and earplugs may be used. Only one costume is allowed.
- 16. Grease: Competitors shall be allowed to use grease or other substances providing these are not deemed as excessive, in the opinion of the Referee.
- 17. Safety and Conditions:
 - (a) Water temperature will be monitored in the run up to the National Championships.
 - (b) On the day of the National Championships, prior to the start of the competition, the course will be inspected and water temperature measured to ensure all of the safety requirements are met and the conditions are suitable for staging the National Championships.
 - (c) Reasonable modifications may be made to the course or the manner in which the National Championships is conducted based on the conditions at the time.
- 18. Cancellations:
 - (a) If the conditions are deemed to be unsuitable and not safe at the National Championships, a decision may be made to cancel or stop the National Championships.
 - (b) Full refunds of entry fees to the National Championships will be offered to all competitors.
 - (c) No refunds will be offered for any other expenses incurred in relation to the National Championships.
 - (d) If a Regional Open Water Event is cancelled, due to unsuitable conditions, there will be no qualifiers for the National Championships from that event. If it is possible to accommodate these competitors in another Regional Event this will be acceptable for qualification to the National Championships.