



Qualifying Times

Open/Male Born 07 or younger	Open/Male Born 06 or older	Event	Female Born 06 or older	Female Born 07 or younger
25/50m	25/50m	Event	25/50m	25/50m
25.00	23.40	50m Freestyle	26.70	27.50
54.40	50.90	100m Freestyle	57.70	59.30
1:59.10	1:52.70	200m Freestyle	2:05.40	2:08.80
4:16.10	4:02.60	400m Freestyle	4:24.30	4:32.00
8:52.00	8:30.00	800m Freestyle	9:05.00	9:22.00
17:00.00	16:25.00	1500m Freestyle	17:45.00	18:05.00
31.60	29.40	50m Breaststroke	33.60	34.50
1:09.00	1:04.00	100m Breaststroke	1:12.60	1:14.60
2:30.80	2:22.30	200m Breaststroke	2:38.30	2:41.90
26.90	25.50	50m Butterfly	28.60	29.70
1:00.00	56.30	100m Butterfly	1:03.50	1:05.70
2:16.40	2:08.50	200m Butterfly	2:20.80	2:26.10
28.40	26.30	50m Backstroke	29.80	30.80
1:00.80	56.90	100m Backstroke	1:04.10	1:05.90
2:12.70	2:05.50	200m Backstroke	2:19.50	2:22.90
1:02.40	58.40	100m Ind. Medley	1:06.50	1:08.40
2:15.50	2:07.00	200m Ind. Medley	2:21.70	2:25.40
4:49.60	4:34.80	400m Ind. Medley	5:02.60	5:07.50

Entry times for individual entrants from Swim England, Scottish Swimming or Swim Wales must be recorded in British Rankings, from Swimming Competitions designated or Licensed at Level 1 or 2 since 1 October 2022. Times can be achieved in either a 50m or 25m pool. The fastest time will be used for entry. There will be no conversions.

Closing date for entries, 12 noon, Wednesday 22 November 2023.

Funding Partner



Official Kit Partner



Official Payments Partner

