



City of Sunderland ASC

(Affiliated to N&D SA & ASA NER)

Club Championships 2025

(Under ASA Laws & Technical Rules)

Tuesday 3rd June 2025

This event is licensed Level 4 by the ASA

Licence number: TBC

- 1 Sunderland Aquatic Centre has a 10 lane 25m pool with a full electronic timing system.
- 2 Events will be 25m, 50m all strokes, 100m Freestyle and 100m Individual Medley. All events age group Heat Declared Winners.
- 3 Age Groups are 8yrs/Under (25m only, manual timing), 9/10 yrs, 11/12yrs, 13/14yrs, 15/16yrs, 17yrs & over
- 4 **Only registered City of Sunderland ASC swimmers are permitted to enter.**
- 5 **Age at 3rd June 2025.**
- 6 There are no upper or lower qualifying times. All entries will be accepted.
- 7 Non-refundable entry fee of £20.00 per swimmer.
- 8 Entry forms should be returned to the Competition Secretary **by midnight 10th May 2025** at the latest enclosing fees. Payment should be made to C.O.S.A.S.C. Contact the Meet Manager with any further enquiries.
- 9 Entry times are **Short Course**. The meet will be managed using Sportsystems. The entry file will convert all ASA rankings long course times, to short course automatically. Paper entry times should be converted to short course times by use of ASA Conversion Tables.
- 10 The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- 11 All events will be age group (as above) – heats will be swum with age groups combined and swimmers seeded by entry times. Club Champ (male & female) for each age group will be based on all times for all swims on a points based placing in age group bracket – 10 points for 1st, 9 points for 2nd, 8 points for 3rd, 7 points for 4th etc. Trophies will be presented at the Club's awards night or poolside by coach if the particular club champ is not present at the awards night.
- 12 Swimmers are not allowed into the spectator area wearing swimwear – they **MUST** be dry and fully clothed. No changing is allowed on poolside; the changing village is to be used for this purpose.
- 13 All swimmers under the age of 16 must be accompanied by an adult at all times while on poolside.

14 Spectators are not allowed onto poolside at any time.

15 When swimmers leave marshalling and report to the turn judge at the start end they must immediately remove all clothing except for swimwear. Over-the-top starts and side-by-side for backstroke may be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.

16 Official information can be obtained from: officials@cityofsunderlandasc.co.uk

17 The Meet Manager for this event can be contacted via: meetmanager@cityofsunderlandasc.co.uk

18 Further information can be obtained from: galas@cityofsunderlandasc.co.uk or see our website: www.cityofsunderlandasc.co.uk

CITY OF SUNDERLAND ASC CLUB CHAMPS 2025 – 3rd June

SCHEDULE OF EVENTS

EVENT SCHEDULE FOR COSASC CLUB CHAMPIONSHIPS 2025

- Event 101 100m Freestyle 9/OV (Male open)
- Event 102 100m Freestyle 9/OV (Female)
- Event 103 25m Butterfly 8yrs & Under (Male open)
- Event 104 25m Butterfly 8yrs & Under (Female)
- Event 105 50m Butterfly 9/OV (Male open)
- Event 106 50m Butterfly 9/OV (Female)
- Event 107 25m Backstroke 8yrs & Under (Male open)
- Event 108 25m Backstroke 8yrs & Under (Female)
- Event 109 50m Backstroke 9/OV (Male open)
- Event 110 50m Backstroke 9/OV (Female)
- Event 111 25m Breaststroke 8yrs & Under (Male open)
- Event 112 25m Breaststroke 8yrs & Under (Female)
- Event 113 50m Breaststroke 9/OV (Male open)
- Event 114 50m Breaststroke 9/OV (Female)
- Event 115 25m Freestyle 8yrs & Under (Male open)
- Event 116 25m Freestyle 8yrs & Under (Female)
- Event 117 50m Freestyle 9/OV (Male open)
- Event 118 50m Freestyle 9/OV (Female)
- Event 119 100m IM 9/OV (Male open)
- Event 120 100m IM 9/OV (Female)