**YORK CITY BATHS CLUB**

**WINTER SWIM EXTRAVAGANZA**

**Saturday / Sunday 6th / 7th December 2025**

**The Aquatics Centre, John Charles Centre for Sport, Leeds**

**UPPER LIMIT TIMES**

**Please contact YCBC at** [**ycbc.galacoordinator@gmail.com**](mailto:ycbc.galacoordinator@gmail.com) **for further information**

| **OPEN/BOYS** | | | | | | **EVENT** | **GIRLS** | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **9** | **10** | **11** | **12** | **13** | **14/Over** | **9** | **10** | **11** | **12** | **13** | **14/Over** |
| 34.0 | 32.0 | 30.0 | 28.0 | 26.0 | 23.0 | **50m Freestyle** | 35.0 | 32.0 | 31.0 | 30.0 | 29.0 | 26.0 |
| 1.11.0 | 1.09.0 | 1.02.0 | 1.00.0 | 56.0 | 53.0 | **100m Freestyle** | 1.12.0 | 1.10.0 | 1.03.0 | 1.01.0 | 1.00.0 | 57.0 |
| 2.30.0 | 2.24.0 | 2.14.0 | 2.10.0 | 2.02.0 | 1.53.0 | **200m Freestyle** | 2.40.0 | 2.30.0 | 2.20.0 | 2.14.0 | 2.08.0 | 2.05.0 |
| No swim | 4.10.0 | 4.10.0 | 4.10.0 | 4.10.0 | 4.10.0 | **400m Freestyle** | No swim | 4.25.0 | 4.25.0 | 4.25.0 | 4.25.0 | 4.25.0 |
| 38.0 | 36.0 | 34.0 | 32.0 | 30.0 | 27.0 | **50m Backstroke** | 39.0 | 37.0 | 35.0 | 33.0 | 31.0 | 29.0 |
| 1.15.0 | 1.12.0 | 1.09.0 | 1.06.0 | 1.03.0 | 58.0 | **100m Backstroke** | 1.16.0 | 1.13.0 | 1.11.0 | 1.09.0 | 1.06.0 | 1.01.0 |
| 3.00.0 | 2.50.0 | 2.40.0 | 2.30.0 | 2.20.0 | 2.10.0 | **200m Backstroke** | 3.05.0 | 2.55.0 | 2.30.0 | 2.24.0 | 2.22.0 | 2.15.0 |
| 44.0 | 42.0 | 40.0 | 37.0 | 34.0 | 29.0 | **50m Breaststroke** | 44.0 | 41.0 | 39.0 | 37.0 | 35.0 | 33.0 |
| 1.29.0 | 1.26.0 | 1.22.0 | 1.18.0 | 1.16.0 | 1.04.0 | **100m Breaststroke** | 1.30.00 | 1.28.0 | 1.24.0 | 1.18.0 | 1.16.0 | 1.12.0 |
| 3.30.0 | 3.20.0 | 3.05.0 | 2.50.0 | 2.40.0 | 2.20.0 | **200m Breaststroke** | 3.35.0 | 3.22.00 | 3.05.0 | 2.52.0 | 2.44.0 | 2.32.0 |
| 38.0 | 36.0 | 33.0 | 31.0 | 28.0 | 25.0 | **50m Butterfly** | 38.0 | 36.0 | 33.0 | 31.0 | 30.0 | 28.0 |
| 1.20.0 | 1.12.0 | 1.10.0 | 1.05.0 | 1.02.0 | 56.0 | **100m Butterfly** | 1.22.0 | 1.15.0 | 1.12.0 | 1.09.0 | 1.06.0 | 1.02.0 |
| 3.20.0 | 3.00.0 | 2.45.0 | 2.30.0 | 2.20.0 | 2.05.0 | **200m Butterfly** | 3.20.0 | 3.05.0 | 2.48..0 | 2.33.0 | 2.26.0 | 2.18.0 |
| 1.30.0 | 1.25.0 | 1.15.0 | 1.12.0 | 1.08.0 | 58.0 | **100m IM.** | 1.32.0 | 1.26.0 | 1.20.0 | 1.15.0 | 1.10.0 | 1.05.0 |
| 3.10.0 | 2.55.0 | 2.32.0 | 2.28.0 | 2.20.0 | 2.08.0 | **200m IM.** | 3.10.0 | 2.56.0 | 2.33.0 | 2.30.0 | 2.26.0 | 2.22.0 |
| No swim | 4.35.00 | 4.35.00 | 4.35.00 | 4.35.00 | 4.35.00 | **400m IM.** | No swim | 4.55.00 | 4.55.00 | 4.55.00 | 4.55.00 | 4.55.00 |

**NOTE:**

Swimmers should not have swum faster than the upper limit times in any gala prior to the 1st November 2024.

Any submitted entries faster than the upper entry times will be rejected.