



Northumberland & Durham Swimming Association

2026 Championships

(under Swim England Laws & Technical Rules)

MEET INFORMATION

EVENT VENUE DETAILS:

Dates: Saturday 7th & Sunday 8th February 2026
Saturday 14th & Sunday 15th February 2026
Saturday 28th February 2026

Venue: Sunderland Aquatic Centre

Pool: 10 lane x 50 metre (full electronic timing)
Separate 6 x 25m warm-up and swim-down facility.

Meet Promoters: Northumberland & Durham Swimming Association

The organisation of these Championships shall be in the hands of the NDSA Management Board with powers delegated to the Championships Manager. The Championships shall be held under the relevant FINA/Swim England Technical and Judicial Rules/Laws

Session Times:	AM Sessions -	Warm Up:	08:00
		Start:	09:00
	PM Sessions -	Warm Up:	13:00
		Start:	14:00

NB. Session times will be finalised once all entries have been received and processed.

ELIGIBILITY TO COMPETE

- All competitors must be bona fide members of Clubs affiliated to NDSA and hold a valid Swim England Swimmer Registration.
- A swimmer may only represent one Club throughout the Championships.
- No individual may compete in more than one Swim England County Championships in any one calendar year.
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- Entries will be accepted from swimmers with a valid Disability Classification in line with prevailing British Swimming categories at the discretion of the Championships Manager with such relevant events to be treated as Multi-Classification Events.

CONSIDERATION TIMES

- Competitors must have achieved the consideration time equal to or faster than the Long Course Times downloaded from the British Swimming Rankings, and which have been achieved no earlier than **1 January 2025**. Converted times will be accepted.
- Entries slower than the Consideration Times will not be accepted.
- The Championship Manager reserves the right to revise the Consideration Times prior to the closing date, if necessary, to ensure sufficient entries into the Championships, or to comply with licensing rules relating to session length. As well as any capacity limit imposed by the facility operator, to ensure the smooth running of the Championships.
- Submitted entry times shall be used for seeding and rejection purposes where necessary.

PROGRAMME OF EVENTS:

For all events, age is as at: 31st December 2026

Age Groups

10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17/Over

Individual

50m Butterfly, Backstroke, Breaststroke & Freestyle

100m Butterfly, Backstroke, Breaststroke & Freestyle

200m Butterfly, Backstroke, Breaststroke, Freestyle & Individual Medley

400m Freestyle & *400 Individual Medley

*800m Freestyle

*1500m Freestyle

**Swimmers in the 10/11yrs age group are not eligible to enter the 400m Individual Medley or 800m/1500m Freestyle.*

Finals

All 50m and 100m events for all age groups will have heats and finals.

All 200m events for 12, 13, 14, 15, 16 and 17/Over age groups will have heats and finals.

All 200m events for 10/11 age group will be heat declared winners (HDW)

All 400m, 800m and 1500m events will be heat declared winners (HDW)

ENTRIES

- Entries will be made by a relevant Club official using the Online Entry System, which will be made available and together with the Entry Fees, must reach the Championships Entries Manager by the closing date - Noon, Wednesday 21 January 2026.
- It is the responsibility of each club to ensure that all entries submitted online are complete and correct before the closing date.
- The individual entry fee for entries received by Noon, Wednesday 21 January 2026 is £9.00.
- Any amendments, corrections, or additions requested after the closing date, will be treated as new entries and only accepted at the discretion of the Championship Manager, subject to available space.
- The individual entry fee for any new entries received after Noon Wednesday 21 January 2026 will be £18.00.
- Payment **must** be made at the time of entry using the online platform provided; PayPal
- Entries from swimmers with a valid Disability Classification should be emailed direct to the Championships Manager on ndchampionshipmanager@outlook.com

POOLSIDE PASSES

- All Coach and Team Staff requiring access to the poolside must be in possession of a pass.
- Passes must be obtained by using the National Pass Application system at a fee of £15 each and printed off PRIOR to attending. A lanyard and pouch will be provided when checking in at the timing suite and must always be worn/visible.
- Passes will allow access to all 5 days of the 2026 Championships and Teams Day.
- In accordance with Swim England's safeguarding and welfare policies, the required ratio of coaches and team managers to swimmers, must be maintained at all times.
- The Promoters will not be responsible for any unaccompanied swimmers on poolside.

WITHDRAWALS

Heats

Any withdrawals of the Championships should be notified, no later than 4pm on the Friday evening for any Saturday events and by 12noon on the Saturday for Sunday events to ndchampionshipentries@outlook.com providing full details (Name, Event and Event Number).

Entry fees will only be refunded if the swimmer is unable to compete on medical grounds, in which case appropriate medical evidence must be provided. Should a swimmer withdraw from an event on medical ground they will be removed from all other events to be held that day of the competition. All refunds will be at the discretion of the N & D Championships Manager.

Clubs failing to comply with the above (except in the case of a genuine illness or proven emergency) may be liable for a £10.00 penalty fee for each inappropriate withdrawal.

Finals

Any swimmer wishing to withdraw from a final must inform the recorders, in writing on the appropriate form, **within 15 minutes of the announcement of the finalists**. A maximum of 2 reserved will be nominated for finals. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane – there will be no re-seeding.

Any swimmer who having qualified for the final fails to swim without having been withdrawn from the final in the official format, may incur a penalty fee of £15.00 per Final. The responsibility for payment of the fee shall rest with the club under whose name the entry was made.

AWARDS & PRESENTATIONS

Medals shall be awarded to the top 3 swimmers in each event and in each age group.

Medal presentations will take place during the Finals (time permitting) or following the announcement of the results in HDW events.

Swimmers must wear appropriate clothing for the presentations.

It is responsibility of Clubs to ensure the medallists, or a deputy, are available for presentation. Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

Medals will be awarded in Multi-Classification Events however such results will not be used towards the Championships trophies.

At the conclusion of the Championships, the following trophies will be presented on TEAMS Day:

Tom Randall Memorial Trophy - will be awarded to the Club scoring the highest points total in the age categories 10/11, 12, 13 and 14 yrs. Individual points shall be awarded 10 to 1 for competitors placed 1 to 10 for the Events that have finals or from the heats of a heat declared winner event.

Mark Latimer Memorial Trophy - will be awarded to the Club scoring the highest points total in the age categories of 15yrs, 16yrs and 17/Over yrs. Individual points shall be awarded 10 to 1 for competitors placed 1 to 10 for the Events that have finals or from the heats of a heat declared winner event.

Guy North Trophy - will be awarded to the Club winning the most gold medals across the Championship events. In the event of a tie the trophy will be awarded to the club winning the most gold and silver.

OFFICIALS

The Championships cannot run without a full team of licensed officials. Clubs must provide at least one licensed poolside official for each day of the Championships during which they have a swimmer, or swimmers, completing. Failure to provide a minimum of one poolside official may result in a fine of £50 for each day where a Club has a swimmer but no official.

A Copy of the meet expenses policy is available on request and will be distributed to all officials at the point of invitation to allow an informed decision to be made on whether to volunteer.

The Lead Referee for the 2026 Championships is Mrs Christine Johnston who can be contacted on ndofficials@gmail.com

GENERAL INFORMATION/EVENT REGULATIONS

Warm up and swim down facilities will be available at the Championships and will be supervised by venue staff. Swimmers using such facilities must adhere to any instructions issued by such supervisors.

Clubs, via their coaches/team managers will be held responsible for the behaviour and actions of their swimmers using the facilities. All swimmers must be under the supervision of their Coach or Team Manager during the warmup, competition and in the vicinity of the pool, at all times.

The maximum number of lanes available will be used for both heats and finals.

A secondary strobe will be available during the Championships.

Anyone attending this event is required to comply with the Swim England Wave Power guidelines for photography and use of photographs on social media (including still, video, digital and mobile phone cameras).

No person may, for commercial purposes, take photographs or use any video recording equipment at the event without the express written permission of the Promoters.

No flash photograph is permitted at any time within the competition pool hall.

The use of any **mobile phones** in the **changing areas** during any Swim England regulated event **is prohibited**. This includes - making/receiving calls, emails, messages, accessing the internet, listening to music or podcasts as well as use for photography/videography. When in the changing areas, phones should remain out of sight in bags or pockets. This applies to everyone involved in the activity - swimmers, coaches/team staff, officials, meet management, and volunteers.

The NDSA Board has the power to vary the Championship conditions, and as such may be subject to change at short notice.

Any queries should be directed to the Championships Manager
ndchampionshipmanager@outlook.com

SCHEDULE OF EVENTS:

Saturday 7 th February 2026	Sunday 8 th February 2026	Saturday 14 th February 2026	Sunday 15 th February 2026	Saturday 28 th February 2026
Session 1 Warm Up 08:00; Start 09:00	Session 3 Warm Up 08:00; Start 09:00	Session 5 Warm Up 08:00; Start 09:00	Session 7 Warm Up 08:00; Start 09:00	Session 9 Warm Up 08:00; Start 09:00
Male/Open 100m Butterfly	Female 100m Butterfly	Female 200m Freestyle	Male/Open 200m Freestyle	Male/Open 100m Backstroke
Female 100m Freestyle	Male/Open 100m Freestyle	Male/Open 200m Butterfly	Female 200m Butterfly	Female 200m Breaststroke
Male/Open 50m Freestyle	Female 50m Freestyle	Female 50m Backstroke	Male/Open 50m Backstroke	Male/Open 400m Freestyle (HDW)
Female 400 IM (HDW)	Male/Open 400 IM (HDW)	Male/Open 100m Breaststroke	Female 100m Breaststroke	
FINALS	FINALS	FINALS	FINALS	FINALS
Session 2 Warm Up 13:00; Start 14:00	Session 4 Warm Up 13:00; Start 14:00	Session 6 Warm Up 13:00; Start 14:00	Session 8 Warm Up 13:00; Start 14:00	Session 10 Warm Up 13:00; Start 14:00
Male/Open 50m Breaststroke	Female 50m Breaststroke	Female 50m Butterfly	Male/Open 50m Butterfly	Female 100m Backstroke
Female 200m Backstroke	Male/Open 200m Backstroke	Male/Open 200 IM	Female 200 IM	Male/Open 200m Breaststroke
Male/Open 1500m Freestyle (HDW)	Female 1500m Freestyle (HDW)	Female 800m Freestyle (HDW)	Male/Open 800m Freestyle (HDW)	Female 400m Freestyle (HDW)
FINALS	FINALS	FINALS	FINALS	FINALS

All 200m events for 10/11 age group will be heat declared winners (HDW)
All 400/800/1500m events will be heat declared winners (HDW)





Northumberland and Durham Swimming Association 2026 Championships 50m Consideration Times

OPEN/MALE								FEMALE						
10/11	12	13	14	15	16	17/Ov		10/11	12	13	14	15	16	17/Ov
00:38.00	00:36.20	00:33.10	00:31.00	00:29.50	00:28.50	00:28.20	50m Freestyle	00:38.60	00:35.50	00:33.30	00:31.50	00:31.20	00:30.90	00:30.60
01:25.60	01:17.20	01:10.20	01:06.30	01:01.20	01:00.50	00:59.90	100m Freestyle	01:24.40	01:16.30	01:10.50	01:08.00	01:06.50	01:05.55	01:04.90
03:04.00	02:45.00	02:33.00	02:23.70	02:15.70	02:10.60	02:09.30	200m Freestyle	03:05.00	02:46.80	02:32.50	02:25.70	02:23.70	02:22.70	02:21.30
06:25.00	05:47.50	05:15.00	04:58.80	04:42.00	04:37.00	04:34.20	400m Freestyle	06:35.00	06:00.00	05:18.50	05:00.00	04:56.00	04:55.00	04:52.10
	12:26.00	11:00.00	10:16.00	09:56.00	09:35.00	09:29.30	800m Freestyle		12:28.00	11:04.00	10:20.00	10:12.00	10:07.50	10:01.40
	23:35.00	20:17.00	19:40.00	18:45.00	18:15.00	18:04.10	1500m Freestyle		23:00.00	21:30.00	20:21.00	20:11.00	19:58.00	19:46.00
00:54.00	00:49.00	00:44.00	00:41.50	00:39.10	00:36.45	00:36.10	50m Breaststroke	00:51.60	00:47.40	00:44.40	00:42.00	00:41.00	00:40.70	00:40.30
01:55.00	01:44.60	01:34.00	01:28.00	01:22.00	01:19.95	01:19.20	100m Breaststroke	01:50.30	01:41.60	01:35.80	01:31.00	01:28.60	01:25.85	01:25.00
04:11.50	03:46.20	03:21.00	03:05.00	02:57.00	02:54.00	02:52.30	200m Breaststroke	03:55.00	03:38.00	03:20.00	03:12.00	03:05.00	03:04.50	03:02.70
00:47.40	00:42.30	00:37.00	00:35.10	00:32.40	00:31.90	00:31.60	50m Butterfly	00:46.60	00:41.00	00:37.00	00:35.30	00:34.20	00:34.00	00:33.70
01:52.00	01:39.60	01:22.50	01:16.30	01:10.00	01:07.45	01:06.80	100m Butterfly	01:54.00	01:35.50	01:25.00	01:18.50	01:17.00	01:15.00	01:14.30
04:20.00	03:41.00	03:31.50	02:55.00	02:45.00	02:36.00	02:34.40	200m Butterfly	04:02.00	03:55.00	03:11.00	03:04.00	02:59.50	02:58.00	02:56.20
00:45.30	00:43.00	00:38.20	00:35.90	00:34.50	00:33.50	00:33.20	50m Backstroke	00:45.20	00:41.50	00:39.60	00:36.60	00:36.50	00:36.20	00:35.80
01:33.50	01:30.50	01:21.00	01:16.50	01:11.80	01:09.95	01:09.30	100m Backstroke	01:36.00	01:27.50	01:22.30	01:17.00	01:16.50	01:15.50	01:14.70
03:30.00	03:13.00	02:53.00	02:45.00	02:34.00	02:27.55	02:26.10	200m Backstroke	03:28.00	03:06.00	02:53.00	02:43.00	02:42.00	02:41.10	02:39.50
03:28.00	03:07.50	02:51.00	02:42.50	02:33.70	02:29.50	02:28.00	200m Individual Medley	03:32.50	03:08.70	02:54.70	02:44.00	02:43.60	02:41.50	02:39.90
	06:57.00	06:13.00	05:46.00	05:25.00	05:22.50	05:19.30	400m Individual Medley		07:00.00	06:10.00	05:54.00	05:49.00	05:47.50	05:44.00

The closing date for entries is Noon, Wednesday 21 January 2026

Supported by: NESS Swimwear & Smart Office Systems

