

**COSASC National Qualifier 2026 - Meet Timing Report**  
*Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds*

**Session 01**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	X	800 Fr	Heats	60	6	05:30	01:06	01:06
102	X	1500 Fr	Heats	27	3	06:36	01:00	02:06

Estimated Session Finish Time 07:36

**Session 02**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	B	400 Fr	Heats	58	6	09:00	00:34	00:34
202	G	200 IM	Heats	98	10	09:34	00:35	01:09
203	B	200 Ba	Heats	64	7	10:09	00:26	01:34
204	G	200 Fr	Heats	100	10	10:34	00:32	02:06
205	B	100 Br	Heats	56	6	11:06	00:12	02:18
206	G	100 Fl	Heats	64	7	11:18	00:13	02:32
207	B	50 Fl	Heats	119	12	11:32	00:15	02:46
208	G	50 Br	Heats	96	10	11:46	00:14	03:00

Estimated Session Finish Time 12:00

**Session 03**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301	G	400 IM	Heats	37	4	02:00	00:26	00:26
302	B	200 Fl	Heats	51	6	02:26	00:19	00:45
303	G	200 Br	Heats	55	6	02:45	00:23	01:08
304	B	100 Ba	Heats	77	8	03:08	00:18	01:26
305	G	100 Fr	Heats	138	14	03:26	00:25	01:51
306	B	50 Fr	Heats	144	15	03:51	00:18	02:09
307	G	50 Ba	Heats	123	13	04:09	00:21	02:31

Estimated Session Finish Time 04:31

**Session 04**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401	G	400 Fr	Heats	58	6	09:00	00:36	00:36
402	B	200 IM	Heats	78	8	09:36	00:27	01:02
403	G	200 Ba	Heats	67	7	10:02	00:26	01:28
404	B	200 Fr	Heats	79	8	10:28	00:24	01:52
405	G	100 Br	Heats	65	7	10:52	00:15	02:07
406	B	100 Fl	Heats	73	8	11:07	00:15	02:22
407	G	50 Fl	Heats	134	14	11:22	00:18	02:40
408	B	50 Br	Heats	62	7	11:40	00:09	02:49

Estimated Session Finish Time 11:49

**Session 05**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	B	400 IM	Heats	47	5	02:00	00:31	00:31
502	G	200 Fl	Heats	33	4	02:31	00:14	00:44
503	B	200 Br	Heats	49	5	02:44	00:19	01:03
504	G	100 Ba	Heats	97	10	03:03	00:23	01:26
505	B	100 Fr	Heats	120	12	03:26	00:21	01:47
506	G	50 Fr	Heats	166	17	03:47	00:21	02:08
507	B	50 Ba	Heats	79	8	04:08	00:13	02:21

Estimated Session Finish Time 04:21