



**Scottish
Swimming**

2026 National Short Course Open Swimming Championships

(Under World Aquatics Rules/Scottish Swimming Regulations and WPS Rules)

**Royal Commonwealth Pool,
Dalkeith Road, Edinburgh, EH16 5BB
11 — 13 December 2026**

Licence No: L1/840/SS/DEC26

VENUE DETAILS, SESSION TIMES, EVENTS & ELIGIBILITY INFORMATION

Dates	Friday 11 – Sunday 13 December 2026																		
Venue	Royal Commonwealth Pool, Edinburgh, EH16 5BB																		
Pool	8 Lane, 25 metre competition pool with full Electronic Timing 6 Lane, 25 metre swim down pool																		
Age Groups	Open: Male & Open and Female																		
Events	<u>Open Individual Events</u> <table> <tr> <td>50m Freestyle, Backstroke, Breaststroke, Butterfly</td><td>Heats, C, B & A Finals</td></tr> <tr> <td>100m Freestyle, Backstroke, Breaststroke, Butterfly</td><td>Heats, C, B & A Finals</td></tr> <tr> <td>100m Individual Medley</td><td>Heats, C, B & A Finals</td></tr> <tr> <td>200m, 400m Individual Medley</td><td>Heats, B & A Finals</td></tr> <tr> <td>200m Freestyle, Backstroke, Breaststroke, Butterfly</td><td>Heats, B & A Finals</td></tr> <tr> <td>400m Freestyle and 400m Individual Medley</td><td>Heats, B & A Finals</td></tr> <tr> <td>800m, 1500m Freestyle</td><td>Heat Declared Winner</td></tr> </table> <u>Open Relays</u> <table> <tr> <td>Mixed 4 x 50m Medley Relay</td><td>Heat Declared Winner</td></tr> <tr> <td>Mixed 4 x 50m Freestyle Relay</td><td>Heat Declared Winner</td></tr> </table> <u>Para Swimming Events*</u> 50m, 100m, 200m, 400m Freestyle 50m, 100m Backstroke 50m, 100m Breaststroke 50m, 100m Butterfly 200m Individual Medley *Please refer to the supplementary Para Conditions and Consideration Times on page 8 Heats & Finals • In 50m and 100m events, the six fastest heats of events with finals will be swum during the morning sessions. • In 200m and 400m events, the five fastest heats of events with finals will be swum during the morning sessions. • Remaining heats will be swum during the afternoon sessions. • Provisional finalists will be announced following the morning heats. • Confirmed finalists will be announced after completion of each event in the afternoon. A, B & C Finals • The eight fastest athletes from the heats qualify for the A Final. • The next eight fastest athletes qualify for the B Final • C Finals are offered only for 50m and 100m events, places will be allocated to a combination of athletes and para-athletes. (para-athlete qualification is detailed on page 7) Heat Declared winner events • Fastest heat(s) will be swum during the finals session. Slower heats will be swum as published above. At the discretion of National Swimming Committee and under exceptional circumstances, on application, an athlete who does not meet the eligibility or entry criteria may be allowed to compete in the event.	50m Freestyle, Backstroke, Breaststroke, Butterfly	Heats, C, B & A Finals	100m Freestyle, Backstroke, Breaststroke, Butterfly	Heats, C, B & A Finals	100m Individual Medley	Heats, C, B & A Finals	200m, 400m Individual Medley	Heats, B & A Finals	200m Freestyle, Backstroke, Breaststroke, Butterfly	Heats, B & A Finals	400m Freestyle and 400m Individual Medley	Heats, B & A Finals	800m, 1500m Freestyle	Heat Declared Winner	Mixed 4 x 50m Medley Relay	Heat Declared Winner	Mixed 4 x 50m Freestyle Relay	Heat Declared Winner
50m Freestyle, Backstroke, Breaststroke, Butterfly	Heats, C, B & A Finals																		
100m Freestyle, Backstroke, Breaststroke, Butterfly	Heats, C, B & A Finals																		
100m Individual Medley	Heats, C, B & A Finals																		
200m, 400m Individual Medley	Heats, B & A Finals																		
200m Freestyle, Backstroke, Breaststroke, Butterfly	Heats, B & A Finals																		
400m Freestyle and 400m Individual Medley	Heats, B & A Finals																		
800m, 1500m Freestyle	Heat Declared Winner																		
Mixed 4 x 50m Medley Relay	Heat Declared Winner																		
Mixed 4 x 50m Freestyle Relay	Heat Declared Winner																		

Scottish Swimming Contact	Lindsay Lewis, Event Manager, Scottish Swimming Tel: 07715 710581 Email: nationals@scottishswimming.com								
Promoter	SASA National Swimming Committee								
Entry Process	Entries will be by computer file								
Entry Deadline	12:00pm (Noon) - on Tuesday 17 November 2026								
Training	Thursday 10 December, 16:00 - 20:00								
Session Times	Friday 11 December			Saturday 12 December			Sunday 13 December		
	Session	Warm Up	Start	Session	Warm Up	Start	Session	Warm Up	Start
	1	07:45	09:00	4	07:45	09:00	7	07:45	09:00
	2	12:00	12:50	5	12:00	12:50	8	12:00	12:50
	3	16:30	17:30	6	16:30	17:30	9	16:00	17:00
Please note: Session times may be adjusted when all entries have been processed. Any new session times will be notified when the draft programme is issued.									
Spectating	Spectating will be available, and all sessions will be live streamed. Card payment only is accepted. Tickets will be available to purchase in venue per session, there is no pre-sale of spectator tickets. Heats - £4.00, Finals - £6.00								
Competition Disclaimer	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.								
Eligibility	All competitors must be registered with their National Federation to be eligible to compete (R4.5.1). An athlete can only compete for one Club/Team during the Meet and must be eligible to swim for their Club/Team in accordance with Company Rule 5.1.4. To compete for a Scottish Club or Team at National Open Championships, competitors must be registered with SASA and must have paid their current registration fee. National Eligibility – Scottish Swimming Company Rule R4.5.3 A competitor selected to represent Scotland must be a registered member of SASA as per SASA Constitution C3.3 or C.3.5 and must be either: a) for all meets, other than the Commonwealth Games, either i) a native of Scotland or ii) a person with a Scottish parent or iii) a person with a Scottish grandparent or iv) a person who has been resident in Scotland for a minimum of 12 months prior to the first day of competition. b) for the Commonwealth Games Qualified in line with current Commonwealth Games Federation Regulations or Guidelines.								

ENTRY INFORMATION

Entry Guide

- Entries will be by Hy-tek computer files
- The entry file is available [here](#).
- The competed entry file should be emailed to: nationals@scottishswimming.com
- The subject line must be: **[Club Code] - Scottish Short Course Championships**
- Competitors must enter times achieved in accredited competitions held since **1 January 2025** and in 25m short course format (or conversion to 25m pool times). Official conversion tables: both Hy-tek standard conversion or Swim England conversion tables may be used.
- A proof of time report must also be emailed with the entry file. Random checks will be made on entry times and Clubs may be asked for additional information about their entries.
- Para-Swimmers entries should be on the SC entry file. Please email nationals@scottishswimming.com advising the entry file contains Para-Swimming entries.
- **Once the computer entry file has been submitted the Club Entry Secretary must also complete the Online Application Entries Summary by clicking [here](#).**

Club Entry Secretaries should request an invoice at checkout on the online application summary. This invoice should be passed to the relevant person in the Club who has responsibility for making payments. This is only available to Scottish Clubs, please email nationals@scottishswimming.com if a non-Scottish club. NO PAYMENTS SHOULD BE MADE WITHOUT A PR number.

ENTRIES CLOSE at noon on Tuesday 17 November 2026

Entry fee(s): £12.50 Individual Entry £23.00 Relay Entry

No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed. Entry fees will not be refunded for any times submitted out-with the consideration time.

No refunds will be given after the programme has been issued.

Relay Team Entries

- There are no restrictions on the number of relay entries that a club can enter.
- Should it be necessary to restrict the number of relays, teams will be selected on a time basis, whether they are A or B teams etc.
- Please submit individual licensed times for each team member and reserves.
- The submitted relay entry time should be the sum of the licensed times for each provisional team member.
- Each club/team can only score once in each relay event

Important: The names of athletes who are not taking part in an individual event, but competing in relays only, must be emailed in advance to nationals@scottishswimming.com. These athletes must also apply for an athlete accreditation pass.

As soon as possible after closing date, an entry list will be posted on the Scottish Swimming website for Clubs to check, enabling any mistakes to be rectified.

- Any queries from the entry list must be directed to: nationals@scottishswimming.com
- Once entry checks are complete, a draft programme will be posted on the Scottish Swimming website.

Relay Team Lines and Changes to Relay Teams

- Team lines for morning relays should be lodged **no later than 08:00 on the day of the event**. Team lines for the evening relays should be lodged **no later than 16:30 on the day of the event**. The team lines should list all potential reserves.
- Changes to previously submitted team lines, including reserves, can be made up to 1 hour prior to the start of the appropriate session on relay team line forms at the recorders desk. No change to swim order or athletes shall be permitted after that time except in the event of a medical emergency and in that event, only athletes named on the form can be used.
- Relay team line forms can be found on the Scottish Swimming website, click [here](#).

CONSIDERATION TIMES

FEMALE		MALE & OPEN
OPEN	EVENT	OPEN
00:27.90	50m Freestyle	00:24.90
01:00.80	100m Freestyle	00:54.51
02:13.86	200m Freestyle	02:01.05
04:42.31	400m Freestyle	04:22.56
09:30.00	800m Freestyle	08:55.00
18:15.00	1500m Freestyle	17:10.00
00:36.06	50m Breaststroke	00:32.04
01:19.33	100m Breaststroke	01:10.02
02:51.13	200m Breaststroke	02:37.95
00:31.92	50m Backstroke	00:28.85
01:08.77	100m Backstroke	01:02.16
02:29.24	200m Backstroke	02:17.01
00:30.18	50m Butterfly	00:26.90
01:08.25	100m Butterfly	01:00.57
02:36.49	200m Butterfly	02:24.92
01:10.90	100m Individual Medley	01:03.00
02:31.70	200m Individual Medley	02:18.60
05:25.71	400m Individual Medley	04:59.63
01:48.00	4 x 50m Mixed Freestyle Relay	01:48.00
02:00.00	4 x 50m Mixed Medley Relay	02:00.00

SCHEDULE OF EVENTS

Day 1 (Friday 11 December)

SESSION 1 - MORNING

Fastest Heats

400m Individual Medley	MALE&OPEN
400m Individual Medley	FEMALE
100m Freestyle	MALE&OPEN
100m Freestyle	FEMALE
50m Breaststroke	MALE&OPEN
50m Breaststroke	FEMALE
200m Backstroke	MALE&OPEN
200m Backstroke	FEMALE
50m Butterfly	MALE&OPEN
50m Butterfly	FEMALE
4 x 50m Freestyle Relay	MIXED

Slower Heats (HDW)

Day 2 (Saturday 12 December)

SESSION 4 - MORNING

Fastest Heats

200m Individual Medley	FEMALE
200m Freestyle	MALE&OPEN
100m Butterfly	FEMALE
100m Breaststroke	MALE&OPEN
50m Freestyle	FEMALE
50m Backstroke	MALE&OPEN
200m Breaststroke	FEMALE
200m Butterfly	MALE&OPEN
100m Backstroke	FEMALE
100m Individual Medley	MALE&OPEN
400m Freestyle	FEMALE
4x50m Medley Relay	MIXED

Slower Heats (HDW)

Day 3 (Sunday 13 December)

SESSION 7 - MORNING

Fastest Heats

200m Individual Medley	MALE&OPEN
200m Freestyle	FEMALE
100m Butterfly	MALE&OPEN
100m Breaststroke	FEMALE
50m Freestyle	MALE&OPEN
50m Backstroke	FEMALE
200m Breaststroke	MALE&OPEN
200m Butterfly	FEMALE
100m Backstroke	MALE&OPEN
100m Individual Medley	FEMALE
400m Freestyle	MALE&OPEN

SESSION 2 - AFTERNOON

Remaining Heats

400m Individual Medley	MALE&OPEN
400m Individual Medley	FEMALE
100m Freestyle	MALE&OPEN
100m Freestyle	FEMALE
50m Breaststroke	MALE&OPEN
50m Breaststroke	FEMALE
200m Backstroke	MALE&OPEN
200m Backstroke	FEMALE
50m Butterfly	MALE&OPEN
50m Butterfly	FEMALE
800m Freestyle (HDW)	MALE&OPEN
800m Freestyle (HDW)	FEMALE

SESSION 5 - AFTERNOON

Remaining Heats

200m Individual Medley	FEMALE
200m Freestyle	MALE&OPEN
100m Butterfly	FEMALE
100m Breaststroke	MALE&OPEN
50m Freestyle	FEMALE
50m Backstroke	MALE&OPEN
200m Breaststroke	FEMALE
200m Butterfly	MALE&OPEN
100m Backstroke	FEMALE
100m Individual Medley	MALE&OPEN
400m Freestyle	FEMALE
1500m Freestyle (HDW)	MALE&OPEN

SESSION 8 - AFTERNOON

Remaining Heats

200m Individual Medley	MALE&OPEN
200m Freestyle	FEMALE
100m Butterfly	MALE&OPEN
100m Breaststroke	FEMALE
50m Freestyle	MALE&OPEN
50m Backstroke	FEMALE
200m Breaststroke	MALE&OPEN
200m Butterfly	FEMALE
100m Backstroke	MALE&OPEN
100m Individual Medley	FEMALE
400m Freestyle	MALE&OPEN
1500m Freestyle (HDW)	FEMALE

SESSION 3 - EVENING

Finals

800 Freestyle (Fastest)	MALE&OPEN
800 Freestyle (Fastest)	FEMALE
400m Ind. Medley B + A	MALE&OPEN
400m Ind. Medley B + A	FEMALE
100m Freestyle C, B + A	MALE&OPEN
100m Freestyle C, B + A	FEMALE
50m Breaststroke C, B + A	MALE&OPEN
50m Breaststroke C, B + A	FEMALE
200m Backstroke B + A	MALE&OPEN
200m Backstroke B + A	FEMALE
50m Butterfly C, B + A	MALE&OPEN
50m Butterfly C, B + A	FEMALE
4 x 50m Freestyle Relay	MIXED

2 Fastest Heats (HDW)

SESSION 6 - EVENING

Finals

1500m Free (Fastest)	MALE&OPEN
200m Ind. Medley B + A	FEMALE
200m Freestyle B + A	MALE&OPEN
100m Butterfly C, B + A	FEMALE
100m Breaststroke C, B + A	MALE&OPEN
50m Freestyle C, B + A	FEMALE
50m Backstroke C, B + A	MALE&OPEN
200m Breaststroke B + A	FEMALE
200m Butterfly B + A	MALE&OPEN
100m Backstroke C, B + A	FEMALE
100m Ind. Medley C, B + A	MALE&OPEN
400m Freestyle B + A	FEMALE
4 x 50m Medley Relay	MIXED

2 Fastest Heats (HDW)

SESSION 9 - EVENING

Finals

1500m Freestyle (Fastest)	FEMALE
200m Ind. Medley B + A	MALE&OPEN
200m Freestyle B + A	FEMALE
100m Butterfly C, B + A	MALE&OPEN
100m Breaststroke C, B + A	FEMALE
50m Freestyle C, B + A	MALE&OPEN
50m Backstroke C, B + A	FEMALE
200m Breaststroke B + A	MALE&OPEN
200m Butterfly B + A	FEMALE
100m Backstroke C, B + A	MALE&OPEN
100m Ind. Medley C, B + A	FEMALE
400m Freestyle B + A	MALE&OPEN

SUPPLEMENTARY PARA-SWIMMING CONDITIONS & CONSIDERATION STANDARDS

Events	These supplementary conditions are to be adhered to in conjunction with the general conditions for the National Championships. The following events will be integrated into the heats according to consideration times and eligibility criteria:																								
	<table border="1"> <thead> <tr> <th data-bbox="269 285 656 321">Event</th><th data-bbox="656 285 1097 321">Male & Open and Female</th></tr> </thead> <tbody> <tr> <td data-bbox="269 321 656 357">50m Freestyle</td><td data-bbox="656 321 1097 357">S1 – S13</td></tr> <tr> <td data-bbox="269 357 656 392">100m Freestyle</td><td data-bbox="656 357 1097 392">S1 – S14</td></tr> <tr> <td data-bbox="269 392 656 428">200m Freestyle</td><td data-bbox="656 392 1097 428">S1 – S5 & S14</td></tr> <tr> <td data-bbox="269 428 656 464">400m Freestyle</td><td data-bbox="656 428 1097 464">S6 – S13</td></tr> <tr> <td data-bbox="269 464 656 499">50m Backstroke</td><td data-bbox="656 464 1097 499">S1 – S5</td></tr> <tr> <td data-bbox="269 499 656 535">100m Backstroke</td><td data-bbox="656 499 1097 535">S1-S2 & S6 – S14</td></tr> <tr> <td data-bbox="269 535 656 571">50m Breaststroke</td><td data-bbox="656 535 1097 571">SB1 – SB3</td></tr> <tr> <td data-bbox="269 571 656 606">100m Breaststroke</td><td data-bbox="656 571 1097 606">SB4 – SB9, SB11 – SB14</td></tr> <tr> <td data-bbox="269 606 656 642">50m Butterfly</td><td data-bbox="656 606 1097 642">S1 – S7</td></tr> <tr> <td data-bbox="269 642 656 678">100m Butterfly</td><td data-bbox="656 642 1097 678">S8 – S14</td></tr> <tr> <td data-bbox="269 678 656 705">200m IM</td><td data-bbox="656 678 1097 705">SM5 – SM14</td></tr> </tbody> </table> Please see below under General for the number of para swimmers qualifying for C finals	Event	Male & Open and Female	50m Freestyle	S1 – S13	100m Freestyle	S1 – S14	200m Freestyle	S1 – S5 & S14	400m Freestyle	S6 – S13	50m Backstroke	S1 – S5	100m Backstroke	S1-S2 & S6 – S14	50m Breaststroke	SB1 – SB3	100m Breaststroke	SB4 – SB9, SB11 – SB14	50m Butterfly	S1 – S7	100m Butterfly	S8 – S14	200m IM	SM5 – SM14
Event	Male & Open and Female																								
50m Freestyle	S1 – S13																								
100m Freestyle	S1 – S14																								
200m Freestyle	S1 – S5 & S14																								
400m Freestyle	S6 – S13																								
50m Backstroke	S1 – S5																								
100m Backstroke	S1-S2 & S6 – S14																								
50m Breaststroke	SB1 – SB3																								
100m Breaststroke	SB4 – SB9, SB11 – SB14																								
50m Butterfly	S1 – S7																								
100m Butterfly	S8 – S14																								
200m IM	SM5 – SM14																								
Eligibility	To enter the championships, para-athletes must be a member of Scottish Swimming and training in an affiliated Scottish club, or a Scottish eligible non-residential member. Functional (S1-S10, SB1-SB9, SM1-SM10) All competitors must have an authorised Aquatics GB or WPS classification, which is held on the Aquatics GB or WPS classification database at the time of entry. Visual (S11-S13, SB11-SB13, SM11-SM13) All competitors must have an authorised Aquatics GB or WPS classification, which is held on the Aquatics GB or WPS classification database at the time of entry. Intellectual (S14, SB14, SM14) All competitors must have an authorised Virtus or WPS classification which is held on the Aquatics GB or WPS classification database at the time of entry.																								
Accreditation	Permitted for athletes in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the athlete for whom they have personal care responsibilities. An athlete in any of the classes as specified above may have both a coach and a personal care attendant present. Please refer to General Information and Team Staff Information for the accreditation process, page 10 & 12.																								
General	- A fixed number of spaces in 50m and 100m 'C' finals in relevant para-events will be granted to para-athletes using the following method: ➤ 7 para-athletes or more in heats, 4 spaces in C Final ➤ 5 or 6 para-athletes in heats, 3 spaces in C Final ➤ 3 or 4 para-athletes in heats, 2 spaces in C Final ➤ 1 or 2 para-athletes in heats, 1 space in C Final - Para-athletes who qualify for a 'C' final using the above method will be seeded by absolute time of all qualifiers for that final. - Any para-athletes who are ranked in the top 16 in the heats by absolute time go into the relevant final that they qualify for. Where a Para-Athlete qualifies for the C final by absolute time their inclusion will not count towards the Para final allocation as outlined above A maximum of 8 para-athletes can swim per event in morning heats. Where there are more than 8 Para entries in an event, the remaining athletes will be allocated to the afternoon session. Allocation of heat slots will be calculated utilising AGB Para Points with the highest points scoring entries competing in the morning heats.																								

Awards	There will be no para-specific medals or trophies awarded.
Entries	Please refer to the Entry Information section on page 4

PARA CONSIDERATION TIMES

EVENT	MALE & OPEN	FEMALE		EVENT	MALE & OPEN	FEMALE		EVENT	MALE & OPEN	FEMALE
50m Freestyle				100m Freestyle				200m Freestyle		
S1	01:35.70	01:16.99		S1	03:23.75	02:45.72		S1	06:58.97	05:58.53
S2	01:15.98	01:20.91		S2	02:39.95	02:54.76		S2	05:58.59	07:02.19
S3	01:06.99	01:00.48		S3	02:19.03	02:11.43		S3	04:59.15	04:53.22
S4	00:54.38	00:55.38		S4	01:58.41	01:58.92		S4	04:07.26	04:17.29
S5	00:44.67	00:51.06		S5	01:40.53	01:58.92		S5	03:40.14	04:10.66
S6	00:42.85	00:48.82		S6	01:34.47	01:46.29		S14	02:48.60	03:05.56
S7	00:41.07	00:47.46		S7	01:30.13	01:43.81		400m Freestyle		
S8	00:37.98	00:44.87		S8	01:26.53	01:35.49		S6	07:18.63	07:36.85
S9	00:35.94	00:40.98		S9	01:18.34	01:30.30		S7	06:53.34	07:21.42
S10	00:34.82	00:41.13		S10	01:15.96	01:27.21		S8	06:37.74	07:05.12
S11	00:38.83	00:43.80		S11	01:24.22	01:38.62		S9	06:16.17	06:55.02
S12	00:34.48	00:39.97		S12	01:19.03	01:28.21		S10	05:56.57	06:36.12
S13	00:34.82	00:39.84		S13	01:15.98	01:26.01		S11	06:42.71	07:21.74
50m Backstroke				S14	01:16.92	01:24.87		S12	06:08.92	06:33.51
S1	01:34.17	01:39.79		100m Backstroke				S13	05:57.27	06:35.88
S2	01:19.86	01:29.07		S1	03:19.20	03:38.44		200m Individual Medley		
S3	01:07.14	01:17.01		S2	02:53.01	03:19.62		SM5	04:09.83	04:53.81
S4	01:01.49	01:11.97		S6	01:49.08	01:59.35		SM6	03:56.29	04:25.02
S5	00:47.13	00:55.65		S7	01:42.21	01:59.20		SM7	03:42.28	04:21.37
50m Breaststroke				S8	01:33.82	01:48.17		SM8	03:30.85	04:02.23
SB1	01:57.63	02:01.65		S9	01:29.58	01:43.11		SM9	03:18.09	03:49.09
SB2	01:23.88	01:36.50		S10	01:25.78	01:40.05		SM10	03:08.52	03:37.28
SB3	01:09.73	01:22.88		S11	01:39.01	01:50.19		SM11	03:27.24	03:57.65
50m Butterfly				S12	01:30.01	01:42.66		SM12	03:16.31	03:36.84
S1	02:57.21	01:16.69		S13	01:24.54	01:36.96		SM13	03:04.05	03:32.16
S2	01:19.44	01:27.41		S14	01:25.32	01:38.70		SM14	03:11.25	03:31.49
S3	01:10.49	01:09.11		100m Breaststroke						
S4	01:00.72	01:00.33		SB4	02:17.94	02:36.61				
S5	00:45.93	00:58.16		SB5	02:07.70	02:30.88				
S6	00:45.77	00:51.83		SB6	01:57.24	02:17.01				
S7	00:43.38	00:49.49		SB7	01:45.48	02:17.16				
				SB8	01:40.86	01:59.90				
				SB9	01:38.03	01:46.48				
				SB11	01:45.47	01:59.67				
				SB12	01:36.10	01:49.69				
				SB13	01:34.46	01:51.15				
				SB14	01:34.13	01:48.03				
				100m Butterfly						
				S8	01:33.04	01:44.81				
				S9	01:27.37	01:39.83				
				S10	01:21.23	01:38.22				
				S11	01:30.99	01:52.75				
				S12	01:25.20	01:34.67				
				S13	01:20.70	01:33.91				
				S14	01:21.27	01:34.99				

Consideration times must have been achieved since 1 January 2025 and may be achieved in either long or short course meets.

WITHDRAWALS / POOLSIDE PASSES / GENERAL INFORMATION

Withdrawals	Heats: Any withdrawals (including reserves) prior to the first day of the Meet should be notified using the online form by clicking here. Withdrawals for Session 1 must be notified no later than 18:00 on Thursday, 10 December 2026. Withdrawals for subsequent morning sessions not previously notified must be lodged at the Recorders Desk no later than 18:00 on the day prior to the event and for afternoon sessions by 10:00 on the day of the event. Athletes failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10 fine for each late or undeclared withdrawal. Finals: Competitors wishing to withdraw from a Final (including reserves) must inform the Recorders in writing on the form provided within 30 minutes of Finalists Lists having been published or announced. Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended from all further events at the Championships. Please note: Any late withdrawals from Heats or Finals on medical grounds during the event should be discussed with the Meet Director prior to being submitted to the Recorders.
Event Regulations	Entry to all events is expressly subject to the Event Regulations on the Scottish Swimming website which can be found here and may, where appropriate, also require compliance with the facility providers regulations. Scottish Swimming reserves absolutely the right to eject from Events any person failing to comply with each and all of the Event Regulations.
Athlete Passes	All athletes participating in the Meet (including relay team only athletes) must apply for an athlete pass via their membership by clicking here. Passes will not be issued to athletes who are not competing in the Event. Closing date for athlete pass applications is 14:00 on Wednesday 9 December 2026. Athletes are responsible for printing their own pass. The pass will be emailed to all accepted athletes after the programme has been issued. The pass allows access to the changing village, designated seating areas and poolside. Athletes must wear their pass and have it visible at all times within the venue. There will be a £10.00 charge applied for a pass which requires to be printed at the event. Plastic wallets will be available for collection from the Team Staff/athlete event information desk located in the foyer. All pass enquiries must be emailed to nationals@scottishswimming.com
Swimwear	Aquatics GB and Scottish Swimming advise that World Aquatics Regulation 6.1 applies to the Olympic Games and World Aquatics Events. There is no requirement for officials to routinely check every swimmer's suit against the World Aquatics Approved Swimwear List; however, swimmers are required to wear swimwear that complies with Article 6 and, for Swimming competitions, appears on the current Approved Swimwear List. World Aquatics Regulations 6.8.1 and 6.8.2 set out the relevant requirements for the design, construction and material of swimwear.

Media & Photography Information	Throughout this Event Scottish Swimming may have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites. Any competitor wishing not to be photographed should complete this form. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to Scottish Swimming after which the data will be removed. By attending the Event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas. Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms. The use of flash photography is prohibited at the Event. All media personnel attending the Event must apply for an accreditation pass in writing to the Event organiser prior to the start of the competition.
Team Staff	All Club/Team staff must apply for an accreditation pass. Information can be found here. Full Meet: £25.00 (3-day access) Scottish Swimming member Non-Scottish Swimming member Day Pass: £10.00 (Access is only for the day the pass has been requested for) Scottish Swimming member Non-Scottish Swimming member Application deadline: noon Wednesday 25th November Scottish Swimming Annual Passes are valid at this event. Lost/replacement passes will be charged a fee of £10.00 for the issue of a replacement pass. A pass entitles the holder entry to the Meet, poolside access, and the WhatsApp Broadcast. All passes must be printed and worn by all Club/Team staff and be visible at all times. All pass enquiries must be emailed to nationals@scottishswimming.com
Safeguarding	The primary safeguarding point of contact for the event in relation to wellbeing and protection matters or accidents is the event Meet Director. The secondary point of contact is the Scottish Swimming Safeguarding Manager.
Transgender & Non Binary	The Scottish Transgender & Non Binary Competition Policy was implemented nationally across all aquatic sports on 1st January 2024. The Policy and FAQs can be found here. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the female category.

AWARDS AND PRESENTATIONS

Open Events (including relays)	Medals will be awarded as follows: • Scottish Open Champion 1st, 2nd and 3rd • Scottish National Champion 1st (where the winner is not also the Open Champion) • Scottish Junior Champion 1st (aged under 17 as at 31 December 2026) The Scottish National Champion and Scottish Junior Champion must be registered with Scottish Swimming. Please refer to Eligibility on Page 3. A junior relay team must consist of 4 athletes, all of whom will be aged under 17 years on 31 December 2026.
Special Awards	The following Trophies will be awarded: • Alistair Sankey Memorial Trophy - Best combined performance in the senior men's 100m and 200m Butterfly Championships using World Aquatics points. Restricted to athletes based in Scotland or eligible to swim for Scotland. • Paisley 500 - Best overall performance by a male or female as determined by points calculated as below for individual events. 1st: 20 points 2nd: 18 points 3rd: 16 points 4th-16th: 13 points down to 1 point. • Citrus Trophies - Best performance by a junior male and female as determined by World Aquatics points. • Aberdeen 200 - Best single performance for male and female as determined by World Aquatics points. • Best Team Cup – Most points earned by a Scottish Club/Team in the Open competition. Points will be calculated as follows for all eligible individual events: 1st 20 points 2nd 18 points 3rd 16 points 4th-16th 13 points down to 1 point. The first eight eligible relay teams will score points as follows*: 1st 20 points 2nd 18 points 3rd 16 points 4th-8th 13 points down to 9 points *Each club/team can only score once in each relay event
Presentations	Medal/trophy winning athletes must report to the Presentation Marshall immediately upon completing their race and collecting their dry clothes from the holding area. Appropriate Club kit clothing must be worn for the presentations. It is the responsibility of the respective Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in the Club Information Pack. An athlete (or their deputy) who fail to attend the appropriate presentation will result in them forfeiting their medal. Please note: Presentation procedures may be subject to change.