SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

(Affiliated to Swim England North East Region)

Winter Open Meet 2026

Under Swim England Laws & Swimming England Technical Rules
License Number TBC
(For entry into Regional and County Championships)

Friday 11th - Sunday 13th December 2026

Scarborough Sports Village, Scarborough, YO11 2JW
25m, 8 Lane Pool with anti-wave ropes, large scoreboard with electronic timing

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs +
Ages as of 30th November 2026

50m, 100m, 200m, 400m, 800m and 1500m Freestyle

50m, 100m & 200m Backstroke, Breaststroke and Butterfly
100m, 200m & 400m Individual Medley.

50m, 100m & 200m Individual Medley events will be A/B/C Graded

All events are heat declared winners
Medals 1st – 3rd in each age group and grade
Speeding Tickets for times faster than the cut offs for entered grade.

Senior (13 years +) Frontcrawl Relay A-B-C - 3 x 50m SKINS – Qualified from 100m Freestyle
Junior (12 years & Under) Frontcrawl Relay A-B-C - 3 x 50m SKINS – Qualified from 100m Freestyle

Individual entries: £7.00 - 800m & 1500m entries: £13.00
Coaches & Poolside Passes: £25.00 each including Buffet Lunch
Spectator Tickets: £10 per day, £6 per Morning/Afternoon

Poolside passes must be purchased with the entries
Spectator tickets to be purchased on the day.

Entries to be submitted on-line via www.OpenMeets.co.uk.
Entries open 10:00 Hr 30th September 206 and close midnight 13th November 2026 or when the meet is full.

For further information please visit

www.scarboroughswimmingclub.org.uk/scarborough-swimming-club-meets/

or email events@scarboroughswimmingclub.org.uk
Promoter: Chris Rhodes & Nathan Renshaw

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

SKINS EVENT CRITERIA

The Skins Event is a multi-round of 3x50m Frontcrawl Relay Elimination Competition.

The 6 fastest 13yrs & Over Male & Female swimmers from each grade, from the 100m Freestyle qualify for the Senior Skins. These will make up a 3x50m relay team and will select their own order

The 6 fastest 12yrs & Under Male & Female swimmers from each grade, from the 100m Freestyle qualify for the Junior Skins. These will make up a 3x50m relay team and will select their own order

Each Team will consist of the following Swimmer.
1 A Grade Swimmer - 1 B Grade Swimmer – 1 C Grade Swimmer

Swimmers who swim faster than the oldest appropriate age group, will not be eligible for the skins.

All skins qualifiers must confirm they are swimming by the specified time and should listen for announcements.

Skins qualifiers must attend their briefing at the stated time.

Any swimmer does not present at the start of the briefing will be replaced from the reserve list.

The skins qualifiers lanes are drawn at random at the start of the briefing. These will make up the teams for the event

After each round is swim the slowest team is eliminated unless another team is disqualified, in which case the disqualified team is eliminated.

Each round for Senior Swimmers will be 2min 30 seconds. Junior Swimmers will be 3mins

During the skins event only competing swimmers and necessary officials are allowed at the deep end of the pool.

Promoter Reserves the right to alter the criteria to make up the team in case of not enough swimmers on the day.

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

Schedule of Events

Friday Evening Session 1

Warm-up: 6:30pm, First heat: 7:10pm

101	Mixed – 800m Freestyle
102	Mixed – 1500m Freestyle

Saturday Morning - Session 2

Warm-up: 7:45am, First heat: 9:00am

201	Girls – 200m Freestyle
202	Boys – 50m Breaststroke
203	Girls – 50m Butterfly
204	Boys – 100m Freestyle
205	Girls – 200m Backstroke
206	Boys – 200m Breaststroke
207	Girls – 100m Breaststroke
208	Boys – 400m Individual Medley
209	Girls – 100m Individual Medley

Saturday Afternoon – Session 3

Warm-up: TBC, First heat: TBC

301	Senior Boys ABC – 3x50m Frontcrawl Relay
302	Junior Boys ABC – 3x50m Frontcrawl Relay
303	Girls 200m – Individual Medley
304	Boys – 50m Freestyle
305	Girls – 50m Backstroke
306	Boys – 200m Butterfly
307	Girls – 100m Butterfly
308	Boys – 100m Backstroke
309	Girls – 400m Freestyle

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

Sunday Morning - Session 4

Warm-up: 7:45am, First heat: 9:00am

401	Boys - 200m Freestyle
402	Girls – 50m Breaststroke
403	Boys – 50m Butterfly
404	Girls – 100m Freestyle
405	Boys – 200m Backstroke
406	Girls – 200m Breaststroke
407	Boys – 100m Breaststroke
408	Girls – 400m Individual Medley
409	Boys – 100m Individual Medley

Sunday Afternoon – Session 5

Warm-up: TBC, First heat: TBC

501	Senior Girls ABC – 3x50m Frontcrawl Relay
502	Junior Girls ABC – 3x50m Frontcrawl Relay
503	Boys - 200m Individual Medley
504	Girls – 50m Freestyle
505	Boys – 50m Backstroke
506	Girls – 200m Butterfly
507	Boys – 100m Butterfly
508	Girls – 100m Backstroke
509	Boys – 400m Freestyle

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

A GRADE

Cut-offs (not faster than)

Boys

	9	10	11	12	13	14	15+
50m Freestyle	34.90	30.80	29.10	27.10	26.60	25.30	24.00
100m Freestyle	1:18.90	1:06.60	1:02.50	59.20	57.00	55.10	52.90
200m Freestyle	2:47.90	2:24.00	2:15.00	2:08.70	2:03.80	1:58.30	1:55.40
400m Freestyle	-	5:20.50	4:44.00	4:30.90	4:21.90	4:10.50	4:07.60
800m Freestyle	-	-	-	9:56.4	9:26.3	8:44.5	8:31.1
1500m Freestyle	-	-	-	18:42.1	17:51.5	17.17.5	16:26.1
50m Breaststroke	40.00	40.00	37.50	35.10	33.70	31.70	29.40
100m Breaststroke	1:26.00	1:26.00	1:20.50	1:15.30	1:12.20	1:08.20	1:05.40
200m Breaststroke	3:18.10	3:18.10	3:04.7	2:53.6	2:43.2	2:28.7	2:20.3
50m Butterfly	34.10	34.10	32.30	30.50	29.20	27.60	25.10
100m Butterfly	1:15.40	1:15.40	1:10.40	1:06.20	1:03.20	58.20	55.90
200m Butterfly	3:00.80	3:00.80	2:44.70	2:35.10	2:26.30	2:12.1	2:06.80
50m Backstroke	35.50	35.50	33.60	31.60	30.50	28.50	28.40
100m Backstroke	1:15.30	1:15.30	1:10.90	1:06.00	1:03.80	1:00.80	59.60
200m Backstroke	2:50.80	2:50.80	2:40.10	2:31.20	2:22.90	2:10.40	2:05.20
100m IM	1:18.20	1:18.20	1:13.90	1:09.80	1:06.50	1:02.70	1:00.00
200m IM	2:43.40	2:43.40	2:34.20	2:26.60	2:16.60	2:13.70	2:10.20
400m IM	-	6:16:40	5:46.60	5:25.20	5:09.60	4:42.80	4:30.70

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

Girls

	9	10	11	12	13	14	15+
50m Freestyle	35.3	31.30	29.90	29.00	28.50	27.90	26.50
100m Freestyle	1:20.00	1:07.20	1:03.30	1:02.00	1:02.00	59.50	57.00
200m Freestyle	2:49.70	2:24.50	2:16.90	2:12.90	2:10.90	2:08.00	2:05.80
400m Freestyle	-	5:24.90	5:00.10	4:37.20	4:33.10	4:28.30	4:16.60
800m Freestyle	-	-	-	9:49.9	9:29.5	9:20.2	9:11.8
1500m Freestyle	-	-	-	18:58.1	18:18.9	17:45.3	17:44.8
50m Breaststroke	46.80	40.10	38.00	36.60	35.80	34.00	32.90
100m Breaststroke	1:44.30	1:25.30	1:21.30	1:18.10	1:15.80	1:11.80	1:08.80
200m Breaststroke	3:37.50	3:18.30	3:04.40	2:54.30	2:47.50	2:41.40	2:25.10
50m Butterfly	40.20	36.30	34.50	32.70	31.70	31.00	30.30
100m Butterfly	1:37.60	1:22.50	1:15.70	1:11.00	1:08.80	1:07.00	1:05.40
200m Butterfly	3.33.10	3:03.10	2:46:50	2:35.80	2:30.20	2:23.10	2:18.90
50m Backstroke	40.70	37.40	35.50	33.90	32.80	32.10	31.40
100m Backstroke	1:31.10	1:21.40	1:15.40	1:11.20	1:08.80	1:07.60	1:06.10
200m Backstroke	3:08.40	2:52.20	2:39.10	2:31.30	2:27.30	2:22.00	2:19.90
100m IM	1:30.70	1:18.00	1:14.30	1:11.70	1:10.80	1:08.90	1:05.40
200m IM	3:12.50	2:43.20	2:34.70	2:30.70	2:27.70	2:24.90	2:14.10
400m IM	-	6:15.50	5:44.30	5:25.60	5:15.30	5:03.40	4:52.90

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

B GRADE

Cut-offs (not faster than)

Boys

	9	10	11	12	13	14	15+
50m Freestyle	40.70	38.00	35.90	33.90	32.10	30.40	29.00
100m Freestyle	1:31.50	1:22.90	1:17.80	1:13.20	1:08.90	1:05.40	1:00.10
50m Breaststroke	53.20	49.60	46.50	43.70	40.70	38.60	35.00
100m Breaststroke	1:59.70	1:48.10	1:40.10	1:33.80	1:27.40	1:22.70	1:15.10
50m Butterfly	46.80	43.90	40.40	37.50	35.70	34.00	32.50
100m Butterfly	1:50.10	1:35.90	1:27.60	1:22.00	1:16.70	1:12.30	1:05.60
50m Backstroke	46.90	43.60	41.20	39.00	36.50	34.80	31.50
100m Backstroke	1:43.30	1:34.70	1:27.60	1:22.50	1:17.30	1:13.00	1:06.30
100m IM	1:43.80	1:36.20	1:30.90	1:26.00	1:20.70	1:16.00	1:09.00
200m IM	3:41.70	3:25.10	3:00.50	2:50.40	2:40.70	2:34.30	2:27.30

Girls

	9	10	11	12	13	14	15+
50m Freestyle	40.60	39.60	36.50	35.10	34.10	33.10	32.40
100m Freestyle	1:32.90	1:24.60	1:18.70	1:14.30	1:11.50	1:09.50	1:07.00
50m Breaststroke	54.20	50.00	46.70	44.00	42.10	40.80	42.90
100m Breaststroke	2:00.2	1:48.80	1:40.20	1:34.40	1:29.80	1:26.50	1:21.00
50m Butterfly	46.50	42.40	40.10	37.90	36.40	35.20	33.90
100m Butterfly	1:51.40	1:36.00	1:28.00	1:22.40	1:19.00	1:16.30	1:13.30
50m Backstroke	47.30	43.80	41.40	39.30	37.70	36.50	35.10
100m Backstroke	1:45.20	1:35.20	1:28.10	1:22.70	1:19.20	1:17.00	1:14.00
100m IM	1:45.30	1:35.10	1:31.30	1:26.40	1:22.60	1:20.60	1:17.20
200m IM	3:44.00	3:25.60	3:11.40	3:00.60	2:53.80	2:48.70	2:42.00

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

C GRADE

Cut-offs (not faster than)

Boys

	9	10	11	12	13	14	15+
50m Freestyle	48.50	43.80	40.60	38.00	36.60	35.00	33.60
100m Freestyle	1:49.00	1:44.00	1:35.00	1:26.00	1:18.00	1:13.00	1:09.00
50m Breaststroke	1:03.10	56.60	52.60	48.70	45.50	43.50	41.50
100m Breaststroke	54.40	2:13.00	1:59.00	1:51.00	1:40.00	1:34.00	1:29.00
50m Butterfly	54.40	49.50	45.50	42.40	40.50	38.00	36.60
100m Butterfly	2:08.90	2:00.00	1:46.00	1:38.00	1:29.00	1:23.00	1:19.00
50m Backstroke	55.80	52.00	47.00	44.10	41.40	40.00	37.00
100m Backstroke	2:02.20	1:59.00	1:47.00	1:38.00	1:29.00	1:23.00	1:18.00
100m IM	2:03.10	1:52.00	1:45.00	1:37.00	1:32.00	1:28.00	1:23.00
200m IM	4:24.00	4:04.70	3:55.00	3:30.80	3:13.10	2:59.00	2:51.20

Girls

	9	10	11	12	13	14	15+
50m Freestyle	48.50	44.60	41.00	39.50	38.50	37.00	36.00
100m Freestyle	1:49.10	1:41.00	1:31.00	1:26.00	1:21.00	1:18.00	1:15.00
50m Breaststroke	1:03.40	57.70	52.70	50.00	48.10	46.80	45.70
100m Breaststroke	2:20.30	2:08.00	1:59.00	1:52.00	1:47.00	1:41.00	1:37.00
50m Butterfly	54.30	49.50	45.50	43.50	41.60	40.70	39.80
100m Butterfly	2.08.80	1:55.00	1:46.00	1:39.00	1:31.00	1:27.00	1:21.00
50m Backstroke	55.50	50.70	46.00	44.60	43.00	42.60	41.90
100m Backstroke	2:02.9	1:56.00	1:44.00	1:38.00	1:33.00	1:25.00	1:20.00
100m IM	2:03.70	1:53.00	1:44.00	1:38.00	1:35.00	1:34.00	1:30.00
200m IM	4:23.50	4:03.10	3:40.00	3:30.00	3:15.00	3:08.00	3:00.00

SCARBOROUGH SWIMMING CLUB
WINTER OPEN MEET

SCARBOROUGH SWIMMING CLUB OPEN MEET 2026 PROMOTERS' CONDITIONS

1. MEET ORGANISERS

1.1 The Meet Promoters and Administrators are Nathan Renshaw and Chris Rhodes on behalf of Scarborough Swimming Club.

1.2 The closing date for entries and receipt of full payment is midnight on 1 November 202.

2. GENERAL CONDITIONS

2.1 The Meet will be conducted as a Short Course competition under Swim England Regulations, Technical Rules of Swimming and these Promoters' Conditions.

2.2 The Meet is licensed at Swim England Level 3 under licence number TBC

2.3 The Promoters reserve the right to amend these conditions where required by Swim England, the venue operator, or any applicable legislation or guidance.

2.4 To ensure the safe and efficient operation of the Meet, the Promoters reserve the right to restrict entries in any event. Where events are oversubscribed, preference may be given to swimmers with the fastest verified entry times.

2.5 Time Trials will not be permitted.

2.6 Flash photography is prohibited throughout the Meet.

2.7 A secondary strobe will be available where provided by the venue.

3. DATA PROTECTION

3.1 By entering this competition, swimmers and/or their parents or guardians consent to the collection, storage and processing of personal information for the purposes of administering the Meet.

3.2 Information provided will be used solely for the administration of the competition, publication of results, submission to Swim England Rankings and communication with participating clubs.

3.3 Results may be published online and shared with participating clubs.

3.4 Competition data will be retained securely for up to 12 months following the Meet before being deleted.

3.5 Requests relating to personal data should be made in writing to the Meet Promoter.

4. ELIGIBILITY

4.1 The competition is open to swimmers who are registered as Club Compete members of Swim England, Scottish Swimming, Swim Wales, or equivalent members of clubs affiliated with World Aquatics.

4.2 Swimmers must satisfy the published qualifying standards.

4.3 Swimmers with a recognised disability classification are welcome to enter.

4.4 The Female category is restricted to swimmers whose birth sex is female, in accordance with the current Swim England Transgender and Non-Binary Competition Policy.

4.5 The Promoters reserve the right to accept late entries where space remains available after the closing date.

4.6 By entering the competition, swimmers and/or their parent or guardian confirm that the swimmer is fit and able to compete safely.

5. AGE GROUPS

5.1 Age groups are:

9 Years
10 Years
11 Years
12 Years
13 Years
14 Years
15 Years and Over

5.2 Age shall be determined as at 13th December 2026.

5.3 The minimum age for the 800m and 1500m Freestyle events is 12 years.

6. EVENTS

6.1 Individual events are:

- 50m, 100m, 200m and 400m Freestyle
- 50m, 100m and 200m Backstroke
- 50m, 100m and 200m Breaststroke
- 50m, 100m and 200m Butterfly
- 200m and 400m Individual Medley
- 800m and 1500m Freestyle (11 years and over)

6.2 Selected events may be operated on an A/B/C grading basis.

7. ENTRY FEES

7.1 Entry fees are:

- £7.00 per individual event
- £13.00 per 800m or 1500m Freestyle event

7.2 Entry fees are non-refundable except where:
(a) entries are rejected;
(b) the Meet is cancelled; or
(c) a refund is approved under the withdrawal procedure.

8. ENTRIES

8.1 Entries must be submitted electronically via Open Meets.

8.2 Full payment must be received before entries can be processed.

8.3 The Promoters reserve the right to reject any entry.

8.4 Entry acceptance will be confirmed following the closing date.

8.5 If the Meet becomes oversubscribed, entries may be restricted to maintain a balanced programme.

8.6 Rejected entry fees will be refunded to the submitting club.

8.7 The submission of an entry constitutes acceptance of these conditions.

8.8 Visiting clubs entering five or more swimmers are requested to provide at least one qualified official per session.

9. MEET PROCEDURES

9.1 Events will be seeded by entry time and swum slowest to fastest.

9.2 All events will be Heat Declared Winner.

9.3 Male and female swimmers in the 800m and 1500m Freestyle events may be seeded together.

9.4 The Promoters reserve the right to limit the number of heats in any event.

9.5 Medals will be awarded to the first three swimmers in each age group and/or grade.

9.6 Over-the-top starts and backstroke ledges may be used where appropriate.

9.7 Entry times may be verified against official rankings. Any deliberately inaccurate entry times may result in rejection without refund.

9.8 Warm-up procedures will be published prior to the Meet.

10. WITHDRAWALS

10.1 Withdrawals should be submitted before the commencement of the relevant session warm-up.

10.2 Withdrawals may be made through Open Meets or via the withdrawal process detailed in the coaches' information pack.

10.3 Refunds will not normally be issued following acceptance of entries.

10.4 Refund requests supported by appropriate medical evidence may be considered at the discretion of the Promoters.

11. MARSHALLING

11.1 Swimmers are responsible for reporting to marshalling in good time.

11.2 Swimmers must follow all instructions issued by marshals and stewards.

11.3 Swimmers must report race-ready.

11.4 Coaches, Team Managers and Chaperones are not permitted within the marshalling area.

12. COACHES, TEAM MANAGERS AND CHAPERONES

12.1 Weekend passes are available at £25 per person.

12.2 Passes include start lists, results, refreshments and meals where provided.

12.3 Wristbands must be worn at all times.

12.4 Coaches, Team Managers and Chaperones must hold appropriate safeguarding training and DBS clearance where required.

13. SAFEGUARDING

13.1 All attendees must comply with current Swim England safeguarding policies and procedures.

13.2 Parents and carers taking photographs or videos should focus on their own child wherever reasonably possible.

14. PHOTOGRAPHY AND FILMING

14.1 Flash photography is prohibited.

14.2 Photography is not permitted poolside unless specifically authorised.

14.3 Cameras and mobile devices must not be used within changing areas.

14.4 The event may be live streamed and recorded.

15. SAFETY AND SECURITY

15.1 Swimmers, coaches, officials and spectators must comply with all venue regulations and safety instructions.

15.2 The organisers reserve the right to remove any individual whose conduct adversely affects the safety, welfare or enjoyment of others.

15.3 Bags must be stored in designated areas. Only small drawstring bags may be taken poolside.

15.4 Only swimmers, coaches, officials and accredited team staff are permitted on poolside.

15.5 Swimmers must dry off and wear suitable footwear before entering spectator areas.

16. ADMISSION

16.1 Doors open at 7:30am for swimmers, coaches, officials and team staff.

16.2 Spectator admission is by wristband:

- £6.00 per half day
- £10.00 per full day

16.3 Spectators must vacate the balcony between sessions when requested.

17. GENERAL

17.1 Clubs are advised not to make travel or accommodation arrangements until written confirmation of entry has been received.

17.2 Other than entry fees, the Promoters accept no liability for costs incurred as a result of cancellation, postponement or amendment of the Meet.

17.3 The decision of the Meet Promoter shall be final in all matters relating to the operation of the Meet.