City of Sunderland ASC

(Affiliated to N&D SA & ASA NER)

Club Championships 2026

(Under ASA Laws & Technical Rules)

Friday 18th December 2026

This event is licensed Level 4 by the ASA

Licence number: 4NE262875

1 Sunderland Aquatic Centre has a 10 lane 25m pool with a full electronic timing system.

2 Events will be 25m all strokes and 50m all strokes. All events age group Heat Declared Winners.

3 Age Groups are 8yrs/Under (25m only, manual timing), 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs & over

4 **Only registered City of Sunderland ASC swimmers are permitted to enter.**

5 **Age at 18th December 2026.**

6 There are no upper or lower qualifying times. All entries will be accepted.

7 Non-refundable entry fee of £20.00 per swimmer.

8 Entry forms should be returned to the Competition Secretary **by midnight 27th November 2026** at the latest enclosing fees. Payment should be made to C.O.S.A.S.C. Contact the Meet Manager with any further enquiries.

9 Entry times are **Short Course**. The meet will be managed using Sportsystems. The entry file will convert all ASA rankings long course times, to short course automatically. Paper entry times should be converted to short course times by use of ASA Conversion Tables.

10 The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

11 All events will be swum in combined age-group heats, with swimmers seeded by entry times.

12 Medals will be awarded to the top THREE placed swimmers: Age Groups 8yrs/Under, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs & over.

13 Club Champions (male and female) will be determined by cumulative IM scores across all four races: 100 IM for 8/under and 200 IM for 9/over. Trophies will be presented at the Club's Christmas celebration or poolside by the coach if the winner is absent.

14 Swimmers are not allowed into the spectator area wearing swimwear – they **MUST** be dry and fully clothed. No changing is allowed on poolside; the changing village is to be used for this purpose.

15 All swimmers under the age of 16 must be accompanied by an adult at all times while on poolside.

16 Spectators are not allowed onto poolside at any time.

17 When swimmers leave marshalling and report to the turn judge at the start end they must immediately remove all clothing except for swimwear. Over-the-top starts and side-by-side for backstroke may be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.

18 Official information can be obtained from: officials@cityofsunderlandasc.co.uk

19 The Meet Manager for this event can be contacted via: meetmanager@cityofsunderlandasc.co.uk

20 Further information can be obtained from: galas@cityofsunderlandasc.co.uk or see our website: www.cityofsunderlandasc.co.uk

CITY OF SUNDERLAND ASC CLUB CHAMPS 18th DECEMBER 2026

EVENT SCHEDULE FOR COSASC CLUB CHAMPIONSHIPS 2026

Session 1 – 18/12/2026 @ 16:30			
101	Boys	9/OV	50m Butterfly
102	Girls	9/OV	50m Butterfly
103	Boys	8/UN	25m Butterfly
104	Girls	8/UN	25m Butterfly
105	Boys	9/OV	50m Backstroke
106	Girls	9/OV	50m Backstroke
107	Boys	8/UN	25m Backstroke
108	Girls	8/UN	25m Backstroke
109	Boys	9/OV	50m Breaststroke
110	Girls	9/OV	50m Breaststroke
111	Boys	8/UN	25m Breaststroke
112	Girls	8/UN	25m Breaststroke
113	Boys	9/OV	50m Freestyle
114	Girls	9/OV	50m Freestyle
115	Boys	8/UN	25m Freestyle
116	Girls	8/UN	25m Freestyle