

# 2025 National Qualifier

License 1NE250042 | Sunderland Aquatic Centre – Friday 11<sup>th</sup> April 2025 | Results - Session One

## EVENT 101 Mixed 800m Freestyle

### OPEN/MALE 12 Yrs Age Group - Full Results

| Place | Name                 | AaD          | Club         | Time         | WA Pts       |
|-------|----------------------|--------------|--------------|--------------|--------------|
| 1.    | Gabriel Rennison-Rae | 12           | Tynemouth    | 10:02.85     | 421          |
|       | 50m 32.05            | 100m 1:08.90 | 150m 1:47.54 | 200m 2:25.61 | 250m 3:03.90 |
|       | 32.05                | 36.85        | 38.64        | 38.07        | 38.29        |
|       | 450m 5:37.55         | 500m 6:15.77 | 550m 6:54.04 | 600m 7:32.45 | 650m 8:11.28 |
|       | 38.76                | 38.22        | 38.27        | 38.41        | 38.83        |
|       |                      |              |              |              | 38.19        |
| 2.    | Austin Forster       | 12           | Co Sund'land | 10:12.10     | 402          |
|       | 50m 32.25            | 100m 1:09.33 | 150m 1:47.53 | 200m 2:26.66 | 250m 3:05.72 |
|       | 32.25                | 37.08        | 38.20        | 39.13        | 39.06        |
|       | 450m 5:42.38         | 500m 6:22.08 | 550m 7:00.55 | 600m 7:39.58 | 650m 8:18.18 |
|       | 38.96                | 39.70        | 38.47        | 39.03        | 38.60        |
|       |                      |              |              |              | 39.09        |
| 3.    | Adam Shipley         | 12           | Middlesboro  | 10:18.43     | 390          |
|       | 50m 34.91            | 100m 1:13.00 | 150m 1:52.70 | 200m 2:31.10 | 250m 3:09.91 |
|       | 34.91                | 38.09        | 39.70        | 38.40        | 38.81        |
|       | 450m 5:46.11         | 500m 6:24.62 | 550m 7:04.23 | 600m 7:43.34 | 650m 8:22.87 |
|       | 38.72                | 38.51        | 39.61        | 39.11        | 39.53        |
|       |                      |              |              |              | 39.27        |
| 4.    | Jake Reddivari       | 12           | Middlesboro  | 10:26.52     | 375          |
|       | 50m 33.84            | 100m 1:11.22 | 150m 1:50.15 | 200m 2:29.28 | 250m 3:08.89 |
|       | 33.84                | 37.38        | 38.93        | 39.13        | 39.61        |
|       | 450m 5:48.64         | 500m 6:28.93 | 550m 7:08.78 | 600m 7:49.50 | 650m 8:29.61 |
|       | 40.11                | 40.29        | 39.85        | 40.72        | 40.11        |
|       |                      |              |              |              | 40.44        |

### OPEN/MALE 13 Yrs Age Group - Full Results

| Place | Name            | AaD          | Club         | Time         | WA Pts       |
|-------|-----------------|--------------|--------------|--------------|--------------|
| 1.    | Dexter Akehurst | 13           | Co Sheffield | 9:59.19      | 429          |
|       | 50m 33.20       | 100m 1:09.08 | 150m 1:46.23 | 200m 2:23.43 | 250m 3:00.58 |
|       | 33.20           | 35.88        | 37.15        | 37.20        | 37.15        |
|       | 450m 5:32.68    | 500m 6:11.21 | 550m 6:49.50 | 600m 7:28.22 | 650m 8:07.00 |
|       | 38.58           | 38.53        | 38.29        | 38.72        | 38.78        |
|       |                 |              |              |              | 37.66        |
| 2.    | Zach Air        | 13           | Morpeth      | 9:59.59      | 428          |
|       | 50m 31.97       | 100m 1:10.09 | 150m 1:47.59 | 200m 2:25.96 | 250m 3:04.70 |
|       | 31.97           | 38.12        | 37.50        | 38.37        | 38.74        |
|       | 450m 5:38.37    | 500m 6:15.80 | 550m 6:54.29 | 600m 7:33.27 | 650m 8:11.16 |
|       | 37.60           | 37.43        | 38.49        | 38.98        | 37.89        |
|       |                 |              |              |              | 36.42        |
| 3.    | Dexter Grocock  | 13           | Co Sheffield | 10:03.39     | 420          |
|       | 50m 31.83       | 100m 1:08.87 | 150m 1:46.34 | 200m 2:24.62 | 250m 3:03.09 |
|       | 31.83           | 37.04        | 37.47        | 38.28        | 38.47        |
|       | 450m 5:37.82    | 500m 6:16.38 | 550m 6:54.74 | 600m 7:33.18 | 650m 8:11.33 |
|       | 38.23           | 38.56        | 38.36        | 38.44        | 38.15        |
|       |                 |              |              |              | 37.89        |
| 4.    | Orin Connolly   | 13           | Middlesboro  | 10:11.03     | 405          |
|       | 50m 33.75       | 100m 1:11.02 | 150m 1:49.23 | 200m 2:27.96 | 250m 3:06.80 |
|       | 33.75           | 37.27        | 38.21        | 38.73        | 38.84        |
|       | 450m 5:42.53    | 500m 6:21.16 | 550m 6:59.86 | 600m 7:38.61 | 650m 8:16.98 |
|       | 39.04           | 38.63        | 38.70        | 38.75        | 38.37        |
|       |                 |              |              |              | 38.51        |
| 5.    | Luke Dodds      | 13           | Bo Stockton  | 10:45.13     | 344          |
|       | 50m 34.33       | 100m 1:13.47 | 150m 1:53.44 | 200m 2:34.39 | 250m 3:15.43 |
|       | 34.33           | 39.14        | 39.97        | 40.95        | 41.04        |
|       | 450m 6:00.69    | 500m 6:41.86 | 550m 7:23.06 | 600m 8:03.51 | 650m 8:44.75 |
|       | 41.47           | 41.17        | 41.20        | 40.45        | 41.24        |
|       |                 |              |              |              | 41.00        |
| 6.    | Felix Nutter    | 13           | Burnley BOBC | 10:45.83     | 343          |
|       | 50m 35.36       | 100m 1:14.90 | 150m 1:54.93 | 200m 2:35.91 | 250m 3:17.39 |
|       | 35.36           | 39.54        | 40.03        | 40.98        | 41.48        |
|       | 450m 6:03.57    | 500m 6:44.76 | 550m 7:25.76 | 600m 8:06.68 | 650m 8:47.35 |
|       | 41.05           | 41.19        | 41.00        | 40.92        | 40.67        |
|       |                 |              |              |              | 40.56        |
| 7.    | Ted Smith       | 13           | Bo Stockton  | 11:00.06     | 321          |
|       | 50m 38.62       | 100m 1:20.23 | 150m 2:03.03 | 200m 2:45.25 | 250m 3:27.96 |
|       | 38.62           | 41.61        | 42.80        | 42.22        | 42.71        |
|       | 450m 6:14.57    | 500m 6:56.01 | 550m 7:37.80 | 600m 8:19.18 | 650m 9:00.79 |
|       | 41.21           | 41.44        | 41.79        | 41.38        | 41.61        |
|       |                 |              |              |              | 41.08        |

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## OPEN/MALE 14 Yrs Age Group - Full Results

| Place | Name              | AaD          | Club         | Time         | WA Pts       |
|-------|-------------------|--------------|--------------|--------------|--------------|
| 1.    | Marek Pillay      | 14           | Co Sheffield | 9:25.23      | 511          |
|       | 50m 30.49         | 100m 1:04.38 | 150m 1:39.38 | 200m 2:14.45 | 250m 2:49.95 |
|       | 30.49             | 33.89        | 35.00        | 35.07        | 35.50        |
|       | 450m 5:13.00      | 500m 5:49.42 | 550m 6:26.24 | 600m 7:02.56 | 650m 7:38.95 |
|       | 36.15             | 36.42        | 36.82        | 36.32        | 36.39        |
|       |                   | 37.35        |              |              | 36.04        |
| 2.    | James Aspinall    | 14           | Co Sheffield | 9:34.57      | 487          |
|       | 50m 30.35         | 100m 1:05.44 | 150m 1:41.13 | 200m 2:17.65 | 250m 2:54.41 |
|       | 30.35             | 35.09        | 35.69        | 36.52        | 36.76        |
|       | 450m 5:21.81      | 500m 5:59.16 | 550m 6:35.87 | 600m 7:12.99 | 650m 7:49.50 |
|       | 36.95             | 37.35        | 36.71        | 37.12        | 36.51        |
|       |                   |              |              |              | 37.03        |
| 3.    | Harvey Rodgers    | 14           | Co Sheffield | 9:45.66      | 460          |
|       | 50m 31.54         | 100m 1:06.61 | 150m 1:43.49 | 200m 2:20.19 | 250m 2:57.53 |
|       | 31.54             | 35.07        | 36.88        | 36.70        | 37.34        |
|       | 450m 5:26.19      | 500m 6:03.20 | 550m 6:41.29 | 600m 7:19.04 | 650m 7:55.79 |
|       | 37.82             | 37.01        | 38.09        | 37.75        | 36.75        |
|       |                   |              |              |              | 37.12        |
| 4.    | Jacob Nixon       | 14           | Middlesboro  | 9:52.25      | 444          |
|       | 50m 30.65         | 100m 1:06.16 | 150m 1:42.64 | 200m 2:20.50 | 250m 2:57.60 |
|       | 30.65             | 35.51        | 36.48        | 37.86        | 37.10        |
|       | 450m 5:28.45      | 500m 6:07.19 | 550m 6:44.49 | 600m 7:23.55 | 650m 8:00.54 |
|       | 37.15             | 38.74        | 37.30        | 39.06        | 36.99        |
|       |                   |              |              |              | 38.29        |
| 5.    | Fynn Kui Williams | 14           | Co Sund'land | 10:18.77     | 390          |
|       | 50m 33.21         | 100m 1:10.51 | 150m 1:48.90 | 200m 2:28.24 | 250m 3:07.54 |
|       | 33.21             | 37.30        | 38.39        | 39.34        | 39.30        |
|       | 450m 5:46.45      | 500m 6:26.48 | 550m 7:04.75 | 600m 7:44.04 | 650m 8:22.70 |
|       | 39.56             | 40.03        | 38.27        | 39.29        | 38.66        |
|       |                   |              |              |              | 39.71        |
| 6.    | Finn Orr          | 14           | Alnwick Dol  | 10:29.03     | 371          |
|       | 50m 35.53         | 100m 1:14.50 | 150m 1:53.99 | 200m 2:33.51 | 250m 3:13.17 |
|       | 35.53             | 38.97        | 39.49        | 39.52        | 39.66        |
|       | 450m 5:52.56      | 500m 6:32.56 | 550m 7:12.43 | 600m 7:52.35 | 650m 8:32.19 |
|       | 39.78             | 40.00        | 39.87        | 39.92        | 39.84        |
|       |                   |              |              |              | 40.26        |
| 7.    | Mason Stephenson  | 14           | Workington   | 10:51.68     | 333          |
|       | 50m 33.55         | 100m 1:12.27 | 150m 1:52.06 | 200m 2:33.31 | 250m 3:14.07 |
|       | 33.55             | 38.72        | 39.79        | 41.25        | 40.76        |
|       | 450m 6:02.19      | 500m 6:39.11 | 550m 7:26.40 | 600m 8:09.28 | 650m 8:50.55 |
|       | 42.27             | 36.92        | 47.29        | 42.88        | 41.27        |
|       |                   |              |              |              | 42.33        |

## OPEN/MALE 15 Yrs Age Group - Full Results

| Place | Name            | AaD          | Club         | Time         | WA Pts       |
|-------|-----------------|--------------|--------------|--------------|--------------|
| 1.    | Aaron McGee     | 15           | Co Sund'land | 8:55.32      | 602          |
|       | 50m 29.70       | 100m 1:02.51 | 150m 1:36.03 | 200m 2:09.64 | 250m 2:43.59 |
|       | 29.70           | 32.81        | 33.52        | 33.61        | 33.95        |
|       | 450m 4:59.61    | 500m 5:33.45 | 550m 6:07.52 | 600m 6:41.32 | 650m 7:15.48 |
|       | 33.99           | 33.84        | 34.07        | 33.80        | 34.16        |
|       |                 |              |              |              | 33.90        |
| 2.    | Benjamin Thomas | 15           | Bo Stockton  | 9:25.07      | 512          |
|       | 50m 31.39       | 100m 1:05.65 | 150m 1:40.53 | 200m 2:16.00 | 250m 2:50.87 |
|       | 31.39           | 34.26        | 34.88        | 35.47        | 34.87        |
|       | 450m 5:14.00    | 500m 5:49.93 | 550m 6:27.25 | 600m 7:02.76 | 650m 7:39.01 |
|       | 35.63           | 35.93        | 37.32        | 35.51        | 36.25        |
|       |                 |              |              |              | 35.64        |
| 3.    | Freddie Sutton  | 15           | Copeland     | 9:41.06      | 471          |
|       | 50m 31.77       | 100m 1:08.12 | 150m 1:44.93 | 200m 2:21.85 | 250m 2:58.35 |
|       | 31.77           | 36.35        | 36.81        | 36.92        | 36.50        |
|       | 450m 5:25.57    | 500m 6:02.47 | 550m 6:39.15 | 600m 7:16.38 | 650m 7:53.10 |
|       | 36.53           | 36.90        | 36.68        | 37.23        | 36.72        |
|       |                 |              |              |              | 36.97        |
| 4.    | Harrison Spink  | 15           | Bo Stockton  | 9:59.84      | 428          |
|       | 50m 31.47       | 100m 1:06.56 | 150m 1:42.53 | 200m 2:19.41 | 250m 2:57.01 |
|       | 31.47           | 35.09        | 35.97        | 36.88        | 37.60        |
|       | 450m 5:29.65    | 500m 6:07.31 | 550m 6:46.49 | 600m 7:25.82 | 650m 8:05.55 |
|       | 38.70           | 37.66        | 39.18        | 39.33        | 39.73        |
|       |                 |              |              |              | 39.09        |
| 5.    | Cameron Leslie  | 15           | lo Man       | 10:09.64     | 407          |
|       | 50m 33.04       | 100m 1:10.57 | 150m 1:49.05 | 200m 2:27.64 | 250m 3:06.13 |
|       | 33.04           | 37.53        | 38.48        | 38.59        | 38.49        |
|       | 450m 5:41.13    | 500m 6:20.27 | 550m 6:58.99 | 600m 7:38.09 | 650m 8:16.50 |
|       | 38.07           | 39.14        | 38.72        | 39.10        | 38.41        |
|       |                 |              |              |              | 38.53        |
| 6.    | Jack BALMER     | 15           | Derwent&Gate | 10:13.26     | 400          |
|       | 50m 33.47       | 100m 1:10.50 | 150m 1:50.51 | 200m 2:28.34 | 250m 3:07.72 |
|       | 33.47           | 37.03        | 40.01        | 37.83        | 39.38        |
|       | 450m 5:45.78    | 500m 6:23.95 | 550m 7:04.99 | 600m 7:44.01 | 650m 8:22.90 |
|       | 40.25           | 38.17        | 41.04        | 39.02        | 38.89        |
|       |                 |              |              |              | 37.78        |

# 2025 National Qualifier

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## OPEN/MALE 16 Yrs/Over Age Group - Full Results

| Place | Name            | AaD          | Club         | Time         | WA Pts       |
|-------|-----------------|--------------|--------------|--------------|--------------|
| 1.    | Edward Redshaw  | 17           | Middlesboro  | 8:51.10      | 616          |
|       | 50m 29.10       | 100m 1:01.03 | 150m 1:34.62 | 200m 2:07.50 | 250m 2:41.41 |
|       | 29.10           | 31.93        | 33.59        | 32.88        | 33.91        |
|       | 450m 4:56.37    | 500m 5:30.17 | 550m 6:04.25 | 600m 6:37.89 | 650m 7:11.92 |
|       | 34.01           | 33.80        | 34.08        | 33.64        | 34.03        |
|       |                 |              |              |              | 300m 3:14.65 |
|       |                 |              |              |              | 33.24        |
|       |                 |              |              |              | 350m 3:48.61 |
|       |                 |              |              |              | 33.96        |
|       |                 |              |              |              | 400m 4:22.36 |
|       |                 |              |              |              | 33.75        |
| 2.    | Joshua ROBINSON | 20           | Oxford Uni   | 9:01.31      | 582          |
|       | 50m 29.31       | 100m 1:01.58 | 150m 1:34.79 | 200m 2:08.18 | 250m 2:42.05 |
|       | 29.31           | 32.27        | 33.21        | 33.39        | 33.87        |
|       | 450m 4:58.75    | 500m 5:33.14 | 550m 6:08.21 | 600m 6:43.00 | 650m 7:18.19 |
|       | 34.49           | 34.39        | 35.07        | 34.79        | 35.19        |
|       |                 |              |              |              | 300m 3:15.75 |
|       |                 |              |              |              | 33.70        |
|       |                 |              |              |              | 350m 3:50.14 |
|       |                 |              |              |              | 34.39        |
|       |                 |              |              |              | 400m 4:24.26 |
|       |                 |              |              |              | 34.12        |
| 3.    | Ben Toward      | 16           | Tynemouth    | 9:08.31      | 560          |
|       | 50m 29.33       | 100m 1:02.24 | 150m 1:36.35 | 200m 2:10.20 | 250m 2:44.50 |
|       | 29.33           | 32.91        | 34.11        | 33.85        | 34.30        |
|       | 450m 5:03.74    | 500m 5:39.27 | 550m 6:14.38 | 600m 6:49.96 | 650m 7:25.55 |
|       | 35.04           | 35.53        | 35.11        | 35.58        | 35.59        |
|       |                 |              |              |              | 300m 3:19.01 |
|       |                 |              |              |              | 34.51        |
|       |                 |              |              |              | 350m 3:53.87 |
|       |                 |              |              |              | 34.86        |
|       |                 |              |              |              | 400m 4:28.70 |
|       |                 |              |              |              | 34.83        |
| 4.    | Ivan GALLAGHER  | 17           | Derwent&Gate | 9:11.45      | 551          |
|       | 50m 30.54       | 100m 1:03.26 | 150m 1:37.33 | 200m 2:11.69 | 250m 2:46.64 |
|       | 30.54           | 32.72        | 34.07        | 34.36        | 34.95        |
|       | 450m 5:06.61    | 500m 5:41.52 | 550m 6:17.29 | 600m 6:52.53 | 650m 7:28.01 |
|       | 35.47           | 34.91        | 35.77        | 35.24        | 35.48        |
|       |                 |              |              |              | 300m 3:21.08 |
|       |                 |              |              |              | 34.44        |
|       |                 |              |              |              | 350m 3:56.06 |
|       |                 |              |              |              | 34.98        |
|       |                 |              |              |              | 400m 4:31.14 |
|       |                 |              |              |              | 35.08        |
| 5.    | Thomas LAWS     | 17           | Derwent&Gate | 9:15.97      | 537          |
|       | 50m 30.89       | 100m 1:04.83 | 150m 1:40.37 | 200m 2:15.64 | 250m 2:51.32 |
|       | 30.89           | 33.94        | 35.54        | 35.27        | 35.68        |
|       | 450m 5:12.81    | 500m 5:47.95 | 550m 6:23.20 | 600m 6:58.66 | 650m 7:33.51 |
|       | 35.28           | 35.14        | 35.25        | 35.46        | 34.85        |
|       |                 |              |              |              | 300m 3:26.33 |
|       |                 |              |              |              | 35.01        |
|       |                 |              |              |              | 350m 4:02.54 |
|       |                 |              |              |              | 36.21        |
|       |                 |              |              |              | 400m 4:37.53 |
|       |                 |              |              |              | 34.99        |
| 6.    | Jamie Loneragan | 16           | Tynedale     | 9:26.56      | 508          |
|       | 50m 30.96       | 100m 1:05.89 | 150m 1:41.42 | 200m 2:17.15 | 250m 2:53.01 |
|       | 30.96           | 34.93        | 35.53        | 35.73        | 35.86        |
|       | 450m 5:17.58    | 500m 5:53.89 | 550m 6:30.07 | 600m 7:06.55 | 650m 7:42.08 |
|       | 36.02           | 36.31        | 36.18        | 36.48        | 35.53        |
|       |                 |              |              |              | 300m 3:29.36 |
|       |                 |              |              |              | 36.35        |
|       |                 |              |              |              | 350m 4:05.58 |
|       |                 |              |              |              | 36.22        |
|       |                 |              |              |              | 400m 4:41.56 |
|       |                 |              |              |              | 35.98        |
| 7.    | Jacob Brown     | 17           | Bo Stockton  | 9:44.39      | 463          |
|       | 50m 31.23       | 100m 1:05.80 | 150m 1:40.76 | 200m 2:15.98 | 250m 2:51.09 |
|       | 31.23           | 34.57        | 34.96        | 35.22        | 35.11        |
|       | 450m 5:16.39    | 500m 5:54.40 | 550m 6:31.27 | 600m 7:09.77 | 650m 7:47.61 |
|       | 36.59           | 38.01        | 36.87        | 38.50        | 37.84        |
|       |                 |              |              |              | 300m 3:27.43 |
|       |                 |              |              |              | 36.34        |
|       |                 |              |              |              | 350m 4:03.41 |
|       |                 |              |              |              | 35.98        |
|       |                 |              |              |              | 400m 4:39.80 |
|       |                 |              |              |              | 36.39        |
| 8.    | Cameron Verth   | 17           | South Tyne   | 9:59.13      | 429          |
|       | 50m 32.68       | 100m 1:09.54 | 150m 1:48.06 | 200m 2:26.45 | 250m 3:04.71 |
|       | 32.68           | 36.86        | 38.52        | 38.39        | 38.26        |
|       | 450m 5:38.68    | 500m 6:16.97 | 550m 6:55.25 | 600m 7:32.15 | 650m 8:10.59 |
|       | 38.75           | 38.29        | 38.28        | 36.90        | 38.44        |
|       |                 |              |              |              | 300m 3:43.12 |
|       |                 |              |              |              | 38.41        |
|       |                 |              |              |              | 350m 4:21.87 |
|       |                 |              |              |              | 38.75        |
|       |                 |              |              |              | 400m 4:59.93 |
|       |                 |              |              |              | 38.06        |
|       |                 |              |              |              | 750m 9:24.52 |
|       |                 |              |              |              | 36.83        |
|       |                 |              |              |              | 800m 9:59.13 |
|       |                 |              |              |              | 34.61        |



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## FEMALE 14 Yrs Age Group - Full Results

| Place | Name             | AaD          | Club         | Time         | WA Pts       |
|-------|------------------|--------------|--------------|--------------|--------------|
| 1.    | Lydia Shipley    | 14           | Middlesboro  | 9:28.25      | 620          |
|       | 50m 30.77        | 100m 1:05.31 | 150m 1:40.67 | 200m 2:16.10 | 250m 2:51.95 |
|       | 30.77            | 34.54        | 35.36        | 35.43        | 36.01        |
|       | 450m 5:16.95     | 500m 5:53.20 | 550m 6:30.02 | 600m 7:05.84 | 650m 7:42.51 |
|       | 36.76            | 36.25        | 36.82        | 35.82        | 36.67        |
| 2.    | Sophie Smith     | 14           | Co Sheffield | 9:38.19      | 589          |
|       | 50m 33.15        | 100m 1:09.09 | 150m 1:45.22 | 200m 2:22.29 | 250m 2:58.88 |
|       | 33.15            | 35.94        | 36.13        | 37.07        | 36.59        |
|       | 450m 5:25.99     | 500m 6:02.28 | 550m 6:38.37 | 600m 7:14.96 | 650m 7:51.25 |
|       | 36.22            | 36.29        | 36.09        | 36.59        | 36.29        |
| 3.    | Emily Forster    | 14           | Co Sund'land | 9:45.62      | 567          |
|       | 50m 31.62        | 100m 1:07.84 | 150m 1:45.11 | 200m 2:22.14 | 250m 2:59.10 |
|       | 31.62            | 36.22        | 37.27        | 37.03        | 36.96        |
|       | 450m 5:27.40     | 500m 6:04.27 | 550m 6:41.92 | 600m 7:19.10 | 650m 7:56.85 |
|       | 37.30            | 36.87        | 37.65        | 37.18        | 37.75        |
| 4.    | Amelie Hauschild | 14           | Co Sheffield | 10:15.29     | 489          |
|       | 50m 34.53        | 100m 1:13.52 | 150m 1:52.63 | 200m 2:32.38 | 250m 3:11.28 |
|       | 34.53            | 38.99        | 39.11        | 39.75        | 38.90        |
|       | 450m 5:46.75     | 500m 6:25.89 | 550m 7:04.48 | 600m 7:42.52 | 650m 8:21.02 |
|       | 38.87            | 39.14        | 38.59        | 38.04        | 38.50        |
| 5.    | Amelia MORRIS    | 14           | Derwent&Gate | 10:15.46     | 488          |
|       | 50m 31.92        | 100m 1:09.17 | 150m 1:47.93 | 200m 2:26.98 | 250m 3:05.92 |
|       | 31.92            | 37.25        | 38.76        | 39.05        | 38.94        |
|       | 450m 5:43.07     | 500m 6:22.74 | 550m 7:02.02 | 600m 7:41.23 | 650m 8:20.38 |
|       | 39.10            | 39.67        | 39.28        | 39.21        | 39.15        |
| 6.    | Macey Bowe       | 14           | Co Sund'land | 10:31.09     | 453          |
|       | 50m 34.39        | 100m 1:12.40 | 150m 1:50.90 | 200m 2:30.52 | 250m 3:09.56 |
|       | 34.39            | 38.01        | 38.50        | 39.62        | 39.04        |
|       | 450m 5:49.56     | 500m 6:30.28 | 550m 7:11.06 | 600m 7:51.84 | 650m 8:32.46 |
|       | 40.12            | 40.72        | 40.78        | 40.78        | 40.62        |
| 7.    | Shamiso Tiyenga  | 14           | Bo Stockton  | 10:36.31     | 442          |
|       | 50m 34.88        | 100m 1:13.36 | 150m 1:53.31 | 200m 2:33.21 | 250m 3:13.84 |
|       | 34.88            | 38.48        | 39.95        | 39.90        | 40.63        |
|       | 450m 5:55.81     | 500m 6:36.70 | 550m 7:17.80 | 600m 7:58.88 | 650m 8:39.39 |
|       | 40.55            | 40.89        | 41.10        | 41.08        | 40.51        |
| 8.    | Aviana Wilson    | 14           | Bo Stockton  | 10:44.83     | 424          |
|       | 50m 36.31        | 100m 1:16.04 | 150m 1:58.13 | 200m 2:38.22 | 250m 3:18.44 |
|       | 36.31            | 39.73        | 42.09        | 40.09        | 40.22        |
|       | 450m 6:02.09     | 500m 6:42.97 | 550m 7:24.40 | 600m 8:05.76 | 650m 8:46.41 |
|       | 41.34            | 40.88        | 41.43        | 41.36        | 40.65        |

## FEMALE 15 Yrs Age Group - Full Results

| Place | Name              | AaD          | Club         | Time         | WA Pts       |
|-------|-------------------|--------------|--------------|--------------|--------------|
| 1.    | Abigail Beighton  | 15           | Co Sheffield | 9:44.13      | 571          |
|       | 50m 31.11         | 100m 1:06.24 | 150m 1:42.30 | 200m 2:18.89 | 250m 2:55.41 |
|       | 31.11             | 35.13        | 36.06        | 36.59        | 36.52        |
|       | 450m 5:24.42      | 500m 6:01.89 | 550m 6:39.07 | 600m 7:17.06 | 650m 7:54.57 |
|       | 37.09             | 37.47        | 37.18        | 37.99        | 37.51        |
| 2.    | Jennifer Smith    | 15           | Bo Stockton  | 9:46.00      | 566          |
|       | 50m 31.20         | 100m 1:06.62 | 150m 1:42.52 | 200m 2:19.26 | 250m 2:55.99 |
|       | 31.20             | 35.42        | 35.90        | 36.74        | 36.73        |
|       | 450m 5:24.88      | 500m 6:02.54 | 550m 6:39.63 | 600m 7:17.49 | 650m 7:55.17 |
|       | 37.14             | 37.66        | 37.09        | 37.86        | 37.68        |
| 3.    | Jasmine Lumley    | 15           | Co Sheffield | 10:03.73     | 517          |
|       | 50m 32.37         | 100m 1:09.48 | 150m 1:46.84 | 200m 2:25.18 | 250m 3:02.81 |
|       | 32.37             | 37.11        | 37.36        | 38.34        | 37.63        |
|       | 450m 5:37.09      | 500m 6:15.95 | 550m 6:54.45 | 600m 7:33.64 | 650m 8:11.80 |
|       | 38.11             | 38.86        | 38.50        | 39.19        | 38.16        |
| 4.    | Alice Macnab      | 15           | Co Sund'land | 10:22.55     | 472          |
|       | 50m 34.19         | 100m 1:11.53 | 150m 1:50.75 | 200m 2:30.00 | 250m 3:09.74 |
|       | 34.19             | 37.34        | 39.22        | 39.25        | 39.74        |
|       | 450m 5:47.91      | 500m 6:27.30 | 550m 7:07.27 | 600m 7:46.82 | 650m 8:26.89 |
|       | 39.68             | 39.39        | 39.97        | 39.55        | 40.07        |
| 5.    | Amy Kerrigan      | 15           | Co Sund'land | 10:39.50     | 435          |
|       | 50m 34.93         | 100m 1:13.74 | 150m 1:53.67 | 200m 2:34.57 | 250m 3:14.72 |
|       | 34.93             | 38.81        | 39.93        | 40.90        | 40.15        |
|       | 450m 5:58.24      | 500m 6:39.29 | 550m 7:20.34 | 600m 8:01.81 | 650m 8:42.14 |
|       | 40.16             | 41.05        | 41.05        | 41.47        | 40.33        |
| 6.    | Johanna Morton    | 15           | Middlesboro  | 10:41.68     | 431          |
|       | 50m 34.84         | 100m 1:14.01 | 150m 1:54.24 | 200m 2:34.36 | 250m 3:15.07 |
|       | 34.84             | 39.17        | 40.23        | 40.12        | 40.71        |
|       | 450m 5:57.82      | 500m 6:39.60 | 550m 7:20.55 | 600m 8:01.65 | 650m 8:42.83 |
|       | 41.22             | 41.78        | 40.95        | 41.10        | 41.18        |
| 7.    | Ellen FILMER      | 15           | Derwent&Gate | 10:45.46     | 423          |
|       | 50m 33.94         | 100m 1:11.44 | 150m 1:50.86 | 200m 2:31.36 | 250m 3:12.40 |
|       | 33.94             | 37.50        | 39.42        | 40.50        | 41.04        |
|       | 450m 5:58.10      | 500m 6:39.56 | 550m 7:21.19 | 600m 8:02.97 | 650m 8:44.58 |
|       | 41.19             | 41.46        | 41.63        | 41.78        | 41.61        |
| 8.    | Harriet Nicholson | 15           | Burnley BOBC | 11:09.16     | 380          |
|       | 50m 34.34         | 100m 1:15.04 | 150m 1:56.41 | 200m 2:38.82 | 250m 3:21.47 |
|       | 34.34             | 40.70        | 41.37        | 42.41        | 42.65        |
|       | 450m 6:12.64      | 500m 6:55.40 | 550m 7:38.56 | 600m 8:22.07 | 650m 9:04.30 |
|       | 42.39             | 42.76        | 43.16        | 43.51        | 42.23        |
| 9.    | Frankie Jackson   | 15           | Co Sund'land | 11:14.38     | 371          |
|       | 50m 34.61         | 100m 1:14.80 | 150m 1:57.48 | 200m 2:39.29 | 250m 3:22.71 |
|       | 34.61             | 40.19        | 42.68        | 41.81        | 43.42        |
|       | 450m 6:14.12      | 500m 6:56.42 | 550m 7:39.89 | 600m 8:22.99 | 650m 9:06.93 |
|       | 43.74             | 42.30        | 43.47        | 43.10        | 43.94        |
|       | Chloe Ko          | 15           | Morpeth      | DNC          |              |

# 2025 National Qualifier

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## FEMALE 16 Yrs/Over Age Group - Full Results

| Place | Name                 | A&D          | Club         | Time         | WA Pts       |
|-------|----------------------|--------------|--------------|--------------|--------------|
| 1.    | Talia STAINES        | 23           | Derwent&Gate | 9:11.58      | 678          |
|       | 50m 30.89            | 100m 1:03.15 | 150m 1:37.16 | 200m 2:11.27 | 250m 2:46.22 |
|       | 30.89                | 32.26        | 34.01        | 34.11        | 34.95        |
|       | 450m 5:06.51         | 500m 5:41.77 | 550m 6:17.03 | 600m 6:52.30 | 650m 7:27.54 |
|       | 35.44                | 35.26        | 35.26        | 35.27        | 35.24        |
| 2.    | Millie Cammock       | 16           | Co Sund'land | 9:32.02      | 608          |
|       | 50m 31.45            | 100m 1:06.70 | 150m 1:42.12 | 200m 2:18.72 | 250m 2:54.38 |
|       | 31.45                | 35.25        | 35.42        | 36.60        | 35.66        |
|       | 450m 5:19.23         | 500m 5:55.76 | 550m 6:31.54 | 600m 7:08.00 | 650m 7:43.93 |
|       | 35.66                | 36.53        | 35.78        | 36.46        | 35.93        |
| 3.    | Molly-Rosanna Young  | 17           | Tynemouth    | 9:48.70      | 558          |
|       | 50m 31.99            | 100m 1:07.52 | 150m 1:44.31 | 200m 2:21.21 | 250m 2:58.86 |
|       | 31.99                | 35.53        | 36.79        | 36.90        | 37.65        |
|       | 450m 5:28.19         | 500m 6:05.07 | 550m 6:42.91 | 600m 7:20.16 | 650m 7:57.71 |
|       | 37.88                | 36.88        | 37.84        | 37.25        | 37.55        |
| 4.    | Jessica Thomas       | 17           | Bo Stockton  | 9:50.63      | 552          |
|       | 50m 31.88            | 100m 1:07.63 | 150m 1:43.34 | 200m 2:20.70 | 250m 2:57.59 |
|       | 31.88                | 35.75        | 35.71        | 37.36        | 36.89        |
|       | 450m 5:27.96         | 500m 6:05.93 | 550m 6:43.37 | 600m 7:20.98 | 650m 7:58.25 |
|       | 37.58                | 37.97        | 37.44        | 37.61        | 37.27        |
| 5.    | Abbie WHITFIELD      | 17           | Derwent&Gate | 10:00.37     | 526          |
|       | 50m 33.29            | 100m 1:09.96 | 150m 1:48.16 | 200m 2:26.29 | 250m 3:04.05 |
|       | 33.29                | 36.67        | 38.20        | 38.13        | 37.76        |
|       | 450m 5:35.92         | 500m 6:14.20 | 550m 6:52.53 | 600m 7:30.20 | 650m 8:08.14 |
|       | 38.24                | 38.28        | 38.33        | 37.67        | 37.94        |
| 6.    | Grace Taylor         | 18           | Bolton Metro | 10:01.20     | 524          |
|       | 50m 33.44            | 100m 1:10.31 | 150m 1:47.60 | 200m 2:25.54 | 250m 3:03.50 |
|       | 33.44                | 36.87        | 37.29        | 37.94        | 37.96        |
|       | 450m 5:36.04         | 500m 6:14.35 | 550m 6:52.64 | 600m 7:30.82 | 650m 8:09.13 |
|       | 38.36                | 38.31        | 38.29        | 38.18        | 38.31        |
| 7.    | Zara Patsy Jones     | 17           | Darlington   | 10:10.46     | 500          |
|       | 50m 33.34            | 100m 1:09.86 | 150m 1:48.15 | 200m 2:26.10 | 250m 3:04.71 |
|       | 33.34                | 36.52        | 38.29        | 37.95        | 38.61        |
|       | 450m 5:40.51         | 500m 6:19.55 | 550m 6:58.25 | 600m 7:37.11 | 650m 8:15.81 |
|       | 39.39                | 39.04        | 38.70        | 38.86        | 38.70        |
| 8.    | Isabella Oldfield    | 16           | Alnwick Dol  | 10:10.47     | 500          |
|       | 50m 33.53            | 100m 1:11.40 | 150m 1:49.57 | 200m 2:28.25 | 250m 3:06.65 |
|       | 33.53                | 37.87        | 38.17        | 38.68        | 38.40        |
|       | 450m 5:42.03         | 500m 6:20.85 | 550m 6:59.68 | 600m 7:38.66 | 650m 8:17.17 |
|       | 38.60                | 38.82        | 38.83        | 38.98        | 38.51        |
| 9.    | Evie Breeze          | 16           | Bolton Metro | 10:12.90     | 494          |
|       | 50m 32.52            | 100m 1:09.33 | 150m 1:46.89 | 200m 2:25.30 | 250m 3:03.31 |
|       | 32.52                | 36.81        | 37.56        | 38.41        | 38.01        |
|       | 450m 5:40.06         | 500m 6:19.76 | 550m 6:59.15 | 600m 7:38.17 | 650m 8:17.82 |
|       | 39.40                | 39.70        | 39.39        | 39.02        | 39.65        |
| 10.   | Isabel Swanston      | 17           | Consett      | 10:26.70     | 462          |
|       | 50m 34.50            | 100m 1:12.20 | 150m 1:51.12 | 200m 2:29.78 | 250m 3:08.53 |
|       | 34.50                | 37.70        | 38.92        | 38.66        | 38.75        |
|       | 450m 5:46.49         | 500m 6:26.32 | 550m 7:06.13 | 600m 7:46.19 | 650m 8:26.41 |
|       | 39.37                | 39.83        | 39.81        | 40.06        | 40.22        |
| 11.   | Megan Hull           | 17           | Stokesley    | 10:28.52     | 458          |
|       | 50m 33.62            | 100m 1:10.96 | 150m 1:49.98 | 200m 2:29.11 | 250m 3:09.13 |
|       | 33.62                | 37.34        | 39.02        | 39.13        | 40.02        |
|       | 450m 5:50.27         | 500m 6:30.57 | 550m 7:11.49 | 600m 7:51.43 | 650m 8:32.25 |
|       | 40.73                | 40.30        | 40.92        | 39.94        | 40.82        |
| 12.   | Olivia Green         | 16           | Middlesboro  | 10:28.54     | 458          |
|       | 50m 34.35            | 100m 1:13.28 | 150m 1:52.02 | 200m 2:32.00 | 250m 3:10.71 |
|       | 34.35                | 38.93        | 38.74        | 39.98        | 38.71        |
|       | 450m 5:50.90         | 500m 6:31.59 | 550m 7:11.21 | 600m 7:51.76 | 650m 8:30.91 |
|       | 39.51                | 40.69        | 39.62        | 40.55        | 39.15        |
|       | Anna Dominika Barker | 16           | Co Sund'land | DNC          |              |







# 2025 National Qualifier

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## FEMALE 13 Yrs Age Group - Full Results

| Place | Name            | AaD            | Club           | Time           | WA Pts         |
|-------|-----------------|----------------|----------------|----------------|----------------|
| 1.    | Annie Falkous   | 13             | Morpeth        | 18:26.46       | 575            |
|       | 50m 32.97       | 100m 1:08.65   | 150m 1:45.76   | 200m 2:22.47   | 250m 3:00.11   |
|       | 32.97           | 35.68          | 37.11          | 36.71          | 37.64          |
|       | 450m 5:28.93    | 500m 6:05.97   | 550m 6:43.37   | 600m 7:20.50   | 650m 7:57.75   |
|       | 37.54           | 37.04          | 37.40          | 37.13          | 37.25          |
|       | 850m 10:26.43   | 900m 11:03.18  | 950m 11:40.53  | 1000m 12:17.46 | 1050m 12:55.22 |
|       | 37.51           | 36.75          | 37.35          | 36.93          | 37.76          |
|       | 1250m 15:24.43  | 1300m 16:01.14 | 1350m 16:38.51 | 1400m 17:15.25 | 1450m 17:52.14 |
|       | 37.57           | 36.71          | 37.37          | 36.74          | 36.89          |
|       |                 |                |                |                | 34.32          |
| 2.    | Sophia Duffy    | 13             | South Tyne     | 19:22.05       | 497            |
|       | 50m 34.88       | 100m 1:12.88   | 150m 1:52.03   | 200m 2:30.91   | 250m 3:09.98   |
|       | 34.88           | 38.00          | 39.15          | 38.88          | 39.07          |
|       | 450m 5:46.18    | 500m 6:24.52   | 550m 7:03.30   | 600m 7:41.51   | 650m 8:20.16   |
|       | 39.44           | 38.34          | 38.78          | 38.21          | 38.65          |
|       | 850m 10:55.15   | 900m 11:33.99  | 950m 12:13.11  | 1000m 12:52.28 | 1050m 13:31.75 |
|       | 39.23           | 38.84          | 39.12          | 39.17          | 39.47          |
|       | 1250m 16:08.96  | 1300m 16:48.32 | 1350m 17:27.69 | 1400m 18:06.76 | 1450m 18:45.03 |
|       | 39.35           | 39.36          | 39.37          | 39.07          | 38.27          |
|       |                 |                |                |                | 37.02          |
| 3.    | Chloe Jobson    | 13             | South Tyne     | 19:53.12       | 459            |
|       | 50m 34.39       | 100m 1:12.38   | 150m 1:50.63   | 200m 2:29.72   | 250m 3:08.96   |
|       | 34.39           | 37.99          | 38.25          | 39.09          | 39.24          |
|       | 450m 5:45.81    | 500m 6:25.09   | 550m 7:04.30   | 600m 7:43.90   | 650m 8:23.71   |
|       | 38.98           | 39.28          | 39.21          | 39.60          | 39.81          |
|       | 850m 11:04.98   | 900m 11:45.40  | 950m 12:26.16  | 1000m 13:06.72 | 1050m 13:47.35 |
|       | 40.66           | 40.42          | 40.76          | 40.56          | 40.63          |
|       | 1250m 16:30.54  | 1300m 17:11.56 | 1350m 17:52.26 | 1400m 18:33.32 | 1450m 19:13.42 |
|       | 40.45           | 41.02          | 40.70          | 41.06          | 40.10          |
|       |                 |                |                |                | 39.70          |
| 4.    | Jessica Chaytor | 13             | Middlesboro    | 20:18.31       | 431            |
|       | 50m 36.37       | 100m 1:16.78   | 150m 1:56.98   | 200m 2:38.54   | 250m 3:19.11   |
|       | 36.37           | 40.41          | 40.20          | 41.56          | 40.57          |
|       | 450m 6:02.31    | 500m 6:44.39   | 550m 7:25.66   | 600m 8:07.24   | 650m 8:48.20   |
|       | 40.74           | 42.08          | 41.27          | 41.58          | 40.96          |
|       | 850m 11:29.56   | 900m 12:08.88  | 950m 12:47.68  | 1000m 13:27.78 | 1050m 14:07.46 |
|       | 39.34           | 39.32          | 38.80          | 40.10          | 39.68          |
|       | 1250m 16:52.28  | 1300m 17:34.67 | 1350m 18:16.63 | 1400m 18:58.46 | 1450m 19:38.63 |
|       | 40.53           | 42.39          | 41.96          | 41.83          | 40.17          |
|       |                 |                |                |                | 39.68          |
| 5.    | Sophia Brown    | 13             | Bo Stockton    | 20:31.66       | 417            |
|       | 50m 34.78       | 100m 1:13.53   | 150m 1:52.39   | 200m 2:31.95   | 250m 3:11.63   |
|       | 34.78           | 38.75          | 38.86          | 39.56          | 39.68          |
|       | 450m 5:53.26    | 500m 6:34.80   | 550m 7:15.82   | 600m 7:57.40   | 650m 8:38.90   |
|       | 40.79           | 41.54          | 41.02          | 41.58          | 41.50          |
|       | 850m 11:25.90   | 900m 12:07.75  | 950m 12:48.69  | 1000m 13:30.93 | 1050m 14:12.07 |
|       | 41.32           | 41.85          | 40.94          | 42.24          | 41.14          |
|       | 1250m 17:00.76  | 1300m 17:43.71 | 1350m 18:25.58 | 1400m 19:08.19 | 1450m 19:49.53 |
|       | 41.95           | 42.95          | 41.87          | 42.61          | 41.34          |
|       |                 |                |                |                | 42.13          |

## FEMALE 14 Yrs Age Group - Full Results

| Place | Name           | AaD            | Club           | Time           | WA Pts         |
|-------|----------------|----------------|----------------|----------------|----------------|
| 1.    | Ruby Whiteside | 14             | Co Salford     | 18:55.69       | 532            |
|       | 50m 33.89      | 100m 1:11.15   | 150m 1:49.53   | 200m 2:26.74   | 250m 3:04.67   |
|       | 33.89          | 37.26          | 38.38          | 37.21          | 37.93          |
|       | 450m 5:36.70   | 500m 6:14.38   | 550m 6:52.95   | 600m 7:30.86   | 650m 8:09.04   |
|       | 38.30          | 37.68          | 38.57          | 37.91          | 38.18          |
|       | 850m 10:41.79  | 900m 11:19.36  | 950m 11:57.54  | 1000m 12:35.72 | 1050m 13:13.89 |
|       | 38.27          | 37.57          | 38.18          | 38.18          | 38.17          |
|       | 1250m 15:46.54 | 1300m 16:24.62 | 1350m 17:03.13 | 1400m 17:40.95 | 1450m 18:19.33 |
|       | 38.15          | 38.08          | 38.51          | 37.82          | 38.38          |
|       |                |                |                |                | 36.36          |

## FEMALE 15 Yrs Age Group - Full Results

| Place | Name                | AaD            | Club           | Time           | WA Pts         |
|-------|---------------------|----------------|----------------|----------------|----------------|
| 1.    | Charlotte Henderson | 15             | Morpeth        | 19:29.32       | 487            |
|       | 50m 33.94           | 100m 1:11.80   | 150m 1:49.68   | 200m 2:28.68   | 250m 3:06.41   |
|       | 33.94               | 37.86          | 37.88          | 39.00          | 37.73          |
|       | 450m 5:41.75        | 500m 6:20.82   | 550m 6:59.68   | 600m 7:39.43   | 650m 8:18.43   |
|       | 38.24               | 39.07          | 38.86          | 39.75          | 39.00          |
|       | 850m 10:55.40       | 900m 11:35.07  | 950m 12:14.47  | 1000m 12:54.29 | 1050m 13:33.87 |
|       | 38.19               | 39.67          | 39.40          | 39.82          | 39.58          |
|       | 1250m 16:12.45      | 1300m 16:52.77 | 1350m 17:31.83 | 1400m 18:11.77 | 1450m 18:50.42 |
|       | 39.17               | 40.32          | 39.06          | 39.94          | 38.65          |
|       |                     |                |                |                | 38.90          |
| 2.    | Ava Joyce           | 15             | South Tyne     | 19:32.87       | 483            |
|       | 50m 33.89           | 100m 1:11.95   | 150m 1:50.97   | 200m 2:29.31   | 250m 3:08.88   |
|       | 33.89               | 38.06          | 39.02          | 38.34          | 39.57          |
|       | 450m 5:44.56        | 500m 6:23.33   | 550m 7:02.36   | 600m 7:41.24   | 650m 8:20.40   |
|       | 39.31               | 38.77          | 39.03          | 38.88          | 39.16          |
|       | 850m 10:56.29       | 900m 11:35.40  | 950m 12:15.48  | 1000m 12:54.94 | 1050m 13:35.14 |
|       | 39.62               | 39.11          | 40.08          | 39.46          | 40.20          |
|       | 1250m 16:15.48      | 1300m 16:54.96 | 1350m 17:36.04 | 1400m 18:15.24 | 1450m 18:55.57 |
|       | 40.55               | 39.48          | 41.08          | 39.20          | 40.33          |
|       |                     |                |                |                | 37.30          |

## 2025 National Qualifier

License 1NE250042 | Sunderland Aquatic Centre – Friday 11<sup>th</sup> April 2025 | Results - Session One

### FEMALE 16 Yrs/Over Age Group - Full Results

| Place | Name               | AaD            | Club           | Time           | WA Pts         |
|-------|--------------------|----------------|----------------|----------------|----------------|
| 1.    | Charlotte Payton   | 20             | Tynemouth      | 18:21.73       | 583            |
|       | 50m 31.33          | 100m 1:05.91   | 150m 1:41.71   | 200m 2:18.38   | 250m 2:54.96   |
|       | 31.33              | 34.58          | 35.80          | 36.67          | 36.58          |
|       | 450m 5:21.90       | 500m 5:58.88   | 550m 6:35.61   | 600m 7:12.63   | 650m 7:49.45   |
|       | 36.71              | 36.98          | 36.73          | 37.02          | 36.82          |
|       | 850m 10:17.88      | 900m 10:55.45  | 950m 11:32.73  | 1000m 12:10.02 | 1050m 12:47.50 |
|       | 37.29              | 37.57          | 37.28          | 37.29          | 37.48          |
|       | 1250m 15:16.22     | 1300m 15:54.09 | 1350m 16:31.68 | 1400m 17:09.41 | 1450m 17:45.93 |
|       | 37.12              | 37.87          | 37.59          | 37.73          | 36.52          |
|       |                    |                |                |                | 35.80          |
| 2.    | Gwendolyn Mearns   | 17             | Tynedale       | 18:45.42       | 547            |
|       | 50m 31.48          | 100m 1:08.11   | 150m 1:44.99   | 200m 2:22.50   | 250m 2:59.67   |
|       | 31.48              | 36.63          | 36.88          | 37.51          | 37.17          |
|       | 450m 5:30.18       | 500m 6:08.37   | 550m 6:45.80   | 600m 7:24.02   | 650m 8:01.41   |
|       | 37.12              | 38.19          | 37.43          | 38.22          | 37.39          |
|       | 850m 10:33.37      | 900m 11:11.96  | 950m 11:50.05  | 1000m 12:28.28 | 1050m 13:06.26 |
|       | 38.00              | 38.59          | 38.09          | 38.23          | 37.98          |
|       | 1250m 15:38.57     | 1300m 16:16.74 | 1350m 16:54.32 | 1400m 17:31.92 | 1450m 18:09.35 |
|       | 37.66              | 38.17          | 37.58          | 37.60          | 37.43          |
|       |                    |                |                |                | 36.07          |
| 3.    | Scarlett Robinson  | 17             | Copeland       | 18:51.15       | 538            |
|       | 50m 32.99          | 100m 1:08.05   | 150m 1:45.38   | 200m 2:22.12   | 250m 2:59.75   |
|       | 32.99              | 35.06          | 37.33          | 36.74          | 37.63          |
|       | 450m 5:31.90       | 500m 6:10.05   | 550m 6:48.62   | 600m 7:27.01   | 650m 8:05.57   |
|       | 38.56              | 38.15          | 38.57          | 38.39          | 38.56          |
|       | 850m 10:39.20      | 900m 11:17.25  | 950m 11:55.39  | 1000m 12:33.61 | 1050m 13:12.08 |
|       | 38.54              | 38.05          | 38.14          | 38.22          | 38.47          |
|       | 1250m 15:45.20     | 1300m 16:23.48 | 1350m 17:01.38 | 1400m 17:39.01 | 1450m 18:15.79 |
|       | 38.62              | 38.28          | 37.90          | 37.63          | 36.78          |
|       |                    |                |                |                | 35.36          |
| 4.    | Charlotte Grimshaw | 20             | Workington     | 22:59.86       | 296            |
|       | 50m 37.12          | 100m 1:19.40   | 150m 2:03.16   | 200m 2:48.09   | 250m 3:32.74   |
|       | 37.12              | 42.28          | 43.76          | 44.93          | 44.65          |
|       | 450m 6:36.12       | 500m 7:22.91   | 550m 8:08.76   | 600m 8:55.82   | 650m 9:42.26   |
|       | 45.95              | 46.79          | 45.85          | 47.06          | 46.44          |
|       | 850m 12:46.84      | 900m 13:34.26  | 950m 14:20.60  | 1000m 15:07.80 | 1050m 15:53.95 |
|       | 46.05              | 47.42          | 46.34          | 47.20          | 46.15          |
|       | 1250m 19:03.46     | 1300m 19:50.95 | 1350m 20:38.13 | 1400m 21:25.49 | 1450m 22:12.41 |
|       | 46.78              | 47.49          | 47.18          | 47.36          | 46.92          |
|       |                    |                |                |                | 47.45          |